

Carriage of Cdt-B Encoding *Campylobacter* spp., *Salmonella Enterica*, and *Yersinia Enterocolitica* in Patients With Gastroenteritis and Irritable Bowel Syndrome

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Abstract

Introduction: Cytolethal distending toxin (Cdt) is one of the bacterial toxins that present in a variety of Gram-negative human pathogens, such as *E. coli*, *Salmonella* spp., and *Campylobacter* spp. CDT composed of three subunits encoded by three adjacent genes, including *cdtA*, *cdtB* and *cdtC*. It is approved that *cdtB* had toxic activity and caused DNA damage of the host cell. Despite its presence in different bacterial species, role of Cdt in acute and chronic infections, such as gastroenteritis and irritable bowel syndrome (IBS) is unclear. To analyze this correlation, we studied the prevalence of *cdtB* among different enteropathogenic bacteria in patients with gastroenteritis and IBS compared with healthy people.

Materials and Methods: In this cross-sectional descriptive study, 230 stool samples were collected from patients with gastroenteritis, IBS, and healthy people. The presence of Cdt-B encoding bacteria, including *Escherichia coli*, *Campylobacter* spp., *Yersinia enterocolitica*, *Providencia alkalifaciens*, and *Salmonella enterica* was examined by polymerase chain reaction using genus specific primers.

Results: Out of 230 stool samples, Cdt-B encoding *Campylobacter* spp. were found in 34.6% (52/150), 6.25% (5/80), and 4% (2/50) of the patients with gastroenteritis, IBS, and the control group, respectively. Carriage of Cdt-B encoding *Salmonella enterica* was characterized among 5.3% (8/150) of the patients with gastroenteritis and 17.5% (14/80) of the IBS patients. Although none of the patients carried *cdtB* of *E. coli* and *Providencia* spp., *cdtB* of *Y. enterocolitica* was detected in 1 of the patients with gastroenteritis (0.6%). Statistical analysis showed significant correlation between infection with CdtB-encoding *Campylobacter* spp. and IBS-D subtype. No significant correlation was found between infection with Cdt-B encoding bacteria, and other clinical and demographic data.

Conclusion: Our results confirmed relatively higher frequency of Cdt-B encoding bacteria in the intestine of IBS patients and those with gastroenteritis compared with healthy individuals. Regarding the frequency of Cdt-B encoding *Salmonella* and *Campylobacter* bacteria, it was proposed that infection with these enteropathogens could be considered as a risk factor for the development or progression of IBS among the Iranian patients. Further studies are needed to establish this involvement.

Introduction

Cytolethal distending toxins (CDT) represent an emerging and unique toxin family. CDT is a heterotrimeric AB₂ genotoxin, which consist of *cdtA*, *cdtB* and *cdtC*. CdtA and CdtC subunits bind to the host cell membrane whereas CdtB enter to the cell nucleolus and causes direct DNA damage due to DNase activite [1, 2]. Although CdtB is the most conserved subunit among all CDT-producing bacterial strains, its overall amino acid sequence showed diversity between 29 to 91% among different bacteria [3, 4].

CDT was first described in *Escherichia coli* by Johnson and Lior in the 1980s. *Gammaproteobacteria* and *Epsilonproteobacteria* are among main members of *Proteobacteria* that carry *cdt*; however, its presence in

Firmicutes, e.g. *Clostridioides difficile*, was also reported [4–6]. Within the *Epsilonproteobacteria*, CDT was found in the orders *Campylobacteriales* specially *Campylobacter* and *Helicobacter* species [7].

Many of these Gram-negative bacteria are considered as clinically important human pathogens that are responsible for gastroenteritis [8]. Involvement of these bacteria in development of chronic bowel disorders, such as irritable bowel syndrome (IBS), was reported in different studies [9, 10]. Accordingly, 3–30% of people with IBS experience their symptoms after an episode of acute gastroenteritis (Post-infectious IBS, PI-IBS) [11].

Currently, no definite virulence factors are characterized in these bacteria in association to PI-IBS. Dysbiosis of the gut microbiota and alteration of microbial population in this organ could accelerate growth of more virulent bacteria, which promote functional disorders through their interaction with the host [12–14]. This interaction and the functional disorder, including chronic abdominal pain and altered intestinal habits, could occur by unknown bacterial virulence factors [15, 16]. CDT of *Campylobacter* spp. is the only proposed virulence factors that elevated antibody titers against one of its subunits (CdtB), were shown in diarrhea-dominant form of IBS [17, 18]. This involvement may cause through cross-reaction of the antibodies with vinculin in the host gut [19–21]. Despite wide distribution of this family of toxins in members of the enteric bacteria, little is known about the prevalence of Cdt-B encoding bacteria and their association with distinct types of IBS (IBS with diarrhea, IBS with constipation, and mixed-types) promotion or exacerbation of the disease. This study was aimed to assess the presence of *cdtB* gene among different enteric bacteria including *Y. enterocolitica*, *S. enterica*, *E. coli*, *Providencia alcalifaciens*, *Aggregatibacter actinomycetemcomitans*, and *Campylobacter* spp. among patients with IBS and gastroenteritis in compare to healthy people.

Methods And Materials

Samples collection:

This cross-sectional descriptive study was conducted on 230 stool samples that obtained from patients with acute gastroenteritis and IBS. A control group of healthy volunteers (50 samples) was also included in the study. Fresh stool samples were collected in clean containers and the samples were immediately transferred to the laboratory under cold chain. Adult patients with functional bowel disorders were interviewed by experienced physicians and fulfilled a questionnaire that was designed according to Rome III criteria for IBS [22]. According symptoms, they was classified as either diarrhea-predominant (IBS-D), constipation-predominant (IBS-C), or with alternating stool pattern (mixed IBS). Exclusion criteria were included, intestinal disturbance (Celiac disease and lactose intolerance), recent history of hospitalization (>24 h), antibiotic prescription within the last 3 months, surgery of the gastrointestinal tract, local and systematic inflammatory diseases, defined diet, food allergy, and pregnancy. Healthy controls were selected from people of the same age, who enrolled in routine medical check-ups in the hospital. These people reported no history of the gastrointestinal disorders and the criteria described above.

Isolation and characterization of the culturable bacteria was performed using selective and specific culture media as before [14]. Briefly, a total of 100 µl volume of the suspension was cultured on different culture media, including MacConky agar (Merck, Germany) as a selective medium for members of Enterobacteriaceae, Brucella agar supplemented with sheep blood (5%), Campylobacter supplement for detection of *Campylobacter* spp., and Clostridium selective agar and Mannitol salt agar for isolation of Clostridia and *Staphylococci*, respectively. The growth of aerobic and anaerobic bacteria was analyzed at 37°C after 24- 48 h incubation under aerobic and anaerobic conditions (Anoxomat: MART Microbiology B.V. 0% O₂, 10% H₂, 10% CO₂ and 80% N₂). Suspicious colonies were identified by routine microbiological and biochemical tests [14].

DNA preparation:

Total DNA of the samples was extracted using DNA Stool Kit (Bionner, South Korea) according to the manufacturer's instructions. The concentration of DNA was measured by Nanodrop (Eppendorf-Germany). All DNA extracts were stored at -20 °C until use.

Identification of *cdtB* by PCR:

In this study specific primers were designed for characterization of *cdtB* in *Y.enterocolitica*, *S. enterica*, *E. coli*, *Providencia alcalifaciens*, and *Aggregatibacter actinomycetemcomitans* (Table 1). Accordingly, homology of *cdtB* were determined using CLC Sequence Viewer v.6.0, and appropriate regions were selected. Amplification of the *cdtB* were carried out in mastermix volume of 25 µl containing 5 µl of DNA template, 0.5 mM of each dATP, dGTP, dCTP and dTTP (Gene fanavar, Iran), PCR (10x) buffer (Gene fanavar, Iran), 0.3 µl (10 pmol) of each forward and reverse primer, 1x Tag DNA polymerase buffer (Gene fanavar, Iran), and 0.2 µl (5 U/ µl) of Taq DNA polymerase (Fermentase, Germany). Amplified products were visualized in agarose gels (1.5%) in TAE buffer along with a mixed DNA ladder which stained with ethidium bromide.

Sequencing of PCR products.

PCR products of each suspected sample were purified using QIA Quick Spin Column (Qiagen, Germany). Then, PCR products were automatically sequenced in Sanger sequencing service. Resulted sequences were aligned and analyzed using Blast, Chromas, and BioEdit software.

Statistical analysis.

Statistical analysis was performed with SPSS software (Version 23, Co Ltd, Tokyo, Japan). Data were expressed as mean ± standard deviation for continuous and frequency percentage for nominal and categorical variables. The comparison of qualitative variables between groups analyzed by the Pearson Chi-square test. The results were considered to be significant if *p*-values were ≤0.05.

Results

Clinical information of patients and controls.

Out of 80 patients with IBS, 18 had IBS-D (mean age, 37.55 ± 3.7 y), 29 had IBS-C (mean age, 37.26 ± 2.8 y), and 33 had IBS-M (mean age, 42.68 ± 2.1 y). In addition, 150 patients with gastroenteritis (mean age, 41.3 ± 2.1 y), and 50 healthy controls (mean age, 37.9 ± 2.1 y) were recruited into the study.

The results showed that the prevalence of IBS was significantly higher in women than in men (56/24) ($p < 0.05$). The commonest subtype of IBS in female patients was IBS-C (86.2%); while, IBS-M was the most frequent type among male (33.33%). Diarrhea-predominant IBC was the same in men and female. Anxiety was significantly higher among women in compare with men ($P < 0.05$). Although, several symptoms including abdominal bloating, cramp, and stress were more common in female than men. However, this difference was not significant (Table 2).

The most common symptom associated with constipation in subjects with IBS-C was abdominal bloating (89.65 %) followed by bellyache (75 %). While, IBS-D subjects felt a higher degree of abdominal cramp in their daily lives than two other subtypes ($P = 0.01$). Additionally, there was a significant correlation between IBS-C and IBS-M with anxiety. Interestingly, the anxiety degree was significantly associated with bloating ($P = 0.02$) and abdominal pain ($P < 0.01$). With regard to the IBS patient subgroups, there was no statistically difference between age and subtype of IBS.

Distribution of *cdtB* gene variants in the fecal DNA extracts.

The frequency of *cdtB* varied between patients with IBS, gastroenteritis, and healthy people. *cdtB* of *Campylobacter* showed high- frequency in stool samples of gastroenteritis patients (34.6%, 52/150); which was higher than those characterized in patients with IBS and healthy people (6.25%, 5/80 and 4%, 2/50, respectively); the difference was statistically significant ($p < 0.05$). Significant association also were seen between *cdtB* of *Campylobacter* spp. and IBS-D patients. *cdtB* of *S. enterica* was detected in 8 (5.3%) and 14 (17.5%) of the patients with gastroenteritis and IBS, respectively. There was a significant difference between the presence of *cdtB* of *S. enterica* in patients with IBS and gastroenteritis compared with healthy subjects ($p < 0.05$). However, the presence of *cdtB* of *S. enterica* didn't show a correlation with IBS types (24.24%, 13.79 %, and 11.11% in IBS-M, IBS-C, and IBS-D patients, respectively). *cdtB* of *E. coli* and *P. alkalifaciens* was not detected in any of the patients with IBS, gastroenteritis, and in the control group. The results also indicated that only 0.6% of the patients with gastroenteritis carried *cdtB* of *Y. enterocolitica* (Table 3). Statistical analyses showed no significant correlation between Cdt-B encoding bacteria and gender or other demographic data among the studied patients with IBS.

Sequence accession number

Nucleotide sequence analysis of all amplified PCR products showed 100% identity to *cdtB* of *Campylobacter* spp., *S. enterica* and *Y. enterocolitica*. The accession numbers of the sequences of the PCR products submitted to GenBank were KT008107.1, KR778819.1, KT008106.1 (<https://www.ncbi.nlm.nih.gov>).

Discussion

The overall objectives of the current study were to determine the distribution of *cdtB* gene among different enteropathogenic bacteria in subjects with IBS and gastroenteritis and its possible role in disease.

According to our results, the prevalence of *cdtB* of *Campylobacter* spp. was 6.25% in patients with IBS and 34.6% in patients with gastroenteritis in comparison with healthy people (3.75%). Similar to our results, the high prevalence of the *cdtB* gene was detected among *Campylobacter* isolates, in gastroenteritis patients [24]. Peter KE *et al* were determined the *cdtB* gene among 67% of *C. jejuni* and 19% of *C. coli* isolates recovered from cases of gastroenteritis. Indeed, distribution of *Campylobacter* encoding *cdtB* was detected in 5% of patients with IBS by Burliaeva *et al* [25]. We compared the clinical data of the IBS patients with Cdt-B encoding bacteria. The comparison revealed that the frequency of Cdt-B encoding *Campylobacter* spp. was significantly higher among IBS-D patients (16.66%) than other. Burliaeva *et al* showed that wild-type *C. jejuni* strain, but not its Cdt-lacking isogenic mutant of *cdtB* was able to induce chronic altered bowel patterns and mild chronic rectal inflammation [25, 26]. Indeed, anti-CdtB antibodies has been proposed as a specific biomarker for diarrhea-predominant irritable bowel syndrome [17, 18]. It seems that CDT has the ability to attack the cells of intestinal villi, and cause disease [26, 27]. Whether *Campylobacter* strains that produce *cdtB* exclusively are associated with diarrhea in patients with irritable bowel syndrome needs more investigation. In this study, no significant association was seen between the *Campylobacter* encoding *cdtB* and other clinical symptoms including abdominal bloating. No significant correlation also was found between Cdt-B encoding *Campylobacter* spp. and gender among IBS patients, while most of IBS patients were female. According our knowledge, studies on this subject are limited.

This study showed that 14% of patients with IBS and 5.3% of patients with gastroenteritis were positive for *cdtB* of *S. enterica*. High distribution of *cdtB* gene was unpredictable. Although *cdtB* was not detected in the control group. Among IBS patients who had *cdtB* positive *S. enterica*, 11 (13.75%), 9 (11.25%), and 5 (6.25%) had bloating, abdominal pain, and abdominal cramp, respectively. Presence of *cdtB* were reported in typhoidal and nontyphoidal *S. enterica* serovars [5, 28–31]. Mezal *et al* showed carriage of *cdtB* gene among all isolates of *Salmonella enterica* serovar *Javiana* in patients with gastrointestinal [5]. An increased level of invasiveness for these isolates was shown in HeLa cell cultures, which mediated by CDT. Possible involvement of CDT of *Salmonella* in the development or progression of IBS could be also supported by previous results that described association of *Salmonellosis* and IBS [5].

The data obtained showed that only one Cdt-B encoding *Y. enterocolitica* was detected in gastroenteritis patients. However, recent evidence demonstrated that this pathogen is linked with chronic health sequelae, including functional gastrointestinal disorders (FGD) such as Inflammatory bowel disease (IBD) [32].

According to the results, none of the samples (IBS, gastroenteritis and healthy people) were positive for *cdtB* of *E. coli*. Indeed, all *E. coli* which isolated from patients with IBS, gastroenteritis and healthy people

were investigated for *cdtB* by PCR. Meza-Segura *et al*, determined the *E.coli* strains harboring *cdt* genes among 1306 young children with acute diarrhea. Thirteen patients (1%) had *E. coli* strains harbouring *cdt* genes; only five of them were negative for all other tested pathogens [33]. These finding suggest that CDT-producing *E. coli* strains are an infrequent, albeit significant, cause of severe diarrheal illness in children. In another study, *cdtB* gene weres found in 1.4% of 366 *E. coli* strains isolated from stool specimens of patients with acute diarrhea in Calcutta, India [34].

In our study, we cannot find the *P.alcalifacience* CdtB and AacCDT among our samples. However, Shiam *et al* could detected *P.alcalifacience* harboring CdtB from patients with diarrhea [35]. For the first time, they reported that certain clinical *P. alcalifaciens* strains could produce variants of the CDTs compared [35].

Conclusion

Our data showed high distribution of *cdtB* gene among *Campylobacter* spp. and *Salmonella* spp. in stool samples of patients with IBS and gastroenteritis. These findings proposed that infection with CdtB encoding bacteria could be a risk factor for development of IBS. In addition, significant association was seen between CdtB encoding *Campylobacter* spp. and diarrhea-predominant irritable bowel syndrome. No significant correlation was found between CdtB encoding *Campylobacter* spp. and *S. enterica* and gender among the IBS patients. Further studies are needed to establish this correlation.

Declarations

Acknowledgment

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Tables

Table 1
Primers that were used in this study.

Bacteria	Sequence)5'-3'(PCR product (bp)	Reference
<i>Yersinia enterocolitica</i>	TAGCAATAGCAAATGGATAG ATCTGCTCTAATTCTTGA	376	This study
<i>Salmonella enterica</i>	TTCTGACCATGATCATCTG AGATTCCAGGTGTATTCATC	283	This study
<i>Escherichia coli</i>	AGGCCATTA ACTGGATGATT TTTCCWRCTACHGCATAATC	178	This study
<i>Campylobacter jejuni</i>	GTTGGCACTTGG AATTTGCAAGGC RTTRAARTCNCCYAADATCATCC	470	Bang 2003
<i>Providencia alkalifaciens</i>	GTAGCGAGCTTGG AATTTGCAAGGC TTTRAATTT CAGAAAGATCATCC	680	This study

Table 2
Frequency of symptoms in patients with IBS and gastroenteritis.

Type of symptoms	IBS-C N (%)	IBS-D N (%)	IBS-M N (%)
Total number	29/80 (14.5%)	18/80 (22.5%)	33/80 (15.4%)
Anxiety	21 (72.41%)	8 (44.44%)	17(51.51%)
Yes	8 (27.58%)	10 (55.55%)	16 (48.48%)
No			
Abdominal pain	21 (72.41%)	14 (77.77%)	27 (81.81%)
Yes	8 (27.58%)	4 (22.22%)	6 (18.18%)
No			
Abdominal Cramp	9 (31.03%)	15(83.33%)	17 (51.51%)
Yes	20 (68.96%)	3 (16.66%)	16 (48.48%)
No			
Abdominal bloating	26 (89.65%)	3 (16.66%)	30 (90.9%)
Yes	3(10.34%)	15(83.33%)	3(9.09%)
No			
Stress	22 (75.86%)	12(66.66%)	20 (60.6%)
Yes	7 (24.13%)	6 (33.33%)	13 (39.39%)
No			
Infection with CdtB encoding bacteria	4 (13.79%)	2 (11.11%)	8 (24.24%)
<i>Salmonella</i>	1 (3.44%)	3 (16.66%)	1 (3.03%)
<i>Campylobacter</i>			
Others			

Table 3

Presence of *cdtB* in enteric pathogenic bacteria among patients with Irritable bowel syndrome and gastroenteritis.

	<i>P. alkalifaci</i> <i>ance</i>	<i>Y.</i> <i>entercolitica</i>	<i>E.</i> <i>coli</i>	<i>S.</i> <i>enterica</i>	<i>Campylobacter</i> <i>spp.</i>
IBS (n = 80)	0	0	0	14 (17.5%)	5 (6.25%)
Gastroenteritis (n = 150)	0	1(0.6%)	0	8 (5.3%)	52 (34.6%)
Control (n = 50)	0	0	0	0	3 (3.75%)