

COVID-19 Vaccine Uptake Among People Living With HIV

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Abstract

People living with HIV (PLWH) are at greater risk for severe COVID-19 and are a priority population for COVID-19 vaccination. As of June 15, 2021, 61.5% of PLWH in Oregon received ≥ 1 COVID-19 vaccine dose. Younger PLWH, Hispanic/Latinx PLWH and PLWH who inject drugs or reside in rural and frontier areas had low vaccine uptake while PLWH who were engaged in care, enrolled in the AIDS Drug Assistance Program, and vaccinated against influenza had high vaccine uptake. Greater advocacy, education, and care navigation are required to increase COVID-19 vaccine access and uptake among PLWH.

Introduction

Mounting evidence indicates that people living with HIV (PLWH) are at higher risk of severe COVID-19.¹ First, PLWH who are not on antiretroviral therapy, have detectable viral loads, and/or have lower CD4 counts are more likely to experience a dysregulated immune response to SARS-CoV-2 infection.^{1,2} Second, more than 50% of PLWH in Oregon and the United States are over age 50.³ Third, PLWH are more likely to experience comorbid medical conditions and experience them at a younger age compared to those without HIV.⁴ Fourth, PLWH are more likely to experience social and economic disadvantage than those without HIV⁵ and this disadvantage is associated with a greater risk of COVID-19.⁶ Finally, HIV is more common among Black, Hispanic/Latinx, Indigenous and LGBTQ + communities all of whom have shouldered the burden of the COVID-19 pandemic in Oregon and across the United States.^{7,8} Thus, PLWH are made vulnerable to COVID-19 through complex, intersecting biological and structural mechanisms. The increased risk of severe COVID-19 makes access to and uptake of COVID-19 vaccination a priority for PLWH. We assessed COVID-19 vaccine uptake and correlates of vaccination among PLWH in Oregon.

Methods

Data sources and analytic sample

HIV surveillance data. As of May 10, 2021, 8122 living Oregon residents with laboratory-confirmed HIV were reported to the Oregon Health Authority's (OHA) HIV Surveillance Program. For this analysis, we excluded cases < 18 years old ($n = 31$) and cases diagnosed in 2021 ($n = 69$). The final sample represented 8,022 Oregon PLWH ≥ 18 years old diagnosed as of December 31, 2020 and alive as of May 10, 2021.

Immunization data. In Oregon, COVID-19 vaccination was first available to healthcare workers on December 12, 2020; to people 65 years of age and older on January 25, 2021; and to people 45–64 years of age and 16–44 years of age with underlying medical conditions on March 29, 2021 and April 5, 2021, respectively. The date of administration and number of doses of mRNA (Pfizer/BioNTech and Moderna) and adenovirus-26 vector (Johnson & Johnson) vaccines were ascertained through the ALERT

immunization information system (IIS). All COVID-19 vaccine providers were required to submit vaccination information to ALERT IIS.

We matched HIV surveillance records to ALERT IIS through a deterministic match using name, date of birth, address, and phone number. Matching was performed on June 15, 2021. Ninety percent of HIV cases had a record in ALERT IIS.

Outcome and covariates

The outcome of interest was the percentage of PLWH who received at least one COVID-19 vaccine dose. We examined the following covariates: sex at birth (male, female); age in years (18–29; 30–39; 40–49; 50–59; 60–69; 70 and older); race/ethnicity (American Indian/Alaska Native; Asian; Black; Hispanic/Latinx; Native Hawaiian/Pacific Islander; white; multiracial); CDC transmission risk (men who have sex with men [MSM]; MSM who use injection drugs [MSM/IDU]; injection drug use [IDU]; heterosexual; undetermined risk; and other risk); urbanicity of zip code of residence (urban, rural, frontier); year of diagnosis (prior to 1997; 1997 to 2010; 2011 to present); HIV viral load or CD4 count measured in 2020 (a proxy for care engagement; no, yes); enrollment in Oregon State AIDS Drug Assistance Program (ADAP; no, yes); and, receipt of the influenza vaccine in 2019–2020 (no, yes). We also examined the most recent HIV viral load (< 200 copies/mL, ≥ 200 copies/mL) and CD4 count (≥ 200 cells/mm³, < 200 cells/mm³) among those with non-missing values in 2020.

Statistical analysis

We calculated the percentage of PLWH with at least one COVID-19 vaccine dose overall and by each covariate. We used negative binomial regression with a log link and robust standard errors to estimate prevalence ratios (PRs) and 95% confidence intervals (CIs) in bivariable models. Covariates with $P < 0.25$ in bivariable models were included in a multivariable model. Statistical significance for the multivariable model was defined at the $P < 0.05$ level. We examined the values of HIV viral load and CD4 count in bivariable models only. We used SPSS v28 (IBM Corporation, Armonk, NY) for all analyses.

Results

Of 8,022 PLWH, 4,943 (61.6%) received at least one COVID-19 vaccine dose and 4,538 (56.6%) received a complete vaccine series, as of June 15, 2021 (Table, Supplemental Figure). In comparison, 2,228,497 (65.6%) and 2,141,591 (63.1%) of 3,394,960 Oregonians without HIV received at least one COVID-19 vaccine dose and a complete series, respectively.

The percentage of PLWH who received at least one COVID-19 vaccine dose ranged from 30.9% among those without a CD4 count and viral load measurement in 2020 to 78.1% among those who received an influenza vaccine in 2019–2020. Compared to PLWH 18–29 years old, vaccination was more likely among PLWH aged 50 years old and older. Hispanic/Latinx PLWH were less likely to be vaccinated than white PLWH while MSM were more likely to be vaccinated compared to PLWH who use injection drugs

(PWID). Vaccination was less likely among PLWH residing in rural zip codes compared to PLWH residing in urban zip codes. A greater percentage of PLWH with a CD4 count or viral load measurement in 2020 were vaccinated than PLWH without these labs. PLWH enrolled in ADAP and who received an influenza vaccine in 2019–2020 were more likely to be vaccinated than those not enrolled in ADAP and who did not receive an influenza vaccine, respectively.

Among the 6,137 PLWH with a CD4 count in 2020, vaccination was more likely among those with CD4 counts ≥ 200 cells/mm³ (3,939/5,789; 68.0%) compared to those with CD4 counts < 200 cells/mm³ (203/348; 58.3%, $P = 0.032$). Among the 6,441 PLWH with a viral load in 2020, vaccination was more likely among those with viral loads < 200 copies/mL (4,286/6,057; 70.8%) compared to those with viral loads ≥ 200 copies/mL (183/384; 47.7%, $P < 0.001$).

Discussion

Just over three-fifths of PLWH in Oregon received at least one dose of a COVID-19 vaccine as of June 15, 2021. While COVID-19 hospitalizations are increasing among younger adults,⁹ COVID-19 vaccination uptake was lowest among PLWH 18–29 years old. Early vaccine eligibility prioritized older adults but a quarter of younger adults reported that they would probably or definitely not get vaccinated citing concerns about safety and side effects.¹⁰ PLWH of color overall, and Hispanic/Latinx PLWH in particular, were less likely to be vaccinated compared to white PLWH. Building trust in COVID-19 vaccination among PLWH of color requires not only coordinated, broad-based grassroots vaccine advocacy, but also authentic community investment that acknowledges experiences of racism in health care.¹¹ Vaccine uptake among PWID was low. Harm reduction programs have proven essential during the COVID-19 pandemic and the integration of vaccination into syringe service programs may be key to enhancing vaccine access and uptake among PWID. In addition, PLWH in rural and frontier areas, where vaccine availability is sparser and vaccine hesitancy is higher,¹² were less likely to be vaccinated compared to PLWH in urban areas.

PLWH who did not have a CD4 count or viral load in 2020, a proxy for care engagement, were less likely to be vaccinated than those who did. Many clinics deferred routine care for patients with well-controlled HIV and/or converted to telemedicine. For some PLWH, the risk of COVID-19 made attending clinic unsafe. Expansion of home- and community-based vaccination programs may improve vaccine uptake among PLWH whose access to in-person care has been curtailed by COVID-19. Moreover, vaccine uptake was lower among those at greater risk of severe COVID-19 as defined by viral load and CD4 counts.¹ In addition, PLWH with lower CD4 counts may mount an inadequate response to vaccination and may require increased support to complete a newly recommended three-dose vaccination series for people with untreated or advanced HIV. Social determinants of health affecting uptake of COVID-19 vaccination likely overlap with those affecting clinic attendance, antiretroviral adherence, and viral suppression.⁵ In contrast, ADAP enrollment was associated with greater vaccine uptake; case managers facilitate access to vaccination through assistance with finding vaccination sites, appointment scheduling, and

transportation. Finally, receipt of influenza vaccine was the strongest predictor of COVID-19 vaccine uptake as PLWH vaccinated against influenza likely have more confidence in the effectiveness and safety of vaccines.

There are limitations to this work. First, ALERT IIS only captures vaccines administered in Oregon; therefore, PLWH vaccinated out of state were not represented in these data. Second, reporting to ALERT IIS may not be 100% complete resulting in missing vaccination status for some PLWH. Third, because HIV surveillance does not collect clinical data on comorbidities, it was not possible to examine vaccine uptake by comorbidities that may increase COVID-19 risk. Finally, measurements of CD4 count or viral load reported to the surveillance system were a proxy for care engagement. The presence of these measurements may represent either an in-person visit, a telemedicine visit with an associated laboratory visit, or just a laboratory visit. Each type of care engagement may have differential impact on vaccine uptake that is not captured in these data.

COVID-19 vaccination is critical to the survival of PLWH through this novel global pandemic. Younger PLWH, Hispanic/Latinx PLWH, PWID, who live in rural and frontier areas, who have not engaged in care or enrolled in ADAP, and who have not received an influenza vaccine may benefit from more intensive advocacy, outreach, and care navigation to increase COVID-19 vaccine uptake.

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Table

Table

Bivariable and multivariable models of COVID-19 vaccination prevalence among people living with HIV as of June 15, 2021, Oregon.

	N (%) population	N (%) ≥ 1 dose	Crude PR (95%CI)	P- value	Adjusted PR (95%CI)	P- value
Overall	8022 (100)	4943 (61.6)				
Socio-demographics						
Sex at birth						
Male	7095 (88.4)	4460 (62.9)	REF		REF	
Female	927 (11.6)	483 (52.1)	0.83 (0.75, 0.91)	< 0.001	0.96 (0.81, 1.15)	0.962
Age						
18–29	476 (5.9)	216 (45.4)	REF		REF	
30–39	1409 (17.6)	702 (49.8)	1.10 (0.94, 1.28)	0.230	1.03 (0.85, 1.25)	0.766
40–49	1682 (21.0)	972 (57.8)	1.27 (1.10, 1.47)	0.001	1.17 (0.96, 1.42)	0.117
50–59	2531 (31.6)	1671 (66.0)	1.45 (1.26, 1.67)	< 0.001	1.24 (1.02, 1.50)	0.033
60–69	1443 (18.0)	1026 (71.1)	1.57 (1.35, 1.81)	< 0.001	1.29 (1.05, 1.58)	0.017
70 and elder	481 (6.0)	356 (74.0)	1.63 (1.38, 1.93)	< 0.001	1.27 (1.00, 1.61)	0.048
Race/Ethnicity						
American Indian/Alaska Native	76 (0.9)	38 (50.0)	0.76 (0.55, 1.05)	0.099	0.84 (0.56, 1.25)	0.394
Asian	176 (2.2)	112 (63.6)	0.97 (0.81, 1.17)	0.773	1.00 (0.76, 1.30)	0.979
Black/African American	631 (7.9)	330 (52.3)	0.80 (0.71, 0.89)	< 0.001	0.91 (0.78, 1.06)	0.221
Hispanic/Latinx	1181 (14.7)	591 (50.0)	0.76 (0.70, 0.83)	< 0.001	0.81 (0.71, 0.92)	0.002
Native Hawaiian/Pacific Islander	24 (0.3)	13 (54.2)	0.83 (0.48, 1.43)	0.497	1.00 (0.50, 2.01)	0.996
White	5781	3782	REF		REF	

	(72.1)	(65.4)				
Multiracial	153 (1.9)	71 (50.3)	0.77 (0.61, 0.96)	0.023	0.91 (0.69, 1.21)	0.912
CDC HIV transmission risk						
MSM	5254 (65.5)	3522 (67.0)	REF		REF	
MSM/IDU	751 (9.4)	414 (55.1)	0.82 (0.74, 0.91)	< 0.001	0.85 (0.75, 0.97)	0.015
IDU	643 (8.0)	269 (41.8)	0.62 (0.55, 0.71)	< 0.001	0.68 (0.57, 0.80)	< 0.001
Heterosexual	767 (9.6)	430 (56.1)	0.84 (0.76, 0.92)	< 0.001	0.90 (0.74, 1.08)	0.255
Unknown	542 (6.8)	282 (52.0)	0.78 (0.69, 0.88)	< 0.001	0.88 (0.75, 1.04)	0.129
Other	65 (0.8)	26 (40.0)	0.60 (0.41, 0.88)	0.009	0.70 (0.43, 1.13)	0.141
Zip code urbanicity						
Urban	6445 (80.3)	4123 (64.0)	REF		REF	
Rural	1485 (18.5)	780 (52.5)	0.82 (0.76, 0.89)	< 0.001	0.87 (0.79, 0.96)	0.008
Frontier	92 (1.1)	40 (43.5)	0.68 (0.50, 0.92)	0.015	0.81 (0.55, 1.19)	0.289
Country of Birth						
United States	7073 (88.2)	4422 (62.5)	REF		REF	
Outside the United States	949 (11.8)	521 (54.9)	0.88 (0.80, 0.96)	0.005	1.02 (0.88, 1.19)	0.740
Clinical Characteristics						
Year of diagnosis						
Before 1997	1765 (22.0)	1238 (70.1)	1.29 (1.19, 1.39)	< 0.001	1.01 (0.92, 1.12)	0.785
1997–2010	3694 (46.0)	2308 (62.5)	1.15 (1.07, 1.22)	< 0.001	1.03 (0.91, 1.16)	0.685
After 2010	2563 (31.9)	1397 (54.5)	REF		REF	
CD4 count or viral load measurement, 2020						

No	1313 (16.4)	406 (30.9)	REF		REF	
Yes	6709 (83.6)	4537 (67.6)	2.19 (1.98, 2.42)	< 0.001	1.62 (1.43, 1.84)	< 0.001
ADAP enrollment, 2020						
No	4125 (51.4)	2282 (55.3)	REF		REF	
Yes	3897 (48.6)	2661 (68.3)	1.23 (1.17, 1.30)	< 0.001	1.08 (1.01, 1.17)	0.033
Flu vaccination, 2019– 2020						
No	2957 (36.9)	987 (33.4)	REF		REF	
Yes	5065 (63.1)	3956 (78.1)	2.34 (2.18, 2.51)	< 0.001	2.03 (1.86, 2.22)	< 0.001
ADAP, AIDS Drug Assistance Program; CI, confidence interval; IDU, injection drug use; MSM, men who have sex with men; PR, prevalence ratio; REF, referent						

Supplementary Files

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