

Molecular Docking Studies on the Anti-Fungal Activity of *Allium Sativum* (Garlic) Against Mucormycosis (Black Fungus) by *BIOVIA* Discovery Studio Visualizer 21.1.0.0

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Research Article

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Abstract

Background: The COVID-19 pandemic is a major concern. However, its association and rising cases of mucormycosis, also known as black fungus make the scenario even more troublesome. In addition, no specific medication against mucormycosis/black fungus makes things even worse.

Objective: Garlic phytoconstituents have shown remarkable antifungal properties against various fungal species in various studies. Thus, the objective of the study was to check the potency of garlic phytoconstituents against the 1,3-beta-glucan synthase fungal protein using in-silico methods.

Method: Auto Dock was used to evaluate selected garlic phytochemical molecules against 1,3-beta-glucan synthase fungal protein, and Discovery studio visualizer was used to create 3D and 2D interaction photos.

Results: Five out of 9 phytoconstituents were found to form conventional hydrogen bonds, and only alliin formed the highest number of hydrogen bonds. However, the binding energy and inhibition constant of all nine phytoconstituents were determined. Interestingly, Z-ajoene showed the lowest binding energy of -5.07 kcal/mol and inhibition constant of 192.57 μ M.

Conclusion: The results of our investigation suggested that garlic phytochemicals can have a good impact against black fungi, pertaining to the significant binding energies of phytoconstituents during blind docking. Specifically, Z-ajoene could be a good alternate against black fungi. However, detailed research is required to explore the antifungal activity of garlic against mucormycosis.

1. Introduction

COVID-19, a devastating pandemic disease, is currently wreaking havoc worldwide. However, another illness wreaking havoc on the country is known as "black fungus," sometimes known as "mucormycosis." Black fungal illness has piqued people's interest in tandem with discussions about COVID-19. This disease has been declared a pandemic in various states, including Maharashtra and Gujarat, as well as Rajasthan. Doctors discovered that this fungus only infects people with extremely impaired immune systems, such as COVID-19 patients with diabetes or high uncontrolled blood sugar levels following recovery. Black fungus is a rare fungal infection that affects one out of every 10,000 people but has a 50% fatality rate. The indiscriminate use of steroids for the treatment of COVID-19 patients has been identified as a probable cause of infection. The use of steroids in COVID-19 patients reduced inflammation in the lungs when the body's immune system was fighting the virus, but uncontrolled use of steroid doses reduced immunity and raised blood glucose levels due to less physical activity in diabetic and nondiabetic people, increasing the risk of contracting black fungal infection. In severely immune-compromised persons, a black fungal infection can attack the sinuses, lungs, and brain, and can be life-threatening. Blackish discoloration around the nose, bleeding, and stuffy nose; black crusts in the nose, loosening of teeth, jaw involvement, one-sided facial pain or numbness, and swelling in the eyes; drooping of eyelids; pleural effusion, worsening of respiratory symptoms, and blurred loss of vision are

the most commonly observed symptoms.(1, 2) Inhibition of 1,3-glucan production by inhibitor medications such as amphotericin/echinocandins decreased fungal growth and consequently replication, according to Zavrel and White (2020).(3) Due to fungicidal medicine clinical limits, high cost, unavoidable toxicities, and the emergence of drug resistance, the development of effective and safe fungicidal treatments based on novel antifungal targets is urgently required.(4) The major pharmacological compounds that limit 1,3-glucan production have been proposed as potential treatment medicines for fungal infections.(5) It is a glucosyl-transferase enzyme that helps fungi make beta-glucan, which is an important component of cell walls. Because no such structure exists in humans, a previous study suggested that 1,3-beta-glucan synthase could be a promising target for antifungal medication development. (6, 7) Here, we present our perspective on the potential use of bioactive compounds of ginger as a potential treatment modality for black fungus by targeting a 1,3-beta-glucan synthase fungal enzyme.

Garlic (*Allium sativum* L.; Amaryllidaceae) is a fragrant herbaceous annual spice that has been used as a traditional medicine since ancient times.(8, 9) It is the second most widely used *Allium* species, after onion (*Allium cepa* L.), and is used to treat a variety of ailments, including the common cold, influenza, snake bites, and hypertension.(10) *Allium* species and active components have been shown to lower the risk of diabetes and cardiovascular disease, protect against infections by activating the immune system, and have antimicrobial, antifungal, antiaging, and anticancer properties, according to epidemiological data from human clinical trials.(11) We hypothesize that garlic phytochemicals have the capability to prevent black fungal infection. Therefore, the research objective of the current study was in-silico analysis and molecular docking studies pertaining to garlic phytochemicals in relation to 1,3-beta-glucan synthase. As a result of the current study's findings, researchers will be able to identify the most effective fungicidal agents during COVID-19 treatment.

2. Result

We discovered that all nine phytochemicals interact with 1,3-beta-glucan synthase proteins in some way after looking at molecular interaction findings from docking experiments with various drugs. The final intermolecular energy, inhibition constants, and hydrogen bond formation during the interaction of medicines and receptor molecules could all be used to evaluate molecular docking data (Fig. 1).

Table 1

Depicting the binding energy, inhibition constant, and hydrogen bonding of all nine phytochemicals (12)

Phytochemicals	Lowest Binding Energy (Kcal/mol)	Inhibition constant (μM)	Hydrogen bonding
allicin	-4.04	1100	ASN 247, VAL 248
alliin	-4.31	698.57	ARG 265, TYR 255, GLU 262, HIS 254, TRP 277
allylmethylsulfide	-3.27	4010	NO Hydrogen bonds
Diallyl disulfide	-3.65	2130	HIS 135,
diallyl sulfide	-3.19	4570	NO Hydrogen bonds
diallyl trisulfide	-3.74	1800	NO Hydrogen bonds
E-ajoene	-4.7	356.68	ASP 145
Z-ajoene	-5.07	192.57	HIS 135, ASN 146
2-vinyl - 4H-1,3-dithiin	-4.52	482.59	NO Hydrogen bonds

During blind docking of all nine phytochemicals, it was observed that 5 phytochemicals out of 9 were found to form conventional hydrogen bonds, and out of 5, it was observed that only alliin formed the highest number of hydrogen bonds. However, the binding energy and inhibition constant of all nine phytochemicals were determined, as shown in Table 1. Interestingly, Z-ajoene showed the lowest binding energy of -5.07 kcal/mol and inhibition constant of 192.57 μM .

3. Discussion

The interaction energies evaluated from in-silico tests using garlic phytochemicals against 1,3-beta-glucan synthase (PDB ID: 4m80) revealed that all nine garlic phytochemicals interacted with 1,3-beta-glucan synthase. Garlic phytochemicals have good antifungal properties, and it has been observed in many studies that they work by interrupting the fungal cell wall.(13–18) Similarly, the results of our investigation suggest that garlic phytochemicals can have a good impact on black fungi. All the phytochemicals showed significant binding energies during blind docking. As a result, garlic phytochemicals and Z-ajoene can be a good medicine for black fungi. Hence, we recommend that more research be done to see that it has antifungal activity against black fungus.

4. Materials And Methods

4.1. Ligand preparation

PubChem was used to obtain the SDF files of the phytochemicals, and discovery visualizer was utilized for converting the SDF files into PDB files. SDF files cannot be used directly for docking studies.

4.2. Molecule preparation

PDB web citation (<https://www.rcsb.org/>) was used to obtain X-ray crystal structures of 1,3-beta-glucan synthase (PDB ID: 4m80). First, the Auto Dock Tool (ADT) was used to remove all HOH molecules from the protein, assign hydrogen polarities, and add Kollman charges and polar hydrogen atoms. Gasteiger charges were also applied to the prepared protein and the 4m80 protein structure file PDB to 4m80 PDBQT conversion.

4.3. Analysis of In-silico interaction

MGL tools Autodock 4.2. software approaches were used to predict the interaction energies between medicinal compounds and COVID-19 proteins. Interactions were analysed using the Lamarckian genetic approach (LGA). AutoDock uses the method below to compute the ligand and receptor interaction binding energy (DG):

$$\Delta G_{\text{binding}} = \Delta G_{\text{gauss}} + \Delta G_{\text{repulsion}} + \Delta G_{\text{hbond}} + \Delta G_{\text{hydrophobic}} + \Delta G_{\text{tors}}$$

The dispersion of two Gaussian functions is referred to as ΔG_{gauss} . $G_{\text{repulsion}}$: the square of the distance is repelled if the distance is larger than a threshold value. G_{hbond} : a ramp function that may be used to model metal ion interactions. $\Delta G_{\text{hydrophobic}}$: ramp function, G_{tors} : proportional to the number of rotatable bonds.(19)

During the modification of the native PDB file of the chosen 3D structure of 1,3-beta-glucan synthase (PDB ID: 4m80), water (HOH) was also removed. The pharmaceutical compounds were given hydrogen atoms, Kollman unified charges, default solvation parameters, and a Gasteiger charge in all nine docking studies. In all docking experiments, the grid box was intended to enclose the maximum area of the protein, resulting in blind docking. The values for the X, Y, and Z axes of a grid point were set to $126^0 \times 126^0 \times 126^0$. In the default setting, the grid point spacing was set to 0.575. The Lamarckian genetic algorithm (LGA) was utilized to calculate flexible docking calculations between protein and medicinal molecules.(20) The default LGA parameters were set to 150, 2,500,000, 27,000, 0.02, 0.8, and 0.2, for population size (ga pop size), energy evaluations (ga num generation), mutation rate, crossover rate, and step size, respectively. A total of ten LGA runs were permitted. The obtained conformations of selected 1,3-beta-glucan synthase proteins and drug complexes were subjected to additional analysis and were thoroughly examined for the formation of various types of interactions using Discovery Studio 2019 molecular visualization software after the docking steps were completed successfully (Fig. 2).

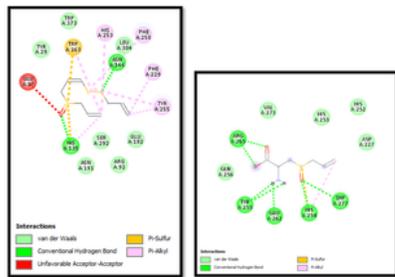
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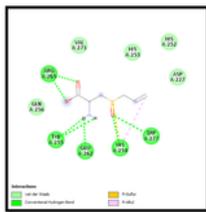
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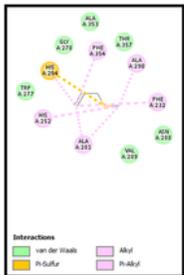
Figures



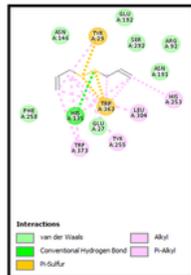
(a) Z-Aljoene



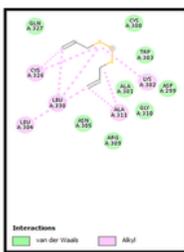
(b) Alliin



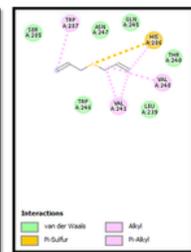
(c) Allylmethylsulfide



(d) Diallylsulfide



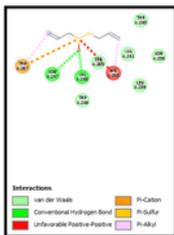
(e) Diallylmethylsulfide



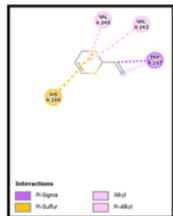
(f) Diallyl sulfide



(g) E-Aljoene



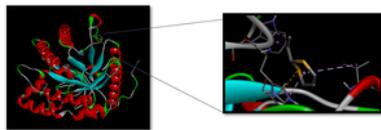
(h) Alicin



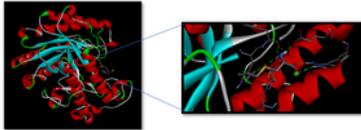
(i) 2-vinyl-4H-1,3-dithiin

Figure 1

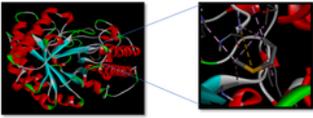
Images (a) to (i) were created by using BIOVIA discovery studio visualizer 21.1.0.0, showing 2 D interactions and amino acids taking part in interactions with different garlic phytoconstituents (12)



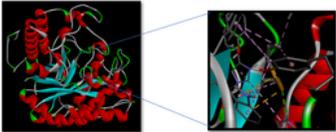
A. 2-vinyl-4H-1,3-dithiin



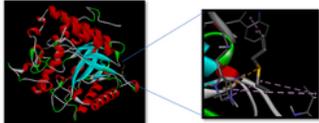
B. Alliin



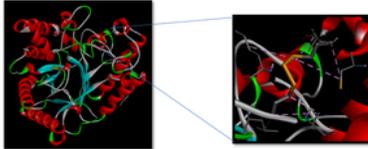
C. Allylmethyl



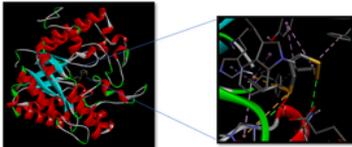
D. Diallyl disulfide



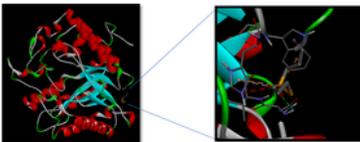
E. Diallyl sulfide



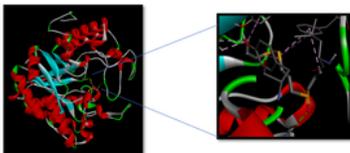
F. Diallyl trisulfide



G. Z-sjone



H. Allicin



I. E-Ajoene

Figure 2

From A to I images showing the interaction between the 1,3-beta-glucan synthase protein and garlic phytochemicals. Complete structure with interaction on left side and zoomed interaction on right side