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## Research

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# Effect of marketable ages on meat quality through fiber characteristics in goose

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26 **Abstract**

27 **Background:** Goose meat is more and more popular among consumers because of its  
28 good quality. The fiber characteristics, as a key determinant factor, contributing to meat  
29 quality has been well demonstrated, and the marketable ages are also closely related to  
30 meat quality in livestock and chicken. However, little is known about the effect of  
31 different marketable ages on the meat quality through fiber characteristics in goose.

32 **Results:** Here, 1-day, 28-day and three market-age old (70, 90 & 120 days) Yangzhou  
33 geese were selected and their fiber characteristics were investigated. The results showed  
34 that only fast-twitch fibers were observed in the breast muscle irrespective of the ages,  
35 while little slow-twitch fibers could be identified in leg muscle in three marketable ages,  
36 especially in gastrocnemius and extensor digitorum longus. As for the fiber diameter, a  
37 rapid upward trend was observed in breast muscle from 70 days to 90 days, and the  
38 corresponding values were 19.88 to 26.27 $\mu$ m, respectively, and it remained stable 90d  
39 thereafter. While the diameter and cross-sectional area of muscle fiber in leg muscle  
40 increased with ages. In addition, the proximate composition and physical properties was  
41 measured at different ages. 120-day-old geese had richer intramuscular fat and protein  
42 content both in breast and leg meat, as well as lower moisture content among three  
43 marketable ages. The higher lightness and pressing loss and the lower redness and shear  
44 force was observed in the breast and leg meat of 70-day-old geese compared with the  
45 90 and 120-day-old geese.

46 **Conclusions:** Taken together, although longer marketable age did not affect muscle  
47 fiber type in geese, it resulted in a thicker muscle fiber area, richer intramuscular fat  
48 and protein content, redder and chewier meat. As a result, the reasonable marketable  
49 age should be taken into account to improve the meat quality in the goose production.

50 **Key words:** Goose, Muscle fibers, Marketable ages, Meat quality

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## 54 **Background**

55 Meat quality has become a major concern to consumers with the preferences for  
56 better quality and healthier meat products in the poultry market. Meat quality traits are  
57 complex and are influenced by many internal and external factors. Age, as a key  
58 external factor, has been confirmed that it was closely related to meat qualities in broiler  
59 and duck. The very early marketable age of chicken may relate to the meat with poor  
60 cohesiveness, color and water holding properties [1], while the meat of favorable color  
61 and tenderness (firm, but not tough) were observed in the older broilers [2]. Also, it  
62 believed that the chemical or metabolite composition of duck meat can differ with age  
63 and the flavor increases with aging time [3]. However, the effect of goose age at  
64 slaughter or market on meat quality remain unclear.

65 In the meat production, the muscle fiber, as an internal factor, plays a key role in  
66 meat quantity and quality. Skeletal muscle is the main component of meat, accounting  
67 for about 50% ~ 60% of animal carcasses. Morphology traits such as total number of  
68 fibers and cross-sectional area of fibers are major determinant factors of muscle mass  
69 [4]. Pushing muscle fibers to their maximum functional size constraints is the way of  
70 the selection for rapid growth and high breast and leg yield in broilers [5]. In addition,  
71 muscle fiber characteristics contribute to meat quality. The meat with different types of  
72 muscle fibers displays different meat color, tenderness and water holding capacity.  
73 Increasing the proportion of slow-twitch oxidative muscle fibers is known to increase  
74 the redness and Mb content of meat [6]. The composition of fast-twitch glycolytic fibers  
75 is related to higher lightness and lower water holding capacity in pork [7] and tougher  
76 meat in beef [8]. However, the muscle fiber characteristics of goose in different ages  
77 and the effect of muscle fibers on goose meat quality has not been well documented.

78 As two important factors affecting meat quality, age and muscle fiber have been  
79 attracted extensive attention in the production and breeding of livestock and poultry. In  
80 fact, there are some relationships between them. It has been documented that muscle  
81 fiber compositions of different muscle types depended on the age in mutton [9]. Also,  
82 L. Li et al reported that the older birds exhibited larger myofiber diameter and area, and

83 lower myofiber density for the older birds than the younger birds [10]. Therefore,  
84 unveiling the age-related influences of muscle fiber characteristics can provide a  
85 feasible solution for improving the meat quality.

86 Goose is a herbivorous poultry, it owns a good adaption to different environment  
87 and has a high dietary meat quality [11, 12]. However, little is known about the internal  
88 and external determinant of meat quality in goose. In present study, the 1-day, 28-day  
89 and three market-age old (70, 90 & 120 days) Yangzhou geese were selected and their  
90 fiber characteristics were investigated. In addition, the proximate composition and  
91 physical properties were detected in goose of different market-age old. Also, the  
92 relationships between meat quality traits and muscle fiber characteristics were analyzed.  
93 These data could find out the effect of marketable ages on meat quality through fiber  
94 characteristics in goose, which might provide alternatives to further improve the meat  
95 quality in the goose production.

96

## 97 **Methods**

### 98 **Experiments, animals handling and slaughtering**

99 The experiment was conducted at the Tiange Goose Industry Co. Ltd (Yangzhou,  
100 China). All experimental procedures performed in this study were approved by the  
101 Institutional Animal Committee of Yangzhou University (Permit Number: YZUDWSY,  
102 Government of Jiangsu Province, China).The total 120 healthy Yangzhou goslings  
103 (*Anser cygnoides*)—28 day old with similar body weight were selected and assigned to  
104 three groups. Each group of geese was kept for 70 days, 90 days and 120 days  
105 respectively. During the experiment, the geese of each group were kept in separate pens  
106 (5 individuals per square meter) that included a playground and pool. The geese were  
107 exposed to natural lighting and temperature. The feed and water were given during the  
108 daytime when the geese were released to an open area outside the house. The geese  
109 were fed with the same commercial diets and the ingredient and chemical composition  
110 of diets were showed in Table 1. On day 1, 28, 70, 90 and 120 (Fig. 1A), the geese were  
111 carefully caught and transported within 1h to the laboratory. Before the transport, the

112 geese were fasted for 12 h and had free access to water. The birds were weighed  
113 individually (Fig. 1B) and slaughtered by manual exsanguination after anesthetizing  
114 them with sodium pentobarbital.

115

### 116 **Sample collection**

117 After the slaughter, the carcasses were cooled in the chilling room (4 °C). Within  
118 45 min postmortem, carcasses were split into the left and the right sides. The breast  
119 muscle and the leg muscle were taken. The gastrocnemius muscle, soleus muscle and  
120 extensor digitorum longus muscle from the thigh muscle of 6 carcasses were separated  
121 (Fig. 1C). Five pieces (0.5×0.5×1.0 cm) were taken from the breast muscle,  
122 gastrocnemius muscle, soleus muscle and extensor digitorum longus muscle of each  
123 carcass for histochemical analysis and molecular biology experiment. The samples for  
124 paraffin section were stored in 4% paraformaldehyde and the other samples were  
125 promptly frozen in liquid nitrogen and stored at –80 °C until subsequent analyses. After  
126 24 h chilling, the breast muscle and the leg muscle from the 12 carcasses were taken to  
127 carry out meat quality experiments. The collection of all muscle samples and meat  
128 quality measurements were done at the right side of each carcass.

129

### 130 **Physical properties and proximate composition of meat**

131 The physical properties (pH, meat color, pressing loss and shear force) and the  
132 proximate composition (moisture, intramuscular fat, protein and collagen content) of  
133 meat were measured.

134 The pH value was recorded at 45 min and 24 h post-mortem using a pH meter  
135 (DELTA 320, Mettler Toledo). The pH meter was first calibrated at chilling temperature  
136 using pH 4.00 and pH 7.00 buffers. Then, the pH was measured in the breast muscle  
137 and the leg muscle (using the upper, middle and lower spots inserted 10 mm into the  
138 muscle). The three measurements within each carcass were averaged for statistical  
139 analyses.

140 For determination of the initial meat color, the Minolta colorimeter (Minolta  
141 CR400, Konica Minolta, Japan) was used. The meat color was measured at 6 randomly

142 selected positions of the breast muscle and the leg muscle. The results were collected  
143 under the CIE-LAB system L\* (lightness), a\* (redness), and b\* (yellowness).

144 The shear force analysis according to Tang et al. (2009) was conducted on a digital  
145 tenderness meter (C-LM3B, Tenovo, Beijing, China). Cores with a diameter of 1 cm  
146 were removed from the breast muscle and leg muscle at different positions parallel to  
147 fiber orientation. Each value was an average of 6 measurements.

148 The pressing loss analysis was carried out with a dilatometer (C-LM3B, Tenovo,  
149 Beijing, China). Samples (about 1g, W1) of the breast muscle and the leg muscle was  
150 weighed at 24 h post-mortem. Then put 16 layers of filter paper on the top and bottom  
151 of the sample. Add a hard plastic plate to the lowest and the top layer and put it on the  
152 platform of the dilatometer. Pressurize (68.66 kPa) the sample for 5min and weigh the  
153 meat sample (W2). The pressing loss was then calculated using the following equation.

154 Pressing water loss (%) =  $(W1-W2) / W1 \times 100\%$

155 The proximate composition was subjected to a FoodScan™ Meat Analyzer (Foss,  
156 Denmark)[13]. The meat samples of the breast muscle and the leg muscle were removed  
157 from tendons and muscle membranes. Then cut into pieces, ground into meat mud by  
158 high-speed universal crusher and put into sample cups. The moisture, intramuscular fat,  
159 protein and collagen contents were analyzed by the FoodScan™ Meat Analyzer.  
160 Measurements were taken on the mixture of three individual geese in the same group  
161 and repeated three times.

162

### 163 **H&E staining and immunohistochemistry**

164 Each muscle sample was fixed in 4% paraformaldehyde for 24 h, paraffin-  
165 embedded, and a microtome (Leica, Germany) was used to prepare 5- $\mu$ m-thick sections.  
166 After drying overnight at 40°C, the sections were stained with H&E using a Leica  
167 Autostainer XL (Leica, Germany).

168 For immunohistochemistry, the slides were immersed in xylene three times for 15  
169 min each, anhydrous ethanol twice for 5 min each, 95% ethanol twice for 5 min each,  
170 and 80% ethanol twice for 5 min each, and then incubated in 3% methanol-H<sub>2</sub>O<sub>2</sub> for 10  
171 min. The slides were incubated with the primary antibody Anti-Fast (1:1200, ab51263,

172 Abcam, Cambridge, UK) and antibody Anti-Slow(1:4000, ab11083, Abcam,  
173 Cambridge, UK). After overnight incubation at 4°C, the slides was washed in PBS three  
174 times for 5 min each, reacted with the secondary antibody (rabbit anti-mouse, ab6728,  
175 Abcam, Cambridge, UK) for 30 min, and then washed again with PBS three times for  
176 5 min each, and finally stained with DAB for 10 s.

177 The samples were scanned by a NanoZommer scanner (Humamatsu, Sydney,  
178 Australia). The image analysis system (Image-Pro Plus, Media Cybernetics, Silver  
179 Springs, USA) was used for the calculation of fiber diameter, cross-sectional area, and  
180 fiber density.

181

### 182 **RNA extraction and real-time quantitative PCR (RT-qPCR)**

183 Total RNA was extracted from each muscle sample using a RNA kit (Tiangen,  
184 China) according to the manufacturer's protocol. The first strand cDNA was  
185 synthesized from 1 µg RNA with RevertAid™ First Strand cDNA Synthesis Kit (MBI  
186 Fermentas, Tiangen). The synthesized cDNA then served as a template for real-time  
187 PCR using SYBR PCR Mix(Takara Biotechnology Co. Ltd., Japan) and data were  
188 collected in an ABI 7500 Real-Time PCR System (Applied Biosystems, Foster City,  
189 CA, USA). Real time PCR was performed at 98 °C for 30 sec, and 40 cycles of 98°C  
190 for 10 s and 60°C for 30 sec. β-actin was used as the reference gene to normalize the  
191 expression data and calculated with the  $2^{-\Delta\Delta Ct}$  method [14]. The primers designed for  
192 real-time PCR were listed in Table 2.

193

### 194 **Statistical analysis**

195 The comparisons among different marketable ages and different muscular tissues  
196 were fulfilled using repeated measures in SPSS statistical software (SPSS, Ver. 18.0).  
197 All data were evaluated as mean ± standard error (SE) including Gene expression levels  
198 from RT-qPCR, fiber histological characteristics and meat quality traits. Duncan's  
199 multiple range test was used to analysis of the main effect. A level of  $P \leq 0.05$  was set  
200 as the criterion for statistical significance.

## 201 **Results**

### 202 **Comparison on myosin heavy chain-based fiber characteristics among goose of** 203 **different ages**

204 To investigate the fiber type composition in the goose muscle of different ages,  
205 relative protein expressions of fast myosin heavy-chain and slow myosin heavy-chain  
206 were detected by immunohistochemistry. As shown in Fig. 2, there were completely  
207 fast-twitch fibers and no slow-twitch fibers in breast muscle regardless of the tested  
208 ages. To understand the muscle fiber composition of the leg muscle in detail, the GAS,  
209 SOL & EDL of the leg muscle were dissected, we found that the GAS muscle had  
210 significantly higher distribution of slow-twitch fiber than that in SOL muscle (16.69%  
211 VS 4.74%) at birth, while the EDL muscle did fast-twitch fiber. At 28 day, a great  
212 transition from fast-twitch fiber to slow-twitch fiber was observed in the SOL muscle  
213 and the corresponding area percentage of slow-twitch fiber was 85.11%, while the GAS  
214 muscle showed the opposite trend, and turned to the pure fast-twitch fibers. With the  
215 arrival of the marketable ages (70, 90 & 120 days), little slow-twitch fibers could be  
216 observed in leg muscle (Fig. 2). In addition, the mRNA expression of MyHC isoform  
217 MYH7B (type I slow-twitch), MYH1A (type IIb fast-twitch) and MYH1B (type IIa  
218 fast-twitch) in goose of different ages were detected by qRT-PCR. The results were in  
219 agreement with the immunohistochemistry. There was little expression of MYH7B and  
220 no significant difference in all detected muscular tissues of marketable ages ( $P > 0.05$ )  
221 (Fig. 3C). In addition, 90 and 120-day-old geese exhibited higher expressions of  
222 MYH1A and MYH1B than those in the 70-day-old geese ( $P < 0.05$ ) and the relative  
223 expression of MYH1B was lower in the breast muscle than that in the leg muscle (Fig.  
224 3A, B). Together, these data indicate that the variations of muscle fiber types primarily  
225 occur at the early growth stage. With the arrival of marketable ages, there were little  
226 differences in fiber types and the muscular tissues mainly consist of fast-twitch fibers.

227

### 228 **Comparison on muscle fiber morphology traits during the growth of goose**

229 To compare the morphology traits of muscle fibers in geese, representative

230 characteristics (fiber diameter, cross-sectional area and fiber density) of four muscular  
231 tissues (Fig. 4A) were investigated. Some significant main effects were observed for  
232 marketable ages and muscular tissues on the contents of fiber diameter and cross-  
233 sectional area (Fig. 4B and 4C, Table S1). The largest muscle fiber cross-sectional area  
234 was observed in the EDL muscle, while the breast muscle owned the smallest one  
235 (51.93 vs 24.23 $\mu$ m). From 70 days to 90 days, the fiber diameter in breast muscle  
236 showed a sharp rise from 19.88 to 26.27 $\mu$ m while it remained stable 90d thereafter. As  
237 to leg muscle (GAS, SOL, EDL), the diameter and cross-sectional area of muscle fiber  
238 increased with advancing ages ( $P < 0.05$ ). In addition, there was a significant interaction  
239 between factors (marketable ages and muscular tissues) for the fiber density. As  
240 expected, it showed an opposite trend from the fiber diameter and the cross-sectional  
241 area results. Interestingly, the breast muscle had considerable amounts of intramuscular  
242 adipocytes between muscle fibers while it could not be found in the leg muscle in 28-  
243 day-old geese (Fig. 4A and 4S). Collectively, these findings clearly indicated that the  
244 fiber cross-sectional area increased with advancing ages in leg muscle while in breast  
245 muscle, it continued growing till 90d and remained stable thereafter.

246

#### 247 **Comparison on physical properties among goose meat of different marketable** 248 **ages**

249 Comparing the physical properties among goose meat of different marketable ages,  
250 certain meat quality traits, including pH<sub>45min</sub>, pH<sub>24h</sub>, the meat color, the pressing loss  
251 and the shear force were detected. Some significant main effects were observed for  
252 different breeds and muscular tissues on the contents of the shear force and pH<sub>45min</sub>  
253 (Table 3). The leg meat is tougher than breast meat measured by shear force values  
254 (43.25 vs. 26.41,  $P < 0.05$ ) in all three marketable ages. The breast meat showed higher  
255 pH<sub>45min</sub> value than the leg meat in three marketable ages (6.05 vs. 5.90,  $P < 0.05$ ) and  
256 the higher pH<sub>45min</sub> value tended to be present in 90-day-old geese. Compared with  
257 pH<sub>45min</sub>, pH measured at 24h postmortem declined. In 90-day-old geese and 120-day-  
258 old geese, pH<sub>24h</sub> was lower in breast meat compared to the leg meat which revealed that  
259 there was a greater pH value decrease in breast meat than the leg meat during the meat

260 maturation after slaughter. Besides, there was a significant interaction between factors  
261 (marketable ages and muscular tissues) for the meat color ( $L^*$ ,  $a^*$ ) and pressing loss.  
262 Significant higher lightness value was observed in 70-day-old goose breast meat  
263 compared with the 90 and 120-day-old goose breast meat. Also, the lowest redness  
264 value was observed in 70-day-old goose breast meat while there were no significant  
265 differences among other groups ( $P > 0.05$ ). In terms of water holding capacity, the  
266 highest pressing loss was found in 70-day-old goose leg meat, while the lowest was  
267 observed in 120-day-old goose leg meat. Together, the higher lightness and pressing  
268 loss but the lower redness and shear force was observed in the breast and leg meat of  
269 70-day-old geese compared with the 90 and 120-day-old geese.

270

#### 271 **Comparison on proximate composition among goose meat of different marketable** 272 **ages**

273 To compare the proximate composition among goose meat of different marketable  
274 ages, the content of moisture, protein, intramuscular fat and collagen was detected  
275 (Table 4). It was shown that all determined indexes were significantly different among  
276 the groups and there was a significant interaction between factors (marketable ages and  
277 muscular tissues). The moisture content of breast meat and leg meat of 120-day geese  
278 was significantly lower than that of 70-day geese ( $P < 0.01$ ) and it decreased gradually  
279 with the increase of marketable ages. The protein content in breast meat of 120-day  
280 geese was higher than that in 70-day geese but lower than 90-day geese ( $P < 0.05$ ).  
281 While in leg meat, the protein content was not significantly different in 70-day geese  
282 and 90-day geese. The intramuscular fat content showed an upward trend with the  
283 increase of the marketable age ( $P < 0.05$ ). Surprisingly, in 90-day and 120-day geese, the  
284 intramuscular fat content in breast meat was considerably higher than that in leg meat  
285 ( $P < 0.05$ ). The content of collagen fluctuated between 1.10~1.53 and it was consistently  
286 higher in breast meat than that in leg meat ( $P < 0.05$ ). To sum up, compared with 70-  
287 day-old geese and 90-day-old geese, 120-day-old geese had richer intramuscular fat and  
288 protein content and lower moisture content.

289

## 290 **Discussion**

291 Goose meat is more and more popular among consumers for its good quality which  
292 can be characterized as high content of protein, lysine and unsaturated fatty acid as well  
293 as low fat [15]. Some researchers have confirmed the fiber characteristics are key  
294 determinant factor for meat quality and the marketable ages are also closely related to  
295 it.

296 Here, we investigated the muscle fiber characteristics of four muscular tissues in  
297 Yangzhou goose of different ages (1, 28, 70, 90 & 120 days). In general, the muscle  
298 fiber increased regularly with advancing age which was in agreement with the previous  
299 studies in birds and livestock [10, 16]. In breast muscle, it stopped growth from 90 day  
300 thereafter. Tilki et al. stated that the native Turkish geese at the age of 63 days have  
301 actually achieved only 70% to 80% of their adult weight and leg muscle reach their  
302 final proportion at the age of 70 days, whereas the intensive growth of breast continues  
303 until 16 wk of age [17]. These results had some differences with our present study  
304 mainly because of the different goose breeds.

305 Numerous studies have reported the relationships between fiber types and meat  
306 quality traits in livestock and chickens [8, 18, 19]. However, little research on fiber  
307 types in geese had been done. We investigated the expression of myosin heavy chain-  
308 related genes (MYH1A, MYH1B & MYH7B) and the myosin heavy chain-related  
309 proteins. Our results showed that the variations of muscle fiber types primarily occur at  
310 the early growth stage and little slow-twitch fibers existed in geese muscle fibers in all  
311 three marketable ages. Picard et al stated that the muscle is composed of oxidative  
312 (slow-twitch) fibers at birth and the proportion of oxidative fibers decreases while the  
313 proportion of glycolytic (fast-twitch) fibers increases during growth. The decrease in  
314 type I and IIA fibers and an increase in type IIB fibers are due to the increasing carcass  
315 weight [20] . We also found that the highest percentage of type I fiber was existed in  
316 the soleus muscle at 28 day, which accounted the major proportion (85.11%) and the  
317 breast muscle was pure type IIB fibers all the time. The results were consistent with the  
318 results obtained by several authors, who reported that the soleus muscle mainly

319 composed of red slow-twitch myofibers in chickens [21, 22] and the chicken breast  
320 contained 100% type IIB muscle [23]. However, till the Yangzhou goose marketable  
321 ages, the slow-twitch myofibers could not be detected in both of the breast muscle and  
322 leg muscle. Therefore, we speculated that the muscle fiber morphology traits had  
323 greater impacts on meat quality traits compared to the fiber types.

324 Meat color is the most important meat appearance quality traits because it is the  
325 first factor seen by the consumer and is used as an indication of freshness and  
326 wholesomeness while tenderness is the most important eating quality traits because it  
327 strongly influences consumer's perceptions of acceptability [24]. In the present study,  
328 significant brighter (higher  $L^*$  values) and lighter red (lower  $a^*$  values) meat was  
329 observed in 70-d goose breast muscle compared with the 90 and 120-d goose breast  
330 muscle. Also, the 70-d goose leg muscles shower higher  $L^*$  values than those in other  
331 ages. The similar experimental results were reported by Baéza et al. that breast meat of  
332 broilers slaughtered at 35 days of age was lighter than that of older broilers [25].  
333 Moreover, Fletcher et al. reported that poultry breast meat tended to become darker and  
334 redder as bird's age increased [26]. Purslow et al. highlighted the key mechanisms  
335 contributing to variations in the lightness of meat. A 20% increase in lightness ( $L^*$  value)  
336 between muscles with ultimate pH of 6.1 versus 5.4 is accompanied by a 17% change  
337 in muscle fiber diameter [27]. In addition, we found that the shear force increased with  
338 advancing age in both the breast muscle and leg muscle. The age-related findings in  
339 this study were consistent with those of L. Li and Uhlířová et al. in chicken and geese  
340 [10, 28]. Also, the shear force was positively correlated with the muscle fibers. Owens  
341 stated that the contractile state of the muscle (myofibrillar component) is probably the  
342 most important influence in meat tenderness in marketable aged (6-8 weeks) broilers  
343 [29]. Meat tenderness varies with the rate of glycolysis, the rigor onset post-slaughter  
344 and the extent of glycolysis, which are all related to muscle fiber characteristics [30].  
345 These findings were consistent with our results. Compared with beef and pork, goose  
346 meat is softer. Therefore, consumers preferred chewier (firm, but not tough) goose meat  
347 in China. Also, the older geese had greater water holding capacity (less pressing loss)  
348 in leg muscle. To concluded, we found that the 90 and 120-d geese had greater

349 performances in meat quality traits than 70-d geese.

350 The proximate composition of goose meat was affected mainly by age and  
351 muscular tissues. The 120-d geese had richer intramuscular fat (IMF) and protein  
352 content, as well as lower moisture content than 90 and 70-d geese. Results of the present  
353 study were in agreement with the previous findings. Baeza et al observed a significantly  
354 lower water content and higher lipid content in 11-wk-old ducks than in 8-wk-old ducks  
355 [31]. Uhlířová et al. stated that the lipid content of the breast increases with age at the  
356 expense of the water content which can explain our results [28]. IMF is often recognized  
357 as a key factor due to its positive correlation with tenderness, juiciness, and flavor [32,  
358 33]. It not only tends to increase with advancing age until the muscle growth has been  
359 completed, but also correlates with muscle fiber characteristics [8]. The relationships  
360 between muscle fibers and IMF in goose meat deserves further research.

361 In view of the studies above, we concluded that the 90 or 120 d but not 70 d as the  
362 marketable age of Yangzhou goose may be a good choice for better meat quantities and  
363 qualities. Our continued researches will focus on manipulating muscle fiber  
364 characteristics to improve meat quality traits based on different marketable ages in  
365 Yangzhou goose. Further study will benefit both the consumers and farmers.

366

## 367 **Conclusion**

368 It is concluded that breast muscle only included fast-twitch fibers in the geese of  
369 all tested ages and little slow-twitch fibers could be identified in leg muscle of the geese  
370 in three marketable ages. As for the fiber diameter, a rapid upward trend was observed  
371 in breast muscle from 70 days to 90 days and it remained stable 90d thereafter. The  
372 diameter and cross-sectional area of muscle fiber in leg muscle increased with ages. In  
373 addition, 120-day-old geese had richer intramuscular fat and protein content both in  
374 breast and leg meat, as well as lower moisture content among three marketable ages.  
375 The higher lightness and pressing loss and the lower redness and shear force was  
376 observed in the breast and leg meat of 70-day-old geese compared with the 90 and 120-  
377 day-old geese. The reasonable marketable age should be taken into account to improve

378 the meat quality in the goose production. The 90 or 120 d but not 70 d as the marketable  
379 age of Yangzhou goose may be a good choice for better meat quantities and qualities.

380

### 381 **Abbreviations**

382 BM: breast muscle, SOL: soleus muscle, GAS: gastrocnemius muscle, EDL:  
383 extensor digitorum longus muscle, MyHC: myosin heavy-chain, IMF: intramuscular fat.

384

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388

### 389 **Authors' contributions**

390 KW, QX and GC designed and managed the project. YY, YP, ZF analyzed the data.  
391 WH, TG, QB, LH, YZ performed all animal works and collected biological samples.  
392 KW and QX wrote the manuscript. YZ and GC revised the paper. All authors approved  
393 the final version of the manuscript.

394

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399

### 400 **Availability of data and materials**

401 All data generated or analyzed during this study are available from the  
402 corresponding author upon reasonable request.

403

### 404 **Ethics approval and consent to participate**

405 All experimental procedures performed in this study were approved by the  
406 Institutional Animal Committee of Yangzhou University (Permit Number: YZUDWSY,  
407 Government of Jiangsu Province, China).

408

## 409 **Consent for publication**

410 Not applicable.

411

## 412 **Competing interests**

413 All authors have no declared conflict of interest.

414

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### 503 **Figure captions**

504 **Fig. 1** The body weight and different muscular tissues of Yangzhou geese.

505 A. 1-d, 28-d, marketable age geese. B. The body weight during the growth of Yangzhou  
506 geese from 1d to 120d. C. Schematic diagram of breast muscle and different muscular  
507 tissues in leg muscle. BM, breast muscle. SOL, soleus muscle. GAS, gastrocnemius  
508 muscle. EDL, extensor digitorum longus muscle.

509 **Fig. 2** The fiber type composition in the goose muscle of different ages.

510 Immunohistochemical for four muscular tissues using anti-fast and anti-slow myosin  
511 skeletal heavy chain in geese at different ages. Magnification of 200× was used  
512 (Bar=100 μm).

513 **Fig. 3** Relative mRNA expressions of myosin heavy-chain (MyHC) isoform genes in  
514 the goose muscle of different ages.

515 A. MYH1A, type IIb, fast-twitch. B. MYH1B, type IIa, fast-twitch. C. MYH7B, type I,  
516 slow-twitch. A–C mRNA expression was normalized to β-actin gene expression. Mean  
517 values within different letters were significantly different (p<0.05).

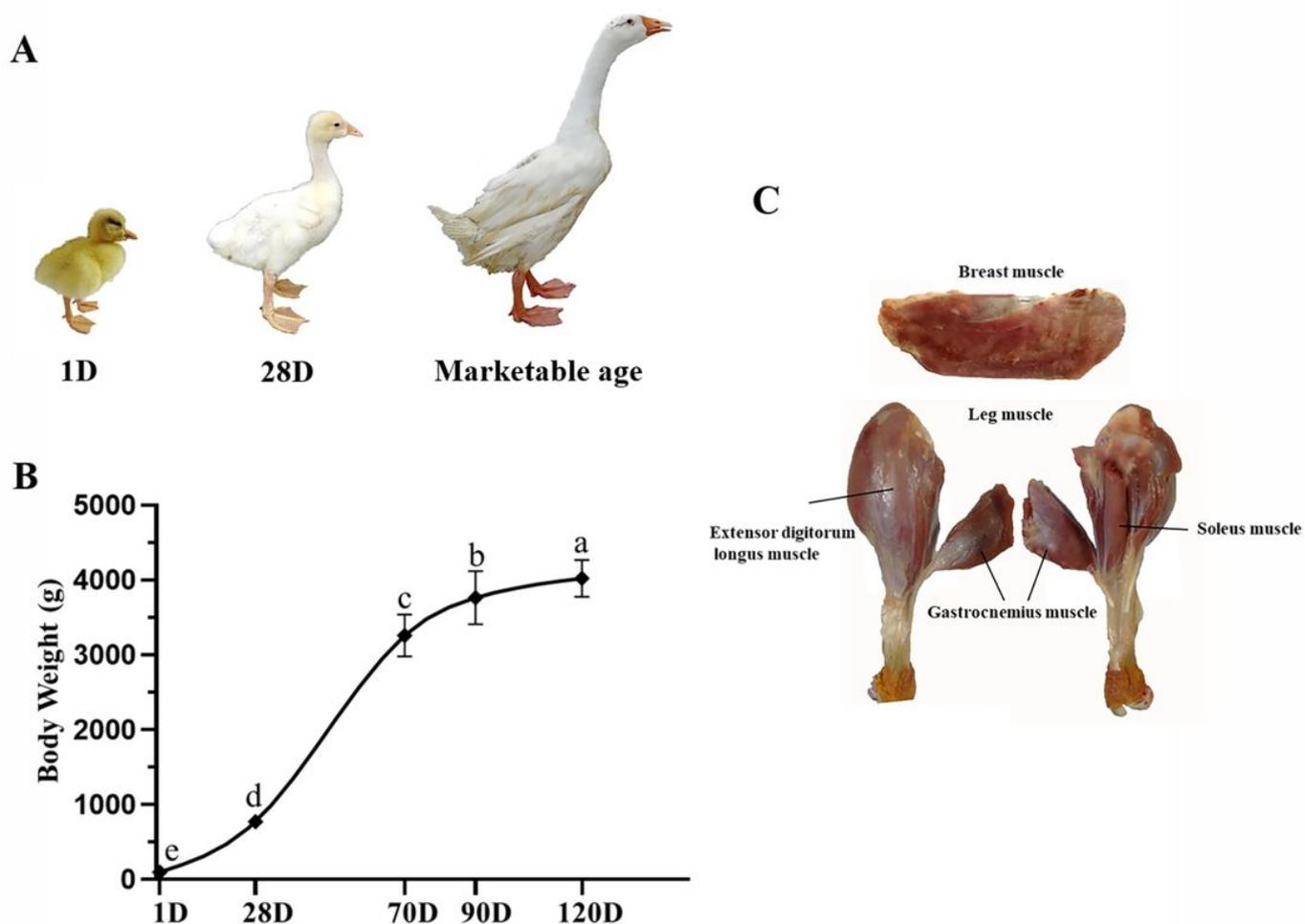
518 **Fig. 4** Muscle fiber morphology traits during the growth of goose.

519 A. Hematoxylin and eosin staining. Magnification of 200× was used (Bar=100 μm). B.  
520 Muscle fiber diameter. C. Muscle fiber cross-sectional area. D. Muscle fiber density.  
521 Mean values within different letters were significantly different (p<0.05).

522 **Fig. 4S** Intramuscular adipocytes between breast muscle fibers in the 28-day-old goose.  
523 Magnification of 900× was used (Bar=20 μm).

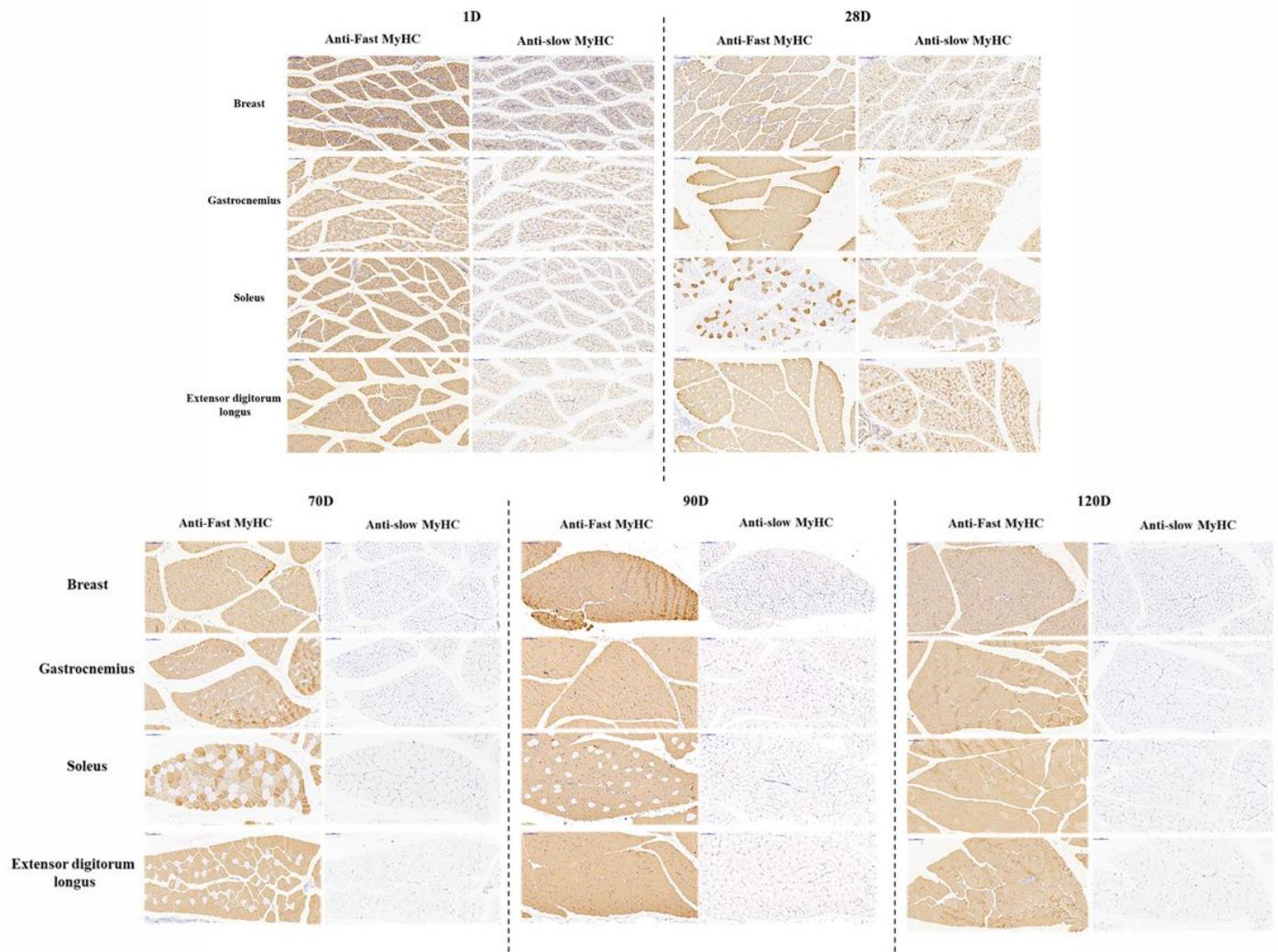
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# Figures



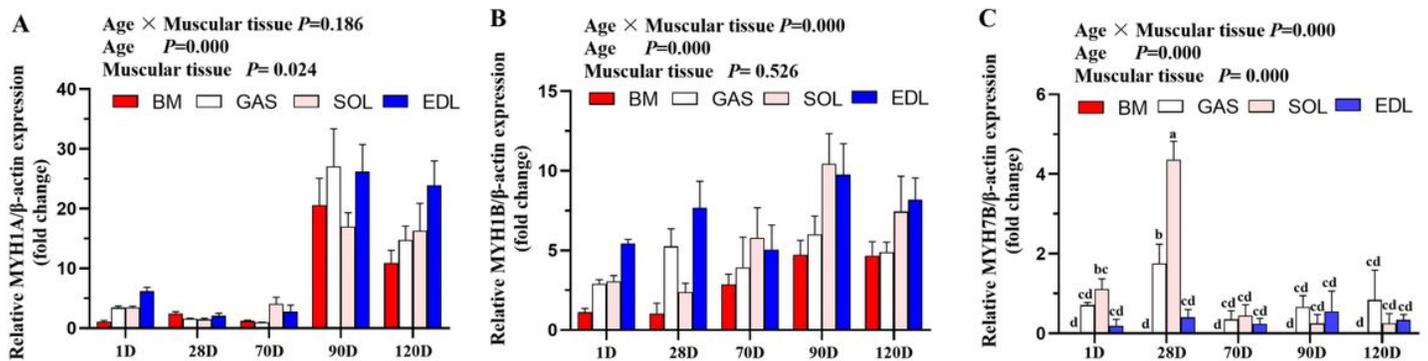
**Figure 1**

The body weight and different muscular tissues of Yangzhou geese. A. 1 d, 28 d, marketable age geese. B. The body weight during the growth of Yangzhou geese from 1d to 120d. C. Schematic diagram of breast muscle and different muscular tissues in leg muscle. BM, breast muscle. SOL, soleus muscle. GAS, gastrocnemius muscle. EDL, extensor digitorum longus muscle.



**Figure 2**

The fiber type composition in the goose muscle of different ages immunohistochemical for four muscular tissues using antifast and anti slow myosin skeletal heavy chain in geese at different ages. Magnification of 200 $\times$  was used (Bar=100  $\mu$ m).



**Figure 3**

Relative mRNA expressions of myosin heavy chain (MyHC) isoform genes in 513 the goose muscle of different ages. A. MYH1A, type IIb, fast twitch. B. MYH1B, type IIa, fast twitch. C. MYH7B, type I, slow twitch. A C mRNA expression was normalized to  $\beta$  actin gene expression. Mean values within different letters were significantly different ( $p < 0.05$ ).

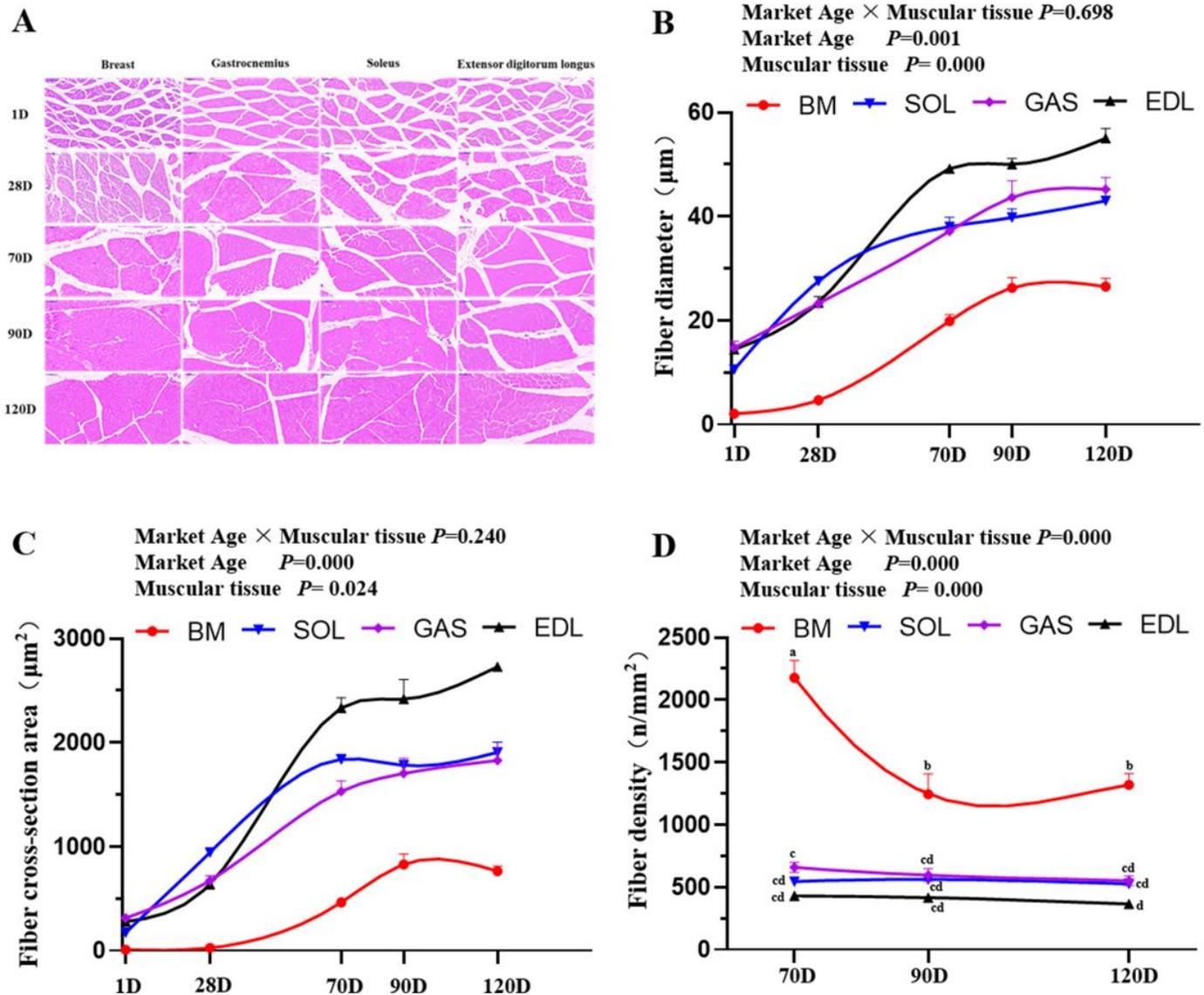


Figure 4

Muscle fiber morphology traits during the growth of goose. A. Hematoxylin and eosin staining. Magnification of 200 $\times$  was used (Bar=100  $\mu$ m). B. Muscle fiber diameter. C. Muscle fiber cross sectional area. D. Muscle fiber density. Mean values within different letters were significantly different ( $p < 0.05$ ).

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