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## Research Article

**Keywords:** COVID-19, gut-lung axis, gut microbiota, intestinal dysbiosis, antibiotics, long COVID

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# Persistent intestinal dysbiosis after SARS-CoV-2 infection in Brazilian patients

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## Abstract

The massive secretion of inflammatory cytokines is associated with the COVID-19 severity and poor prognosis, as well as, in long COVID, the pathophysiology seems to be related to immune deregulation. The patient's immune status can influence the response to SARS-CoV-2, and this immunity is affected by the intestinal microbiota condition (eubiotic or dysbiotic). This study aimed to evaluate the intestinal microbiota of patients infected with SARS-CoV-2 with different clinical manifestations and post-COVID-19 periods, and correlate with the use of antibiotics during the acute disease. According to the beta diversity, we observed significant differences between microbial communities in stool samples from post-COV patients when compared with healthy controls. Additionally, we detected four different clusters when we grouped patients into asymptomatic, mild, moderate, and severe disease. Patients who took antibiotics during the COVID-19 course showed decreased richness of the gut microbiota, even months after the disease resolution. We detected some genera possibly associated with the persistent post-COVID dysbiosis, including increased *Prevotella*, *Dialister*, *Haemophilus*, *Barnesiella*, *Desulfovibrio*, *Bilophila*, *Alistipes*, *Parabacteroides* and *Bacteroides*, suggesting the impact of the disease in the gut microbiota. Besides that, we found some genera associated with antibiotic-induced dysbiosis in post-COVID-19 patients, including decreased *Akkermansia* and *Bifidobacterium* species. Therefore, we hypothesized that persistent dysbiosis and indiscriminate use of antibiotics during the COVID-19 pandemic may be associated with long COVID syndromes, suggesting the involvement of the gut-lung axis. These data suggest that intestinal microbiota modulation may represent a therapeutic approach for long COVID.

**Keywords:** COVID-19, gut-lung axis, gut microbiota, intestinal dysbiosis, antibiotics, long COVID

## 40 **I. Introduction**

41 Coronavirus Disease 2019 (COVID-19), an infectious disease caused by Severe Acute  
42 Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), rapidly spreads worldwide and was declared a  
43 Global Pandemic on 11 March, 2020 (1,2). According to the World Health Organization (WHO),  
44 SARS-CoV-2 has already infected more than 217 million people worldwide, with 4,517,240 deaths  
45 (3). In Brazil, there are 20,751,108 confirmed cases and 579,643 deaths (4). SARS-CoV-2 infects  
46 humans via droplets or aerosols through speaks, sneezes or coughs, so physical distancing, masks use  
47 and ventilated areas reduce the virus transmission (5,6).

48 COVID-19 comprises a wide spectrum of clinical manifestations, ranging from asymptomatic to  
49 critical ill patients characterized by respiratory and/or multi-system organ failure (MSOF) (7).  
50 Despite the predominance of respiratory tract involvement, the gastrointestinal tract can also be  
51 affected, presenting as nauseas, vomiting, abdominal pain and diarrhea (8). In addition, several  
52 patients are experiencing long-term sequelae and symptoms (long COVID) after resolution of acute  
53 disease, including myalgic encephalomyelitis/chronic fatigue syndrome (9). The influence of the  
54 immune system on both acute and long COVID-19 has been demonstrated in several studies (8,10–  
55 12). In acute disease, massive cytokine production, also known as cytokine storm, has been  
56 associated with the progression to severe cases and with the development of acute respiratory distress  
57 syndrome (ARDS), MSOF and coagulation dysfunction (10,11). Cytokine storm in COVID-19 is  
58 characterized by overproduction of TNF-alpha, IL-1, IL-2, IL-6 and interferons (10,11). In chronic  
59 fatigue syndrome, the pathophysiology seems to be related to immune dysregulation, including  
60 changes in cytokine profile, immunoglobulin levels and T and B-cell phenotype (12).

61 The gut microbiota plays an important role on the immune response against viral infections,  
62 modulating both innate and adaptive response (13). Growing evidences suggest that factors produced  
63 by a healthy gut microbiota is essential in the development and maturation of the immune system,  
64 arming the lungs against respiratory viral infections (8,13). Respiratory infections and medications,

65 including antibiotics, promotes modifications on diversity and composition of the gut microbiota,  
66 leading to dysbiosis, which alters the beneficial cross-talk between lung and gut (8,13). This  
67 bidirectional relationship, also known as gut-lung axis, has been associated with different outcomes  
68 in respiratory tract infections, including influenza and respiratory syncytial virus, emphasizing the  
69 importance between both mucosal compartments (8,13).

70 In COVID-19, older age and comorbidities are known risk factors for predicting severe diseases  
71 and both has been associated with dysbiosis, which might explain the development of severe cases on  
72 those conditions. To date, there are few studies evaluating the gut-lung axis in SARS-COV-2  
73 infection and only few relationships has already been demonstrated (14). The few available data  
74 supports that in SARS-CoV-2 infection, the gut-lung axis and its influence on immune response  
75 plays an important role on progression to cytokine storm, MSOF and long-term COVID syndromes  
76 (8,12,13). So, we sought to evaluate the intestinal microbiota of Brazilian patients infected with  
77 SARS-CoV-2 at different clinical manifestations and post-COVID-19 periods, and correlate with the  
78 use of antibiotics during the acute disease.

79

## 80 **II. Material and Methods**

### 81 **II.1 Post COVID-19 patients and control subjects**

82 Patients that were diagnosed with COVID-19 (post-COV), with positive test for SARS-CoV-2  
83 RNA, detected by PCR from nasopharyngeal swab, were enrolled for this study from October to  
84 December 2020. The Research Ethics Committee from Institute of Biosciences, Humanities and  
85 Exact Sciences from Sao Paulo State University approved this study (Process number  
86 4,310,336/2020), and patients signed the informed consent form.

87 One hundred, forty-nine post-COV patients, 126 females and 23 males, aged 18 to 82 years  
88 (mean age  $\pm$  standard deviation (SD) = 42.5  $\pm$  14.5 years) were enrolled at Hemat Clinical Analysis  
89 Laboratory. Post-COV patients were classified in 1) asymptomatic (n =10): Positive SARS-CoV-2

90 test and no symptoms; 2) Mild (n = 117): symptoms like fever, cough, anosmia, ageusia, diarrhea,  
91 without dyspnea; 3) Moderate (n = 10): Clinical evidence of lower respiratory tract disease, non-  
92 invasive oxygen support (oxygen saturation < 94%); and Severe (n = 12): invasive oxygen support,  
93 admission to the intensive care unit, orotracheal intubation (15,16). Table 1 summarizes the  
94 demographic and clinical data from post-COV patients. Table 2 shows the distribution of main  
95 symptoms reported by post-COV patients and the use of antibiotics in acute phase of disease.

96 The most common eight persistent reported symptoms (long COVID) among the mild post-  
97 COVID-19 patients include fatigue, anosmia, anxiety, depression, myalgia, alopecia, memory loss,  
98 and depression, following by muscle weakness, ageusia, tachycardia, sweating, parosmia,  
99 breathlessness, paresthesia, skin rashes, arthralgia, headache, and dizziness. The rarest symptoms  
100 include muscle spasms, insomnia, nausea, polydipsia, inappetence, tremors, diarrhea, blurry vision,  
101 and changes in bowel function. For moderate and severe patients, the most common post-COVID-19  
102 sequelae were fatigue, sarcopenia, dyspnea, myalgia, cough, paresthesia, post-traumatic stress,  
103 memory loss, anosmia, ageusia, alopecia, and edema. The rarest sequelae include plegia, dysphonia,  
104 hypothyroidism, hyperinsulinemia, dyslipidemia, systemic arterial hypertension, and some patients  
105 still require oxygen support and pulmonary rehabilitation.

106 Seventy-one healthy controls, 51 females and 20 males, aged 18 to 79 years (mean age  $\pm$  SD =  
107  $46.1 \pm 16.6$  years), enrolled at the pre-pandemic period were included in this study. Exclusion criteria  
108 for control group included use of anti-inflammatories, immunosuppressant drugs, antibiotics,  
109 laxatives, probiotics and vaccination in the last 30 days, as well as gastrointestinal surgeries,  
110 inflammatory bowel diseases, and chronic diarrheas.

111 After the informed consent, 8 mL of peripheral blood was collected and stool samples were  
112 requested within 3-5 days. Total anti-SARS-CoV-2 antibodies and C-reactive protein (CRP)  
113 evaluations in serum samples were performed by electrochemiluminescence and  
114 immunoturbidimetric assay, respectively, at Hemat Clinical Analysis Laboratory.

115 **Table 1: Demographic and clinical data from post-COVID-19 patients.**

Patients	Gender	Age (years)	BMI (Kg/m <sup>2</sup> )	Total SARS-CoV-2 antibodies	CRP (mg/dL)	Days post-COVID mean
Asymptomatic (N=10)	10F/2M	36.5 ± 13.8	26.5 ± 4.7	29.2 ± 49.1	0.42 ± 0.27	72
Mild (N=117)	78F/39M	40.4 ± 14.1	27.9 ± 5.0	68.6 ± 58.8	0.56 ± 0.92	84
Moderate (N=10)	7F/3M	49.6 ± 13.4	35.2 ± 5.3	101.1 ± 57.5	1.56 ± 1.68	81
Severe (N=12)	5F/7M	43.7 ± 15.7	31.4 ± 4.7	87.3 ± 43.4	3.22 ± 4.35	105

116

117 **Table 2: Main symptoms and use of antibiotics in post-COVID-19 patients.**

Patients	Diarrhea	Fever	Dyspnoea	Anosmia	Ageusia	Antibiotics
Asymptomatic (N=10)	0	0	0	0	0	4
Mild (N=117)	37	54	0	75	59	90
Moderate (N=10)	4	7	10	4	6	9
Severe (N=12)	8	10	12	5	6	10

118

## 119 **II.2 DNA extraction from stool samples and 16S sequencing**

120 DNA was obtained from 200 mg from stool samples from post-COV patients and controls by  
 121 using QIAamp Fast DNA Stool Mini Kit (Qiagen, CA, USA), according to manufacturer  
 122 instructions. For bacterial 16S sequencing, DNA was quantified by Quantus fluorometer and adjusted  
 123 to 5 ng/mL using Tris buffer (10 mM, pH 8.5). V3 and V4 regions of the bacterial 16S were  
 124 amplified by using bacterial DNA, V3/V4 primers and the 2X KAPA HiFi HotStart Ready Mix  
 125 (Kapa Biosystems, MA, USA). PCR purification was performed using AMPure XP Beads Kit (BD  
 126 Biosciences, CA, USA). DNA libraries were constructed according to the Illumina protocols and the  
 127 sequencing was conducted by an Illumina MiSeq platform system. The sequences generated by 16S  
 128 sequencing were deposited at the NCBI repository (BioProject ID: PRJNA758913).

129

## 130 **II.3 Statistical analysis**

131 All statistical analyses were performed using the R software package (v. 4.0.3) (R Core Team,  
 132 2021). Microbiome data wrangling was carried out using the tidyverse (v. 1.3.0) and phyloseq (v.

133 1.34.0) R packages (17,18). Libraries with less than 500 reads were removed. The beta diversity  
134 analysis included Principal Coordinate Analysis using Bray-Curtis dissimilarity and taxa proportions  
135 as input. PERMANOVA models were computed using the adonis function from the vegan (v. 2.5.7)  
136 R package (19). The alpha diversity analysis included richness and Shannon index assessment using  
137 non-parametric tests (Kruskal-Wallis or Wilcoxon rank-sum) as appropriate. Differential abundance  
138 analysis was performed using the corncob (v. 0.2.0) R package (20). Taxa present in less than 10% of  
139 samples were filtered out prior to this analysis. Confidence intervals for the taxa prevalence were  
140 computed using the exact method from the binom (v. 1.1.1) R package (Dorai-Raj, 2014). P values  
141 were adjusted for the control of false-discovery rate (FDR) at 5% using the Benjamini–Hochberg  
142 step-up procedure (21).

143

### 144 **III. Results**

#### 145 **III.1 Detection of intestinal dysbiosis in patients after SARS-CoV-2 infection**

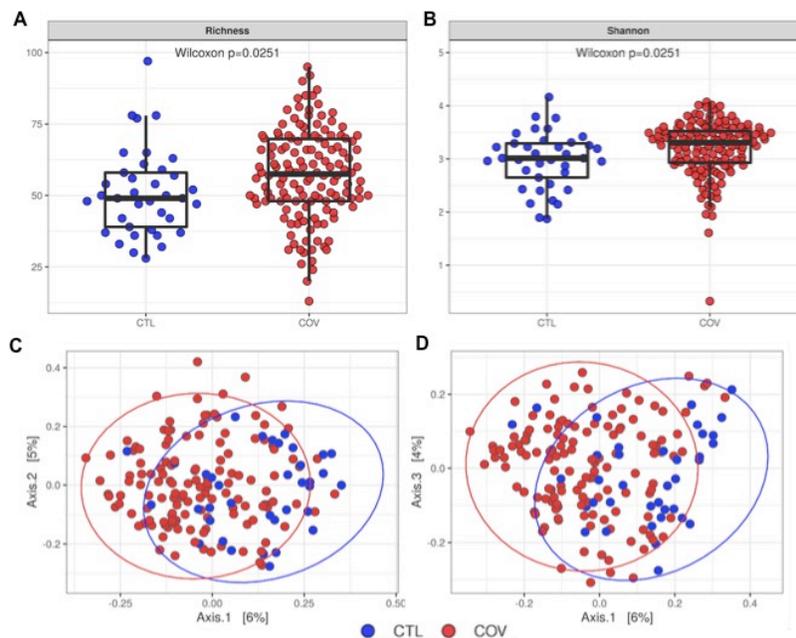
146 In order to evaluate the gut microbiota composition in patients after SARS-CoV-2 infection, we  
147 sequenced the V3/V4 regions from bacterial 16S and determined the alpha and beta diversities by  
148 using the annotated operational taxonomic units (OTUs). According to the alpha diversity analysis,  
149 we observed significant differences ( $P = 0.0251$ ) in richness and evenness when we evaluated fecal  
150 samples from post-COV patients and healthy controls (Figure 1A-B). Likewise, we also detected  
151 significant differences ( $P = 0.0015$ ) between microbial communities found in post-COV patients and  
152 controls (Figure 1C-D). When we grouped patients into asymptomatic, mild, moderate, and severe  
153 disease, we did not observe significant differences ( $P = 0.0527$ ) in richness and evenness of the  
154 intestinal microbiota (Figure 2A-B). However, we detected significant differences ( $P = 0.0015$ ) in  
155 beta diversity among these clinical manifestation groups, with four different clusters in Principal  
156 Coordinate Analysis (PCoA) using Bray-Curtis dissimilarity and taxa proportions (Figure 2C-D).

157 Alpha and beta diversity analyzes were also performed by allocating groups by age and body  
158 mass index (BMI), but no significant differences were detected in any of these analyzes  
159 (Supplementary Figures 1A-D and 2A-D). Furthermore, there are no differences ( $P = 0.1403$ )  
160 between microbial communities in female or male gut microbiota after SARS-CoV-2 infection  
161 (Supplementary Figure 3A-B).

162

### 163 III.2 Patients who took antibiotics presented decreased richness of the intestinal microbiota

164 To assess the impact of antibiotic use on patients who had COVID-19, we divided the groups  
165 and performed alpha and beta diversity analyses. Differences in richness ( $P = 0.0327$ ) and evenness  
166 ( $P = 0.0251$ ) were observed in post-COV patients (no antibiotics) and healthy controls (Figure 3A-  
167 B). Besides that, patients who took antibiotics showed decreased richness ( $P = 0.044$ ) of the gut  
168 microbiota, even months after the disease. Differences in beta diversity were not observed ( $P =$   
169  $0.0682$ ) between patients who took or not antibiotics and controls (Figure 3C-D).

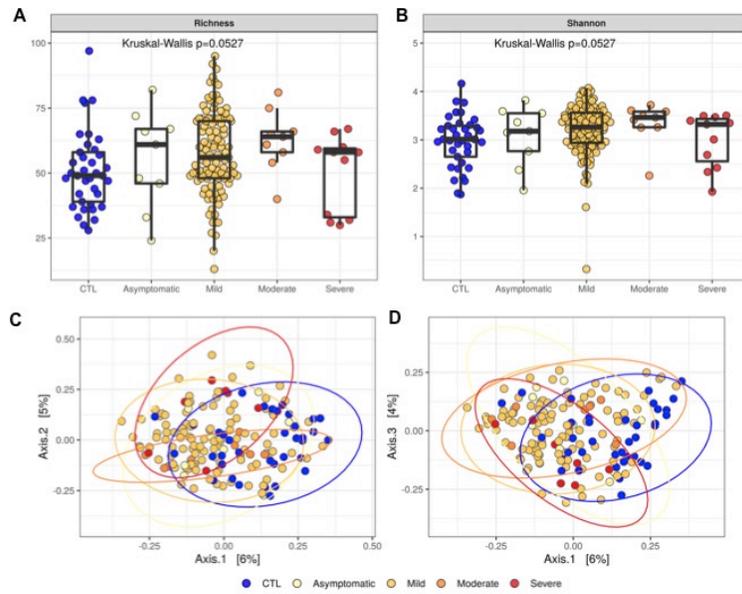


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171 **Figure 1:** Alpha and beta diversity analysis of the intestinal microbiota from post-COVID-19 patients (COV) and healthy  
172 controls (CTL).

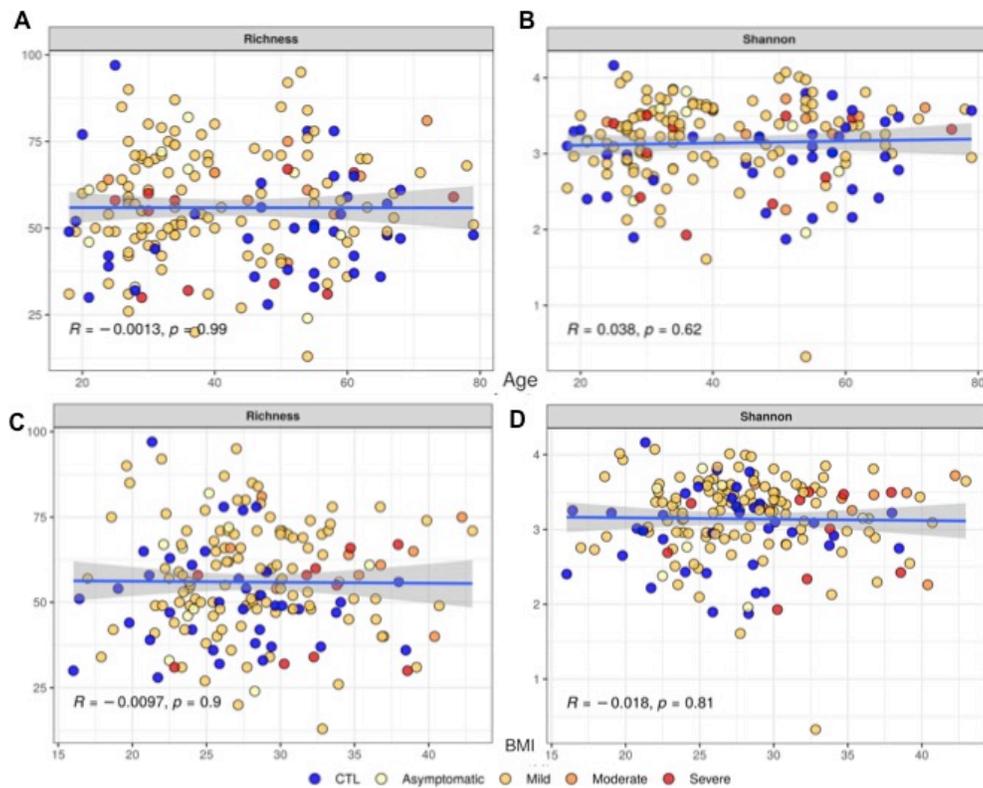
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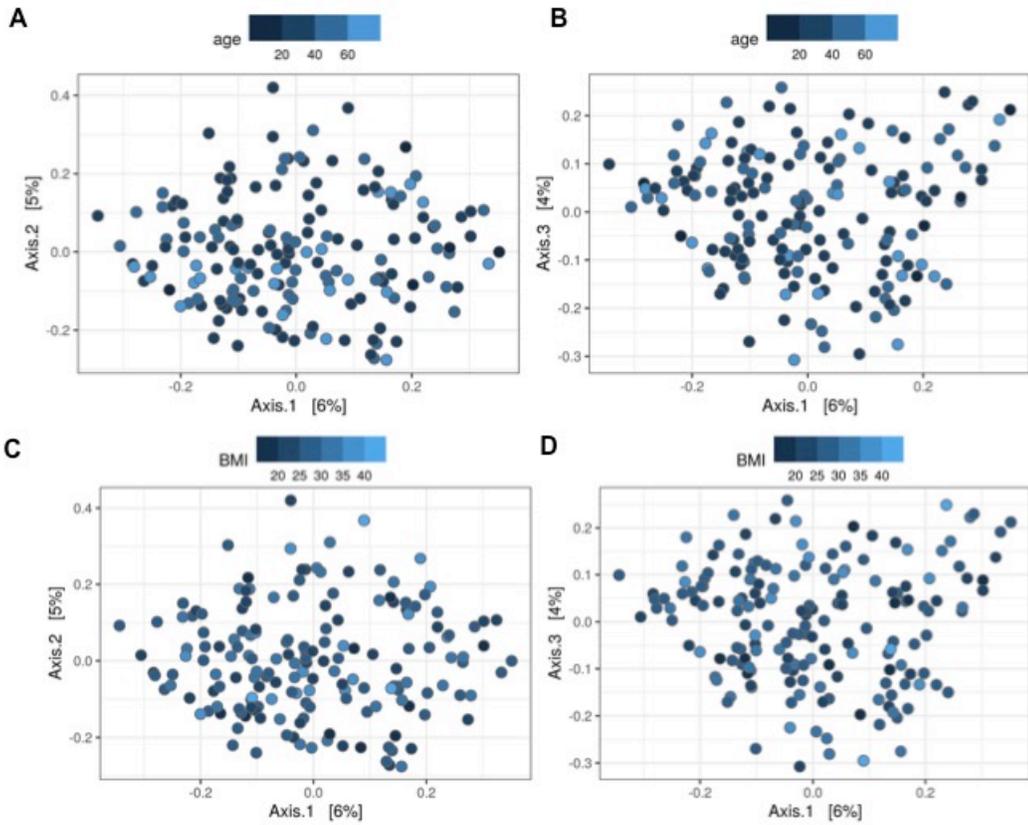


**Figure 2:** Alpha and beta diversity analysis of the gut microbiota from asymptomatic, mild, moderate, and severe post-COVID-19 patients and healthy controls (CTL).

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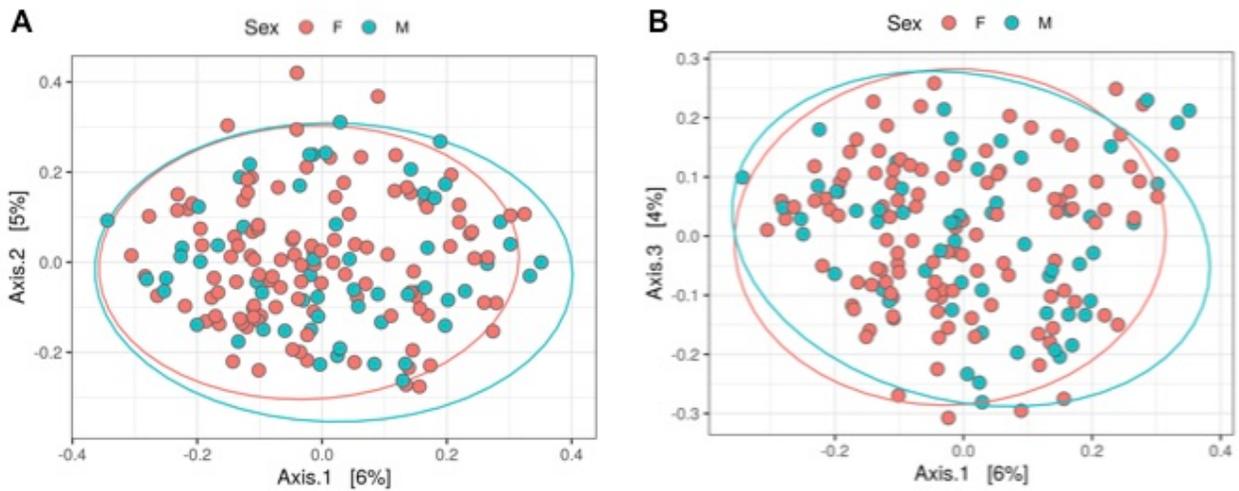


**Supplementary figure 1:** Alpha diversity analysis of the gut microbiota from asymptomatic, mild, moderate, and severe post-COVID-19 patients, according to age and body mass index (BMI)



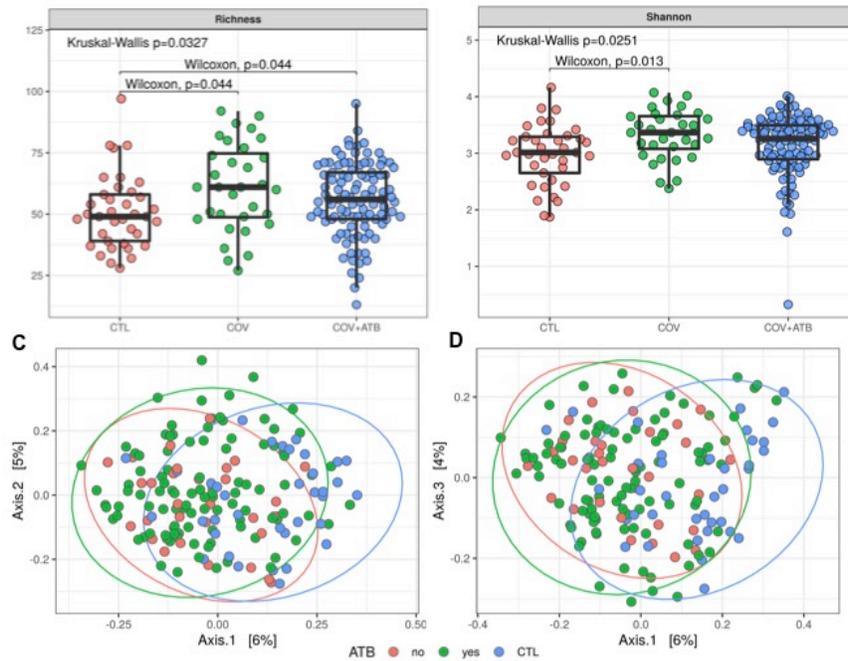
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**Supplementary figure 2:** Beta diversity analysis of the gut microbiota from post-COVID-19 patients, according to age and body mass index (BMI).



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**Supplementary figure 3:** Beta diversity analysis of the gut microbiota from post-COVID-19 patients, according to gender. F: female; M: male.

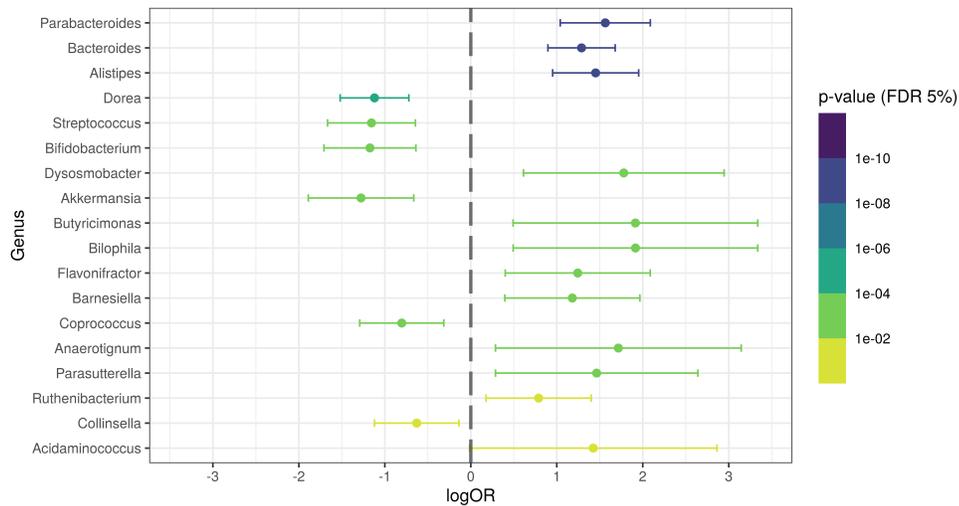


195

196 **Figure 3:** Alpha and beta diversity analysis of the gut microbiota from post-COVID-19 patients that took (COV+ATB) or  
 197 not antibiotics (COV), and healthy controls (CTL).  
 198

### 199 III.3 Differential genera relative abundance in overall patients after SARS-CoV-2 infection

200 For a purpose to investigate the presence of specific genera in our cohort, including all post-  
 201 COV patients, we evaluated the differential relative abundance in patients' samples, compared to  
 202 controls. The relative abundance of *Acidaminococcus*, *Parasutterella*, *Anaerotignum*, *Barnesiella*,  
 203 *Flavonifractor*, *Bilophila*, *Butyricimonas*, *Dynosmobacter*, *Alistipes*, *Bacteroides* and  
 204 *Parabacteroides* genera were significantly increased in the feces of post-COV patients when  
 205 compared to controls. On the other hand, *Collinsella*, *Coprococcus*, *Akkermansia*, *Bifidobacterium*,  
 206 *Streptococcus*, and *Dorea* genera were significantly reduced in patients' samples, compared to  
 207 control group (Figure 4). Supplementary Figures 4 and 5 show the relative abundances of these  
 208 genera in post-COV patients and control individuals.



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210 **Figure 4:** Differential genera relative abundance analysis of the intestinal microbiota in post-COVID-19 patients.

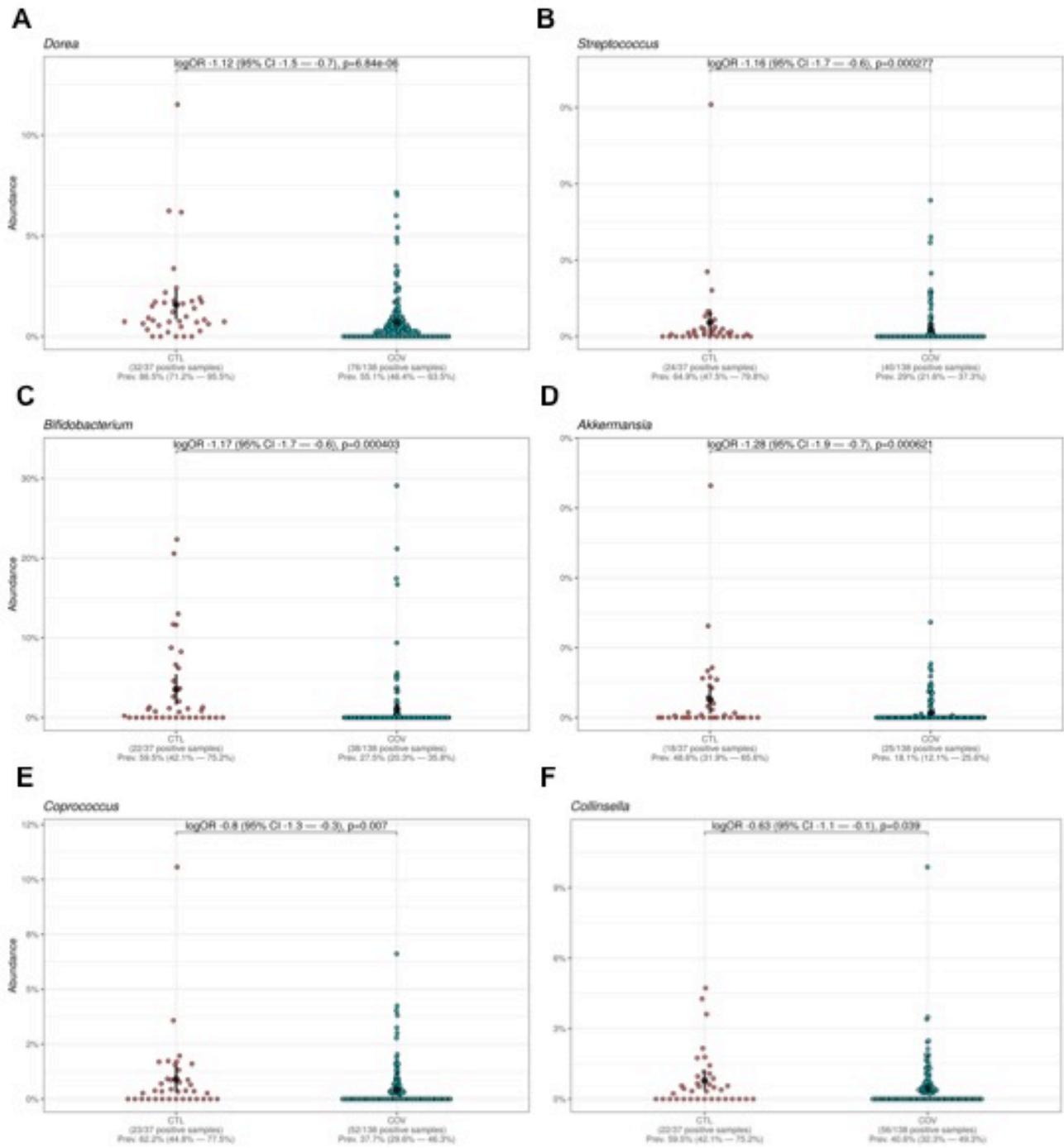
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213 **III.4 Specific gut microbiota signature in post-COVID-19 patients**

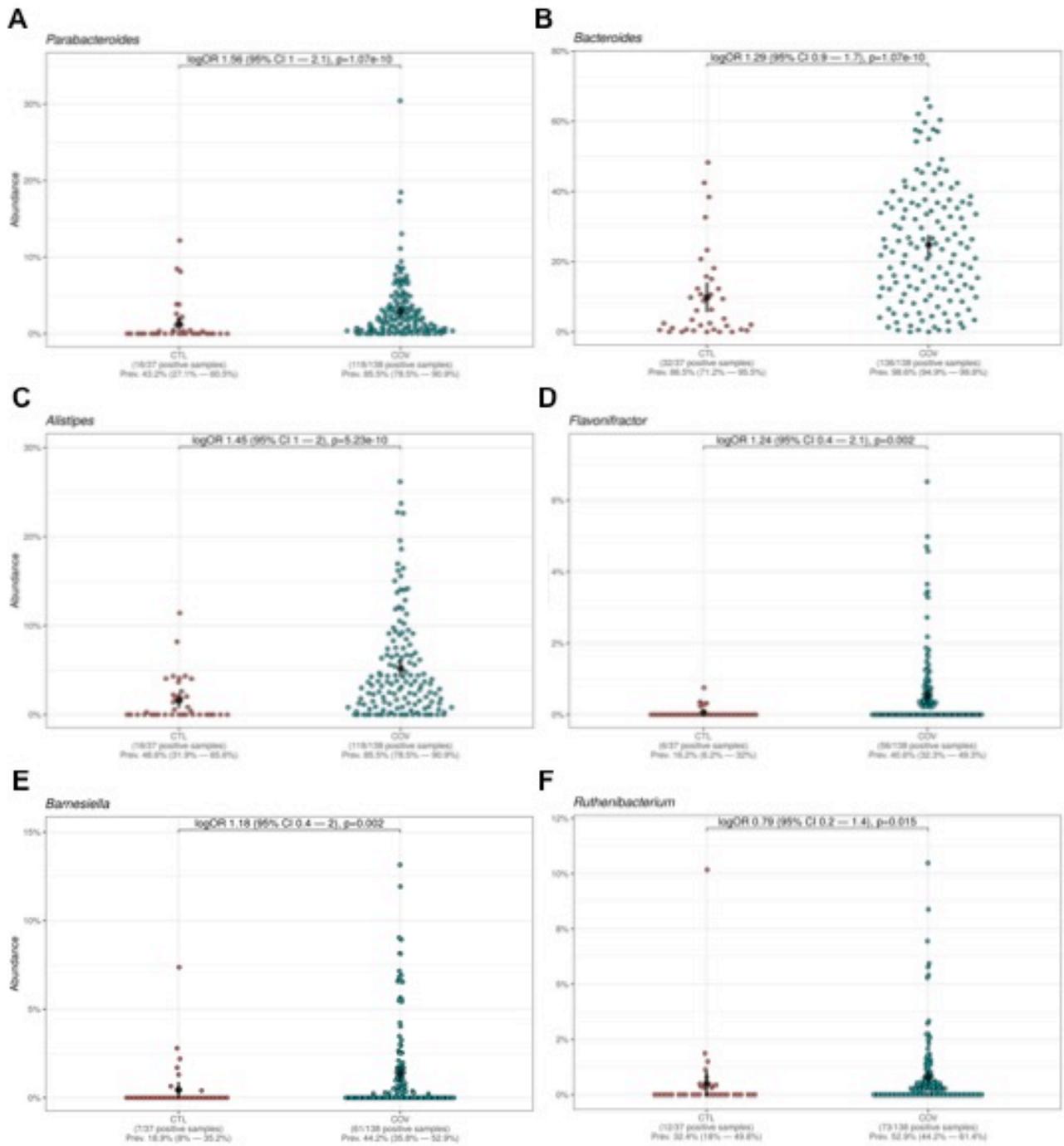
214 To identify possible signatures of the gut microbiota in post-COVID patients, we compared  
 215 patients without antibiotic use to the pre-covid control group (CTL *versus* COV), and we observed  
 216 some genera possibly associated with the persistent post-COVID dysbiosis. The relative abundance  
 217 of *Prevotella*, *Dialister*, *Haemophilus*, *Barnesiella*, *Desulfovibrio*, *Bilophila*, *Alistipes*,  
 218 *Parabacteroides* and *Bacteroides* genera were significantly increased in the feces of the post-COVID  
 219 patients when compared to the controls. Interestingly, *Streptococcus* genus was significantly  
 220 decreased in the patients' samples, compared to the control group (Figure 5).

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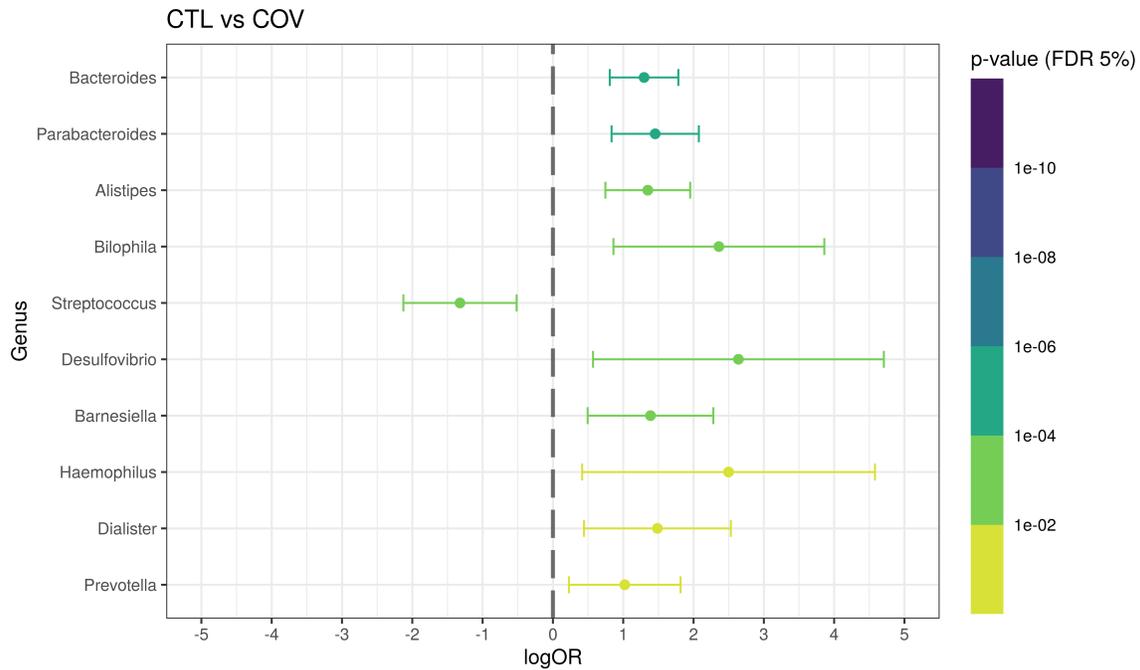
**Supplementary figure 4:** Relative abundance of *Dorea*, *Streptococcus*, *Bifidobacterium*, *Akkermansia*, *Coprococcus* and *Collinsella* genera in the gut microbiota from post-COVID-19 patients (COV) and healthy controls (CTL).

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**Supplementary figure 5:** Relative abundance of *Parabacteroides*, *Bacteroides*, *Allistipes*, *Flavonifractor*, *Barnesiella* and *Ruthenibacterium* genera in the gut microbiota from post-COVID-19 patients (COV), and healthy controls (CTL).

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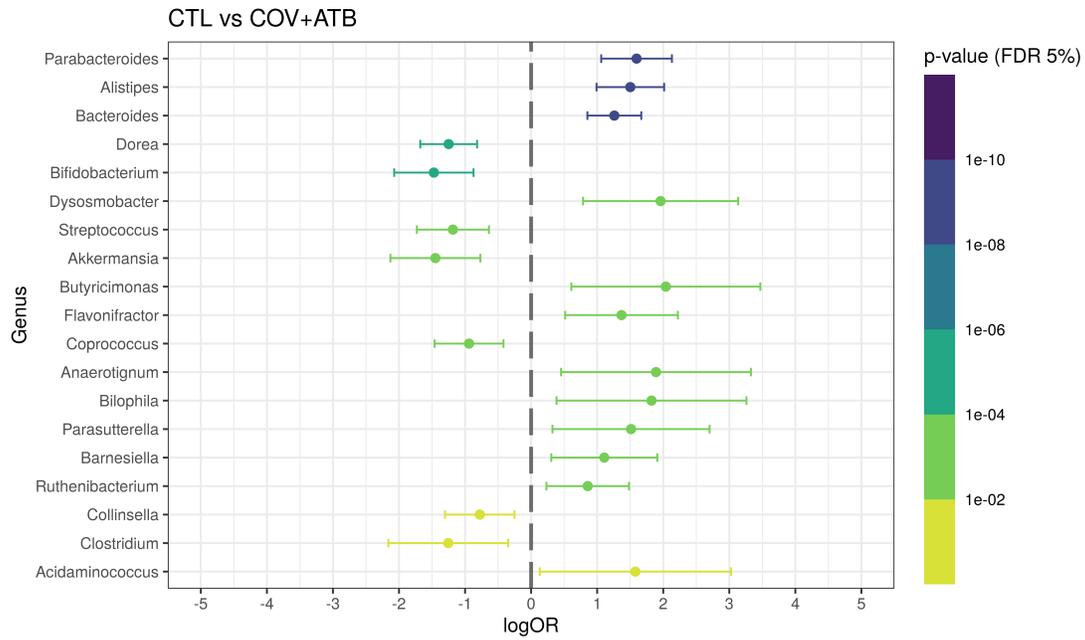
242

243 **Figure 5:** Differential genera relative abundance analysis of the intestinal microbiota in post-COVID-19 patients, without  
 244 antibiotic use.

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### 246 **III.5 Antibiotic induced decrease in *Akkermansia* and *Bifidobacterium* in post-COVID-19**

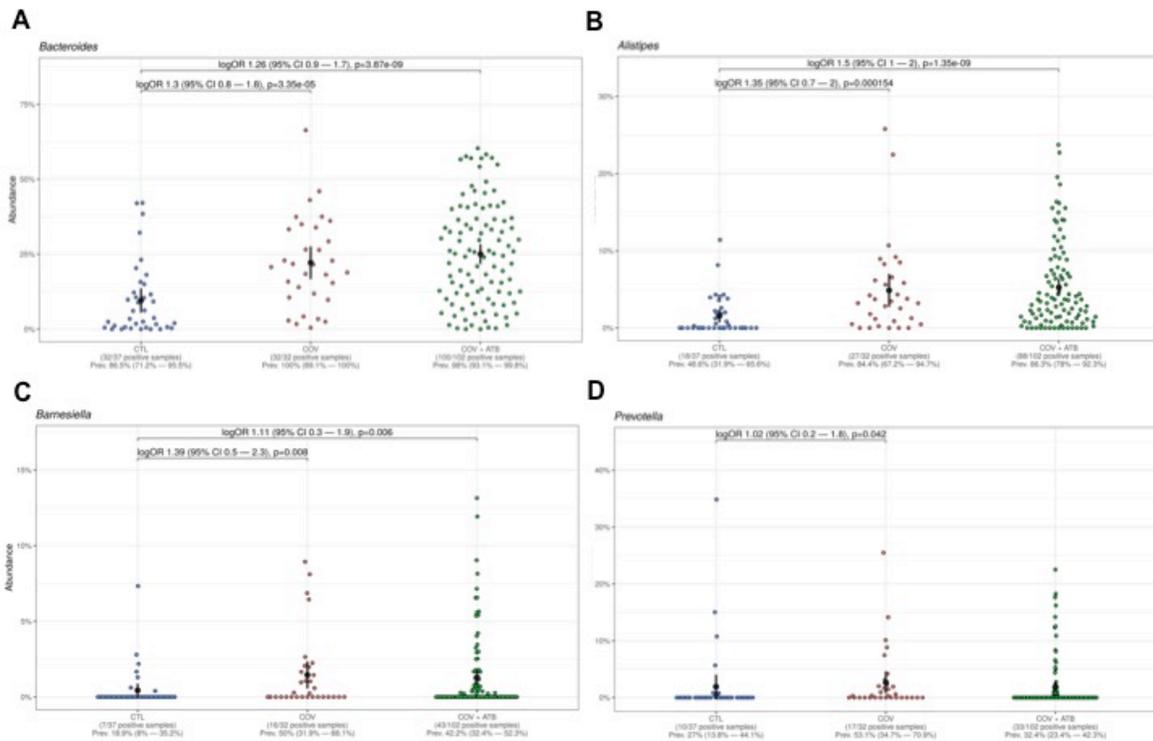
247 After, to demonstrate the effect of antibiotic use on the post-COV patients, we evaluated the  
 248 differential relative abundance comparing patients who took antibiotics during the disease, compared  
 249 to control group (CTL *versus* COV+ATB). We detected some genera possibly associated with  
 250 antibiotic-induced dysbiosis. The relative abundance of *Acidaminococcus*, *Ruthenibacterium*,  
 251 *Barnesiella*, *Parasutterella*, *Bilophila*, *Anaerotignum*, *Flavonifractor*, *Butyricimonas*,  
 252 *Dysosmobacter*, *Bacteroides*, *Alistipes*, and *Parabacteroides* genera were significantly increased in  
 253 the feces of the post-COV+ATB patients when compared to the controls. In addition, *Clostridium*,  
 254 *Collinsella*, *Coprococcus*, *Akkermansia*, *Streptococcus*, *Bifidobacterium*, and *Dorea* genera were  
 255 significantly decreased in the post-COV+ATB patients (Figure 6). Supplementary figure 6 shows  
 256 some genera up regulated after COVID-19 infection and Supplementary figure 7 stand out the main  
 257 genera down regulated by use of antibiotics by COVID-19 patients.



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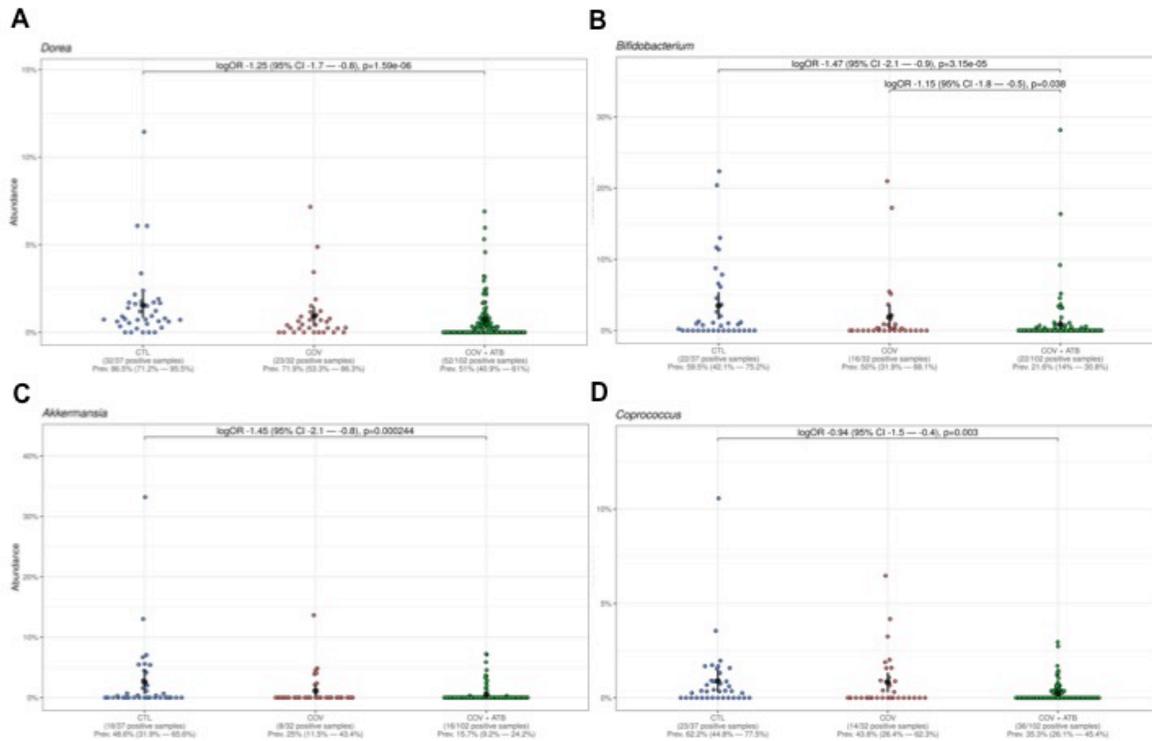
**Figure 6:** Differential genera relative abundance analysis of the intestinal microbiota in post-COVID-19 patients that took antibiotics.



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**Supplementary figure 6:** Relative abundance of *Bacteroides*, *Alistipes*, *Barnesiella* and *Prevotella* genera in the gut microbiota from post-COVID-19 patients that took (COV+ATB) or not antibiotics (COV), and healthy controls (CTL).



269

270 **Supplementary figure 7:** Relative abundance of *Dorea*, *Bifidobacterium*, *Akkermansia* and *Coprococcus* genera in the  
 271 gut microbiota from post-COVID-19 patients that took (COV+ATB) or not antibiotics (COV), and healthy controls  
 272 (CTL).  
 273

274 **IV. Discussion**

275 The gut microbiota is important for several physiological process, including the modulation of  
 276 both innate and adaptive immune response to maintain a systemic immune homeostasis (22). The  
 277 role of gut microbiota in several autoimmune conditions have already been demonstrated and for the  
 278 past few decades, an increasing body of evidence points towards the microbiota as a major player in  
 279 infectious diseases (8,13,22–24).

280 There are few studies evaluating the gut-lung axis in SARS-COV-2 infection and only few  
 281 relationships has already been demonstrated (14). The few available data supports that in SARS-  
 282 CoV-2 infection, the gut-lung axis and its influence on immune response plays an important role on  
 283 progression to cytokine storm, MSOF and long-term COVID syndromes (8,12,13). However, most of  
 284 the studies included just a small sample of patients, which could affect the analysis and outcomes. To  
 285 our knowledge, our study is the first analysis to evaluate the intestinal microbiota in post-COVID-19

286 patients. We observed that a specific gut microbiota signature and intestinal dysbiosis in post-  
287 COVID-19 patients persisted even after several months of the disease. In addition, antibiotic  
288 treatment was associated with decreased richness of the intestinal microbiota and decreased  
289 beneficial microbes, such as *Bifidobacterium* and *Akkermansia* species.

290 In others respiratory viral infections, the influence of gut-lung axis has already been evaluated. In  
291 influenza murine models, an intact intestinal microbiota is necessary for adaptive T-cells respond to  
292 infection and studies have demonstrated that colonization by *Bifidobacterium* genus is strongly  
293 associated with survival, suggesting that this bacteria mediates an anti-influenza effect via several  
294 metabolic molecules (13,24). Another study have demonstrated that after exposure to influenza,  
295 lungs-derived T cells migrate to intestine and cause intestinal dysbiosis, resulting in an aberrant  
296 immune response and gastroenteritis (25). In addition, transfer of fecal microbiota from mice that  
297 have survived influenza infection to antibiotic treated mice conferred resistance to influenza (23).

298 To date, few research studies evaluated the role of the gut-lung axis in COVID-19 and several  
299 hypothesis were postulated to explain the impact of intestinal dysbiosis (8,14,25–28). The disease  
300 severity and mortality, which is associated to cytokine storm, are higher in patients over 65 years old,  
301 particularly those with comorbidities, including diabetes, cardiovascular, metabolic and renal  
302 disorders (8,25). Intestinal dysbiosis in these same conditions has been extensively evaluated and  
303 decreased abundance of *Bacteroides* species has been reported (8,14,25). Interestingly, *Bacteroides*  
304 species have been shown to downregulate angiotensin-converting enzyme 2 (ACE2) expression in  
305 murine models (14). In addition, immunological aging is associated with a subclinical inflammatory  
306 state characterized by Th1 immune response, while in children, a Th2 immune response that is  
307 associated with less pro-inflammatory cytokines, seems to be more common (25). These findings  
308 together suggest that individual microbiome may affect the immune response to SARS-COV-2  
309 infection (14). Although our results demonstrated no significant difference in gut microbiota when

310 patients were allocated by age, it is important to note that the mean age of our sample was 42 and just  
311 few cases were older than 65, making it difficult to draw any conclusion.

312 Our results demonstrated a specific microbiota signature in post-COVID-19 patients when  
313 compared to control group, characterized by increased abundance of *Acidaminococcus*,  
314 *Parasutterella*, *Anaerotignum*, *Barnesiella*, *Flavonifractor*, *Bilophila*, *Butyricimonas*,  
315 *Dynosmobacter*, *Alistipes*, *Bacteroides*, *Parabacteroides*, and decreased *Collinsella*, *Coprococcus*,  
316 *Akkermansia*, *Bifidobacterium*, *Streptococcus*, and *Dorea* genera. Furthermore, our findings of  
317 decreased richness and evenness in post-COVID-19 patients, even after several months, suggest that  
318 intestinal dysbiosis might play a role in post-COVID-19 syndromes. Previous reports have already  
319 demonstrated the influence of the immune system in post-COVID-19 syndromes, and the crosstalk  
320 between gut microbiome and immune regulation has been extensively evaluated (8,12,22). Two  
321 previous studies demonstrated similar findings during acute COVID-19 (14,26). In a pilot study of 15  
322 acute COVID-19 patients, persistent alterations in fecal microbiome were demonstrated during  
323 hospitalization, even after clearance of SARS-COV-2 infection on nasopharyngeal swab (14).  
324 Moreover, Gu and colleagues demonstrated significant decrease in gut microbiota diversity and  
325 abundance in H1N1 and COVID-19 patients (26).

326 The further depletion of gut microbiome on those who used antibiotics in our study corroborate  
327 previous reports suggesting that antibiotics is associated with pervasive and long-term effects on the  
328 intestinal microbiota (24). In our attempt to understand the impact of antibiotics on intestinal  
329 dysbiosis, we compared post-COV+ATB with the control group and detected increased abundance of  
330 *Acidaminococcus*, *Ruthenibacterium*, *Barnesiella*, *Parasutterella*, *Bilophila*, *Anaerotignum*,  
331 *Flavonifractor*, *Butyricimonas*, *Dysosmobacter*, *Bacteroides*, *Alistipes*, and *Parabacteroides* genera.  
332 In addition, *Clostridium*, *Collinsella*, *Coprococcus*, *Akkermansia*, *Streptococcus*, *Bifidobacterium*,  
333 and *Dorea* genera were significantly decreased. These findings are also supported by a study  
334 published by Zuo and colleagues, with COVID-19 patients during hospitalization, demonstrating that

335 in antibiotic-treated patients, there were a further depletion of beneficial bacterial species, including  
336 *Faecalibacterium prausnitzii*, *Lachnospiraceae bacterium 5\_1\_63FAA*, *Eubacterium rectale*,  
337 *Ruminococcus obeum*, and *Dorea formicigenerans* (14). Therefore, we hypothesize that persistent  
338 dysbiosis and indiscriminate use of antibiotics during the COVID-19 pandemic may be associated  
339 with long COVID-19 syndromes.

340 Although our results demonstrated no significant differences in richness and evenness of the gut  
341 microbiota when patients were allocated by disease severity, it is important to note that our samples  
342 were collected several weeks after acute disease and included mostly mild cases. Actually, two  
343 previous studies have evaluated the gut microbiota during COVID-19 hospitalization and interesting  
344 results were found (14,26). First, they demonstrated a relative abundance of opportunistic pathogens,  
345 including *Streptococcus*, *Rothia*, *Veillonella*, *Erysipelatoclostridium*, *Bacteroides nordii* and  
346 *Actinomyces* (14,26). Interestingly, *Rothia* was already associated with susceptibility to secondary  
347 bacterial lung infection in patients with avian H7N9 virus infection (26). Second, the presence of *C.*  
348 *hathewayi*, which is associated to upregulation of angiotensin-converting enzyme 2 (ACE2) in  
349 murine gut, were positively associated with COVID-19 severity (14). Lastly, *Alistipes onderdonkii*  
350 and *Faecalibacterium prausnitzii* were top bacterial species to show protective effect, probably due  
351 to its effects on maintaining gut immune homeostasis and anti-inflammatory properties, respectively  
352 (14).

353 The main strength of our study is the large sample size, which improves our power to assess gut  
354 microbiota relationships. Nevertheless, this study had some limitations. First, intestinal dysbiosis  
355 could be affected by several factors not addressed in this present study, including dietary and lifestyle  
356 (24). To minimize this limitation, we did not recruit patients who used prebiotics or probiotics and  
357 performed analysis allocating patients by BMI. Second, the absence of samples during acute COVID-  
358 19 leads to uncertain regarding temporal microbiome changes. Notwithstanding the limitations, our  
359 study is the first to demonstrated the persistent intestinal dysbiosis in post-COVID-19 patients and

360 suggest the role of the gut-lung axis in post-COVID-19 syndromes. These data stand out this possible  
361 novel association and suggest that gut microbiota may represent a therapeutic approach for long  
362 COVID-19.

363

#### 364 **Conflict of Interest**

365 *The authors declare that the research was conducted in the absence of any commercial or financial*  
366 *relationships that could be construed as a potential conflict of interest.*

367

#### 368 **Data availability**

369 The sequences generated by 16S sequencing were deposited at the NCBI repository (BioProject ID:  
370 PRJNA758913), and can be accessed through <https://www.ncbi.nlm.nih.gov/bioproject/758913>.

371

#### 372 **Author Contributions**

373 ASFJ: post-COV patients' enrollment, clinical data registration, samples collection, and manuscript  
374 writing; TFB, LVVS, AZL, GVVS, ASD: Controls and post-COV patients' enrollment, samples  
375 collection, DNA extraction and quantification; GFC, LFO: library construction, 16S sequencing and  
376 bioinformatics analysis; EG and ALBP: Financial support, manuscript revision; GLVO: experimental  
377 design, data interpretation, manuscript writing and revision. All authors read and approved the final  
378 manuscript.

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384

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389

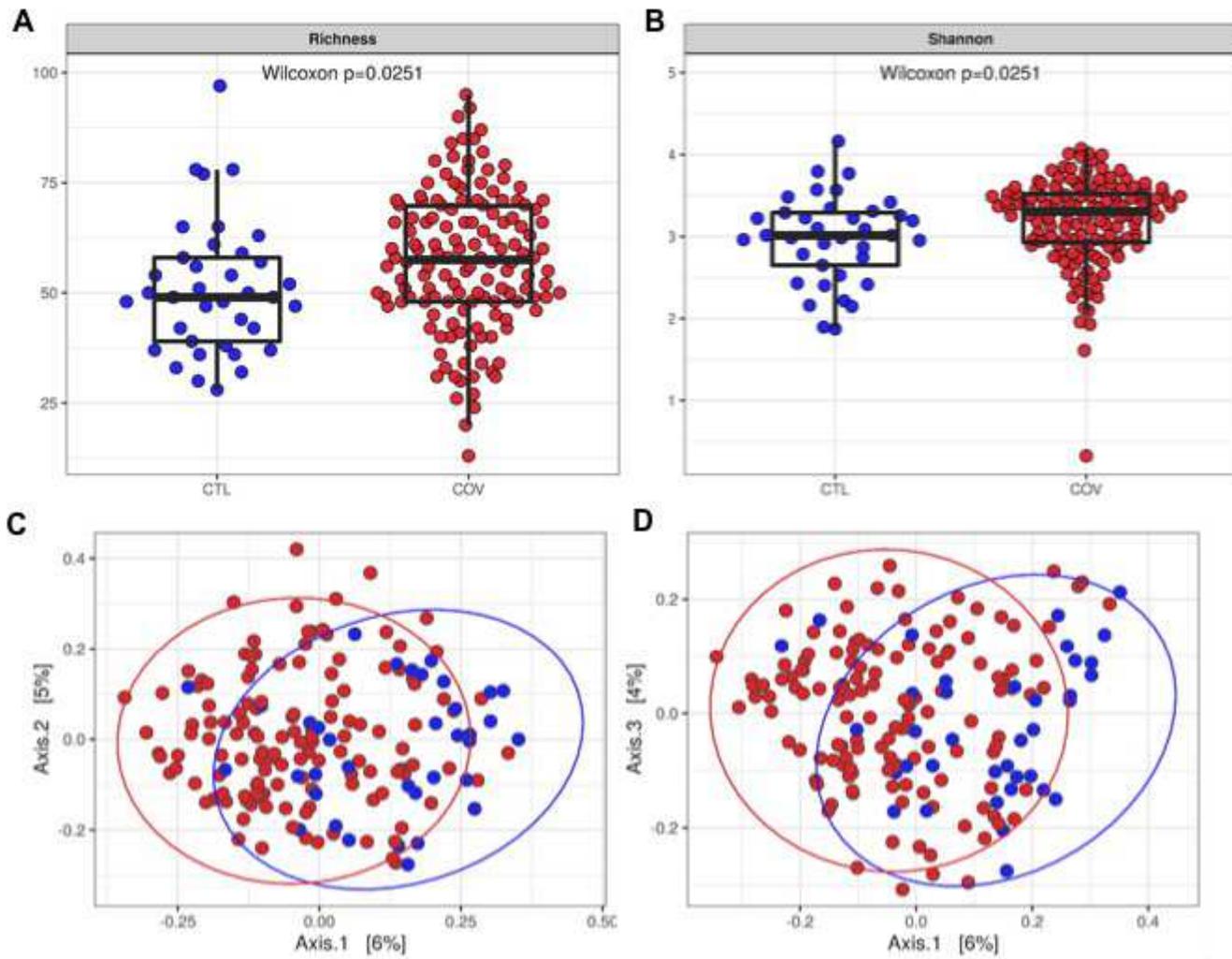
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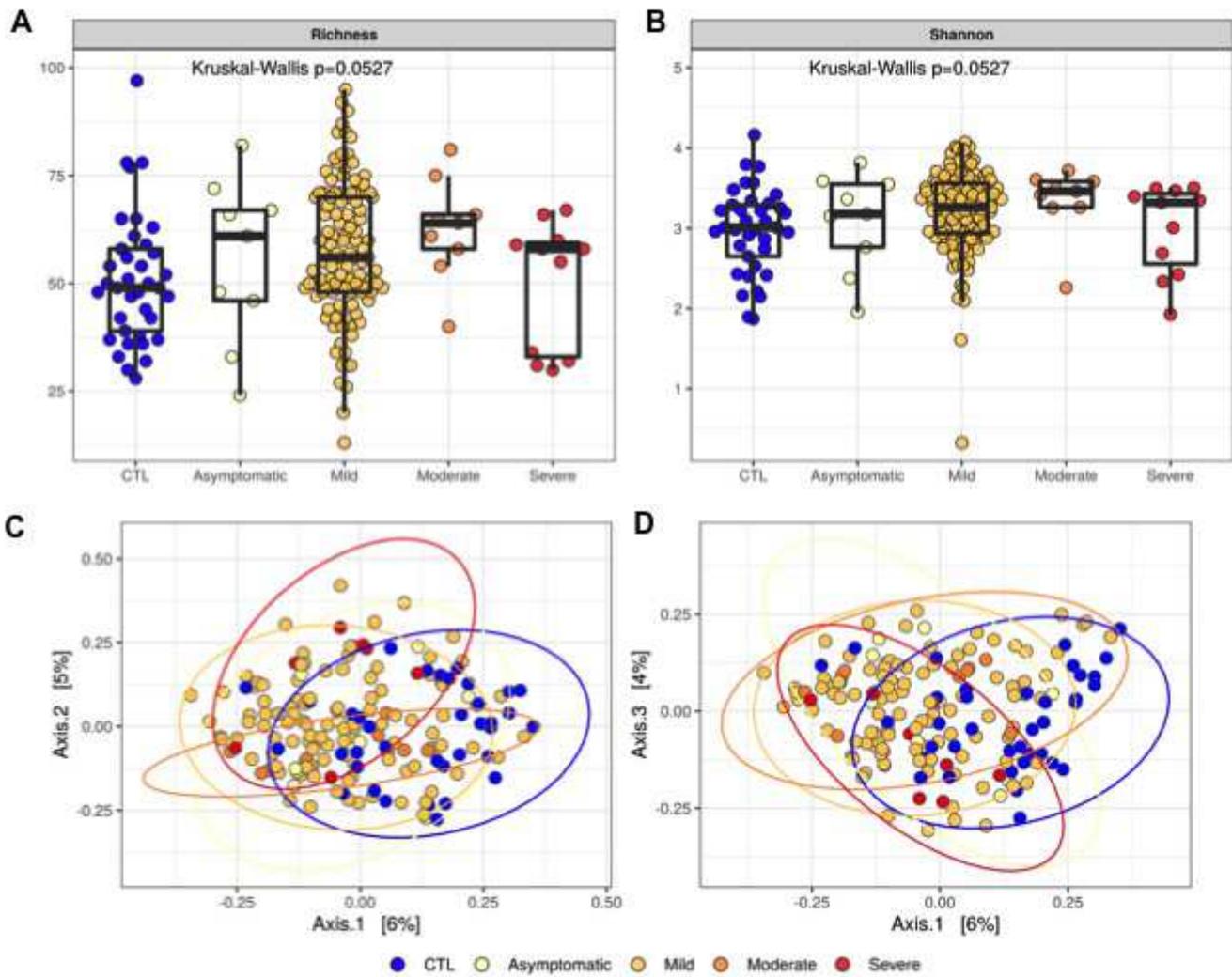
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# Figures



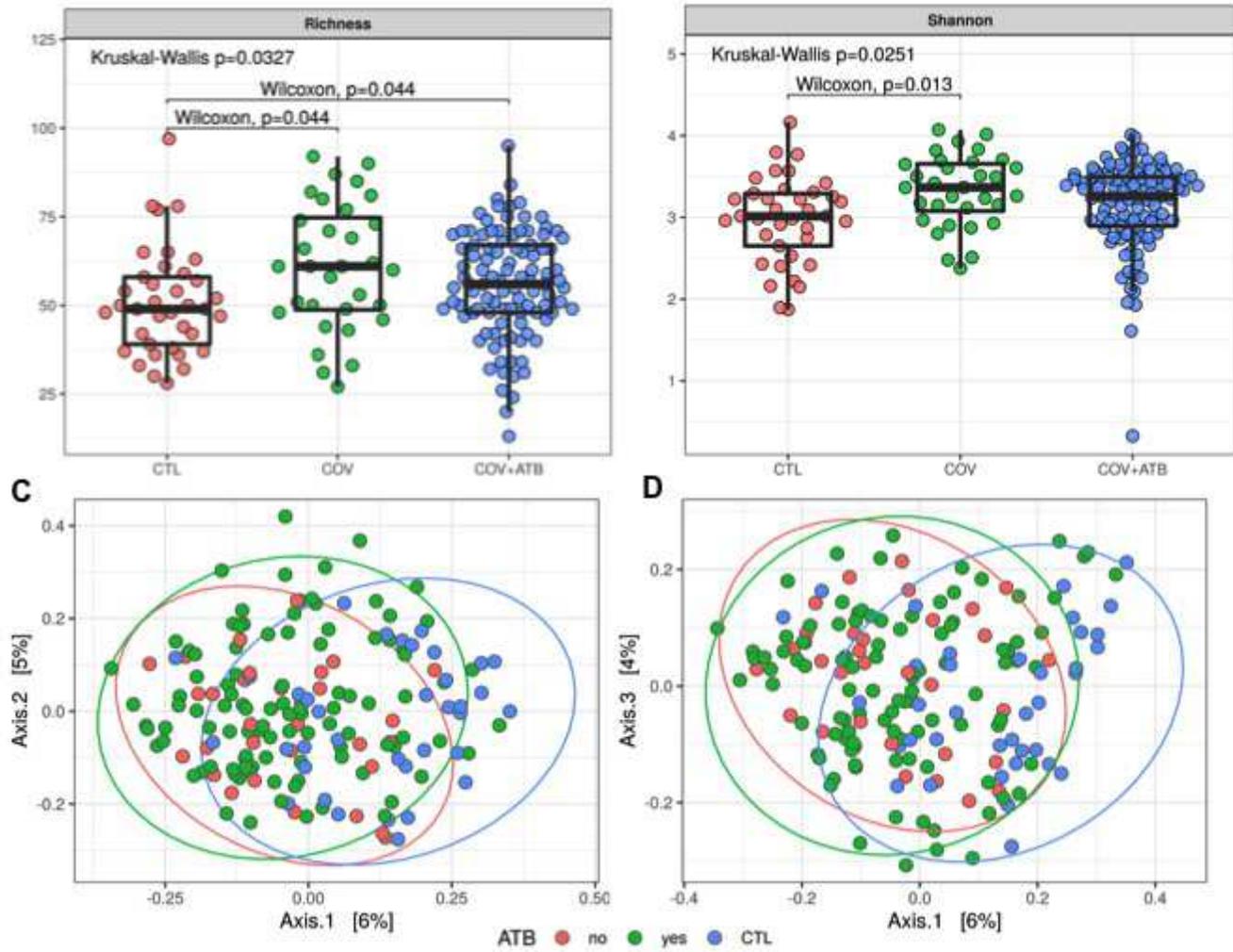
**Figure 1**

Alpha and beta diversity analysis of the intestinal microbiota from post-COVID-19 patients (COV) and healthy controls (CTL).



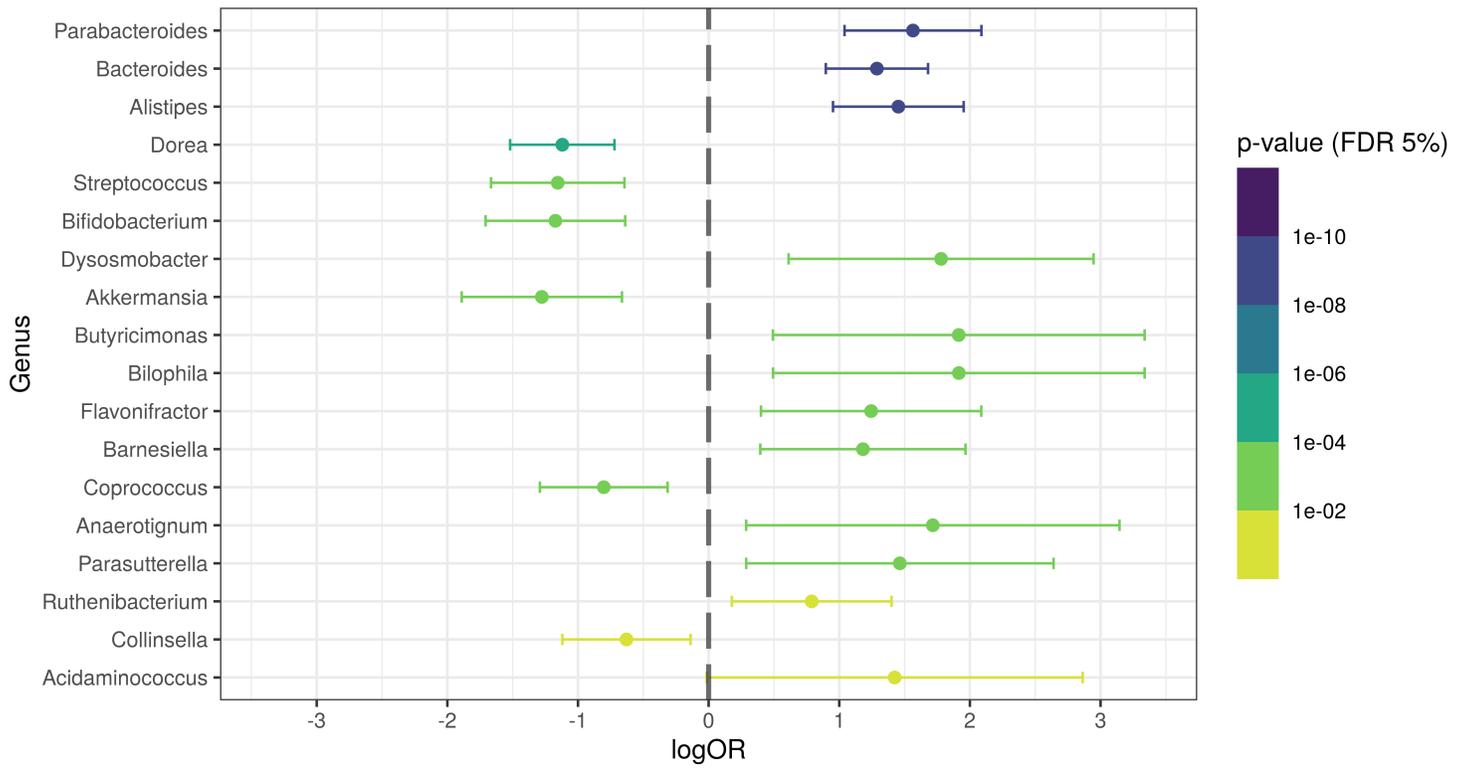
**Figure 2**

Alpha and beta diversity analysis of the gut microbiota from asymptomatic, mild, moderate, and severe post COVID-19 patients and healthy controls (CTL).



**Figure 3**

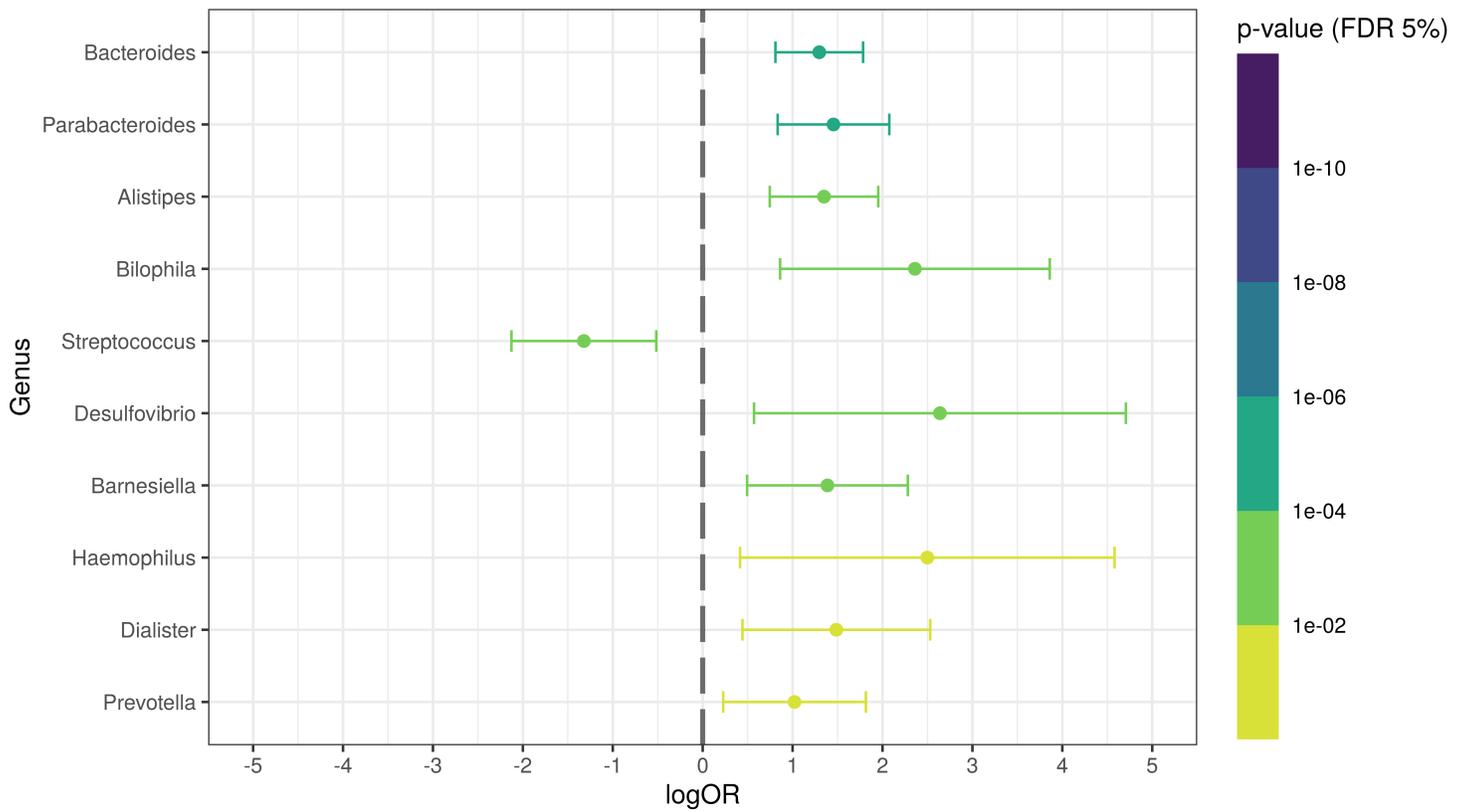
Alpha and beta diversity analysis of the gut microbiota from post-COVID-19 patients that took (COV+ATB) or not antibiotics (COV), and healthy controls (CTL).



**Figure 4**

Differential genera relative abundance analysis of the intestinal microbiota in post-COVID-19 patients.

CTL vs COV



**Figure 5**

Differential genera relative abundance analysis of the intestinal microbiota in post-COVID-19 patients, without antibiotic use.

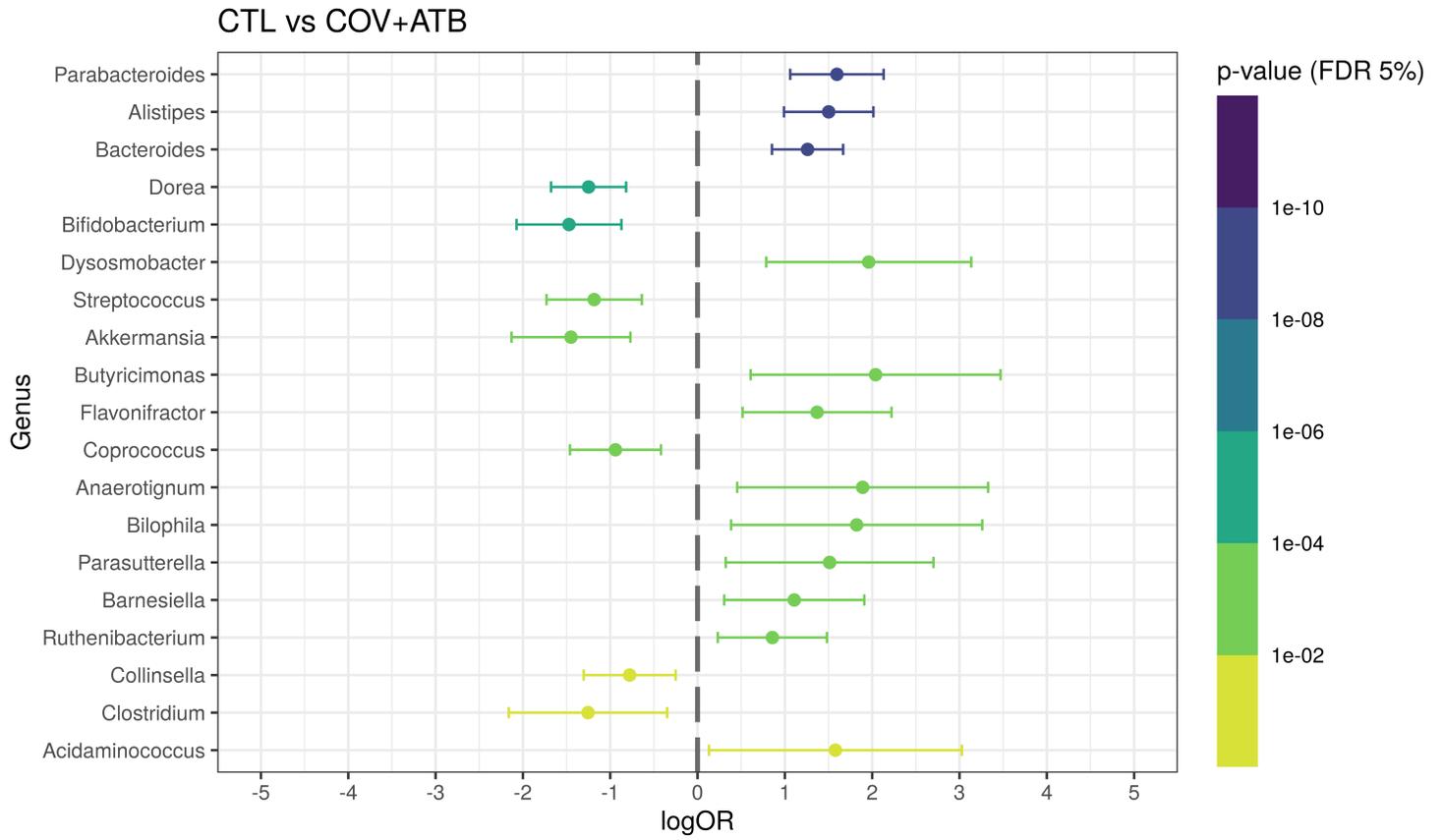


Figure 6

Differential genera relative abundance analysis of the intestinal microbiota in post-COVID-19 patients that took antibiotics.

## Supplementary Files

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