

Less Airway Inflammation and Goblet Cell Metaplasia in an IL-33-Induced Asthma Model of Leptin-Deficient Obese Mice

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Research

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1 Less airway inflammation and goblet cell metaplasia in an IL-33-induced asthma model
2 of leptin-deficient obese mice

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25 Abstract

26 Background: Asthma with obesity is a phenotype of severe asthma. Leptin exerts an
27 immunomodulatory effect and its level is increased in obesity. IL-33 is associated with
28 innate immunity and induces type 2 inflammation, and is present in adipose tissue.

29 However, the role of IL-33 and leptin in obesity-associated asthma is not fully
30 understood. We examined the effect of IL-33 on eosinophilic inflammation, goblet cell
31 metaplasia, and airway responsiveness in leptin-deficient obese (ob/ob) and wild-type
32 mice, and examined the effect of exogenous leptin pretreatment.

33 Methods: In ob/ob and wild-type mice, IL-33 was instilled intranasally on three
34 consecutive days. In part of the animals, leptin was injected intraperitoneally prior to
35 IL-33 treatment. The mice were challenged with methacholine and resistance of the
36 respiratory system (Rrs) was measured using the forced oscillation technique. Cell
37 differentiation, IL-5, IL-13, eotaxin, KC in bronchoalveolar lavage fluid (BALF), and
38 histology of the lung were analyzed. For *the in vitro* study, NCI-H292 cells were
39 stimulated with IL-33 in the presence or absence of leptin, and MUC5AC levels were
40 measured by ELISA.

41 Results: Ob/ob mice showed greater baseline Rrs than wild-type mice. IL-33 and IL-33
42 with leptin did not enhance Rrs challenged with methacholine compared to non-
43 treatment in ob/ob mice, whereas IL-33 with leptin enhanced Rrs in wild-type mice.

44 Ob/ob mice showed less IL-33-induced eosinophil numbers, IL-5, IL-13, eotaxin, and
45 KC levels in BALF and eosinophilic infiltration around bronchi and goblet cell
46 metaplasia than wild-type mice, but leptin pretreatment attenuated these changes in
47 ob/ob mice. MUC5AC levels were increased by co-stimulation with IL-33 and leptin *in*
48 *vitro*.

49 Conclusions: Leptin plays an important role in IL-33-induced inflammation and goblet
50 cell metaplasia in the airway, but obesity *per se* increases airway hyperresponsiveness
51 independent of inflammation. These results explain some aspects of the pathogenesis of
52 obesity-related asthma.

53

54 Keywords: asthma, obesity, eosinophils, goblet cell metaplasia, innate immunity

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57 Background

58 The incidence of obesity is on the rise worldwide and is currently an important public
59 health problem. Obesity is a risk factor for the development of asthma and is associated
60 with poor control and frequent exacerbation [1]. Halder et al. previously reported that
61 obesity-related asthma shows the characteristic phenotype with female-dominant, late-
62 onset, non-eosinophilic, and highly symptomatic [2]. However, to date, there is no
63 specific treatment except for weight reduction in obesity-related asthma [3].

64 Leptin is a hormone secreted by adipocytes and acts on the hypothalamus to
65 inhibit hunger and stimulate satiety. In obesity, serum leptin levels are generally elevated
66 because leptin resistance occurs and a feeling of hunger continues despite high energy
67 stores [4]. However, the developmental mechanism of leptin resistance remains unclear
68 [5]. As leptin is known to exert an immunomodulatory effect, it may be involved in the
69 pathogenesis of obesity-related asthma. In obese women with asthma, airway reactivity
70 is significantly related to leptin expression in visceral fat [6]. Moreover, leptin and its
71 receptor are expressed in the airway epithelium [7].

72 Some studies have investigated the role of leptin in allergic animal models;
73 leptin enhanced airway responsiveness in ovalbumin (OVA)-sensitized mice [8].
74 Spontaneously generated leptin-deficient obese (Ob/ob) mice, show innate airway
75 hyperresponsiveness (AHR). Moreover, OVA-sensitized ob/ob mice show enhanced
76 AHR without an increase in type-2 inflammation [9]. However, these reports were
77 focused on adaptive immunity in the asthmatic response. On the other hand, the influence
78 of leptin on innate immunity has not yet been fully investigated.

IL-33 is associated with innate immunity and induces type-2 inflammation in the airway. IL-33 is released from injured airway epithelial cells and stimulates type-2 innate lymphocytes (ILC2), which release IL-5 and IL-13. These cytokines lead to eosinophilic inflammation, goblet cell metaplasia, and hyperresponsiveness in the airway [10]. IL-33 and its receptor ST2 have also been shown to be present in human adipose tissue [11]. However, the effect of obesity on IL-33-induced asthma, especially the interaction between leptin and IL-33, is not fully understood. Herein we examined the effect of IL-33 on eosinophilic inflammation, goblet cell metaplasia, and airway responsiveness in ob/ob mice and leptin-treated wild-type C57BL/6J mice.

Methods

Animal models

This animal protocol was approved by the Animal Care and Use Committee of Tokyo Women's Medical University (license numbers: AE20-065-B). Ob/ob mice (genetically leptin-deficient obese mice, female, 7-9 weeks old) and C57BL/6J wild-type mice (age and sex-matched with ob/ob mice) were divided into three groups (non-treated, IL-33-treated, and Leptin + IL-33-treated). Recombinant mouse IL-33 (SRP3210, Sigma-Aldrich, St Louis, MO, USA: 1µg dissolved in 50 µL phosphate-buffered saline [PBS]) was instilled intranasally on days 9-11, and recombinant murine leptin (450-31, PeproTech, Cedarbrook Drive Cranbury, NJ, USA: 25 µg/125 µL PBS for wild-type, 50 µg/250 µL PBS for ob/ob) was injected intraperitoneally on days 1, 3, 5, and 8-11, as the experimental protocol shown in Fig. 1a.

Measurement of airway responsiveness

Mice were anesthetized, ventilated (flexiVent; SCIREQ, Montreal, Canada), challenged with increasing doses of inhaled methacholine (3.125, 6.25, 12.5, 25, and 50 mg/mL, purchased from Sigma-Aldrich, St Louis, MO, USA), and the resistance of the respiratory system (Rrs) was measured by the forced oscillation technique as previously described [12]. Airway responsiveness was assessed by a fold change from baseline Rrs.

Bronchoalveolar lavage fluid (BALF) analysis

After measuring airway responsiveness, the BALF was collected by lavaging the lungs with 1.8 mL PBS. The BALF was centrifuged at $500 \times g$ for 3 min, and the supernatant was collected for subsequent analysis. Total cell number was counted using a hemocytometer, and the cell differentials were counted by staining with May-Giemsa. Cytokine or chemokine levels (IL-5, IL-13, eotaxin, KC) were analyzed using a mouse ELISA kit (R&D system, Minneapolis, MN, USA).

Lung histology

The lungs were fixed with 10% formalin and embedded in paraffin. Sections were cut 5 μm thick and stained with periodic acid-Schiff/Alcian-blue. To assess goblet cell metaplasia in the bronchi, mucus scores were obtained as previously described [13]. In brief, bronchi with internal diameter measuring $> 200 \mu\text{m}$ in cross section is assessed. Scores were obtained based on the ratio of goblet cell area to whole cross-sectional epithelial area in each round bronchus: a score of 0 indicates none, a score of 1 indicates occupation of $< 1/3$ of the epithelial area, a score of 2 indicates occupation of $\geq 1/3$ to $< 2/3$ of the epithelial area; and a score of 3 indicates occupation of $\geq 2/3$ of the epithelial area. The mucus score was obtained by averaging the scores of the measured bronchi.

127

128 *In vitro* study using NCI-H292 cells

129 For *the in vitro* study of mucin synthesis, the human pulmonary mucoepidermoid
130 carcinoma cell line NCI-H292 cells were cultured in RPMI 1640 medium (GIBCO;
131 Invitrogen Co. Grand Island, NY, USA) with 10% fetal calf serum, penicillin (100
132 U/mL), streptomycin (100 µg/mL), and fungizone (2.5 µg/mL) at 37 °C in a humidified
133 5% CO₂ incubator. Cells were stimulated with IL-33 (0.5 ng/mL) in the presence or
134 absence of leptin (1 ng/mL). 24 h after stimulation, mucin-5AC (MUC5AC) protein
135 levels in cell lysates were measured with an ELISA kit (Cloud-Clone Corp, TX, USA)
136 as previously described [14]. The data are shown as percentages in non-stimulated
137 control cells.

138

139 Statistical analysis

140 All data are expressed as mean ± standard error of the mean (SEM). Statistical
141 analyses were performed using the Prism 8 software package (GraphPad Software, San
142 Diego, CA, USA). Airway responsiveness was evaluated using two-way repeated
143 ANOVA with Turkey's post hoc test. All other data were evaluated using one-way
144 ANOVA with Turkey's post hoc test. A p-value of less than 0.05 was considered
145 statistically significant. In preliminary experiments, as we confirmed that leptin *i.p.*
146 alone did not affect airway hyperresponsiveness, BALF, or histology, we did not include
147 the data analysis.

148

Results

Leptin-deficiency was associated with less IL-33-induced eosinophilia and goblet cell metaplasia in ob/ob mice

Body weight did not significantly change during the experiment in all mice, and ob/ob mice were significantly heavier than wild-type mice (ob/ob 38.73 ± 2.55 g, wild-type 18.67 ± 1.02 g; $p < 0.001$, on day 12) (Fig. 1b). Ob/ob mice showed significantly greater baseline Rrs than wild-type mice (1.264 ± 0.107 vs. 0.721 ± 0.023 cmH₂O.s/mL; $p < 0.01$) (Fig. 2a) and showed greater response to methacholine than wild-type mice (Fig. 2b). However, in ob/ob mice, IL-33 with or without leptin induced no significant change in airway responsiveness (Fig. 2d). The total cell counts in BALF were lower in IL-33-treated ob/ob mice than in IL-33-treated wild-type mice (1.63 ± 0.33 vs. $4.36 \pm 1.49 \times 10^4$ per mL) (Fig. 3a). In wild-type mice, IL-33 induced marked eosinophilia in BALF (non-treated vs. IL-33-treated: 0.0 vs. $34.4 \pm 10.8\%$; $p < 0.05$). However, in ob/ob mice, IL-33 did not induce significant eosinophilia (non-treated vs. IL-33-treated: 0.0 vs. $2.1 \pm 1.4\%$). In ob/ob mice, leptin treatment prior to IL-33 instillation induced a significant increase in eosinophils (IL-33-treated vs. Leptin + IL-33-treated: 2.1 ± 1.4 vs. $11.8 \pm 4.1\%$; $p < 0.05$) (Fig. 3c), and also induced a significant increase in neutrophils (0.8 ± 0.4 vs. $6.8 \pm 2.8\%$; $p < 0.05$) (Fig. 3d). IL-5 and IL-13 levels in BALF were significantly lower in IL-33-treated ob/ob mice than in IL-33-treated wild-type mice (IL-5: 4.5 ± 2.4 vs. 46.6 ± 8.6 pg/mL; $p < 0.001$, IL-13: 1.1 ± 0.9 vs. 13.9 ± 5.5 pg/mL; $p < 0.05$) (Fig. 4a, 4b). Eotaxin levels tended to be lower in IL-33-treated ob/ob mice than in IL-33-treated wild-type mice (10.3 ± 0.5 vs. 61.5 ± 38.2 pg/mL) (Fig. 4c). KC level was significantly lower in IL-33-treated ob/ob mice

than in IL-33-treated wild-type mice (8.9 ± 2.3 vs. 44.1 ± 2.1 pg/mL; $p < 0.05$) (Fig. 4d). In ob/ob mice, leptin treatment increased IL-5, IL-13, eotaxin, and KC levels (IL-33-treated vs. Leptin + IL-33-treated; IL-5: 4.5 ± 2.4 vs. 6.9 ± 4.2 pg/mL, IL-13: 1.1 ± 0.9 vs. 4.6 ± 0.6 pg/mL, eotaxin: 10.3 ± 0.5 vs. 69.7 ± 57.7 pg/mL, KC: 8.9 ± 2.3 vs. 31.7 ± 11.1 pg/mL), but these changes were not significant (Fig. 4a–4d). In non-treated wild-type and ob/ob mice, neither airway inflammation nor goblet cell metaplasia were observed (Fig. 5a, 5d). In IL-33-treated wild-type mice, airway inflammation and goblet cell metaplasia were observed (Fig. 5b). On the other hand, in IL-33-treated ob/ob mice, the changes were attenuated (Fig. 5e). However, addition of exogenous leptin induced inflammation and goblet cell metaplasia (Fig. 5f). The mucus score was lower in IL-33-treated ob/ob mice than in IL-33-treated wild-type mice (0.33 ± 0.07 vs. 1.00 ± 0.12 , $p < 0.01$), but the addition of exogenous leptin significantly increased the mucus score in ob/ob mice (IL-33-treated vs. Leptin + IL-33-treated; 0.33 ± 0.07 vs. 1.02 ± 0.29 ; $p < 0.05$) (Fig. 5g).

Co-stimulation with leptin and IL-33 induced AHR in wild-type mice

In wild-type mice, airway hyperresponsiveness was induced by leptin + IL-33, but not by IL-33 alone (Fig. 2c). In wild-type mice, leptin + IL-33 tended to increase eosinophils and neutrophils in BALF compared to IL-33 alone, but these changes were not significant (IL-33-treated vs. Leptin + IL-33-treated; eosinophil: $34.4 \pm 10.8\%$ vs. $43.9 \pm 3.3\%$, neutrophil: $3.7 \pm 1.4\%$ vs. $14.4 \pm 6.1\%$) (Fig. 3c, 3d). Leptin + IL-33 treatment significantly increased eotaxin and KC levels compared to IL-33 alone (IL-33-treated vs. Leptin + IL-33-treated; eotaxin: 61.5 ± 38.2 vs. 209.9 ± 13.9 pg/mL; $p <$

0.05; KC: 44.1 ± 2.1 vs. 85.9 ± 9.8 pg/mL; $p < 0.01$) (Fig. 4c, 4d). In Leptin + IL-33-treated wild-type mice, marked inflammation and goblet cell metaplasia were observed (Fig. 5c).

***In vitro* study using NCI-H292 cells**

MUC5AC levels did not change with leptin and IL-33 alone, but were increased by co-stimulation with leptin and IL-33 *in vitro* (leptin vs. leptin + IL-33; 100.6 ± 2.6 vs. 118.9 ± 3.6 %; $p < 0.01$, IL-33 vs. leptin + IL-33; 105.6 ± 3.0 vs. 118.9 ± 3.6 %; $p < 0.05$) (Fig. 6).

Discussion

In this study, ob/ob mice showed less eosinophilic inflammation and goblet cell metaplasia induced by IL-33 compared to wild-type mice, but these changes were attenuated by the exogenous administration of leptin. Furthermore, AHR was spontaneously elevated in ob/ob mice regardless of IL-33 treatment. These findings suggest that leptin enhances IL-33-induced eosinophilic inflammation and goblet cell metaplasia in the airway, and that obesity *per se* is associated with AHR, independent of inflammation.

We demonstrated that IL-33-induced airway eosinophilic inflammation was attenuated in ob/ob mice (Fig. 3c). In addition, IL-5, IL-13, eotaxin, and KC levels in BALF were lower in IL-33-treated ob/ob mice than in IL-33-treated wild-type mice (Fig. 4a–4d). Furthermore, the exogenous administration of leptin in ob/ob mice attenuated these changes. Classically, it is known that OVA-sensitized ob/ob mice do not show an

increase in type-2 inflammation [9]. Given that IL-33 induces type-2 cytokines from ILC2, the attenuated eosinophilia in ob/ob mice may have been associated with the decrease in IL-5, IL-13, and eotaxin. Zheng et al. demonstrated that leptin promotes the proliferation of Th2 cells and ILC2s. They also demonstrated that leptin-deficiency leads to reduced ILC2s and attenuated type-2 cytokine production [15]. Ding et al. reported that ILC2 decreases in the adipose tissue of ob/ob mice [16]. Therefore, our results may have been caused by a decrease in ILC2 in ob/ob mice.

In wild-type mice, IL-33 induced goblet cell metaplasia (Fig. 5b) and increased mucus score (Fig. 5g). Conversely, in ob/ob mice, IL-33-induced goblet cell metaplasia was attenuated, and exogenous leptin administration reversed this change (Fig. 5e, 5f). This may have been caused by the decrease in IL-13 in IL-33-treated ob/ob mice because IL-13 plays an important role in the induction of goblet cell metaplasia [17]. Furthermore, in our *in vitro* study, MUC5AC levels were increased by co-stimulation with IL-33 and leptin (Fig. 6). Leptin and its receptor are expressed in the airway epithelium [7]. The asthmatic airway epithelium shows an increase in IL-33 expression [18]. Leptin is reported to have the potency to induce mucin protein expression in human airway epithelial cells [19]. Therefore, our *in vitro* study supports the hypothesis that leptin deficiency disturbs mucin production in the IL-33-stimulated airway epithelium in ob/ob mice.

Subsequently, ob/ob mice spontaneously showed increased AHR compared to wild-type mice in the absence of IL-33 (Fig. 2b). Ob/ob mice have innate AHR, which might be induced by mechanical factors (low functional residual capacity or tidal volume) and systemic inflammation caused by obesity or weight gain [20]. In our study, exogenous leptin induced no significant change in AHR in IL-33-treated ob/ob mice

(Fig. 2d), although airway inflammation and mucus secretion were augmented. One possible explanation may be that the dose of exogenous leptin was insufficient to enhance AHR. Conversely, leptin administration prior to IL-33 enhanced AHR in wild-type mice (Fig. 2c). The addition of leptin to IL-33 induced a significant increase in BALF eotaxin and KC in wild-type mice (Fig. 4c, 4d). It is suggested that augmented airway inflammation plays a role in increased AHR in wild-type mice. Others also reported that the addition of the OVA challenge [21] or IL-17A [22] to IL-33 enhanced AHR compared to IL-33 alone.

We used female mice in this study. Obesity-related asthma is known to be more prevalent in females than in males. Sood et al. reported that the association between leptin and asthma appeared stronger in women than in men [23]. Visceral fat leptin expression is significantly related to AHR in women with asthma [6]. It is well known that obese women show severe airflow limitation, little eosinophilic inflammation, and steroid unresponsiveness [24, 25]. Uddén et al. showed that corticosteroids induce elevated serum leptin levels in women [26]. Increased body weight and leptin levels induce much more AHR and worsening symptoms, especially in women.

Based on the results of this experiment, we hypothesized that the mechanism of obesity-related severe asthma is as follows. Increased body weight induces AHR due to its mechanical factor, and elevated leptin combined with IL-33 induces airway inflammation, goblet cell metaplasia, and more enhanced AHR. These two factors (airway inflammation and AHR) could be associated with severe asthma. However, human obesity shows increased leptin levels that differ from ob/ob mice. Even short-

term high-fat-diet treatment is reported to induce leptin and AHR [27]. Therefore, further studies are needed to clarify leptin- and obesity-related asthma in high-fat-diet-induced animal models.

Conclusions

In summary, we showed that leptin combined with IL-33 plays an important role in airway inflammation and goblet cell metaplasia, and that obesity *per se* increases AHR independent of inflammation.

Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author upon reasonable request.

List of abbreviations

AHR: airway hyperresponsiveness

BALF: bronchoalveolar lavage fluid

ILC2: type-2 innate lymphocytes

Rrs: resistance of the respiratory system

Declarations

Acknowledgements

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294

295 Authors' Contributions

296 AK, MK, and KA designed the study and wrote the manuscript. SA and ET interpreted
297 the results. All authors have read and approved the final manuscript.

298

299 Ethics approval and consent to participate

300 This animal protocol was approved by the Animal Care and Use Committee of Tokyo
301 Women's Medical University (license numbers: AE20-065-B).

302

303 Consent for publication

304 Not applicable.

305

306 Competing interests

307 The authors declare that they have no competing interests.

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Figure legends

Figure 1. (a) Experimental protocol. In leptin-treated groups, leptin (25 µg/125 µL phosphate-buffered saline (PBS) for wild-type, 50 µg/250 µL PBS for ob/ob) were injected intraperitoneally on days 1, 3, 5, and 8-11. In IL-33-treated groups, IL-33 (1 µg/50 µL PBS) was instilled intranasally on days 9-11. On day 12, airway responsiveness, BALF, and lung sections were assessed. (b) Body weight. Data are expressed as mean \pm standard error of the mean (SEM). n = 4-6 for each group. ### p < 0.001 vs. mice with an identical treatment.

Figure 2. Airway responsiveness to methacholine. (a) Baseline resistance of the respiratory system (Rrs) in wild-type and ob/ob mice. Airway responsiveness in (b) non-treated wild-type and ob/ob mice, (c) non-treated, IL-33-treated, Leptin + IL-33-treated wild-type mice, and (d) non-treated, IL-33-treated, Leptin + IL-33-treated ob/ob mice. Data are expressed as mean \pm standard error of the mean (SEM). n = 4-5 for each group. (a) ** p < 0.01, (b-d) Rrs is shown as fold change from baseline. *Closed circle*: non-treated wild-type mice. *Open circle*: non-treated ob/ob mice. *Closed square*: IL-33-treated wild-type mice. *Open square*: IL-33-treated ob/ob mice. *Closed triangle*: Leptin + IL-33-treated wild-type mice. *Open triangle*: Leptin + IL-33-treated ob/ob mice. * p < 0.05, ** p < 0.01 vs. non-treated wild-type mice.

Figure 3. The cell differentials of bronchoalveolar lavage fluid. (a) Total cells, (b) % macrophages, (c) % eosinophils, (d) % neutrophils, and (e) % lymphocytes. Data are

expressed as mean \pm standard error of the mean (SEM). n = 6-9 for each group. * p < 0.05, ** p < 0.01, *** p < 0.001 vs. genotype-matched mice. # p < 0.05, ## p < 0.01, ### p < 0.001 vs. mice with an identical treatment.

Figure 4. The cytokine and chemokine analysis in bronchoalveolar lavage fluid. (a) IL-5, (b) IL-13, (c) Eotaxin, (d) KC. Data are expressed as mean \pm standard error of the mean (SEM). n = 6-9 for each group. * p < 0.05, ** p < 0.01, *** p < 0.001 vs. genotype-matched mice. # p < 0.05, ## p < 0.01, ### p < 0.001 vs. mice with an identical treatment.

Figure 5. The light microscopic photographs. (a) non-treated wild-type, (b) IL-33-treated wild-type, (c) Leptin + IL-33-treated wild-type, (d) non-treated ob/ob, (e) IL-33-treated ob/ob, (f) Leptin + IL-33-treated ob/ob mice. PAS/Alcian blue stain. Scale bar = 200 μ m. (g) Mucus score. Data are expressed as mean \pm standard error of the mean (SEM). n = 3-4 for each group. * p < 0.05, *** p < 0.001 vs. genotype-matched mice. ## p < 0.01 vs. mice with an identical treatment.

Figure 6. MUC5AC level induced by leptin and IL-33 *in vitro*. Data are expressed as mean \pm standard error of the mean (SEM). n = 5-6 for each group. ** p < 0.01, Leptin + IL-33 vs. Leptin. * p < 0.05, Leptin + IL-33 vs. IL-33.

Figure. 1

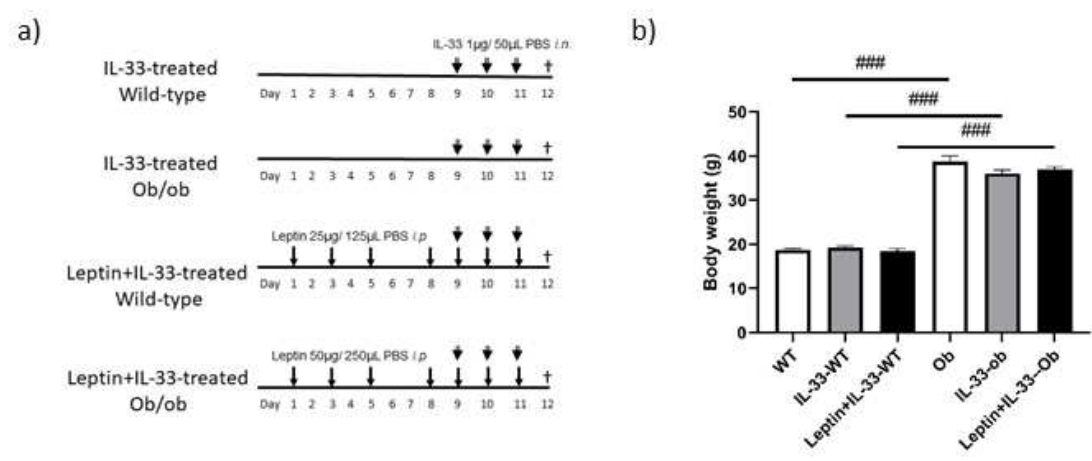


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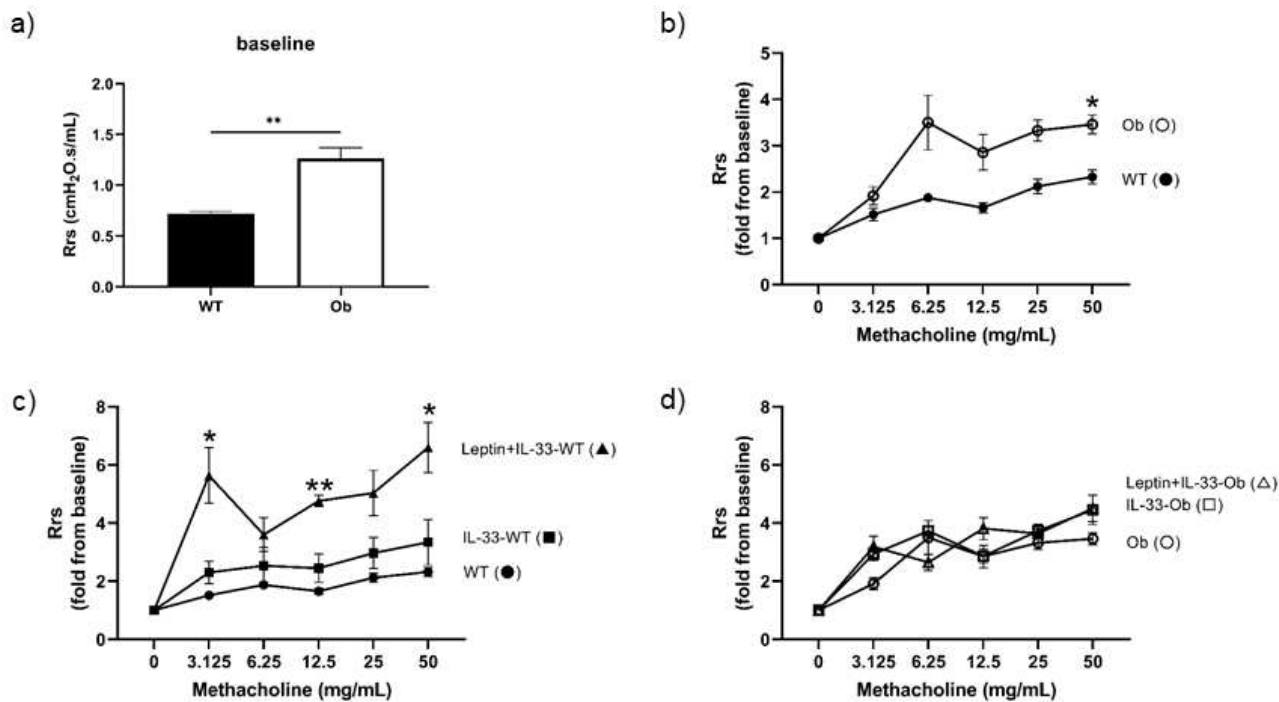


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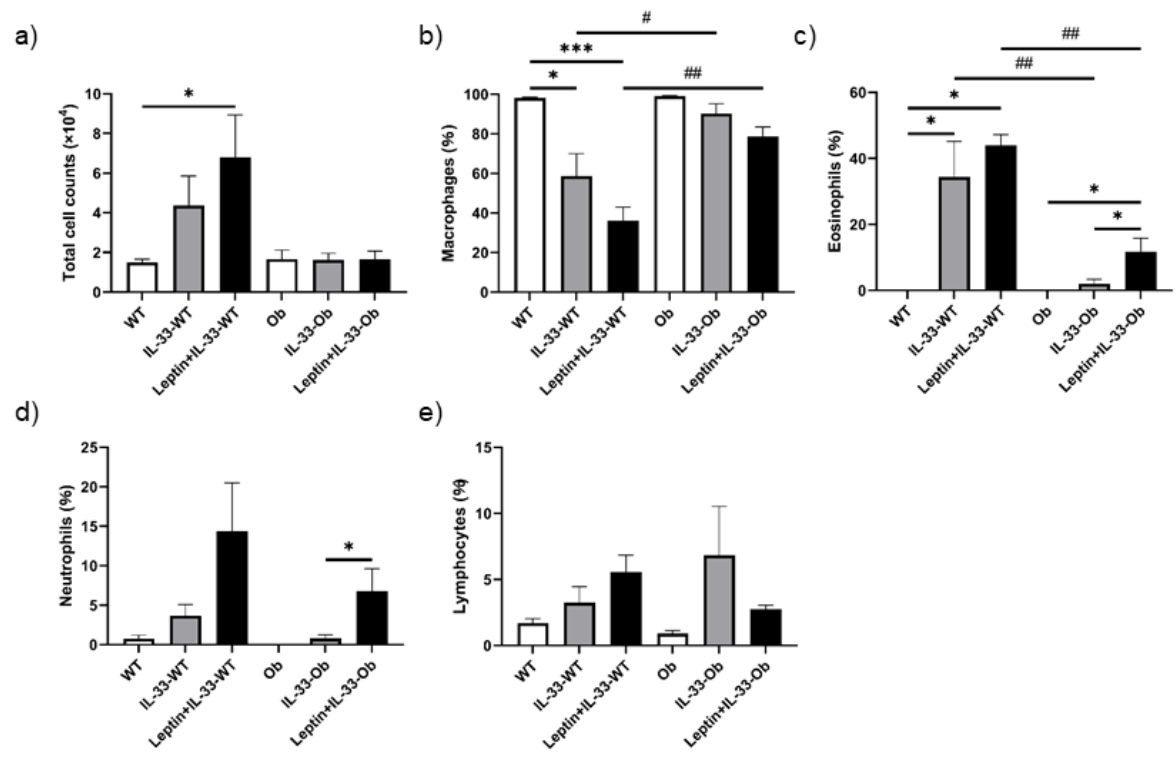


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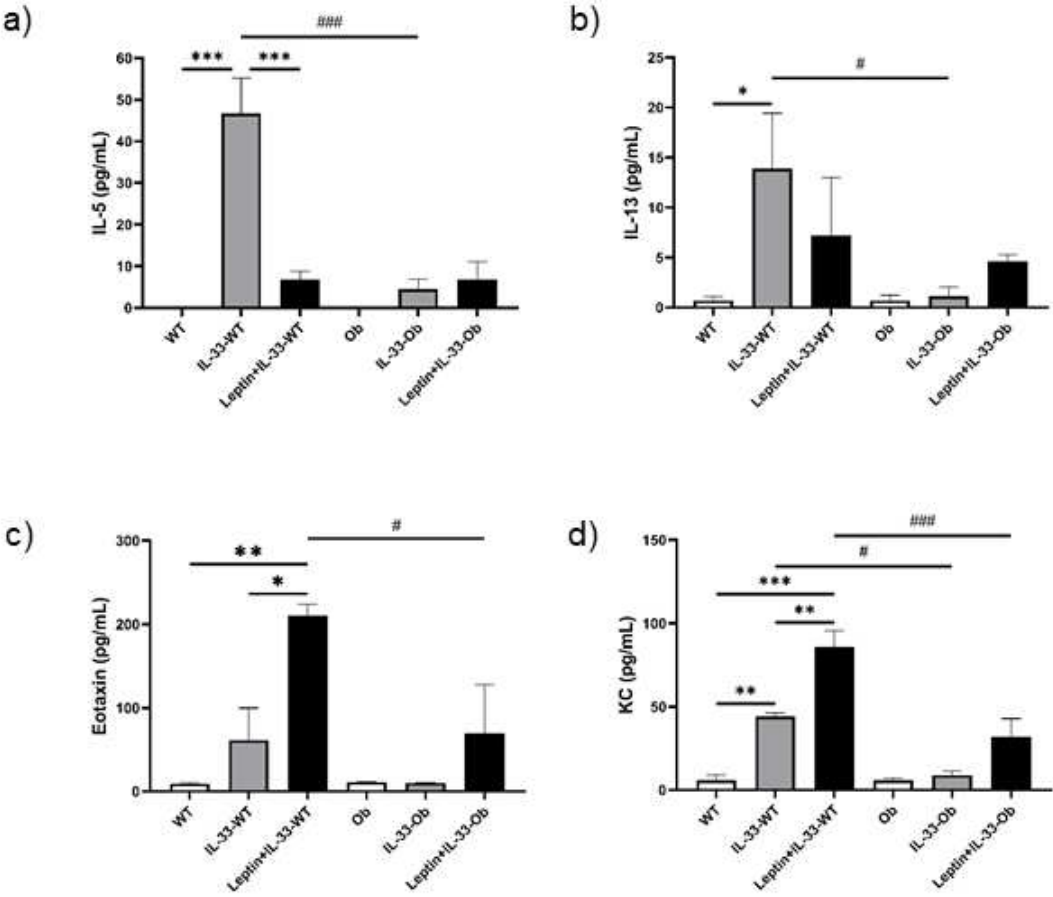
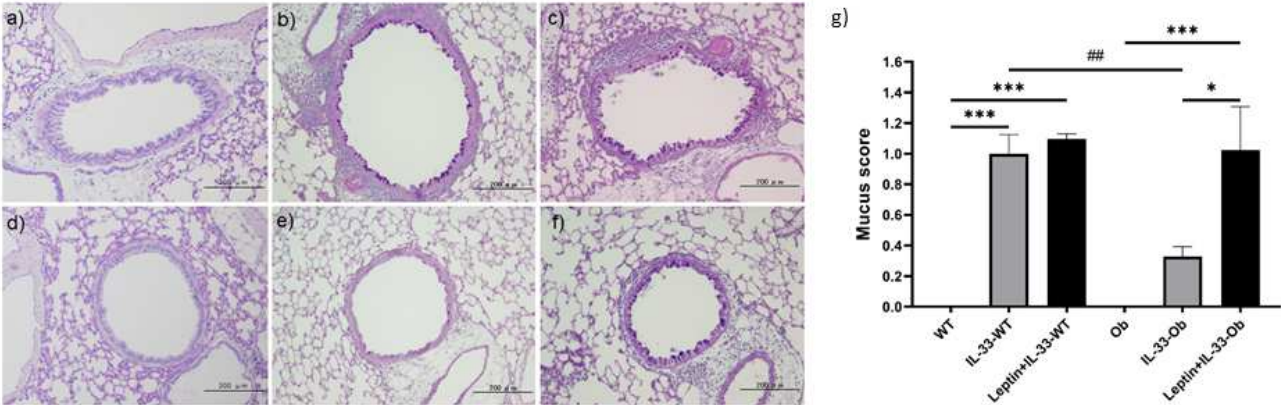


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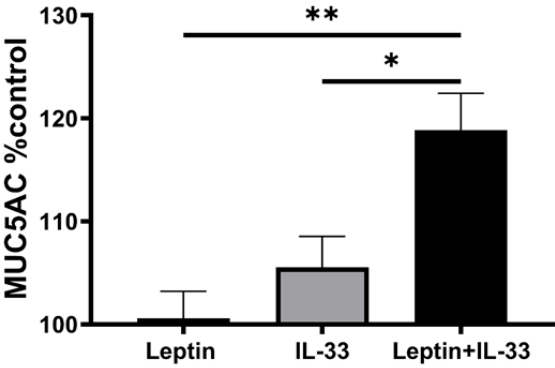


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510 Figure. 6



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Figures

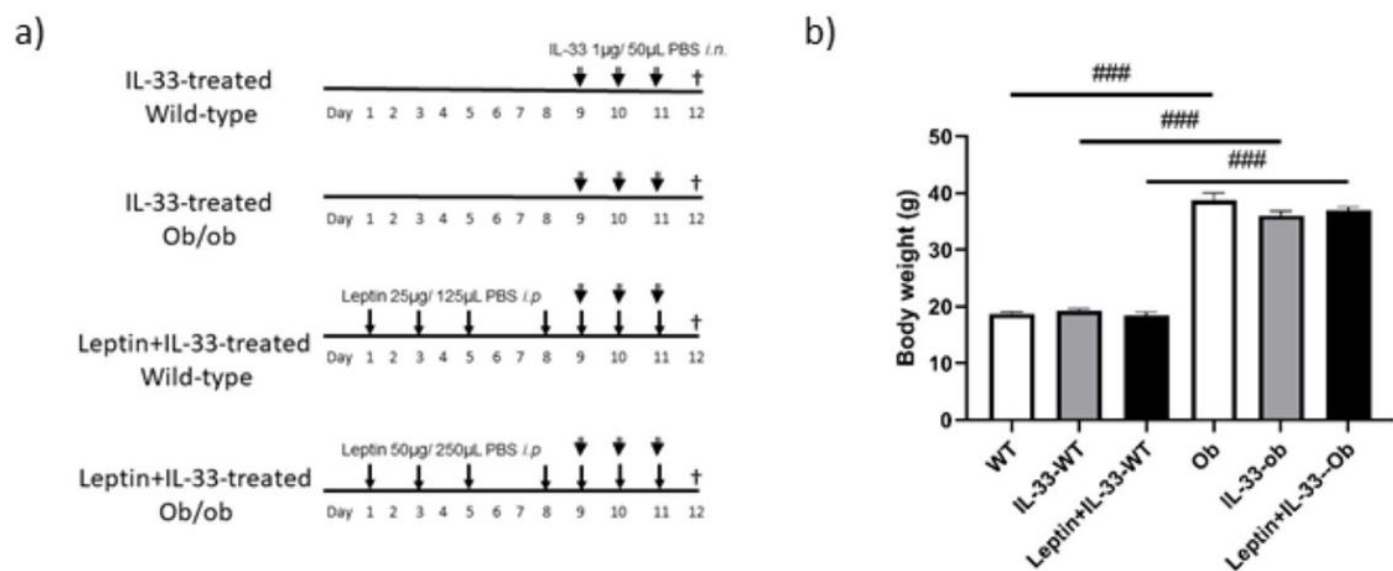


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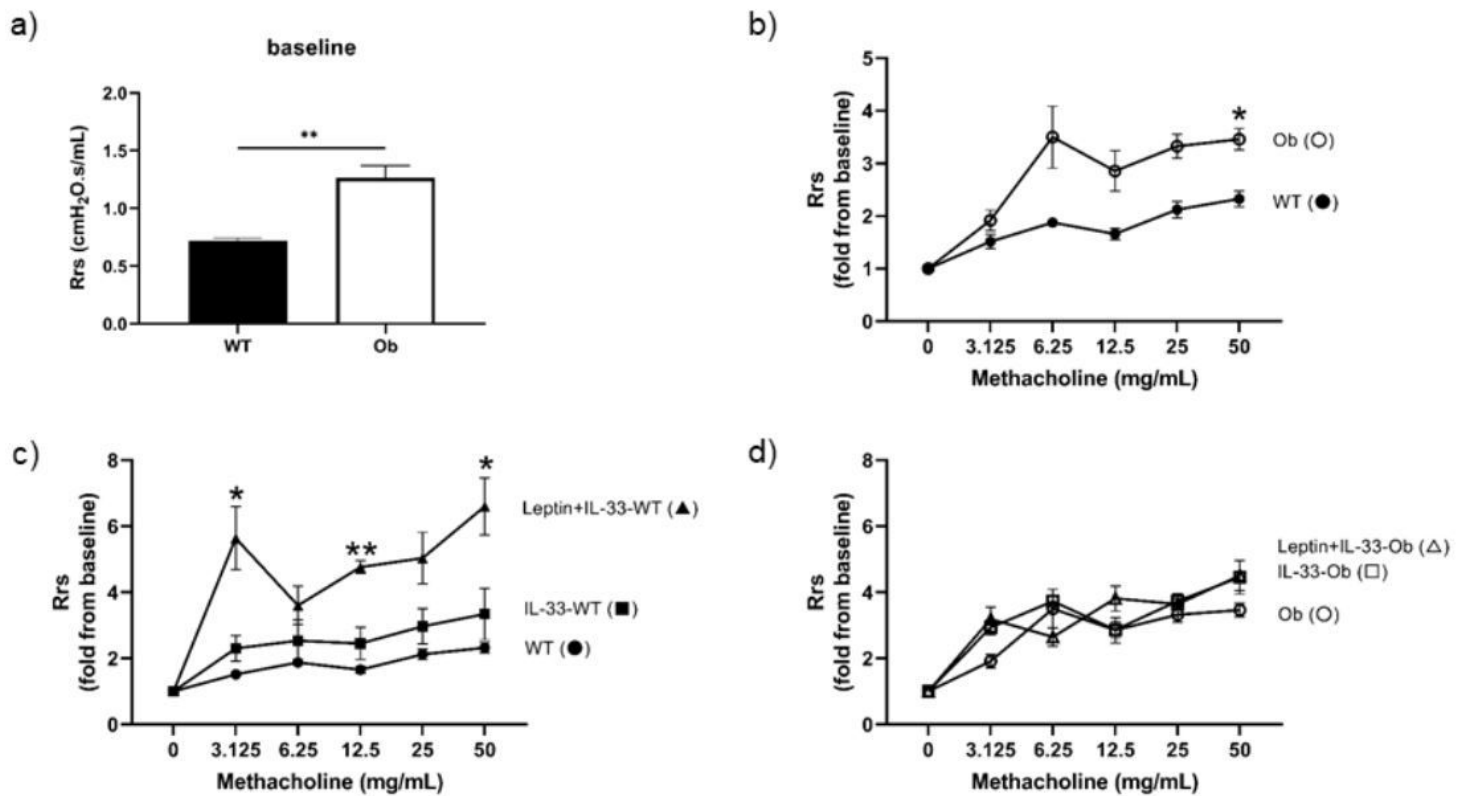


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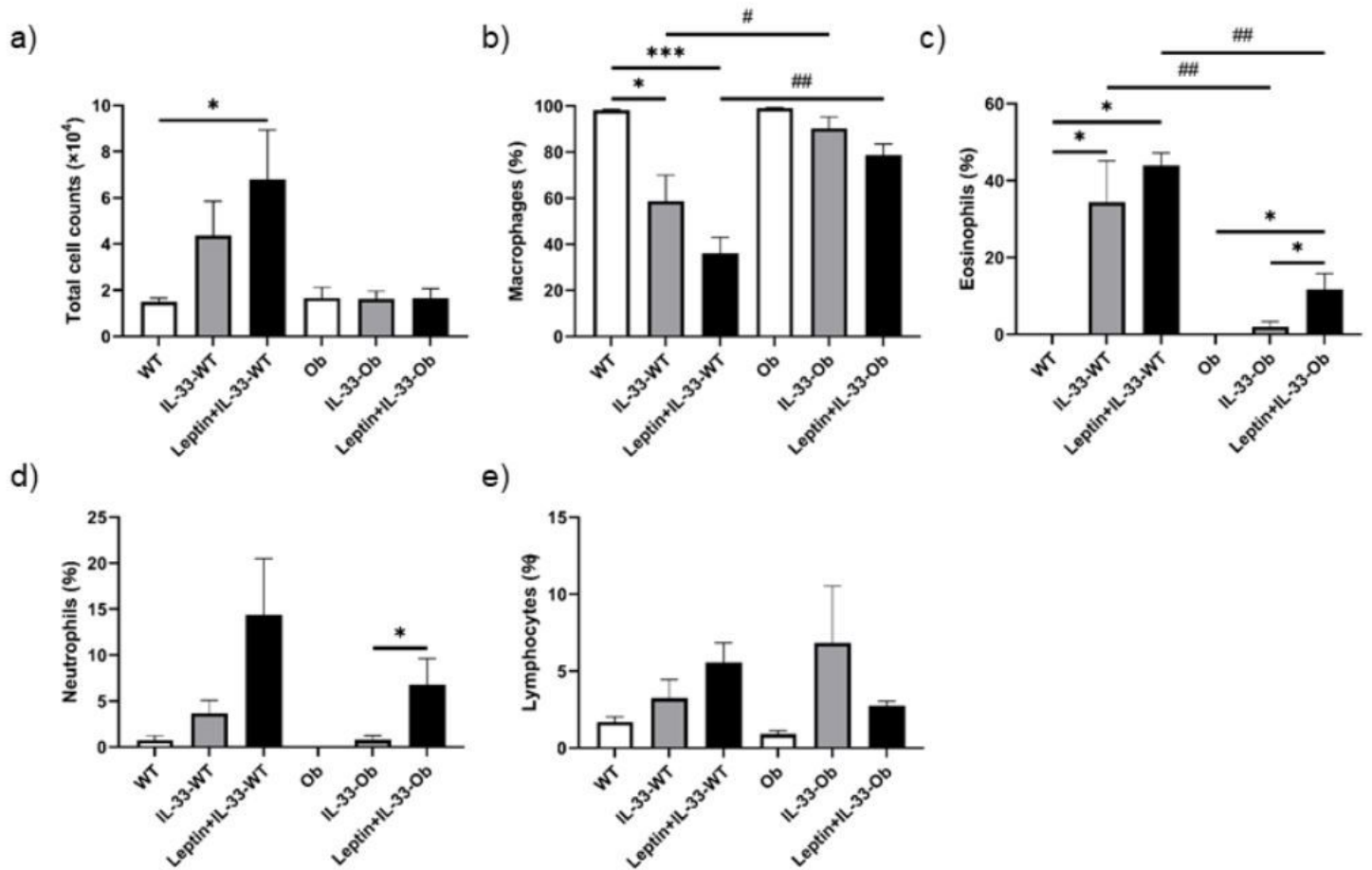


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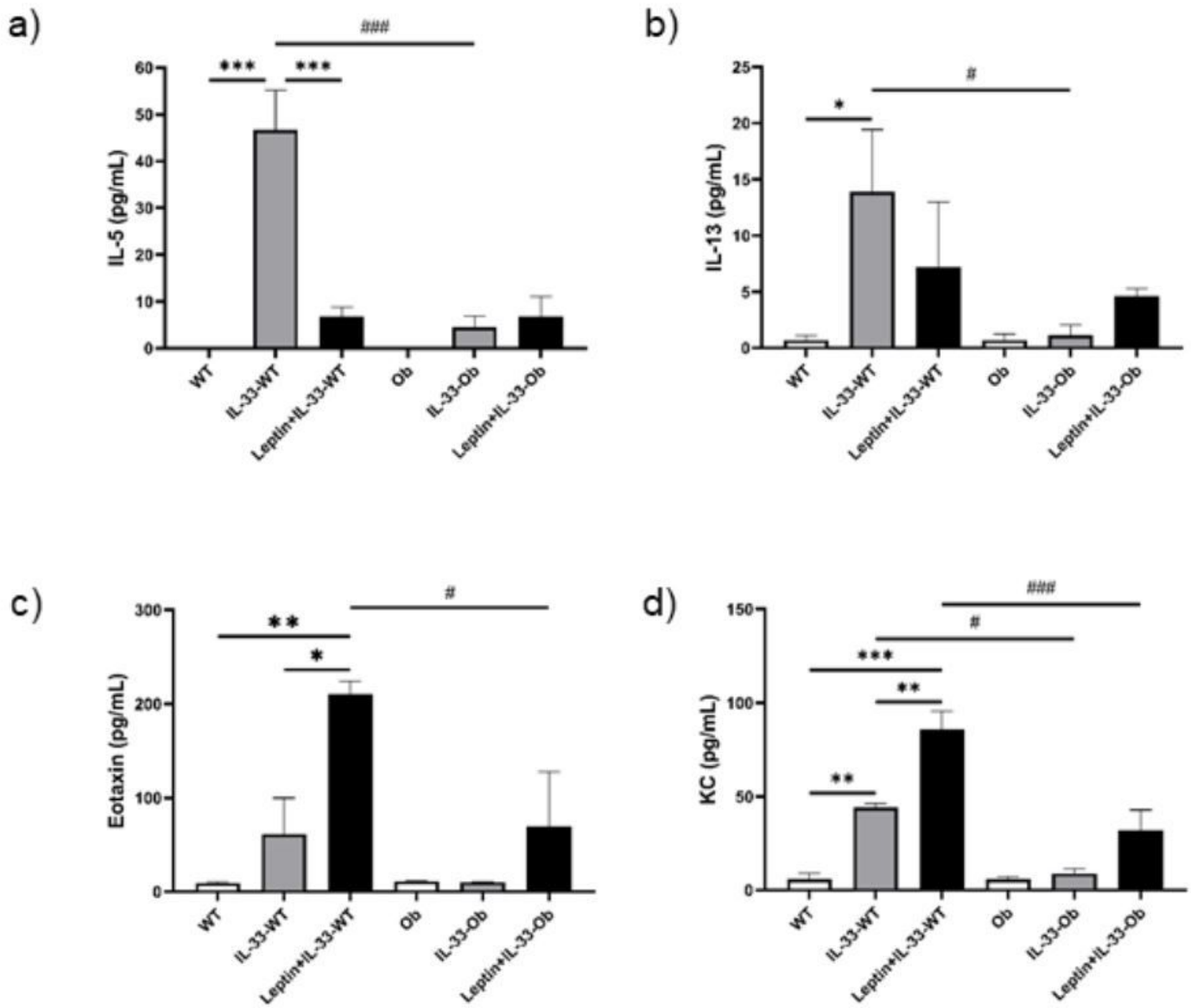


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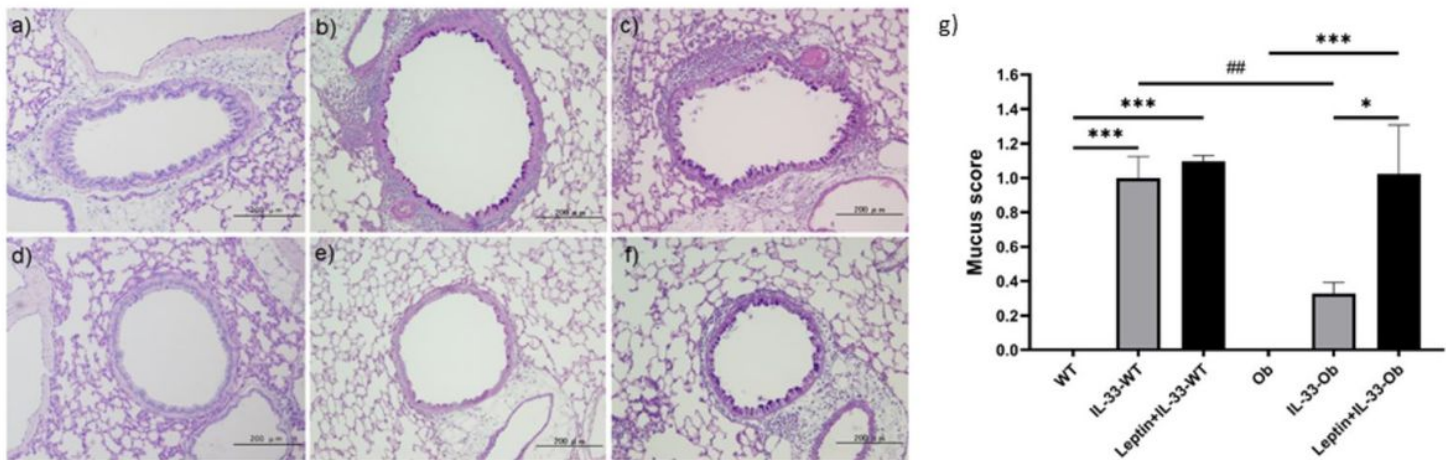


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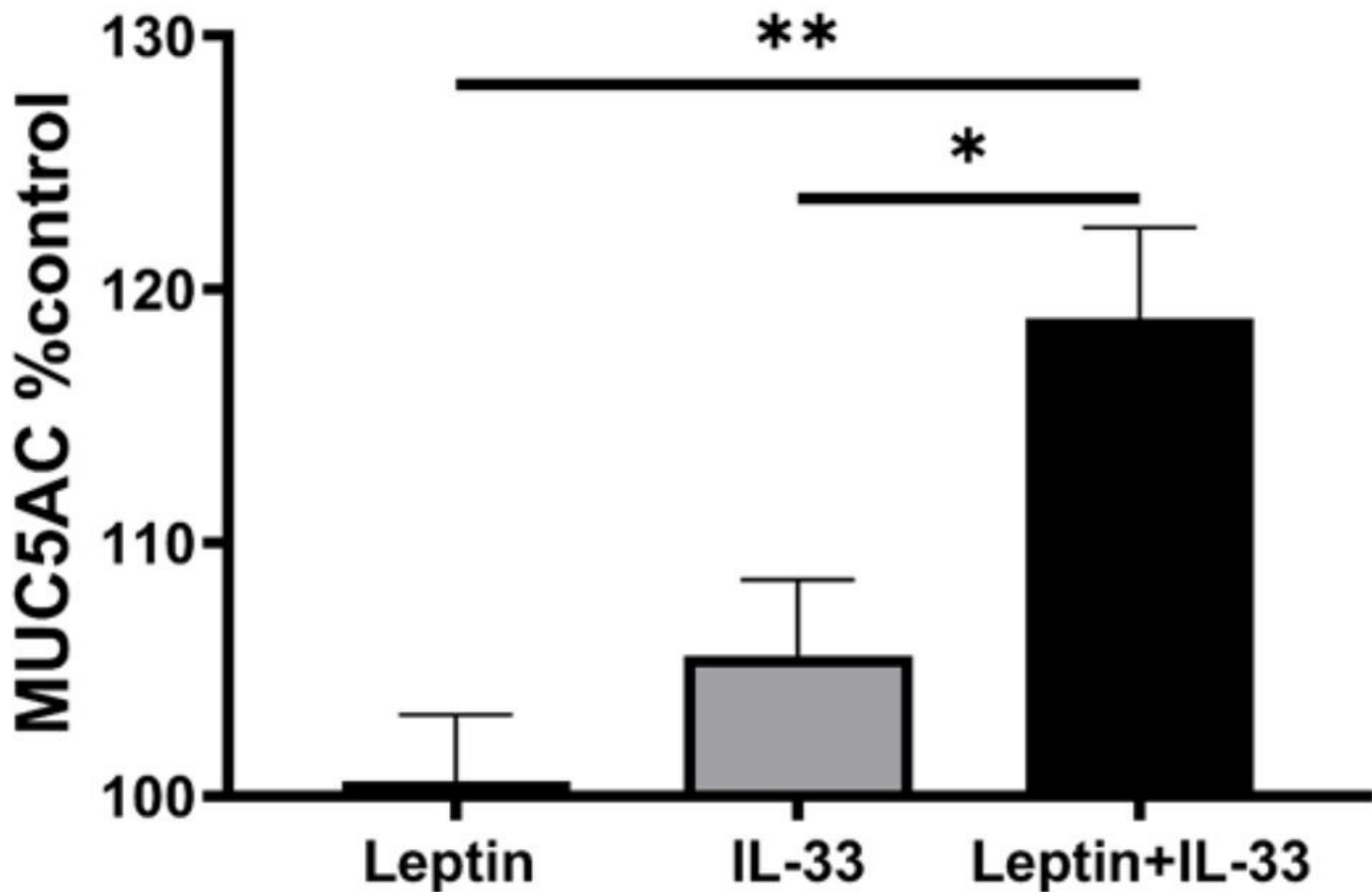


Figure 6

MUC5AC level induced by leptin and IL-33 in vitro. Data are expressed as mean \pm standard error of the mean (SEM). n = 5-6 for each group. ** p < 0.01, Leptin + IL-33 vs. Leptin. * p < 0.05, Leptin + IL-33 vs. IL-33.