

Urinary Extracellular Vesicles contain simplified transcriptomes enriched in circular & long noncoding RNAs with functional significance in prostate cancer

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1 **Urinary Extracellular Vesicles contain simplified transcriptomes enriched in circular & long noncoding RNAs**
2 **with functional significance in prostate cancer**

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8 **Keywords :** EV, lncRNA, CircRNA, neoantigen, TSA

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22

23 **Abstract**

24 Long noncoding (lnc)RNAs modulate gene expression alongside presenting unexpected source of
25 neoantigens. Despite their immense interest, their ability to be transferred and control adjacent cells is
26 unknown. Extracellular Vesicles (EVs) offer a protective environment for nucleic acids, with pro and anti-
27 tumorigenic functions by controlling the immune response. In contrast to extracellular non-vesicular RNA,
28 few studies have addressed the full RNA content within human fluids' EVs and none have compared them
29 with their tissue of origin. Here, we performed Total RNA-Sequencing on 6 Formaldehyde-Fixed-Paraffin-
30 Embedded (FFPE) prostate cancer (PCa) tumor tissues and their paired urinary (u)EVs to provide the first
31 whole transcriptome comparison from the same patients. UEVs contain simplified transcriptome with intron-
32 free cytoplasmic transcripts and specific lnc/circular (circ)RNAs, strikingly common to all patients. Our full
33 cellular and EVs transcriptome comparison within 3 common PCa cell lines identified a set of overlapping 14
34 uEV-circRNAs characterized as essential for prostate cell proliferation in vitro and 15 uEV-lncRNAs that we
35 predicted to encode 768 high-affinity neoantigens. Our dual analysis of EVs-lnc/circRNAs both in urines' and
36 in vitro's EVs provides a fundamental resource for future uEV-lnc/circRNAs phenotypic characterization
37 involved in PCa.

38

39 Introduction

40 Extracellular Vesicles (EVs) are secreted membrane-enclosed vesicles ranging from 50 to 1000 nm^{1,2}. They
41 are composed of a variety of proteins, lipids, metabolites and nucleic acids, and their cargo is controlled by
42 specific molecular sorting machineries³. Recent efforts have been conducted towards a better and more
43 rigorous classification of the multiple forms of EVs differing in size and composition⁴, which led to
44 identification of other particles containing proteins, lipids and nucleic acids, often co-isolated with EVs. These
45 particles have been called exomeres, extracellular nanoparticles (ENPs)⁵ or distinct nanoparticles⁶. EVs and
46 probably ENPs protect biomolecules from potential degradation by nucleases, proteases or other
47 environmental stress present in fluids. Since EVs work as a safe way to transport biological information
48 through the whole body, they are now recognized as an important source of biomarkers in clinics but also as
49 a mechanism of cell-cell communication within tumor cells and their distant environment^{1,7}. Multiple studies
50 in different cancer types have demonstrated that EVs play an important role in cell proliferation, migration,
51 invasion, angiogenesis, epithelial-to-mesenchymal transition (EMT), metastasis and immune response^{1,8-10}.
52 EVs also act as a source of antigenic peptides for the activation of T and B cells^{11,12}. Therefore, the role of EVs
53 as potential therapeutic agents is actively considered in addition to their use as diagnostics and prognostics
54 options¹³⁻¹⁵.

55 RNA studies in biological fluids were mostly focused on small ncRNAs¹⁶⁻¹⁸ or captured mRNA/circRNA
56 exomes^{19,20}, whenever performed on non-vesicular extracellular (ex)RNAs or EVs/ENPs. Following the early
57 work on urinary microvesicles revealing extensive forms of every types of long RNAs²¹, it is only recently
58 that systematic exRNA whole transcriptome approaches started to emerge²²⁻²⁷. Whole transcriptome
59 analyses assess the numerous types of RNA molecules including protein-coding RNAs (mRNA), lncRNAs,
60 fusion transcripts, splice variants and RNA modifications. lncRNAs constitute the most prevalent family in
61 human transcriptome and can exert a plethora of functions, such as epigenetic regulation, chromatin
62 remodeling, regulation of proteins' activity and stability, mRNA stability and translation. They make an
63 intimate part of mechanisms controlling cell/tissue homeostasis as well as various diseases including
64 cancers²⁸. Although lncRNAs were initially defined as non-coding, several contain open reading frames (ORFs)

65 that are translated into functional peptides and subjected to translation-dependent decay^{29,30}. Among
66 lncRNAs, circRNAs are circular molecules with a covalently closed loop structure lacking 5'cap and
67 3'polyadenylated tail, formed through noncanonical splicing³¹. Due to high stability, circRNAs can be easily
68 found in circulating fluids as exRNAs, especially in cancer and proposed as potent biomarkers^{19,25,26}. CircRNAs
69 were shown to function as miRNA sponges to prevent mRNA translation or as part of ribonucleoprotein
70 complexes regulating splicing or transcription^{30,32,33}. Despite their regulatory potential, expression of lncRNAs
71 in circulating EVs/ENPs isolated from cancer patients remains poorly explored. Determination of their
72 identity, origin, and features through comparative transcriptomic studies of liquid and solid biopsies together
73 with existing *in vitro* cell systems is a challenge for understanding lncRNAs and circRNAs functional
74 significance.

75 Urine is an excellent source of biomarkers containing EVs secreted from different tissues/organs alongside
76 the urogenital tract and is of high value for extravesicular cargo identification reaching a consensus on
77 the best methodological practices³⁴. Prostate cancer (PCa) is the second leading cause of death from cancer
78 in men. During medical digital rectal examination, prostate material, and particularly prostate cancer cells
79 and EVs, can be released from prostatic ducts into the urethra and end up in urine. The identification of two
80 well-known prostate-associated RNAs, PCA3, and TMPRSS2:ERG in urinary EVs³⁵ was the starting signal for
81 intense efforts to define novel EVs-RNA markers in urines for urological-localized cancers³⁴. To date, only 2
82 extensive transcriptome profiling have targeted PCa patient's vesicular or non-vesicular exRNAs in urines and
83 they are excellent bases for future biomarker discovery on larger cohorts. In an elegant benchmarking study,
84 Everaert et al. were pioneers in performing deep whole transcriptome on carefully isolated urinary vesicular
85 exRNA for prostate cancer in one patient²⁵ but lacked the statistics of a larger cohort. Vo et al. provided the
86 first exome capture in 3 PCa patients' urinary samples but limit their study on non-vesicular circRNA²⁰ for
87 biomarkers discovery. Both studies lack key information on the originating tissue RNAs, fundamental for
88 future functional studies. Thus, there is now a need to extend the urine cohort of PCa patients to robustly
89 assess the enrichment of vesicular long exRNA content in comparison with their paired originating tumors,
90 and more importantly to identify putative regulatory lncRNA enrichment within the EVs/ENPs.

91 Here, we performed the first whole transcriptome analysis of prostate tumor tissues and paired urine-derived
92 EV-enriched ultracentrifugation pellets, called thereafter uEVs, to provide an exhaustive comparison of RNA
93 components between circulating EVs and their tissues of origin from the same patients. We showed that
94 most of the RNAs enriched in the uEVs are intron-free cytoplasmic RNA but also contain previously identified
95 functional circRNAs and specific lncRNAs encoding potential neoantigens. Finally, to orientate subsequent
96 functional studies, we generated and explored the transcriptomes of 3 common PCa cell lines and their
97 corresponding EVs. In conclusion, in this study, most of the urines and EVs collection methodologies (urine
98 collection, storage, RNA extraction and quality controls, see methods) were in lines with the gold standard
99 very recently described by the urine EVs task force³⁴. Thus, our study provided an extensive resource for
100 methodologies, tools and datasets to determine the lncRNA content of circulating urinary EVs paving a way
101 for future studies of their role in prostate cancer.

102

103 **RESULTS**

104 **CircRNAs are enriched in uEVs**

105 We performed total RNA extraction from matched prostate tumor FFPE tissue and uEVs from 6 PCa patients,
106 RNA-sequencing and differential expression analysis. Briefly, after prostatic massage on the patients, urines
107 were collected, depleted from living cells, cell debris and large EVs with a series of low-speed centrifugations,
108 followed by ultracentrifugation for 2.5 h, to pellet mostly microvesicles and exosomes with limited presence
109 of ENPs (recovered only after overnight ultracentrifugation³⁶). Although we know that these preparations
110 can contain some non-vesicular components³⁴, we choose to call these pellets uEVs, to simplify reading for
111 the rest of the article (Fig. 1a). The absence of oncosomes and larger vesicles were further suggested by
112 monitoring vesicle size distribution (supplemental text and Extended Data Fig. 1a, 1b). The presence of EVs'
113 markers CD63, CD9 and Syntenin-1 and absence of the cellular endoplasmic reticulum protein Calreticulin
114 confirmed the absence of cellular debris in the preparation (Extended Data Fig. 1c)⁴. Then, RNA from FFPE
115 biopsies and from isolated uEVs were extracted, quantified, and used for total RNA library preparation using

116 an ultra-low input protocol for RNA-sequencing (see supplemental text and Extended Data Fig. 1d, e, f). The
117 uniquely mapped reads corresponding to Gencode v32 annotation of snoRNA, snRNA, Repeat, Pseudogene,
118 mRNA, lncRNA and circRNA were quantified and compared between uEVs and tissue samples. Quantification
119 of each annotated genomic feature revealed similar RNA content in both sample types but striking difference
120 in distribution for some RNA families (Extended data fig. 1g). Remarkably, mRNAs and pseudogenes count
121 numbers were comparable in both sets respectively with 19,508 in FFPE tissues and 17,599 in uEVs, and 6,655
122 in FFPE tissues and 4,082 in uEVs, showing that EVs transcriptome are as much as complex as tumoral
123 transcriptome (Extended data fig. 1g, Extended Data Table 2). Furthermore, a large majority of reads came
124 from mRNAs confirming previous results²⁵. The specificity of the prostate enriched RNAs was further explored
125 by comparing the uEVs transcriptome with bladder and kidney tissues transcriptome (see supplemental text
126 and Extended Data Figures 2a, b and c) showing robust strictly prostatic RNAs (*SuperExactTest*, $p < 10^{-320}$),
127 supporting urine as an excellent source of prostate EVs after prostatic massage. Among the ncRNA, pre-
128 miRNAs, repeats and snRNA gene counts were under-represented in uEVs' transcriptome, whereas circRNAs
129 were over-represented in uEVs with 31,132 versus 14,027 gene counts in tumors. lncRNAs and pseudogenes
130 showed a slight reduction in uEVs with 12,647 gene counts in tumor and 7,763 in uEVs for lncRNA and 6655
131 in tumors and 4082 in uEVs for pseudogenes. Among circRNAs, 34% of uEVs and 35% of tumor tissues
132 enriched transcripts were found in circBase, with the rest representing novel circRNAs (Extended data fig.
133 1g). To further confirm this observation, we compared the number and the level of expression of circRNAs
134 and lncRNAs in pooled tumor tissues versus pooled uEVs (Fig.1b). The global correlation between tumor and
135 uEVs indicate a larger disproportion of circRNA in uEV ($R^2=0.277$) in comparison with lncRNAs mostly enriched
136 in tumor ($R^2=0.427$). Similar correlations were found in each patient comparing tumors RNA expression and
137 uEVs (Extended Data Fig. 3a) supporting a general tendency for enrichment of circRNA in uEVs observed in
138 previous analyses²⁵.

139 We next identified the most differentially overrepresented ncRNAs in uEVs and tumors. Differential
140 expression analyses on the whole transcriptome (extended data fig 3b) and hierarchical clustering by
141 Euclidean distance between pooled uEVs and tumor tissues datasets (extended data fig3c) revealed 4925
142 enriched RNAs in EVs and 8336 enriched in tumors (Extended Data Table 4). From these differential analyses,

143 very few or none pre-miRNAs, snoRNAs, snRNAs and repeats were defined as significantly overrepresented
144 in urines. In contrast, a subgroup of circRNAs (N=311), mRNAs (N=4,120), pseudogenes (N=200) and lncRNAs
145 (N=274) were defined as significantly enriched in uEVs compared to tumors (Fig. 1c; Extended Data Fig. 3b).
146 To explore further to which extent each patient' urines contained specific noncoding RNAs, we analyzed the
147 number of normalized counts of lncRNAs and circRNAs by plotting each value in uEVs and tumors and
148 calculated for each linked pair the enrichment value (Fig.1d). Our result showed that most of the differential
149 circRNA/lncRNA were reproducibly differential in all six patients (with a minimum of 88% common circRNAs
150 in patient 5 and 63% lncRNA in patient 4, Fig.1d), pointing to a general rule for the enrichment the 2 families
151 of ncRNA in each specimen.

152 We conclude that uEVs cargo all sort of RNAs in urines with specific and robust subgroups systematically
153 enriched comparing to respective tumors. Among noncoding RNAs, 2 subgroups of lncRNAs and circRNAs
154 present the most important differential enrichment in vesicular urines.

155

156 **Mature lncRNAs and mRNA are enriched in uEVs**

157 Next, to further characterize the uEVs RNA content, we compared the genic structures of transcripts in both
158 types of samples, uEVs and tumors, based on read counts across six gencode v32 features: exon, intron, 5'-
159 UTR, 3'-UTR, promoter, and intergenic region in tumors and uEVs specimens (Fig.2a, Extended Data Table 5).

160 We found that intergenic and promoter mapped reads were extremely low in uEVs datasets (less than 1% in
161 uEVs versus 4% in tumors). Although both fractions were sequenced using the same total RNA-seq protocol,
162 intronic counts were very low in uEVs (2.6%) in comparison to tumors (46.3%). This is in striking contrast with
163 5', 3' untranslated regions and exonic regions all enriched in uEVs (3.2% and 8.3% for 3'UTR, 14.2% and 26.3%
164 for 5'UTR, and 32% to 61.1% in tumors and EVs, respectively). To get a precise and quantitative assessment
165 of the intron loss in uEVs, we then analyzed the density distribution of read counts of exonic/intronic ratios,
166 normalized by the lengths of each feature in lncRNAs and mRNAs (Fig. 2b). The density plot showed that uEVs
167 have a significantly larger proportion of exonic-enriched mRNAs (shift of the Exon-rich peak from $\log_{10}FC(1)$

168 to log₁₀FC(>2.5)). The lncRNA distribution was less homogenous than for mRNA, probably reflecting the less
169 accurate annotation for lncRNA exon/intron features³⁷. Nevertheless, it also showed a shift in the
170 exonic/intronic ratio in uEVs when compared to tumors. We conclude that the higher exon/intron ratios
171 observed in uEVs corresponded to a group of lncRNAs and mRNA harboring essentially mature spliced
172 transcripts. Metagene profiling of reads across the two first exons, the first intron and the last exon and
173 intron of all transcripts with a minimum of 3 exons (N=25,166 genes), revealed higher coverage of exons in
174 uEVs than in tumors and higher coverage of introns in tumors than in uEVs (Fig. 2c). These results suggested
175 that uEVs contain preferentially fully processed mRNAs and lncRNAs, as illustrated for the mRNA GDAP1 and
176 JPH1 (fig.2d), both harbouring intronic reads in tumors and none in uEVs. We hypothesized that uEVs carry
177 mature RNAs, most probably originating from the cytoplasmic compartment, but less or none from the
178 nucleus.

179

180 **Nuclear lncRNAs are under-represented in uEVs**

181 To directly prove that uEVs are devoid of nuclear transcripts, we analysed public strand-specific RNA-seq data
182 from cytoplasmic and nuclear fractions of 22Rv1 prostate cancer cells³⁸. Nuclear and cytoplasmic transcripts
183 were defined by differential expression analysis of nuclear versus cytoplasmic datasets (see method). In total,
184 4,518 transcripts were considered as highly enriched in nuclear and 6,419 transcripts as enriched in
185 cytoplasm. It is important to note that the public dataset was produced from poly(A) RNA-seq, thus missing
186 circRNAs and non-polyadenylated lncRNAs. Nevertheless, the list of 22Rv1 cytoplasmic and nuclear-enriched
187 RNAs was intersected with those enriched in tumors (n=8336) and uEVs (n=4925) (Fig.3a, Extended data
188 Table 6). The assumed cytoplasmic RNAs represented 58% of uEVs-enriched RNAs, whereas the nuclear
189 transcripts were mostly depleted (representing only 3%) from uEVs (Fig 3b). In contrast, tumors mainly
190 contained transcripts from both compartments (57%) and nuclear (24%) whereas cytoplasmic RNA fraction
191 was of only 15% (Fig 3b). To distinguish what type of transcripts were specifically depleted or enriched in the
192 cytoplasmic and nuclear compartments in uEVs and tumors, we inferred the subcellular localization of
193 mRNAs, pseudogenes and lncRNAs from 22Rv1 datasets. The density distribution of the ratio

194 cytoplasmic/nuclear reads showed that tumor libraries preferentially contained nuclear lncRNAs and
195 pseudogene transcripts. As expected, the mRNAs were both nuclear and cytoplasmic. On the contrary, in
196 uEVs the majority of enriched lncRNAs, pseudogenes and mRNA were all detected within the cytoplasmic
197 fraction (Fig.3c).

198 In conclusion, transcriptome analyses of subcellular fractions confirmed that uEVs are enriched in
199 cytoplasmic RNAs, in agreement with the presence of mostly mature intron-less RNAs.

200

201 **Most uEVs-circRNAs are present in EVs released by prostate cell lines**

202 EVs-RNA have a key role in intercellular communication. While a lot of attention has been focused on miRNA
203 in the past, little is known on the potential functionality of lncRNA and circRNA in this intercellular signaling,
204 raising the need to properly characterize cellular models of EVs cargo. We performed total RNA extraction
205 and sequencing of PC3, DU145, and LNCaP human prostate cancer cell lines and resulting EVs collected from
206 the cell culture media (cEVs). We focused our attention only on circRNAs species as the most abundant type
207 of uEVs-lncRNAs (Extended Data Table 7). Strikingly, the intersection of circRNAs present in patients uEVs,
208 cell lines and cEVs (Fig. 4a and Extended Data Table 7) showed 99% (308) cellular and 99,3% (309) cEVs-
209 circRNAs in common with the 311 uEVs-enriched circRNAs. Hence, enriched-circRNAs from urines of PCa
210 patients can also be detected in *in vitro* model systems, making these cell lines excellent models for functional
211 studies. Among these circRNAs, we found in uEVs the androgen-responsive circ-SMARCA5 presenting an
212 oncogenic activity³⁹, also detected within the 3 cell lines and in their cEVs. This finding supported the
213 attractive hypothesis that circ-SMARCA5, shown to control cellular proliferation, could also act within the
214 tumor context and the vesicular-mediated signalling. Moreover, we also identified several circRNAs already
215 named “essential-circRNA” required for high proliferation rate in PCa cell lines⁴⁰. Out of these 171 essential
216 circRNAs, 154 (90%) and 165 (96.5%) were detected in PCa cell lines and cEVs, respectively (Fig. 4a and
217 extended data table 7). Among those, 14 were enriched in uEVs as well (Fig. 4b and extended data table 7)
218 with a systematic enrichment in cEVs or uEVs as illustrated for circ-GOLPH3 (Fig 4c). We note that circ-ELK4,
219 the most-enriched circRNAs in uEVs and present in cEVs, has been previously shown to be the most abundant

220 PCa tumoral circRNA, which expression is negatively regulated with proliferation markers for prostate
221 cancer^{20,41}. Furthermore, in uEVs and cEVs, we found circ-ARIAD1A, circ-FAM13B, circ-MAN1A2 and circ-
222 RHOBTB3, also detected by rtqPCR independently in non-vesicular urinary samples of 10 PCa patients²⁰. Such
223 overlap between different studies additionally reinforced the quality and the robustness of our work. We
224 conclude that PC3, DU145 and LNCaP PCa cell lines and associated cEVs could be used as excellent cellular
225 models for functional studies of circulating uEV-circRNA.

226

227 **uEVS and cEVs are a source of lncRNAs that can be translated into neoantigens**

228 Although lncRNAs are originally defined as unable to code for proteins, some were reported to contain ORF
229 that encode functional peptides⁴². Here, we investigated the coding potential of uEV-enriched lncRNAs, with
230 a specific focus on neoantigenic properties, in comparison with those enriched in tumor tissues. First, to
231 avoid any ambiguity with existing ORFs or proteins, all lncRNA transcripts overlapping annotated protein-
232 coding genes or pseudogenes from Gencode V32 were filtered out from the list, to obtain 1,404 and 228
233 lncRNAs, respectively in tumor and uEVs (Fig. 5a). We then defined all potential coding sequences starting
234 from AUG codons and finishing with a STOP codon, in the 3 reading frames. For the genes transcribed into
235 several isoforms, the most prevalent was considered for further analysis (see method). We retrieved all
236 peptide sequences over 8 aminoacids, resulting in 11,707 tumors and 862 uEVs lncRNA-encoded peptides,
237 with some isoforms being the source of several peptides. Neoantigens were then predicted with
238 NetMHCpan-4, using MHC typing computed by seq2HLA from the RNA-seq file of each patient⁴³. To best
239 separate ligand from non-ligand peptides, only neopeptides with an elution ligand index lower than 0.5 were
240 kept, corresponding to 15,677 (5941 unique) for tumors and 768 (351 unique) for uEVs, derived from 244
241 and 15 transcripts, respectively (see method, Extended Data Table 8, Fig. 5a and Extended Data Fig. 4). From
242 the top 2% predictions, we estimated that the majority of potential lncRNA-derived neoantigens were 9-mer
243 peptides (Fig. 5b), the gold standard size for neoantigen recognition⁴⁴. This result showed that both EVs-
244 lncRNAs and tumor lncRNA have similar capacities (and proportion) to encode high affinity binding to MHC.
245 In conclusion, among the uEVs-enriched lncRNAs, we identified 15 transcripts (called EVs-neoLncRNA

246 hereafter) that could potentially serve as templates for the translation of 768 peptides with potent
247 neoantigens properties, if internalized and translated into the host cells.

248 To define the translation capacities of the 15 uEVs-neoLncRNA, we first quantified their expression in PC3,
249 DU145 and LNCaP PCa cell lines and corresponding cEVs. As shown in the heatmap, all the 15 EVs-neoLncRNA
250 are expressed, at least in one of the 3 cell lines, at lower but comparable levels as the POLR2A mRNA used
251 here as a moderate expressed control (Fig 5c). We then re-analyzed a public ribosome profiling dataset for
252 the PC3 cell line, to determine ribosome occupancy on the 15 EVs-neoLncRNAs⁴⁵. We observed that 5, out of
253 11 neoLncRNAs expressed in PC3, were associated with actively translated ribosomes (red names in Fig5c).
254 As illustrated, the POLR2A mRNA contained similar levels (Fig.5d) of Ribosome Protected Fragments (RPFs)
255 as the predicted ZNF503-AS2 EVs-neoLncRNA encoding a predicted high affinity peptide of 9 amino acids
256 (Fig.5e, in red).

257 In conclusion, our results showed that uEVs can cargo lncRNAs containing ORFs with a high potential to be
258 translated. *In vitro* cellular models can be used as a source of high-affinity neoantigens, also exported as RNA
259 templates by EVs. Among the 3 tested PCa cell lines, androgen responsive LNCaP showed all the neoLncRNAs
260 being expressed and looked like the best model for functional studies.

261

262 **DISCUSSION**

263 We performed here the first systematic comparison of whole RNA sequencing libraries from paired urinary
264 EV-enriched pellets and prostate tumor FFPE samples. Our results show that uEV pellets are enriched in
265 intron-free, processed cytoplasmic RNAs. Remarkably, this extracellular material is specifically enriched in
266 some lncRNAs and circRNAs. Our whole transcriptome analyses confirmed the presence of these lncRNAs in
267 EV pellets obtained from PCa cell lines and hence the utility of *in vitro* systems for functional molecular and
268 cellular studies. Recent works suggest that lncRNA are a largely ignored source of neoantigens⁴⁶ and our
269 results point out several of those as circulating templates for neoantigen production within a recipient cell.
270 Historically, a challenge with cell-based phenotypic screens is the difficulty in gaining molecular insight that

271 are shared with real tumor expressing tissues. Our results in the present study, however, demonstrate in 6
272 paired tumors and urinary EVs, the robustness of such candidates that can be found in *in vitro* models. The
273 data generated herein should thus be an important resource to further investigate loss or gain of function of
274 the prostate circulating RNAs using cellular models and develop genetic tools to address EVs functional
275 signaling pathways. The power of genome-scale CRISPR/Cas-9 or Cas-13 loss-of-function and gain-of-function
276 screens will provide mechanistic clues for such circulating RNAs.

277 It is conceivable that some of these lncRNAs and circRNAs can be brought in clinics as novel therapeutic
278 strategies to limit communication with the immune response system or the oncogenic transformation of
279 adjacent cells. EVs secreted by PCa cells can alter the transcription of infiltrating T cells⁴⁷ and their RNA
280 content might be part of their signaling activity controlling key elements in the recipient hosting cells driving
281 their transcription.

282 We identified here a subset of circRNAs that were previously defined and named “essential”-circRNA to
283 increase proliferation of prostate cancer cells⁴⁰. One such oncogenic mechanism could be transferred from
284 tumor to adjacent cells and tissues to initiate perturbation. Such perturbations could provoke uncontrolled
285 expanding proliferation in proximal cells, thus overwhelming antitumoral regulators while being beneficial to
286 the initial tumor in a competitive environment. Since we found that those circRNAs are enriched in circulating
287 EVs, and present in *in vitro* EVs, it is tempting to further address their role in intercellular communication
288 using epithelial recipient cells in contact with such EVs containing or not these essential circRNAs. In contrast,
289 one of the most abundant EV-circRNA, circ-ELK4 has been shown to negatively correlate with the expression
290 of cell cycle progression genes in prostate tumors²⁰ similarly to other circRNA found to be anticorrelated with
291 proliferative genes in ovarian normal and cancer cell lines⁴⁸. This observation raised the exciting hypothesis
292 that such amount of circulating vesicular circ-ELK4 could impact proximal normal tissues by contributing to
293 cell cycle arrest and perturbing again the competitive environment of the tumor. An alternative scenario
294 would follow previous hypothesis where acquisition of metastatic traits by tumors could be achieved by
295 eliminating a negative regulator such as miR23 through exosomes⁴⁹. Hence, similarly, the disposal of the cell
296 cycle arrest factor circ-ELK4 in the uEVs, would promote proliferation of the PCa EV-secreting cells.

297 For lncRNA, in addition to their well-known role in controlling epigenetic landscape, we propose here that
298 the traveling lncRNA characterized in this study might be more susceptible for translation since being
299 originally found in the cytoplasm and more efficiently processed. We provide a first list of lncRNA candidates
300 that can be translated into high affinity neoantigens. EV-RNAs can in principle serve as a source of novel
301 proteins in recipient cells, since mRNAs transported by EVs can be actively translated into the recipient
302 cells^{50,51} even only as short as 1 hour after EV uptake during coculture cells⁵². Thus, one may hypothesize
303 these circulating neo-lncRNAs could also be translated in the host cells and act as a decoy to the immune
304 system. An attractive scenario is that some tumoral cells not only could silence their own HLA system using
305 epigenetic regulation as recently shown⁵³, as some sort of invisibility blanket, but would transfer information
306 and tumor specific neoantigens lncRNA templates to non-tumoral adjacent cells. With their fully operational
307 antigen presenting machinery, these cells would then divert the anti-tumoral immune response away from
308 the true tumor.

309 In addition to their regulatory roles, circRNAs are receiving considerable attention as potential liquid biopsy
310 biomarkers (reviewed in^{54,55}) which are more stable than their linear mRNAs isoforms⁵⁶ (48h versus 20h), and
311 are released to the cytoplasm during mitosis, where they show extraordinary stability. Here we showed that
312 circRNAs are an important fraction of urinary vesicular-enriched lncRNA, independently of their parental RNA
313 enrichment. Indeed, by comparing the list of the 4,614 enriched RNAs in urines (excluding circRNAs) with the
314 311 enriched circRNAs, we observed that only 130 corresponded to parental linear RNAs leaving 61%
315 enriched circRNAs without a corresponding enrichment of their parental RNA. This suggest that the
316 mechanism of circRNA enrichment in uEVs could be independent to their parental linear RNA expression and
317 instead may be due to the regulation of splicing mechanisms or to the circRNA lifetime itself. Further
318 experiments will determine if specific circRNA processing are linked to their externalization.

319 Several causes explain RNA release into the extracellular stream, such as (1) cell death induced by stresses
320 like hypoxia, (2) inflammation, (3) anti-tumor therapies, (4) tumor invasion and (5) metastasis process, all
321 resulting in the increase of circRNA or lncRNA concentration in urines. Altogether, these might be the reason
322 for the disproportion between circRNA and some lncRNA levels in urines vs tumors. EV heterogeneity and

323 subfamily classification are currently the target of large research efforts⁴. Our work did not address the
324 specific contents of the different members of the EV family, nor did we formally demonstrate that the RNA
325 analyzed here were specifically incorporated inside EVs: we cannot exclude that some of the sequences RNA
326 may be non-specifically associated to EVs secondarily after EV secretion. Further works properly
327 distinguishing EVs from non-vesicular circulating factors by size exclusion chromatography for instance⁵⁷, will
328 address whether some of these extracellular entities contain distinct types of noncoding RNAs. Nevertheless,
329 Our results come as further support of considering these noncoding RNAs as surrogate circulating markers
330 and regulatory elements for prostate cancer progression⁵⁸.

331 **MATERIAL AND METHODS**

332 **Sample collection and processing**

333 Urine and paired Formalin-Fixed Paraffin-Embedded (FFPE) tissue samples were collected by Henri Mondor
334 hospital, Créteil, France from 6 prostate cancer patients with written consent and approval by ethical Comité
335 de Protection des Personnes (CPP) Ile-de-France V, N° ID-RCB:2016-A00789-42. All patients were newly
336 diagnosed, had not received treatment for prostate cancer before biospecimen collection.

337 Following digital rectal exam (DRE) performed by the attending oncologist, first-catch urine samples were
338 collected in 50 mL Falcon tubes without adding protease, nuclease inhibitors. Urines were placed at 4°C,
339 centrifuged within 72 h of collection at 2000 g for 12 min followed by 3500 g for 17 min at 4°C to remove cell
340 debris and large EVs while preserving the small and medium-sized EVs in the sample. A total of 30 mL of
341 supernatant was used for EVs enrichment by ultracentrifugation at 160,000 g for 2.5 h at 4°C using a SW32-
342 Ti swing bucket rotor in an Optima L-80 XP ultracentrifuge (Beckman Coulter, USA). The resultant pellets were
343 resuspended in 100 µL cold PBS and then directly stored at -80°C for EVs characterization or vortexed 1 min
344 with 700 µL of Qiazol (Qiagen) then keep 5 min at room temperature before storage at -80°C, for RNA
345 extraction.

346 Absence of bacteria in urine supernatant was confirmed by inoculation on Lennox Broth media plates.

347

348 The prostate biopsies were fixed with 10% neutral buffered formalin solution (Sigma-Aldrich, Merck) at room
349 temperature for 8 h but no longer than 24 h. Tissues were dehydrated through ascending grades of alcohol
350 and cleared in xylene and embedded into paraffin blocks. Biopsy specimens were stored at room
351 temperature at Henri Mondor hospital.

352

353 PC3, DU145 and LNCaP human prostate cancer cell lines, were obtained from American Type Culture
354 Collection (Manassas, VA, USA), and cultured, in triplicate, in RPMI 1640 media supplemented with 10% Fetal

355 Bovine Serum (FBS), GlutaMAX (Gibco-Invitrogen Corporation, Carlsbad, CA, USA). Cells were maintained at
356 37°C in a humidified atmosphere containing 5% CO₂. When cells reached 70% confluence, they were washed
357 twice in PBS and cultured for an additional 48h reaching a maximum of 80-90% confluence, in the same media
358 composition without FBS, to eliminate vesicles coming from the serum. LNCaP growth media were
359 supplemented in 2nM dihydrotestosterone. Conditioned medium was then processed for EV enrichment as
360 described for urine samples. Briefly, medium was centrifuged at 2000 g for 12 min followed by 3500 g for 17
361 min at 4°C and an ultracentrifugation at 160,000 g for 2.5 h at 4°C using a SW32-Ti swing bucket rotor in an
362 Optima L-80 XP ultracentrifuge (Beckman Coulter, USA). The resultant pellets were resuspended in 100 µL
363 cold PBS and then directly stored at -80°C for EVs characterization or vortexed 1 min with 700 µL of Qiazol
364 (Qiagen) then keep 5 min at room temperature before storage at -80°C, for RNA extraction.

365

366 **Extracellular vesicles characterization**

367 Characterization, particle number and size, of the EVs-enriched pellets was performed using nanoparticle
368 tracking analysis (NTA) using a ZetaView PMX-120 video microscope (Particle Metrix) equipped with a 488
369 nm laser and the software Zeta View version 8.05.10. For optimal measurements, samples were diluted with
370 PBS until particle concentration was within the optimal concentration range for particle analysis. Experiments
371 were performed briefly as follows: the instrument was set at 25°C, sensitivity of 70 and shutter of 75.
372 Measurements were done at 11 different positions (5 cycles per position) and frame rate of 30 frames per
373 second. 55 seconds videos were recorded with a resolution of 0.714µm/px). Then, the software tracks the
374 brownian motion of individual vesicles, visualized by light scattering, and calculates their size and total
375 concentration with corresponding standard error.

376 **Western blot to measure proteins content in EVs and cellular extracts.**

377 Cell lysates for Western blot were obtained by incubating HEK293 cell pellets at a concentration of 1×10^6
378 cells in 25 µL of lysis buffer (50 mM Tris, pH 7.5, 0.15 M NaCl, 1% Triton X-100) with 2% complete protease
379 inhibitor (Roche) for 20 min on ice, followed by a 18,516×g centrifugation for 15 min at 4 °C to recover the

380 supernatant. Both cell lysates and EV pellets from 5ml urines were mixed with Laemmli sample buffer
381 (BioRad), without reducing agent. After boiling for 5 min at 95 °C, samples were loaded on a 4–15% Mini-
382 protean TGX stain-free gels (BioRad). Total proteins were imaged from the stain-free gels with the ChemiDoc
383 Touch Imager (BioRad). Transfer was performed on Immuno-Blot PVDF membranes (BioRad), with the Trans-
384 Blot Turbo Transfer System (BioRad) during 7 min. Blocking was performed during 30 min with Blocking
385 Reagent (Roche) in TBS 0.1% Tween. Primary antibodies were incubated overnight at 4 °C and secondary
386 antibodies during 1 h at room temperature (RT). Development was performed using either the Clarity
387 Western ECL Substrate (BioRad) or the Immobilon Forte Western HRP substrate (Millipore), and the
388 ChemiDoc Touch Imager (BioRad). Intensity of the bands was quantified using ImageJ.

389 **Antibodies and reagents**

390 Primary antibodies for Western blot were mouse anti-human CD63 (BD Bioscience, clone H5C6, 1/1000), -
391 human CD9 (Millipore, clone MM2/57, 1/1000), rabbit anti-human syntenin (Abcam, EPR8102, 1/2000).
392 Mouse anti human Calreticulin (Abcam, clone FMC 75, 1/1000).

393 Secondary antibodies HRP-conjugated goat anti-rabbit IgG (H + L) and HRP conjugated goat anti-mouse IgG
394 (H + L) were purchased from Jackson Immuno-Research and used 1/10000.

395

396 **RNA extraction**

397 Extraction of total RNA including miRNA from urinary and cell samples was performed by using the miRNeasy
398 micro kit (Qiagen) with modified on-column digestion of DNA recommended by Qiagen for less than 1 µg of
399 RNA. The Modified procedure consists of reapplying to the membrane the flow-through after digestion and
400 washing and to prepare RWT buffer with isopropanol instead of ethanol. RNA was eluted with 14 µL nuclease
401 free water.

402 RNA from FFPE tissues was purified using RecoverAll™ Total Nucleic Acid Isolation Kit for FFPE (Life
403 technologies) from 10 slices of 5 µm. RNA concentration has been evaluated by with Qubit RNA HS Assay Kit

404 (Life technologies). The extracted RNA was checked for size distribution on the Agilent Bioanalyzer using RNA
405 6000 Pico kit (Agilent Technologies, Santa Clara, CA).

406 The Extracted RNA was checked for concentration on Qubit fluorometer using Qubit RNA HS Assay Kit
407 (Thermo Fisher Scientific) and for size distribution on the Agilent Bioanalyzer using RNA 6000 Pico kit (Agilent
408 Technologies, Santa Clara, CA). RNA from EVs and cells were checked for contaminants on NanoDrop
409 spectrophotometer (Thermo Fisher Scientific).

410

411 **Preparation of libraries and Illumina sequencing**

412 For each sample, 10 ng of total RNA was used to construct a strand-specific library using SMARTer Stranded
413 Total RNA-Seq Kit v2 - Pico Input Mammalian kit which incorporates a technology that enables removal of
414 ribosomal cDNA following cDNA synthesis (Takara Bio, Europe). The libraries were sequenced on HiSeq 2500
415 instrument (NovaSeq2 sequencing system) from Next-Generation Sequencing platform of the Institut Curie
416 as 2 x 100 nucleotides paired-end reads to obtain about 50 million reads per sample.

417

418 **Bioinformatics analysis**

419 - RNA-seq reads quality control and alignment for FFPE and uEVs:

420 The Curie bioinformatic platform performed the quality control of the RNA-seq data using MultiQC, and the
421 alignment of the reads on the human genome hg38 was done using STAR 2.6.1a, with the following
422 parameters : --outMultimapperOrder Random --outSAMtype BAM Unsorted --outSAMattributes All --
423 outSAMprimaryFlagOneBestScore --outSAMmultNmax 1 --outFilterTypeBySJout --outFilterMultimapNmax
424 20 --outFilterMismatchNmax 999 --outFilterMismatchNoverLmax 0.04 --alignIntronMin 20 --alignIntronMax
425 1000000 --alignMatesGapMax 1000000 --alignSJoverhangMin 8 --alignSJDBoverhangMin 1[37][38].

426

427 - Differential expression analysis of FFPE and uEVs:

428 Read counting was performed for each sample on the human gene annotation gencode v32
429 (https://www.gencodegenes.org/human/release_32.html) and on the human repeats
430 (<http://www.repeatmasker.org/species/hg.html>), using Kallisto 0.46.1 with the parameter --rf-stranded[39].
431 The Kallisto index was built with the extracted sequences from the human genome hg38, using the
432 annotations and the getfasta command of BEDTools 2.29 (for gencode 32, before the extraction, the exons
433 of all the transcripts of each gene were merged by location, in order to obtain directly the counts at the gene
434 level)[40].

435 The tool CIRIquant 1.1 was used on the samples with default parameters to discover the location of circRNAs
436 and to quantify them⁵⁹. The results (counts from human genes, repeats and circRNAs) were concatenated.
437 The conditions FFPE and uEVs were compared using DESeq2, with the following parameters:
438 betaPrior=FALSE, independentFiltering=F, cooksCutoff=F. Only the features with adjusted p-value <=
439 0.05,abs(log2FoldChange)>= 0.585, and normalized counts >= 20 in at least one sample were retained as
440 differentially expressed. Heatmaps of expression were obtained using the R package ComplexHeatmap from
441 bioconductor.

442

443 - Read count genomic distribution:

444 We created from the human gene annotation gencode32
445 (https://www.gencodegenes.org/human/release_32.html) 6 classes of genomic features (exon, intron, 5'-
446 UTR, 3'-UTR, promoter, intergenic), as follows: The exons from all the transcripts of each gene were merged
447 by location, in order to have non-redundant segments of exons, using the merge command of BEDTools 2.29.
448 Introns were inferred from these exons using the R package GenomicFeatures from bioconductor. The 5' and
449 3' UTRs from gencode32 were merged and were subtracted from the previous features. Promoters were
450 inferred by using a distance of 1kb upstream of the first exon (when possible), in respect of the strand.
451 Intergenic parts were constructed after the concatenation of all the previous features, using the complement

452 command of bedtools. Strand-specific counting from the alignment files was performed on these features
453 using featureCounts of the Subread package (<https://sourceforge.net/projects/subread/files/>)[42]. The
454 priority order when the counts were on several features was the following : exon > UTRs > intron > promoter
455 > intergenic.

456

457 - Exon-intron read count ratio:

458 The exons from all the transcripts of each gene of the human gene annotation gencode32
459 (https://www.gencodegenes.org/human/release_32.html) were merged by location using the merge
460 command of BEDTools 2.29, in order to have non-redundant segments of exons. Introns were inferred from
461 these exons using the R package GenomicFeatures from bioconductor. Genes with no introns were discarded.

462 The alignment files were converted to BEDPE format and were intersected with the new formed annotation
463 to determine their status (exonic or intronic), using the count command of BEDTools 2.29. The number of
464 exonic and intronic counts for each gene was then determined, using the same command. The counts were
465 normalized using the length of each feature, and the ratio exonic count over intronic count was computed
466 (genes that had 0 count on numerator and denominator before calculation were discarded. When just a part
467 is equal to 0, +1 is added to both parts to avoid division by 0). The average ratio for each gene was computed
468 for each condition, and the results were plotted using the R package ggplot2.

469

470 - Metagenes:

471 To select the exons and introns features, we have created firstly metatranscripts as follows:

472 The exons from all the transcripts of each gene were merged by location using the merge command of
473 BEDTools 2.29, to have non-redundant segments of exons, and these exons were numbered; Introns were
474 inferred from these exons.

475 The first exon, first intron, second exon, last intron and last exon were selected for each gene having at least
476 1 raw read count (read count from Kallisto).

477 The alignment files were converted in BigWig files with RPM normalization (reads per million of mapped
478 reads), using UCSC tools (http://hgdownload.cse.ucsc.edu/admin/exe/linux.x86_64/), and for each part and
479 each gene, the read coverage was extracted.

480 The obtained signal was scaled on 100 positions using the R base approx function (allows to compute
481 interpolations), with the following parameters: method="linear", ties="ordered".

482 The average, minimum, and maximum values were computed at each of the 100 positions, and the result
483 was plotted using the R package ggplot2.

484

485 - Neoantigen analysis :

486 HLA allotypes from FFPE and uEVs samples were determined using the tool seq2HLA. Upregulated lncRNAs
487 from FFPE & uEVs were selected, and a research of the ORFs (start codon = AUG) of the most abundant
488 transcript for each gene was performed using TransDecoder (<https://transdecoder.github.io/>) and the R
489 bioconductor package ORFik <https://github.com/Roleren/ORFik>. The translation into peptides from the 3
490 frames was performed using the SeqinR R package⁶⁰, and only the ones with a length ≥ 8 amino acids were
491 kept. The list of peptides for FFPE and uEVs was given to the tool netMHCpan-4.1 in order to find neoantigens.
492 Only the peptides with an elution ligand rank ≤ 2 were kept for downstream analysis.

493

494 -Ribosome profiling analysis:

495 Raw data were extracted from⁴⁵. The Ribosome protect Fragments were defined by counting reads on the
496 defined putative ORF of the 15 Evs-lncRNA containing, encoding high affinity binding scores neoantigens, and
497 on the ORF of POLR2A, normalized with the size (TPM).

498 **Figure legends**

499 **Fig.1. uEVs are enriched in circRNAs and some lncRNAs.** **a.** Full transcriptome of paired liquid and solid
500 biopsies of prostate cancer patients. Experimental procedure from prostate tumor biopsies and urines
501 collections to RNA sequencing, through FFPE biopsies and uEVs isolation. **b.** Mean gene expression of paired
502 Tumor against uEVs (n=83,980 RNAs). DEseq2 normalized counts, for each type of RNA are plotted; circRNAs
503 (orange), lncRNAs (green), all others type of RNAs (grey). Each dot represents all transcripts for each gene.
504 $R^2=0.2770$ and $R^2=0.4267$ for 38,793 circRNAs and 13,704 lncRNAs respectively. **c.** Density plot showing the
505 distribution of log₂ fold change uEVs/Tumor ratio per gene types. The right side of dotted line correspond to
506 enriched genes in uEVs compared to Tumor tissues. The left side of dotted line correspond to the enriched
507 genes in Tumors compared to uEVs. Each color represents an RNA type. Number of total differentially
508 enriched genes in tumor and uEVs are indicated on the right with the number of enriched RNA in EVs in
509 bracket. **d.** Interaction between the normalized number of counts of the 311 upregulated circRNAs (top) and
510 274 upregulated lncRNAs (bottom) in paired Tumor and uEVs for each patient (P1 to P6). Each dot
511 corresponds to a circRNA or lncRNA upregulated in uEVs compared to Tumor with Log₂ FC=0,5 to 1 (blue),
512 Log₂ FC<0,5 (grey), Log₂ FC>1 (red). The number of counts for the same RNA, in Tumor and in uEV are linked
513 together with a line as shown for 4 circRNAs in the zoom window of patient 6. For each patient are indicated
514 the numbers of circRNA and lncRNA with a log₂(FC)>1.

515

516 **Fig.2. intronic RNAs are depleted in uEVs compared to Tumor.** **a.** Genomic read counts distribution by
517 percentage across exon, Intron, 3'UTR, 5'UTR, intergenic and promoter. **b.** Distribution of log₁₀(exonic read
518 counts/intronic read counts) normalized by length from Tumor (blue) and uEVs (red) samples for lncRNA
519 (top) and mRNA (bottom) annotations. **c.** Metagene of mean coverage for 2 first exons, last exon, first intron
520 and last intron of 25,166 mRNAs and lncRNAs from Tumor (blue) and uEVs (red) samples. **d.** GGBio-generated
521 RNA reads profiling along minus (-; pink) and plus (+; bleu) strands of chr8:74198516-74398516 in Tumor
522 and uEVs specimens. Arrow lines represent introns and rectangles represent exons of GENCODE-annotated
523 protein-coding gene JPH1 (pink) and part of GDAP1. The maximum value of coverage, read count is shown in
524 the left panel of read mapping. Some intronic reads are indicated for the 2 genes.

525

526 **Fig.3. Depleted lncRNAs in uEVs are nuclear.** **a.** Experimental procedure, starting from 22Rv1 cell line
527 fractionation polyA RNA-seq, to propose cytoplasmic or nuclear localization of up-regulated genes in uEVs
528 and up regulated genes in Tumor biopsies. **b.** Stacked barplot distribution, by percentage, of cytoplasmic
529 (blue), nuclear (red), both (yellow) or non-polyA RNAs (grey) of up-regulated genes in Tumor (8,336) and up
530 regulated genes in uEVs (4,925). 15.4% and 57.8% upregulated RNAs respectively in tumors and uEVs are
531 cytoplasmic; 23.6% and 2.9% are nuclear; 57.2% and 32% are both. **c.** Density distribution of log₂ (fold change
532 cytoplasmic/nuclear ratio) per RNA types (7,732 RNAs from Tumor and 4,556 RNAs from uEVs), mRNA
533 (purple), pseudogene (yellow), lncRNA (green) in Tumor (top) and uEVs (bottom). The left side of dotted line
534 in both graphs corresponds to the nuclear RNAs, the right side corresponds to cytoplasmic RNAs.

535

536 **Fig. 4. uEVs-enriched circRNAs contain essential circRNAs and are common to PCa cell lines EVs.** **a.** Venn
537 diagram showing number of over-represented circRNA in prostate cancer uEVs (n=311), 171 essential
538 circRNAs defined by Chen et al., circRNAs expressed in PC3, LNCaP and DU145 PCa cell lines (cell circRNAs,
539 n=25832) and circRNA expressed in cell EVs (cEVs circRNAs, n=58320). **b.** List of the 14 essential circRNAs up-
540 regulated in uEVs **c.** Sequencing read coverage from back splicing of GOLPH3 circRNA, from chromosome
541 5:32124716-32174319, is shown using GGplot2 in Tumor, uEVs, PC3, LNCaP and DU145 cEVs and in cells. The
542 maximum value of coverage read count is shown in the left panel of read mapping. Parental transcript
543 ENST000000265070.7 is schematized by blue rectangles representing exons and black arrow lines
544 representing introns (shrunk to 100 nt). Junction of back splicing is indicated in light blue.

545

546 **Fig. 5. uEVs-enriched RNAs show lncRNA-encoding neoantigens shared by prostate cell lines.** **a.** Workflow
547 of ORFs, peptides and neoantigens prediction from lncRNAs enriched in Tumor (n=1,993) and uEVs (n=274).
548 **b.** Number and lengths of strong predicted neoantigens in Tumor (blue, n=15677) and uEVs (red, n=768). **c.**
549 Heatmap representing the relative expression by log₁₀(TPM+1), of POLR2A mRNA and the 15 uEVs-
550 neoLncRNA, encoding the 351 strong unique neoantigens within uEVs, Tumor, PC3-, LNCaP- and DU145-cells

551 and their respective EVs. RPF from PC3 ribosome profiling dataset. **d.** Example of EV-neoLncRNA. IGV-
552 generated public PC3 prostate cancer cell line ribosome occupancy⁴⁵ and uEVs RNA-seq profiling along plus
553 (+, blue) and minus (-, pink) strands of POLR2A mRNA and **e.** of ZNF503-AS2 EV-neoLncRNA. Blue arrow-lines
554 and rectangles represent introns and exons of metatranscripts, respectively. RPM, reads per million mapped
555 reads. Open reading frames (ORFs, red rectangles), starting from AUG codon, of the most abundant
556 transcripts for POLR2A and ZNF503-AS2, are indicated. The sequence of one ZNF503-AS2 ORF from the frame
557 1, generated with GGplot2, is presented and the sequences of the 26 translated neopeptides are underlined.
558 Red sequence is the strongest 9-mer.

559

560

561 **AVAILABILITY AND IMPLEMENTATION**

562 The bioinformatic codes, intermediate data and Extended Data Tables are available at:

563 https://github.com/MorillonLab/Prostate_6_tumor_FFPE_vs_6_tumor_uEVs_analysis. The raw data are

564 available under GEO accession GSE183070.

565

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578

579 **Authors Contributions**

580 • Anna Almeida: supervision, validation, investigation, methodology, project administration, funding
581 and article writing—original draft, review, and editing.

582 • Marc Gabriel: resources, data curation, software, formal analysis, validation, investigation, and
583 visualization.

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- 593 • Antonin Morillon: conceptualization, supervision, funding acquisition, project administration, and
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595

596 **Conflict of Interest Statement**

597 The authors declare that they have no conflict of interest.

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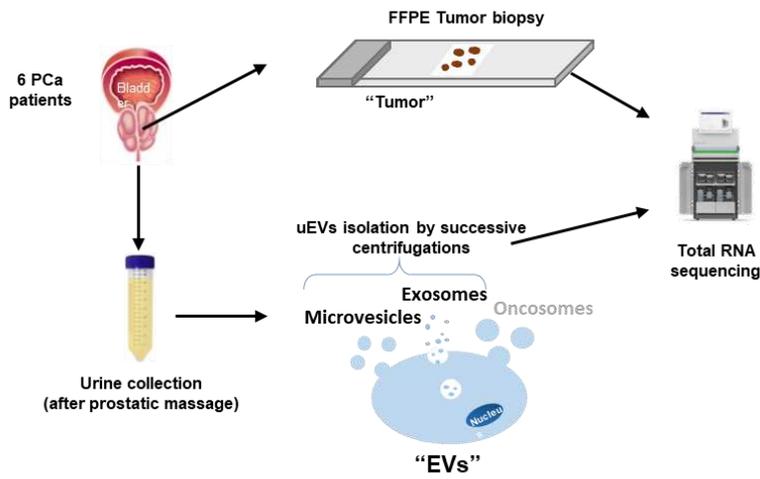
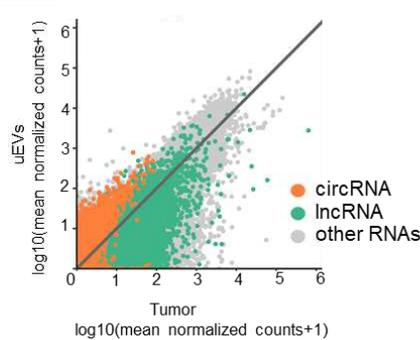
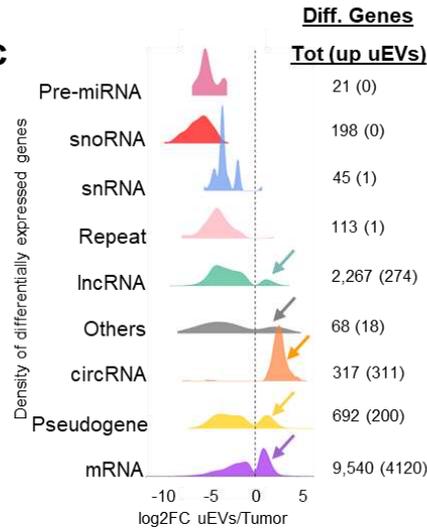
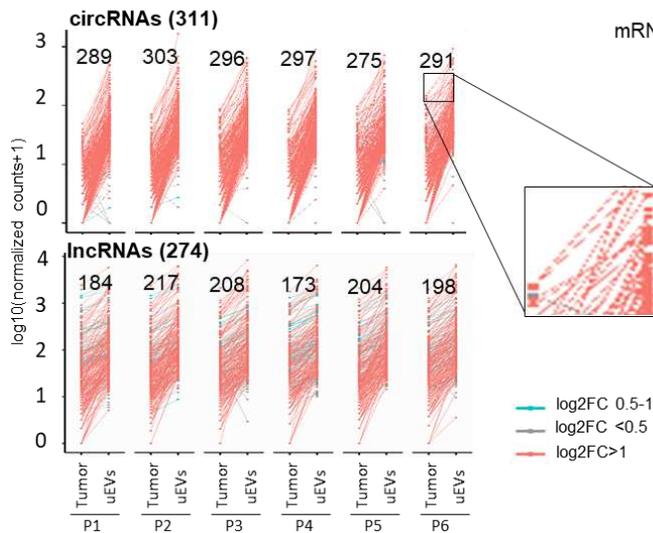
a**b****c****d**

Fig.1. uEVs are enriched in circRNAs and some lncRNAs. a. Full transcriptome of paired liquid and solid biopsies of prostate cancer patients. Experimental procedure from prostate tumor biopsies and urines collections to RNA sequencing, through FFPE biopsies and uEVs isolation. **b.** Mean gene expression of paired Tumor against uEVs ($n=83,980$ RNAs). DESeq2 normalized counts, for each type of RNA are plotted; circRNAs (orange), lncRNAs (green), all others type of RNAs (grey). Each dot represents all transcripts for each gene. $R^2=0.2770$ and $R^2=0.4267$ for 38.793 circRNAs and 13,704 lncRNAs respectively. **c.** Density plot showing the distribution of log2 fold change uEVs/Tumor ratio per gene types. The right side of dotted line correspond to enriched genes in uEVs compared to Tumor tissues. The left side of dotted line correspond to the enriched genes in Tumors compared to uEVs. Each color represents an RNA type. Number of total differentially enriched genes in tumor and uEVs are indicated on the right with the number of enriched RNA in EVs in bracket. **d.** Interaction between the normalized number of counts of the 311 upregulated circRNAs (top) and 274 upregulated lncRNAs (bottom) in paired Tumor and uEVs for each patient (P1 to P6). Each dot corresponds to a circRNA or lncRNA upregulated in uEVs compared to Tumor with Log2 FC=0,5 to 1 (blue), Log2 FC<0,5 (grey), Log2 FC>1 (red). The number of counts for the same RNA, in Tumor and in uEV are linked together with a line as shown for 4 circRNAs in the zoom window of patient 6. For each patient are indicated the numbers of circRNA and lncRNA with a log2(FC)>1.

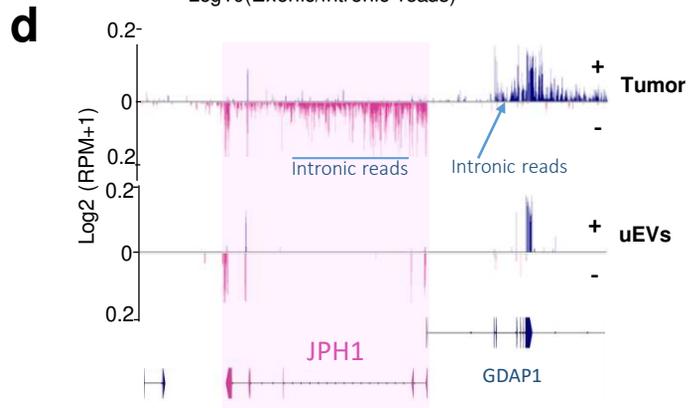
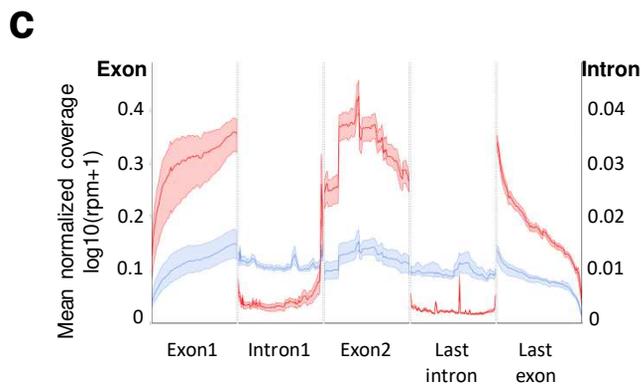
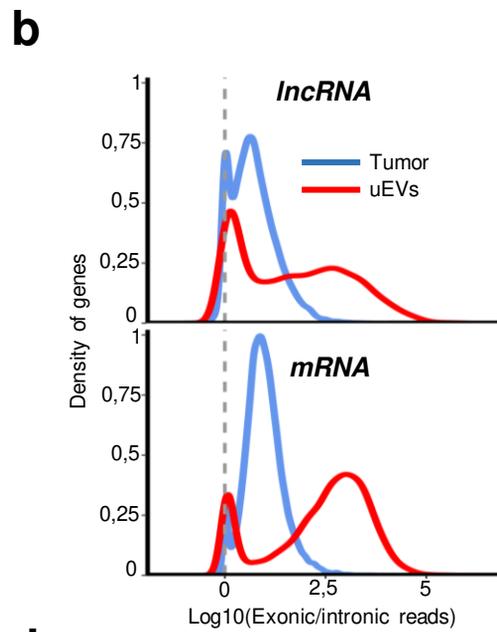
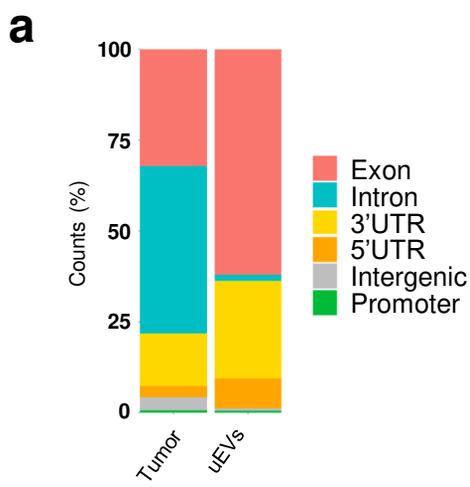


Fig.2. intronic RNAs are depleted in uEVs compared to Tumor. **a.** Genomic read counts distribution by percentage across exon, Intron, 3'UTR, 5'UTR, intergenic and promoter. **b.** Distribution of $\log_{10}(\text{exonic read counts}/\text{intronic read counts})$ normalized by length from Tumor (blue) and uEVs (red) samples for *lncRNA* (top) and *mRNA* (bottom) annotations. **c.** Metagene of mean coverage for 2 first exons, last exon, first intron and last intron of 25,166 mRNAs and *lncRNAs* from Tumor (blue) and uEVs (red) samples. **d.** GGBio-generated RNA reads profiling along minus (-; pink) and plus (+; blue) strands of chr8:74198516-74398516 in Tumor and uEVs specimens. Arrow lines represent introns and rectangles represent exons of GENCODE-annotated protein-coding gene *JPH1* (pink) and part of *GDAP1*. The maximum value of coverage, read count is shown in the left panel of read mapping. Some intronic reads are indicated for the 2 genes.

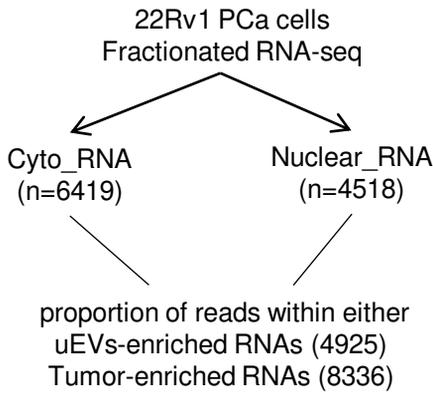
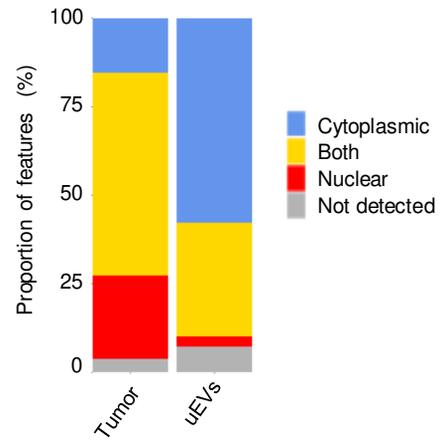
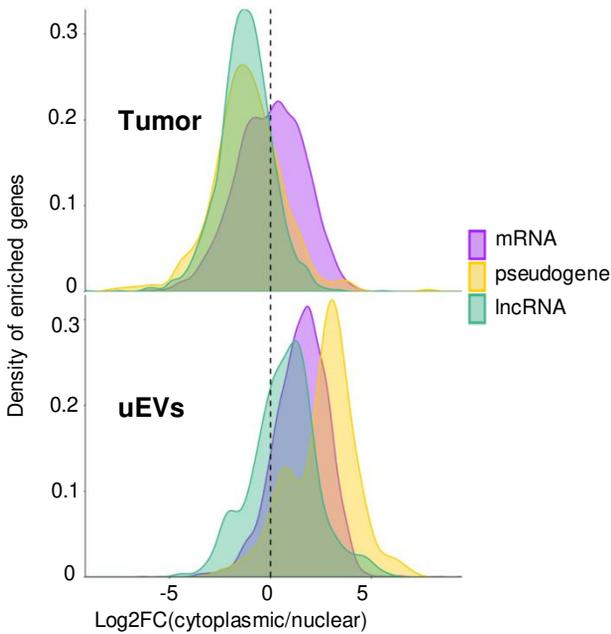
a**b****c**

Fig.3. Depleted lncRNAs in uEVs are nuclear. **a.** Experimental procedure, starting from 22Rv1 cell line fractionation polyA RNA-seq, to propose cytoplasmic or nuclear localization of up-regulated genes in uEVs and up regulated genes in Tumor biopsies. **b.** Stacked barplot distribution, by percentage, of cytoplasmic (blue), nuclear (red), both (yellow) or non-polyA RNAs (grey) of up-regulated genes in Tumor (8,336) and up regulated genes in uEVs (4,925). 15.4% and 57.8% upregulated RNAs respectively in tumors and uEVs are cytoplasmic; 23.6% and 2.9% are nuclear; 57.2% and 32% are both. **c.** Density distribution of log₂ (fold change cytoplasmic/nuclear ratio) per RNA types (7,732 RNAs from Tumor and 4,556 RNAs from uEVs), mRNA (purple), pseudogene (yellow), lncRNA (green) in Tumor (top) and uEVs (bottom). The left side of dotted line in both graphs corresponds to the nuclear RNAs, the right side corresponds to cytoplasmic RNAs.

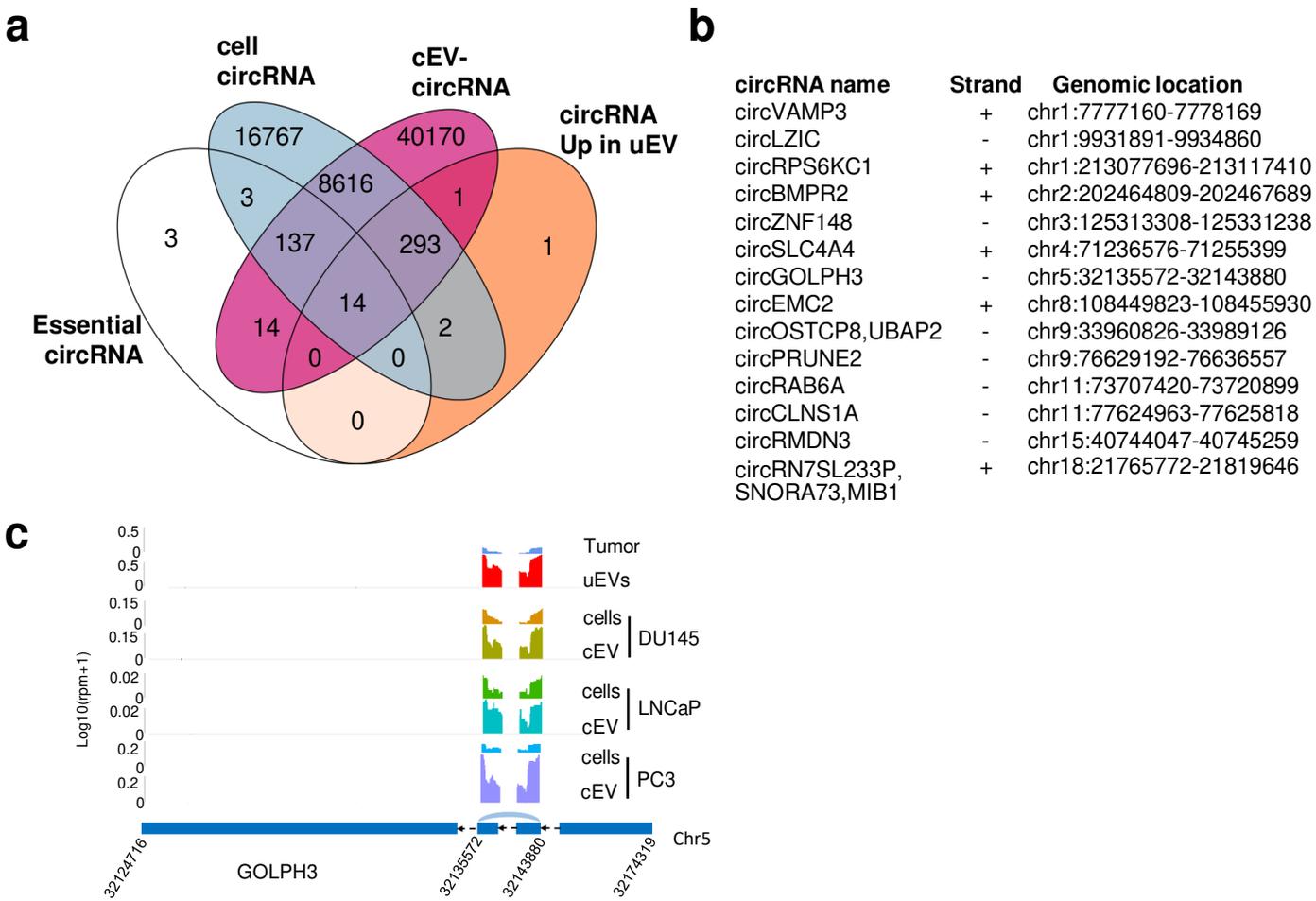


Fig. 4. uEVs-enriched circRNAs contain essential circRNAs and are common to PCa cell lines EVs. **a.** Venn diagram showing number of over-represented circRNA in prostate cancer uEVs (n=311), 171 essential circRNAs defined by Chen et al., circRNAs expressed in PC3, LNCaP and DU145 PCa cell lines (cell circRNAs, n=25832) and circRNA expressed in cell EVs (cEVs circRNAs, n=58320). **b.** List of the 14 essential circRNAs up-regulated in uEVs **c.** Sequencing read coverage from back splicing of GOLPH3 circRNA, from chromosome 5:32124716-32174319, is shown using Ggplot2 in Tumor, uEVs, PC3, LNCaP and DU145 cEVs and in cells. The maximum value of coverage read count is shown in the left panel of read mapping. Parental transcript ENST000000265070.7 is schematized by blue rectangles representing exons and black arrow lines representing introns (shrunk to 100 nt). Junction of back splicing is indicated in light blue.

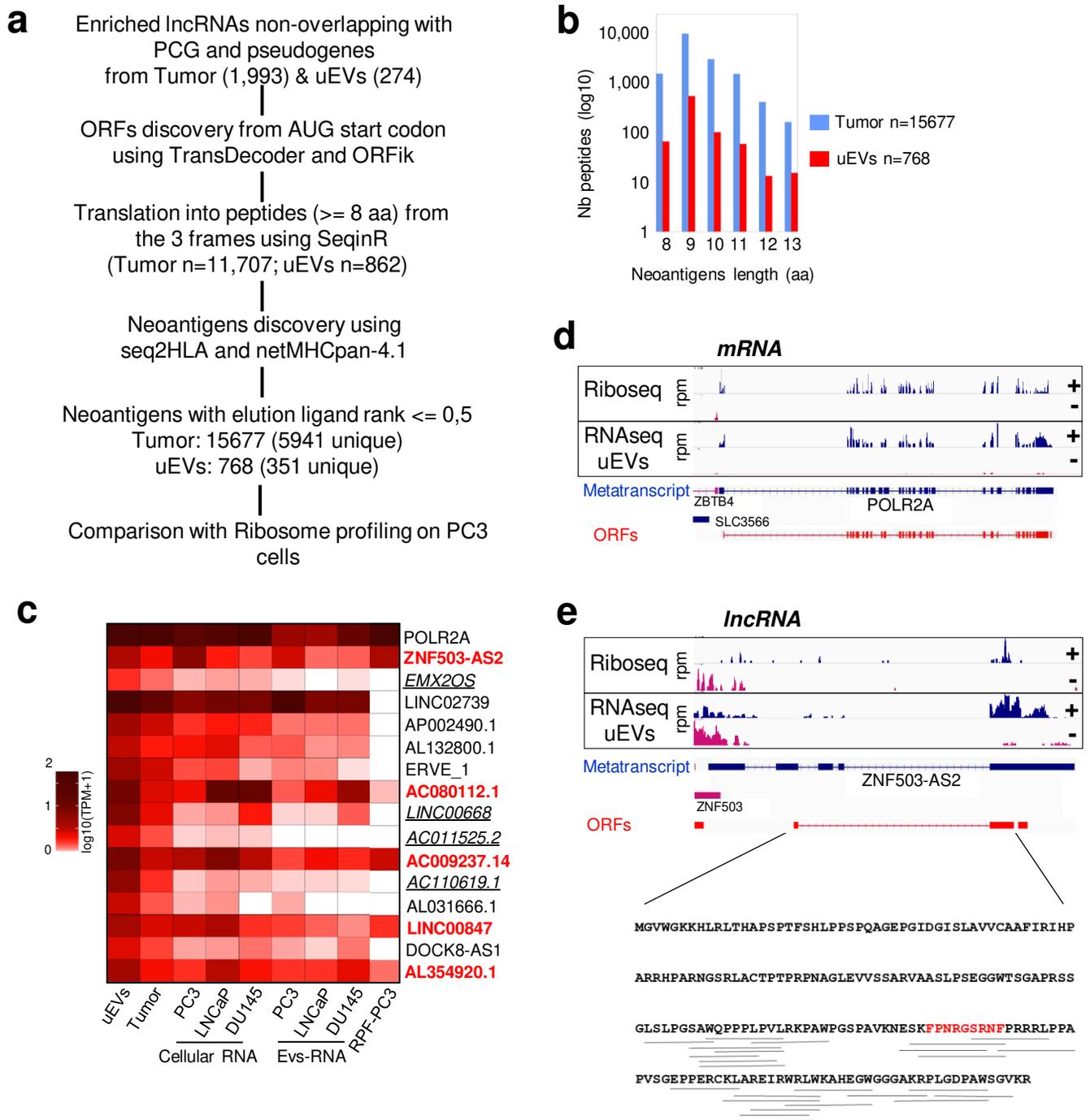


Fig. 5. uEVs-enriched RNAs show lncRNA-encoding neoantigens shared by prostate cell lines. a. Workflow of ORFs, peptides and neoantigens prediction from lncRNAs enriched in Tumor ($n=1,993$) and uEVs ($n=274$). **b.** Number and lengths of strong predicted neoantigens in Tumor (blue, $n=15677$) and uEVs (red, $n=768$). **c.** Heatmap representing the relative expression by $\log_{10}(\text{TPM}+1)$, of POLR2A mRNA and the 15 uEVs-neoLncRNA, encoding the 351 strong unique neoantigens within uEVs, Tumor, PC3-, LNCaP- and DU145-cells and their respective EVs. RPF from PC3 ribosome profiling dataset. **d.** Example of EV-neoLncRNA. IGV-generated public PC3 prostate cancer cell line ribosome occupancy [Hsieh, 2012 #9115] and uEVs RNA-seq profiling along plus (+, blue) and minus (-, pink) strands of POLR2A mRNA and **e.** of ZNF503-AS2 EV-neoLncRNA. Blue arrow-lines and rectangles represent introns and exons of metatranscripts, respectively. RPM, reads per million mapped reads. Open reading frames (ORFs, red rectangles), starting from AUG codon, of the most abundant transcripts for POLR2A and ZNF503-AS2, are indicated. The sequence of one ZNF503-AS2 ORF from the frame 1, generated with GGplot2, is presented and the sequences of the 26 translated neopeptides are underlined. Red sequence is the strongest 9-mer.

Supplementary Files

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