

Plasma Level and Expression of Visfatin in the Porcine Hypothalamus During the Estrous Cycle and Early Pregnancy

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2 **cycle and early pregnancy**

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41 Not applicable.

42

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45

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49

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51 The authors declare that they have no competing interests.

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58 TK, NS and AR contributed to the conception and design. TK contributed to article writing.
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71 **Abstract**

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73 **Background:** Visfatin exists in two forms: the intracellular form which is a rate limiting
74 enzyme engaged in nicotinamide adenine dinucleotide biosynthesis and the extracellular form
75 considered as an adipokine, produced mainly by the adipose tissue. Visfatin could be an
76 energy sensor involved in regulating female fertility, which creates a hormonal link
77 integrating the control of energy homeostasis and reproduction.

78 **Methods:** The study compares the expression levels of visfatin gene (quantitative real
79 time PCR) and protein (Western blotting and fluorescent immunohistochemistry) in the
80 selected areas of the porcine hypothalamus responsible for gonadotropin releasing hormone
81 synthesis: the mediobasal hypothalamus (MBH) and preoptic area (POA), and visfatin
82 concentrations in the blood plasma (enzyme-linked immunosorbent assay). The tissue
83 samples were harvested from gilts on days 2-3, 10-12, 14-16 and 17-19 of the estrous cycle,
84 and on days 10-11, 12-13, 15-16, 27-28 of pregnancy. Differences between groups were
85 analyzed by one-way ANOVA followed by Tukey's *post hoc* test.

86 **Results:** During the estrous cycle, visfatin mRNA expression in the MBH was higher on
87 days 2-3 and 17-19, while the visfatin protein concentration on days 17-19. During early
88 pregnancy, the most pronounced gene and protein expression in the MBH was found on days
89 15-16 and 10-11, respectively. In the POA during the estrous cycle, visfatin gene expression
90 was the highest on days 17-19, and the protein level of visfatin on days 14-16. During early
91 pregnancy, the highest expression of visfatin gene in the POA was observed on days 15-16,
92 whereas the protein concentrations on days 27-28. Blood plasma concentrations of visfatin
93 during the estrous cycle were higher on days 2-3 in relation to other studied phases of the
94 cycle. During early pregnancy, the highest visfatin contents in the blood plasma were
95 observed on days 12-13. Visfatin gene and protein expression in MBH and POA, and visfatin
96 plasma concentrations differed during early pregnancy in relation to days 10-12 of the cycle.

97 **Conclusions:** This study demonstrated visfatin expression in the porcine hypothalamus
98 and its dependence on hormonal milieu related to the estrous cycle and early pregnancy.

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100 **Keywords:** visfatin, hypothalamus, estrous cycle, early pregnancy, pig

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106 1. Background

107

108 Visfatin, also termed nicotinamide phosphoribosyltransferase (NAMPT), was identified in
109 2005 by Fukuhara et al. [1]. It exists in two forms: the intracellular form which is a rate
110 limiting enzyme engaged in nicotinamide adenine dinucleotide (NAD) biosynthesis from
111 nicotinamide and the extracellular form considered as an adipokine. Until now no visfatin
112 receptor has been identified. On the other hand, it is suggested that visfatin can bind and
113 activate insulin receptor (INSR), and downstream signaling pathways [2]. The adipokine and
114 insulin do not compete for binding to INSR which implies that these two hormones recognize
115 different regions of the receptor [3]. Apart from the adipose tissue, visfatin was also expressed
116 in tissues creating the hypothalamic-pituitary-gonadal (HPG) axis: in the mouse
117 hypothalamus [4], in the pituitaries collected from sheep [5] and mice [4], in the ovarian
118 follicular cells of humans, cows and mice [4, 6–8] as well as bovine corpora lutea [8]. Visfatin
119 was also found in the porcine tissues, including the pituitary and ovary [9]. Plasma and peri-
120 renal adipose tissue NAMPT levels were not different between the two breeds of pigs fat
121 Meishan and lean Large White, suggesting that this adipokine is not involved in the fattening
122 in swine [10]. The occurrence of visfatin mRNA and protein in various tissues suggests that
123 non-adipose tissue may also contribute to serum visfatin levels. Visfatin expression in the
124 adipocytes can be affected by hormonal factors such as the steroid hormones, tumor necrosis
125 factor α (TNF α), growth hormone (GH) and dexamethasone [9, 11, 12], while in the human
126 granulosa cells by human chorionic gonadotropin (hCG) and prostaglandin E₂ [6]. It is
127 suggested that visfatin gene expression can be controlled by species-specific regulatory
128 mechanism [9] and the adipokine concentrations in human adipose tissue are affected by
129 hormonal status related to pregnancy [13]. The circumstances showing that hormonal milieu
130 typical for pregnancy may affect visfatin production are demonstrated in a study by
131 Mastorakos et al. [14] indicating the increase in visfatin plasma concentrations with
132 advancing gestational age of women. However, the effect of hormonal changes associated
133 with the individual phases of the estrous cycle and periods of pregnancy on the levels of
134 visfatin transcript and protein has not been analyzed in the hypothalamus.

135 Visfatin is likely to have pleiotropic properties. It plays a role in the control of energy
136 homeostasis, inflammation and cell differentiation. Circulating visfatin concentrations
137 correlate positively with body mass index and obesity [15, 16]. As an insulin-mimetic
138 hormone visfatin stimulates glucose uptake in muscle cells and adipocytes [17] and
139 suppresses glucose release from hepatocytes [18]. Visfatin, like other adipokines [19–22],
140 could be an energy sensor involved in regulating female fertility. Administration of visfatin

141 during the superovulation of mice increased developmental competence of oocytes and
142 fertility potential [23]. In women undergoing ovarian stimulation, a correlation was found
143 between visfatin concentration in the ovarian follicular fluids and the number of oocytes
144 retrieved [6]. An effect of visfatin on the ovarian steroidogenesis was also demonstrated [7,8].
145 It also seems that visfatin plays an important role in the implantation and placentation [17,
146 24]. It is plausible that the action of visfatin during the estrous cycle and early pregnancy
147 (maternal recognition of pregnancy, implantation, placentation) is partly achieved through its
148 influence on the endocrine HPG axis, including the hypothalamus, what has not been
149 investigated so far.

150 Visfatin may act through the regulation of the hypothalamic structures secreting
151 gonadotropin releasing hormone (GnRH) – the key factor controlling the pituitary and
152 ovaries. We hypothesized that hypothalamic visfatin expression is dependent on animal
153 hormonal status. Therefore, the goal of the present study was to investigate visfatin gene and
154 protein expression in the porcine hypothalamic structures: mediobasal hypothalamus (MBH)
155 and preoptic area (POA) engaged in GnRH generation, and plasma visfatin concentrations
156 during the estrous cycle and early pregnancy.

157

158 **2. Methods**

159

160 *2.1. Animals and tissues collection*

161 Tissue samples were harvested from animals intended for commercial slaughter and meat
162 processing. The animals used in the study were maintained and transported under conditions
163 defined in the Act of 15th January 2015 (Poland) on the protection of animals used for
164 scientific or educational purposes. Mature cross-breed gilts (Large White x Polish Landrace)
165 aged 7 to 8 months and weighing 140 to 150 kg, obtained from the private breeding farm,
166 were used in the study. Diet was balanced (crude protein, metabolizable energy, exogenous
167 amino acids and minerals) in accordance with the Polish nutritional standards for domestic
168 pigs, access to freshwater ad libitum. To investigate the visfatin expression, a total of forty
169 animals were divided into eight experimental groups (n=5 per group), as follows: days 2-3
170 (early-luteal phase, the presence of corpora haemorrhagica), 10-12 (mid-luteal phase, the
171 phase when the corpus luteum activity is the highest and similar to that noted during
172 pregnancy), 14-16 (late-luteal phase, the phase of luteolysis) and 17-19 (follicular phase) of
173 the estrous cycle, as well as days 10-11 (migration of the embryos within the uterus), 12-13
174 (maternal recognition of pregnancy), 15-16 (beginning of implantation) and 27-28 (end of
175 implantation) of pregnancy. Gilts were monitored daily for an estrus behavior in the presence

176 of a boar. The day of the onset of the second estrus was marked as day 0 of the estrous cycle.
177 The phase of the estrous cycle was also confirmed based on the morphology of ovaries [25].
178 In the case of pregnant pigs, natural insemination was performed on days 1-2 of the estrous
179 cycle. In the case of days 15-16 and 27-28 of pregnancy, the stage of pregnancy was also
180 confirmed by the presence and morphology of conceptuses/trophoblasts [26]. Within a few
181 minutes after slaughter, blood samples were collected into heparinized tubes and centrifuged
182 at $2500 \times g$ for 15 min at 4°C . The obtained plasma was stored at -80°C for further
183 measurement. Subsequently, the hypothalamus was removed and the MBH and POA were
184 excised as previously described [27]. The mediobasal hypothalamus was defined as a block of
185 tissue bounded rostrally by the optic chiasma, caudally by the mammillary body, laterally by
186 the hypothalamic sulci and dorsally by a 5 mm-deep cut. The preoptic area was limited
187 rostrally approximately 5 mm anterior to the optic chiasma and caudally by the rostral border
188 of the MBH. The mediobasal hypothalamus and POA obtained on days 15-16 of pregnancy
189 and 10-12 of the cycle were divided into two parts, from which one half was intended for
190 immunofluorescent staining (placed in 4% buffered paraformaldehyde; $\text{pH}=7.4$, 4°C), and the
191 other half was frozen in liquid nitrogen and stored at -80°C until processing for RNA and
192 protein analysis.

193

194 *2.2. The analysis of visfatin localization in the porcine hypothalamus using fluorescent* 195 *immunohistochemistry*

196 The tissue blocks were fixed by immersion for 36 h in 4% buffered paraformaldehyde
197 ($\text{pH}=7.4$; 4°C). Following fixation, the brains were washed in 0.1 M phosphate-buffered
198 saline (PBS) and then cryoprotected for 3-6 days in graded solutions (19% and 30%) of
199 sucrose (Sigma-Aldrich, USA) at 4°C until fully infiltrated. The tissues were frozen and cut
200 into 12 μm thick cryostat coronal sections and stored at -80°C . Localization of the
201 hypothalamic nuclei was calculated based on Felix et al. [28]. Frozen brain sections were
202 processed for routine single-immunofluorescence labelling. All steps of the staining
203 procedures were conducted in humid chambers at room temperature. The sections were air-
204 dried for 30 min, washed 3 times in PBS and incubated for 1 h with blocking buffer (0.1 M
205 PBS, 10% normal horse serum, 0.01% BSA (bovine serum albumin), 1% Tween, 0.05%
206 thimerosal, 0.01% NaN_3). Then, the sections were incubated overnight with rabbit polyclonal
207 antibodies against visfatin (1:600; cat.-no. ab233294, Abcam, UK). Following subsequent
208 rinsing in PBS (3×15 min), the sections were incubated (1 h) with the Alexa Fluor 555
209 donkey anti-rabbit antibodies (1:1000; cat.-no. A-31572, Thermo Fisher Scientific, USA).
210 After that, slides were washed in PBS and coverslipped in buffered carboxyglycerol

211 (pH=8.6). The sections were analyzed with an Olympus BX51 microscope equipped with an
212 Olympus XM10 digital camera (Tokyo, Japan). Images were acquired with cellSens
213 Dimension 1.7 Image Processing software (Olympus Soft Imaging Solutions, Münster,
214 Germany). Standard controls, i.e. the omission and replacement of primary antisera by non-
215 immunosera were applied to test antibody and method specificity. Lack of any
216 immunoreactions indicated specificity.

217

218 *2.3. The analysis of NAMPT gene expression in the porcine hypothalamus using* 219 *quantitative real-time PCR (qPCR)*

220 Total RNA was isolated using the TRI reagent (Sigma-Aldrich, USA) according to the
221 manufacturer's instructions. The quantity and quality of the isolated RNA were determined
222 spectrophotometrically (Infinite M200 Pro, Tecan, Switzerland). One microgram of RNA was
223 reverse transcribed into cDNA using the Omniscript RT Kit (Qiagen, Germany) with 0.5 µg
224 oligo(dt)₁₅ primer (Roche, Germany) in a total volume of 20 µl at 37°C for 1 h and then
225 terminated at 93°C for 5 min. Quantitative real-time PCR (qPCR) analysis was performed
226 using an AriaMx Real-Time PCR System (Agilent Technologies, USA) with Power SYBR
227 Green Master Mix (Applied Biosystems Inc., USA), as described previously [29]. Specific
228 primer pairs used to amplify parts of *NAMPT*, *UBC* (ubiquitin C) and *18sRNA* (18S ribosomal
229 RNA) genes are detailed in the Table 1. The *UBC* and *18sRNA* were used as reference genes.
230 Preliminary studies confirmed that their expressions were stable in both studied tissues during
231 all the studied stages of the estrous cycle and early pregnancy (similar Ct values without
232 statistically significant differences). The qPCR reaction mixtures at the final volume of 20 µl
233 contained 20 ng of cDNA, the appropriate forward and reverse primers at the concentrations
234 detailed in the Table 1, 12.5 µl of Power SYBR Green PCR Master Mix (Applied Biosystems,
235 USA) and RNase free water. The qPCR conditions are detailed in the Table 1. Negative
236 controls contained RNase free water instead of cDNA. All reactions were amplified in
237 duplicates. The analysis of melting curve was used to confirm the specificity of amplification.
238 The relative gene expression level was calculated using the comparative cycle threshold
239 method ($\Delta\Delta C_t$, [30]) and normalized using the geometrical means of reference genes
240 expression levels of *UBC* and *18sRNA*. The Ct values for all non-template controls were
241 under the detection threshold.

242

243 *2.4. The analysis of visfatin protein expression in the porcine hypothalamus using Western* 244 *blot*

245 About 30-mg-pieces of porcine MBHs and POAs were homogenized in 500 μ l of T-PER
246 Tissue Protein Extraction Reagent (Thermo Fisher Scientific, USA). Equal amounts of lysate
247 (50 μ g protein/sample) were separated in Mini-Protean TGX System Precast Protein Gels
248 (Bio-Rad Laboratories Inc., USA) and then transferred to Trans-Blot Turbo Mini PVDF
249 Transfer Packs (Bio-Rad Laboratories Inc., USA). The membranes were blocked for 1 h in
250 0.02 M Tris-buffered saline containing 5% BSA and 0.1% Tween 20, then incubated
251 overnight at 4°C with primary anti-visfatin antibody (cat.-no. ab233294; Abcam, UK) diluted
252 at 1:700. Subsequently, the membranes were washed with TBST (Tris-buffered saline
253 containing 0.1% Tween [®] 20 Detergent) and incubated for 1 h at room temperature with a
254 horseradish peroxidase-conjugated antibody (cat.-no. 7074; Cell Signaling Technology, USA)
255 diluted at 1:1000. The anti- β -actin antibodies (cat.-no. A5316; Sigma-Aldrich, USA) diluted
256 at 1:5000 were used as a loading control. Signals were detected by chemiluminescence using
257 the Western blotting Luminol Reagent (Advansta Inc., USA), and visualized using the
258 Chemidoc[™] XRS+ System (BioRad Laboratories Inc., USA). All visible bands were
259 quantified using a densitometer and ImageJ software (US National Institutes of Health, USA).

260

261 *2.5. The analyzis of visfatin concentration in the porcine blood plasma using enzyme-linked* 262 *immunosorbent assay (ELISA)*

263 The concentrations of visfatin protein in plasma were determined using a commercial
264 ELISA kit (cat.-no. MBS736963, MyBioSource, USA) according to the manufacturer's
265 protocol. The range of standard curve was 0 to 50 ng/mL. The sensitivity of the assay, defined
266 as the least protein concentration that could be differentiated from zero samples, was <0.1
267 ng/mL. According to the manufacturer, no significant cross-reactivity or interference between
268 visfatin and homologous proteins assayed has been observed. Absorbance values were
269 measured at 450 nm using an Infinite M200 Pro reader with Tecan i-control software (Tecan,
270 Switzerland). The data were linearised by plotting the log of visfatin concentrations versus the
271 log of the optical density and the best fit line was determined by regression analyzis. Intra-
272 assay coefficient of variation of the ELISA assay for visfatin was 5.29%.

273

274 *2.6. Data analyzis*

275 All experimental data were presented as means \pm standard error of the mean (SEM) from
276 five different observations. Differences between groups were analysed by one-way ANOVA
277 followed by Tukey's honest significant difference *post hoc* test. Statistical analyses were
278 performed using Statistica Software (StatSoft Inc., Tulsa, USA). Values for $p < 0.05$ were
279 considered as statistically significant.

280

281 **3. Results**

282

283 *3.1. The distribution of visfatin in the porcine hypothalamus*

284 The immunofluorescence staining has shown the presence of visfatin in some regions
285 of the pig hypothalamus both during the estrous cycle (days 10-12 – the mid-luteal phase; Fig.
286 1) as well as during early gestation (days 15-16 of pregnancy – the beginning of implantation;
287 Fig. 2). In the supraoptic nucleus (SON), periventricular nucleus (PPN), sexually dimorphic
288 nucleus of the preoptic area (SDN), paraventricular nucleus (PVN), and additionally the
289 diagonal band of Broca (DBB), a part of basal forebrain, visfatin showed very intensive
290 immunoreactivity and it was usually confined to the the nucleus as well as neuroplasm of the
291 cell bodies. Weaker immunoreactivity was observed in the lateral (LPA) and medial preoptic
292 area (MPA). In the suprachiasmatic nucleus (SCN), ventromedial nucleus (VMH) and arcuate
293 nucleus (ARC) visfatin was located in the nucleus, sporadically was found in cell neuroplasm.

294

295 *3.2. Gene and protein expression of visfatin in the mediobasal hypothalamus*

296 During the estrous cycle, visfatin gene expression was higher on days 2-3 and 17-19 in
297 comparison to days 14-16. In turn, the protein concentration of visfatin was the highest on
298 days 17-19 compared to days 2 to 12 ($p<0.05$; Fig. 3 A,B).

299 During early pregnancy, the lowest expression of visfatin gene was observed on days 27-
300 28, however between days 10-11, 12-13 and 15-16 it was gradually increasing. Concerning
301 the protein of visfatin, the highest concentration was observed on days 10-11 in relation to
302 days 15-16 ($p<0.05$; Fig. 3 C,D).

303 Comparing visfatin gene expression throughout the early pregnancy with days 10-12 of
304 the estrous cycle, visfatin mRNA content during all periods of pregnancy was significantly
305 lower. However, visfatin protein content in pregnant MBH samples was at similar level as on
306 days 10-12 of the cycle ($p<0.05$; Fig. 3 E,F).

307

308 *3.3. Gene and protein expression of visfatin in the preoptic area*

309 During the estrous cycle, visfatin gene expression was the highest on days 17-19, lower
310 on days 14-16, and the lowest on days 2-3 and 10-12. Concerning the protein level of visfatin,
311 the highest content was noted on days 14-16, lower on days 2-3, and the lowest on days 10-12
312 and 17-19 ($p<0.05$; Fig. 4 A,B).

313 During early pregnancy, the highest expression of visfatin gene was observed on days 15-
314 16, and the lowest on days 12-13. In turn, the protein concentrations were the highest on days
315 27-28, and the lowest on days 10-11 and 15-16 of gestation ($p<0.05$; Fig. 4 C,D)

316 Comparing the studied periods of early pregnancy with days 10-12 of the estrous cycle,
317 we noted that visfatin gene expression on days 15-16, 27-28 and 10-11 of pregnancy was
318 significantly enhanced, while the expression on days 12-13 of pregnancy was considerably
319 lower compared to this phase of the estrous cycle. In turn, visfatin protein content on days 27-
320 28 of pregnancy was essentially higher compared to the cycle, while during the other periods
321 of pregnancy it was at a similar level as on days 10-12 of the cycle ($p<0.05$; Fig. 4 E,F).

322

323 *3.4. Visfatin concentrations in the blood plasma*

324 During the estrous cycle, significantly higher concentration of visfatin was noted on days
325 2-3 in relation to other studied phases of the cycle ($p<0.05$; Fig. 5A). During early pregnancy,
326 the highest visfatin contents in the blood plasma were observed on days 12-13 as compared to
327 days 15 to 28 ($p<0.05$; Fig. 5B), whereas the lowest on days 27-28 compared to days 10 to 13.
328 The comparison of the studied stages of early pregnancy and days 10-12 of the estrous cycle
329 has shown that the concentrations of visfatin in the blood plasma on days 15-16 and 27-28
330 were statistically lower than on days 10-12 of the cycle ($p<0.05$; Fig. 5C).

331

332 **4. Discussion**

333

334 The presented research was the first experiment to report the expression of visfatin gene
335 and protein in the structures of porcine hypothalamus responsible for GnRH production
336 during the estrous cycle and early pregnancy. Based on our immunohistochemical analyses,
337 visfatin was localized in the nucleus and cytoplasm of cells creating both studied
338 hypothalamic structures. These structures, including medial preoptic area, diagonal band of
339 Broca, lateral hypothalamic area, paraventricular nucleus, periventricular zone,
340 suprachiasmatic nucleus and mediobasal hypothalamus, are also known as the place of GnRH
341 neurons location in the pig brain [31, 32]. The expression pattern of visfatin gene in MBH and
342 POA during the cycle and pregnancy was not parallel with the pattern of visfatin protein
343 expression. Taking into account that in mammals the correlation between gene and protein
344 expression frequently does not exceed 40% [33], this observation is not surprising. The
345 mentioned phenomenon can be attributed to transcriptional, post-transcriptional and
346 translational regulations and, as a consequence, discrepancies in mRNAs and proteins stability
347 [34, 35].

348 In previous studies, visfatin gene expression was noticed in the mouse and chicken
349 hypothalamus [4, 36], analyzed however as a whole, without division into particular
350 hypothalamic structures. Visfatin expression was also found in the pituitary of male sheep [5]
351 and female mice [4]. In the mouse pituitary, visfatin was present mainly in gonadotroph cells,
352 responsible for the follicle-stimulating hormone (FSH) and luteinizing hormone (LH)
353 production [4]. To our best knowledge, this is the first study investigating visfatin gene and
354 protein expression in the hypothalamus coupled with consideration of physiological
355 status/hormonal milieu of animals characteristic for the estrous cycle and early pregnancy.
356 The crucial hormonal factors related to the estrous cycle are progesterone (P₄) and estradiol
357 (E₂). Most of them are ovarian origin, but minority is produced in the brain, including
358 hypothalamus, as neurosteroids [37]. Thus the local concentration of steroids in the
359 hypothalamus is a mixture of peripherally derived steroid hormones, converted peripheral
360 steroids and neurosteroids [38, 39]. Both neurons, oligodendrocytes and astrocytes are
361 steroidogenically active cells and their primary steroidogenic product is neuroprogesterone
362 [37]. It was indicated that astrocytes are the main source of the essential neuroprogesterone
363 generated within the hypothalamic structures [40]. Expression pattern of visfatin gene and
364 protein expression in MBH and POA is different throughout the estrous cycle and early
365 pregnancy, which may suggest that the regulation of visfatin generation in both hypothalamic
366 structures is also different. It seems possible that the observed in the MBH an increase of
367 visfatin protein content on days 14-16 and 17-19 of the cycle is caused by stimulatory action
368 of E₂, which plasma level is enhanced. In turn in the POA, the noticed suppressed visfatin
369 expression on days 10-12 and 17-19 of the cycle can be coupled with P₄ concentrations in the
370 blood and hypothalamus. On days 10-12 of the porcine estrous cycle, plasma level of P₄ is the
371 highest which may suggest that hypothalamic concentration of this steroid is also enhanced,
372 whereas on days 17-19 the same inhibitory effect is achieved by P₄ produced mainly in the
373 hypothalamus. Studies by Micevych et al. [41] indicated that during proestrus the increased
374 level of estrogens significantly induces neuroprogesterone synthesis in the hypothalamus.
375 Circulating E₂ stimulated also hypothalamic mRNA level and activity of 3β-hydroxysteroid
376 dehydrogenase (3β-HSD), the key enzyme for P₄ production. It was also suggested that
377 locally synthesized hypothalamic neuroprogesterone, apart from its action *via* progesterone
378 receptors (PR), may be 5α-reduced, converted to allopregnanolone, and bind to GABA_A
379 receptors (GABA_AR) [41]. It is postulated that this kind of GABA_AR stimulation is involved
380 in the induction of GnRH release [42].

381 It is strongly suggested that regulatory mechanism controlling visfatin expression is
382 tissue- and species-specific [9, 36]. The relationship between visfatin expression in particular

383 tissues and hormonal milieu of the organism is to a high degree unclear. On one hand, visfatin
384 concentration in cerebrospinal fluid did not differ between man and women [43]. Similarly,
385 there was no significant differences in visfatin mRNA expression in the mouse pituitary
386 between the estrous and diestrus phases [4]. Generally, these reports indicate lack of any
387 dependence of visfatin generation on hormonal status of the body, especially on the influence
388 of sex steroid hormones. On the other hand, considerable evidence has accumulated to
389 implicate the involvement of hormonal environment in the control of visfatin expression. It
390 has been indicated that human maternal plasma concentration of visfatin was increased during
391 pregnancy, especially between the two last and the first trimester [14]. One of reasons of the
392 observed increase may be many fold higher visfatin gene expression in omental fat of
393 pregnant women at term compared to nonpregnant subjects [13]. Similarly in rats, visfatin
394 mRNA content was elevated in the white fat on day 21 of pregnancy [44]. The results of our
395 study also indicate the relationship of pregnancy with plasma visfatin level. Our observations
396 are slightly different compared to the mentioned above studies – we noticed a decrease in
397 plasma visfatin concentrations on days of implantation in relation to earlier days of pregnancy
398 and days 10-12 of the estrous cycle. The reason of these differences may be, of course, varied
399 and species-dependent regulation of visfatin production throughout gestation, but the simplest
400 explanation of the observed inconsistencies is distinct (very early in the case of our studies)
401 period of pregnancy taken into consideration in our and cited above works. Additional
402 examples were obtained based on experiments with 3T3-L1 pre-adipocytes and adipocytes.
403 Studies with pre-adipocytes have shown that visfatin gene expression decreased under
404 influence of insulin, P₄ and testosterone and increased in response to dexamethasone [12]. In
405 turn, treatment of 3T3-L1 adipocytes with GH, TNF α , cyclic adenosine monophosphate
406 (cAMP) and beta-adrenergic agonists caused downregulation of the adipokine expression
407 [11], whereas the effect of sex hormones was insignificant [12]. More detailed studies
408 concerning possible influence of sex steroid hormones on visfatin expression in adipocytes
409 indicated that estriol added to cell cultures increased visfatin mRNA concentration and the
410 effect of P₄ and E₂ was negligible, but these three steroid used in combination essentially
411 enhanced the gene expression [45]. Moreover, unlike the mouse pituitary, visfatin expression
412 in the mouse uterus fluctuated during the estrous cycle. It has been shown that visfatin protein
413 concentration was increased in proestrus and metestrus, and decreased in estrus and diestrus.
414 According to the authors, the reason of the observed changes can be the increased plasma
415 estrogens levels in proestrus and their decrease in diestrus. Simultaneously, treatment with E₂
416 of ovariectomized mice caused visfatin up-regulation, whereas P₄ down-regulated visfatin
417 expression. The co-treatment with both steroids enhanced visfatin protein content in the

418 ovariectomized mouse uterus [46]. Taken together, the sum of our results and the results
419 reported above suggest that expression of the visfatin gene may be hormonally regulated.

420 It has been suggested that besides local synthesis, additional source of visfatin in the
421 central nervous system may be transport across the blood-brain barrier. However, the
422 concentrations of visfatin in human cerebrospinal fluid are at the level of approximately 10%
423 of those in plasma. Moreover, visfatin levels in plasma and cerebrospinal fluid were
424 negatively correlated as visfatin concentrations in cerebrospinal fluid decreased with
425 increasing plasma visfatin contents in obese subjects [43]. Similarly in our study, the
426 concentration pattern of visfatin in both examined hypothalamic structures and in the plasma
427 of pigs is completely different. It may suggest that the transport across the blood-brain barrier
428 transport does not play a major role, and the local hypothalamic regulation of visfatin
429 production is autonomic and distinct in relation to other tissues, especially the adipose tissue
430 which seems to be the main source of the adipokine.

431 The visfatin role in the hypothalamus is to a high degree unknown. As previously
432 mentioned, visfatin is both an intracellular enzyme and a secreted hormone. Especially its
433 localization in cell nuclei seems to be intriguing and may suggest, based on data provided by
434 Svoboda et al. [47], that NAMPT, through stimulation of NAD biosynthesis and sirtuins
435 activation, takes part in the regulation of DNA repair, chromatin structure, transcription,
436 replication, telomerase length and circadian rhythm. It has been indicated day-night
437 differences of visfatin expression in the ovine pars tuberalis and an increased visfatin
438 expression, under melatonin influence, in this structure connecting the hypothalamus and
439 pituitary [5]. It seems that links between energy sensing and NAD cycle, and the regulation of
440 circadian clock function exist also in other parts of the central nervous system [48]. Visfatin,
441 acting at the hypothalamic level as an energy metabolism sensor, may be involved in the
442 control of food intake, principally fasting- and ghrelin-induced food intake [49]. Other
443 studies, using visfatin knockin mice, indicated an enhanced NAD⁺ levels in multiple tissues,
444 including the hypothalamus, and an improvement in physical activity, sleep quality and
445 cognitive functions [50] Nevertheless, visfatin effect on pituitary secretory functions remains
446 unknown. Its expression in the structures responsible for GnRH production may suggest that
447 visfatin is also engaged in the control of GnRH generation. This hypothesis, however, should
448 be confirmed in further detailed studies

449

450 **5. Conclusion**

451 Summarizing, visfatin expression in the porcine hypothalamic structures responsible for
452 GnRH production implies its autocrine/paracrine influence on GnRH synthesis and confirms

453 the potential role of visfatin as neuromodulator of reproductive functions. The variations in
454 the expression levels of visfatin noticed during the estrous cycle and early pregnancy may
455 suggest the effect of steroid hormones, both peripheral and hypothalamic origin. It cannot be
456 ruled out either, that the influence of steroids is achieved through their action on hypothalamic
457 neural systems, like GABAergic, dopaminergic, serotonergic systems engaged in the
458 control of GnRH production. Further research focused on steroid hormones and their
459 receptors concentrations in particular hypothalamic nuclei involved in GnRH synthesis are
460 also required.

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488 **List of abbreviations**
489
490 18sRNA - 18S ribosomal RNA
491 3 β -HSD - 3 β -hydroxysteroid dehydrogenase
492 ARC - arcuate nucleus
493 BSA - bovine serum albumin
494 cAMP - cyclic adenosine monophosphate
495 DBB - diagonal band of Broca
496 E₂ - estradiol
497 ELISA - enzyme-linked immunosorbent assay
498 FSH - follicle-stimulating hormone
499 GABA_AR - GABA_A receptors
500 GH - growth hormone
501 GnRH - gonadotropin releasing hormone
502 hCG - human chorionic gonadotropin
503 HPG - hypothalamic-pituitary-gonadal axis
504 INSR - insulin receptor
505 LH - luteinizing hormone
506 LPA - lateral preoptic area
507 MBH - mediobasal hypothalamus
508 MPA - medial preoptic area
509 NAD - nicotinamide adenine dinucleotide
510 NAMPT - nicotinamide phosphoribosyltransferase
511 NaN₃ - sodium azide
512 P₄ - progesterone
513 PBS - phosphate-buffered saline
514 POA - preoptic area of the hypothalamus
515 PPN - periventricular nucleus
516 PR - progesterone receptors
517 PVN - paraventricular nucleus
518 qPCR - quantitative real-time PCR
519 SCN - suprachiasmatic nucleus
520 SDN - sexually dimorphic nucleus of the preoptic area
521 SEM - standard error of the mean
522 SON - supraoptic nucleus

523 TBST - Tris-buffered saline with 0.1% Tween ® 20 Detergent
524 TNF α - tumor necrosis factor α
525 UBC - ubiquitin C
526 VMH - ventromedial nucleus
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Figures

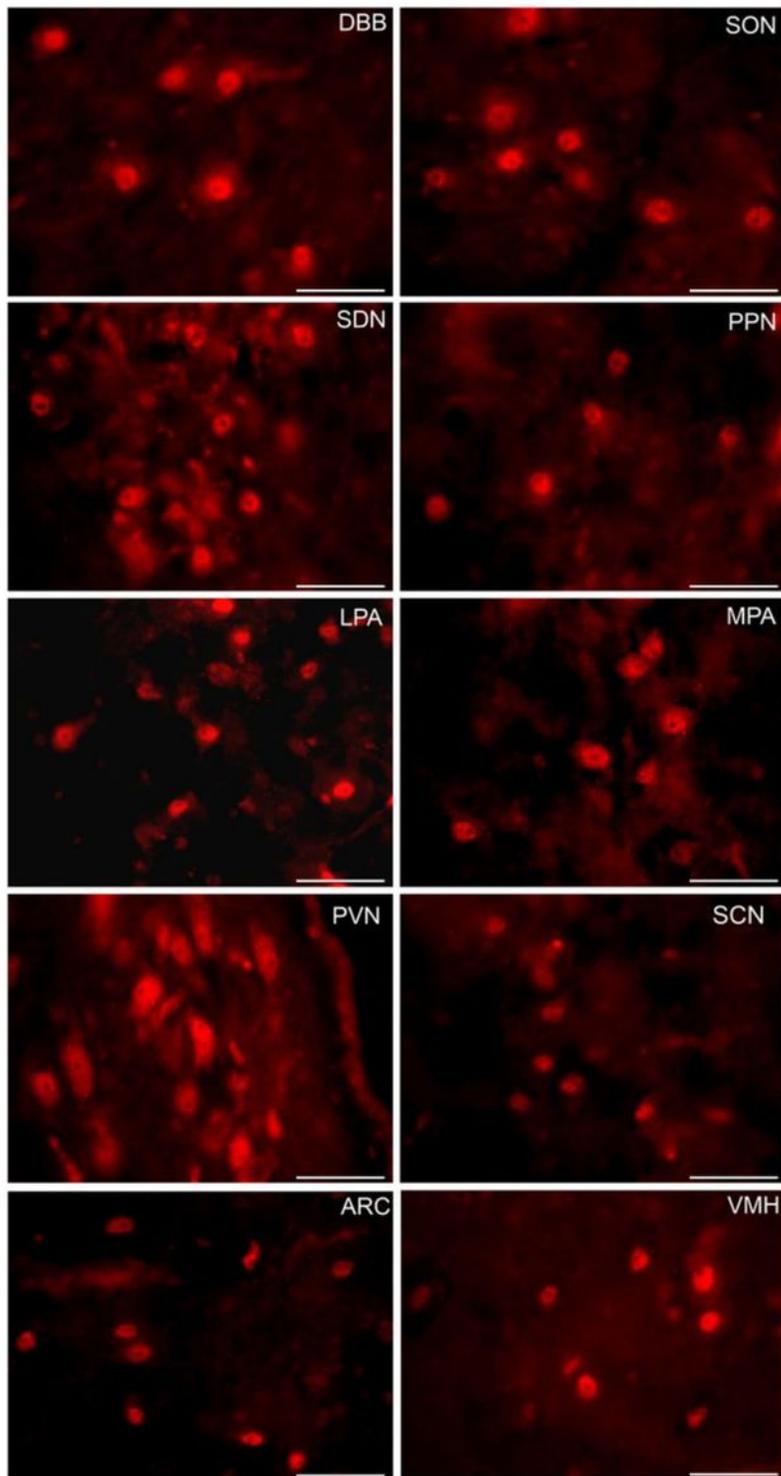


Figure 1

The visfatin localization in the porcine hypothalamus on days 10-12 of the estrous cycle. Immunoreactivity of visfatin was determined by fluorescent immunohistochemistry. Particular images indicate the immunolocalization of visfatin in the diagonal band of Broca (DBB), supraoptic nucleus

(SON), preoptic area (SDN), periventricular nucleus (PPN), lateral (LPA) and medial preoptic area (MPA), paraventricular nucleus (PVN), suprachiasmatic nucleus (SCN), arcuate nucleus (ARC), as well as ventromedial nucleus (VMH). Scale bar: 50 μ m.

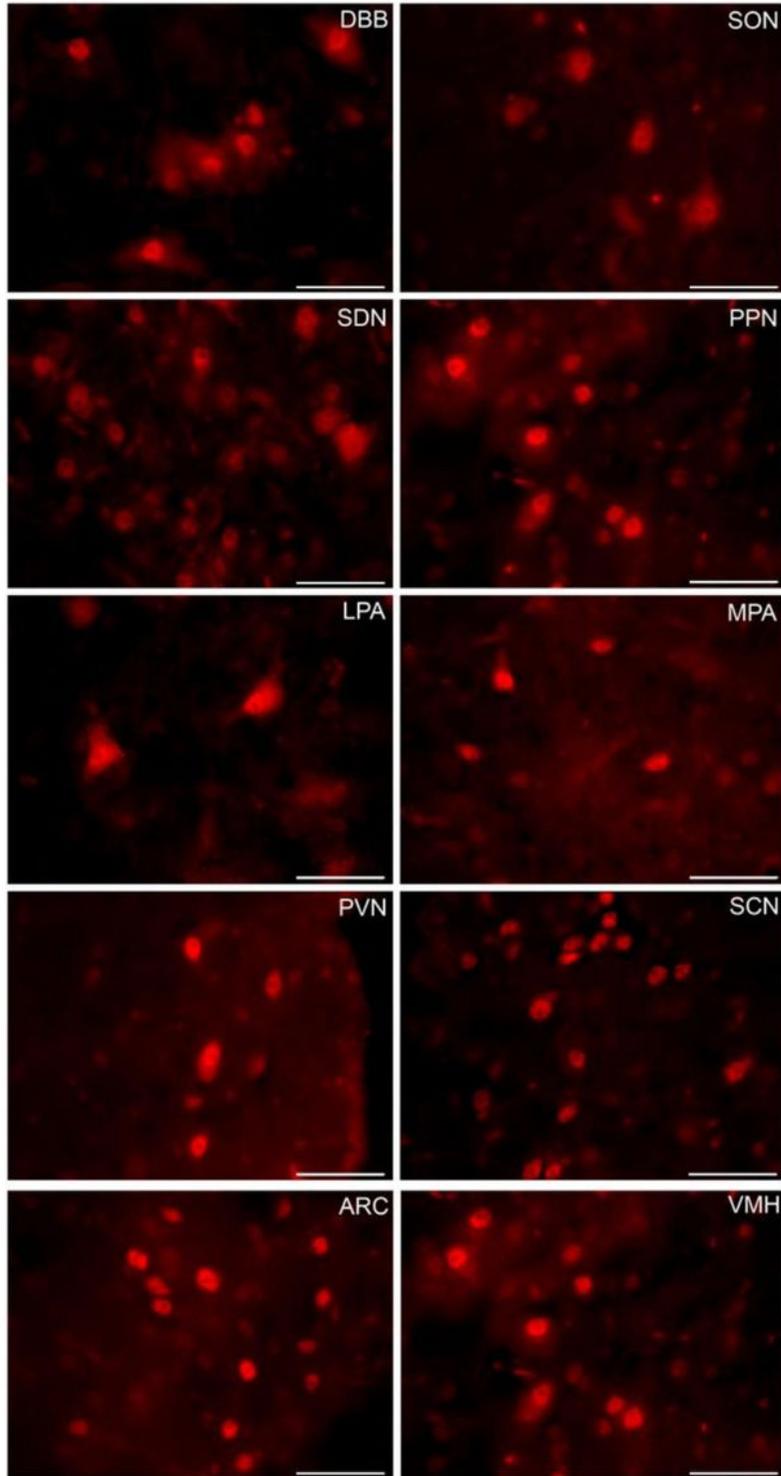


Figure 2

The visfatin localization in the porcine hypothalamus on days 15-16 of early pregnancy. Immunoreactivity of visfatin was determined by fluorescent immunohistochemistry. Particular images indicate the

immunolocalization of visfatin in the diagonal band of Broca (DBB), supraoptic nucleus (SON), preoptic area (SDN), periventricular nucleus (PPN), lateral (LPA) and medial preoptic area (MPA), paraventricular nucleus (PVN), suprachiasmatic nucleus (SCN), arcuate nucleus (ARC), as well as ventromedial nucleus (VMH). Scale bar: 50 μ m.

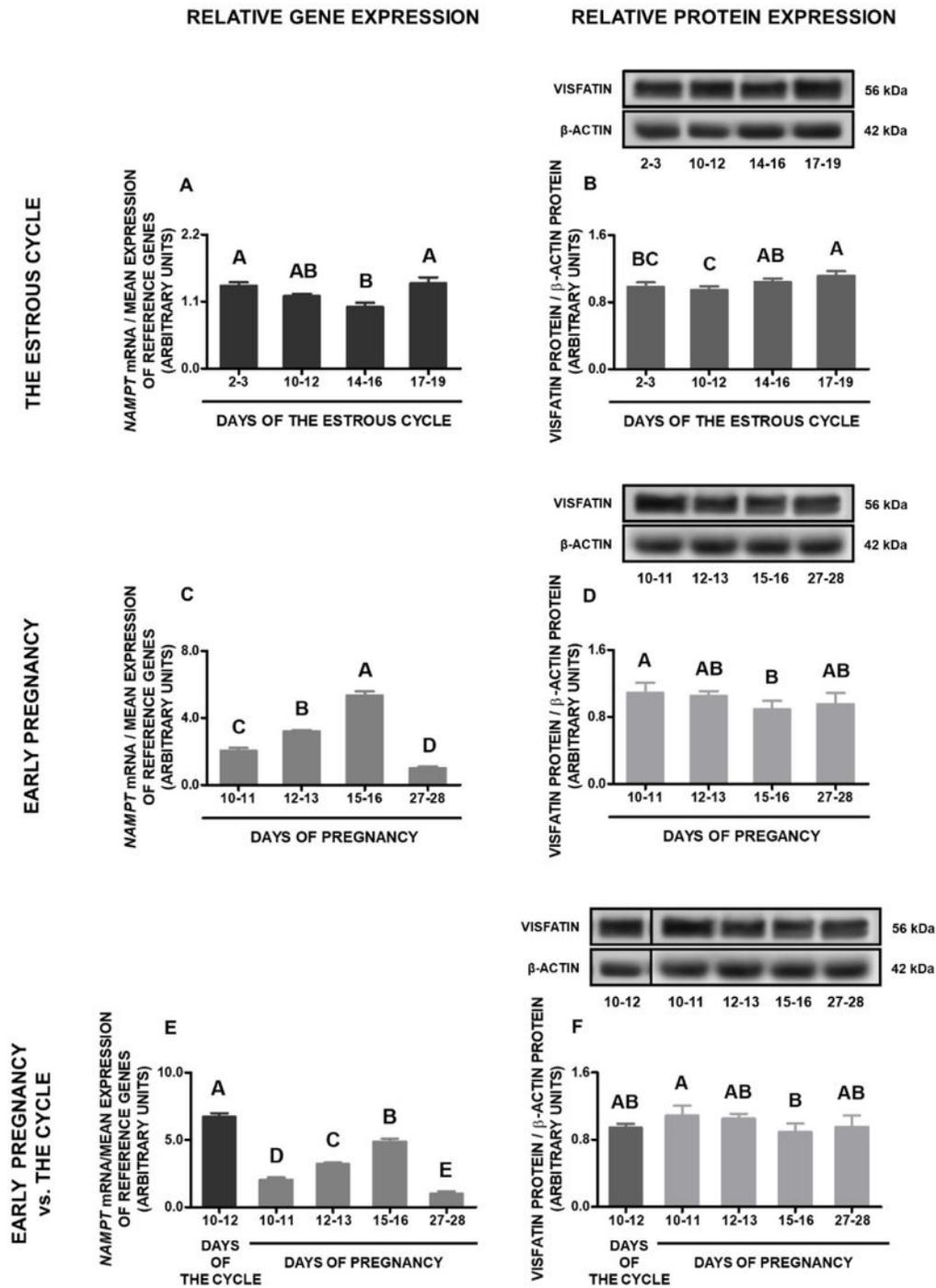


Figure 3

Visfatin gene and protein expression in the porcine mediobasal hypothalamus (MBH) during the estrous cycle and early pregnancy Gene and protein expression of visfatin in the porcine MBH was determined during the estrous cycle on days: 2-3, 10-12, 14-16 and 17-19 (A, B), during early pregnancy on days: 10-11, 12-13, 15-16 and 27-28 (C, D) and compared between early pregnancy and days 10-12 of the estrous cycle (E, F). Gene expression was analyzed by qPCR. Protein expression was analyzed by Western blotting; upper panels: representative immunoblots; lower panels: densitometric analysis of visfatin protein relative to actin protein. Results are presented as means \pm SEM (n=5). Bars with different superscripts are significantly different (one-way ANOVA at $p < 0.05$ followed by Tukey post hoc test at $p < 0.05$).

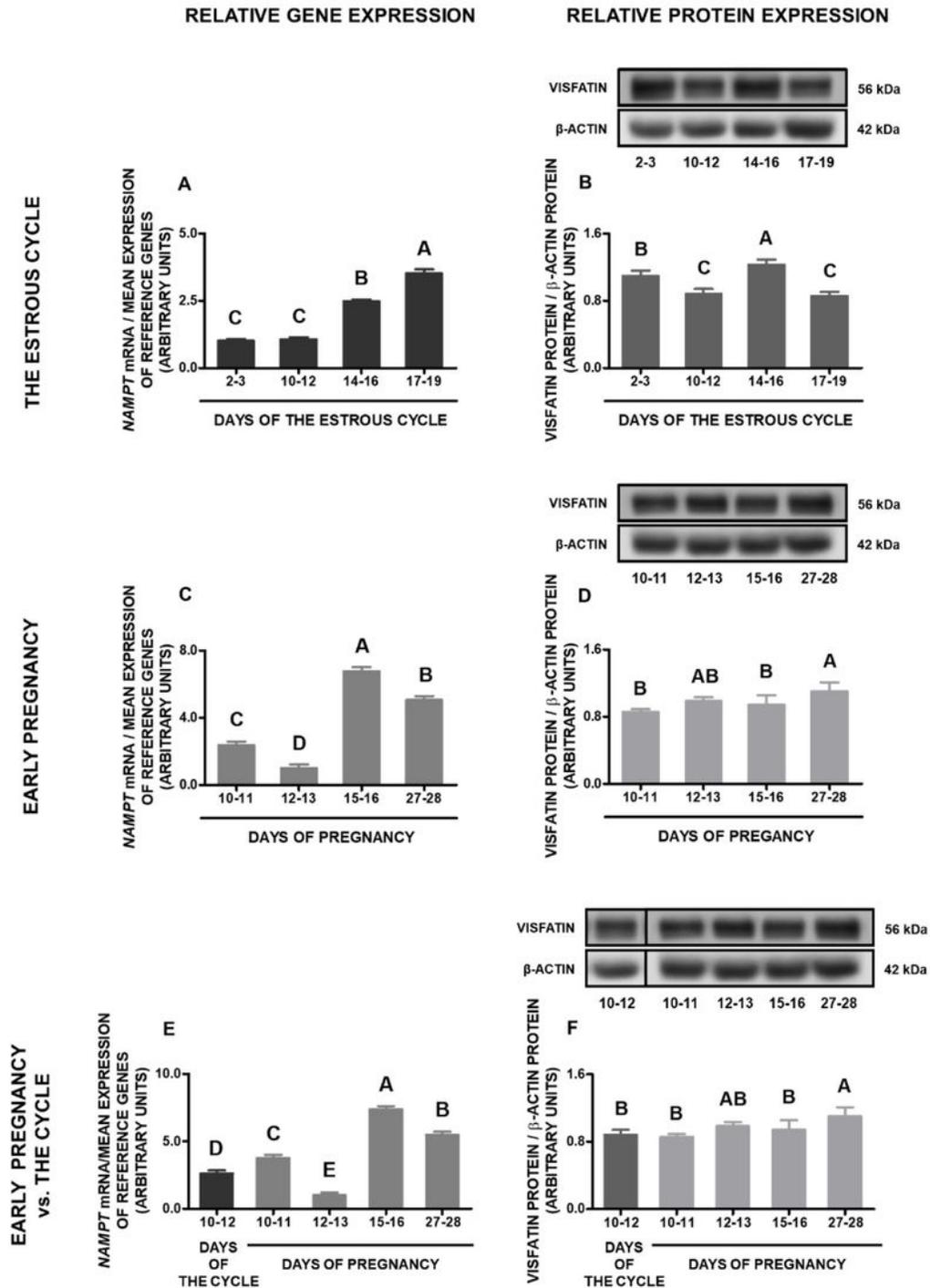


Figure 4

Visfatin gene and protein expression in the porcine preoptic area (POA) during the estrous cycle and early pregnancy. Gene and protein expression of visfatin in the porcine POA was determined during the estrous cycle on days: 2-3, 10-12, 14-16 and 17-19 (A, B), during early pregnancy on days: 10-11, 12-13, 15-16 and 27-28 (C, D) and compared between early pregnancy and days 10-12 of the estrous cycle (E, F). Gene expression was analyzed by qPCR. Protein expression was analyzed by Western blotting; upper panels:

representative immunoblots; lower panels: densitometric analysis of visfatin protein relative to actin protein. Results are presented as means \pm SEM (n=5). Bars with different superscripts are significantly different (one-way ANOVA at $p < 0.05$ followed by Tuckey post hoc test at $p < 0.05$).

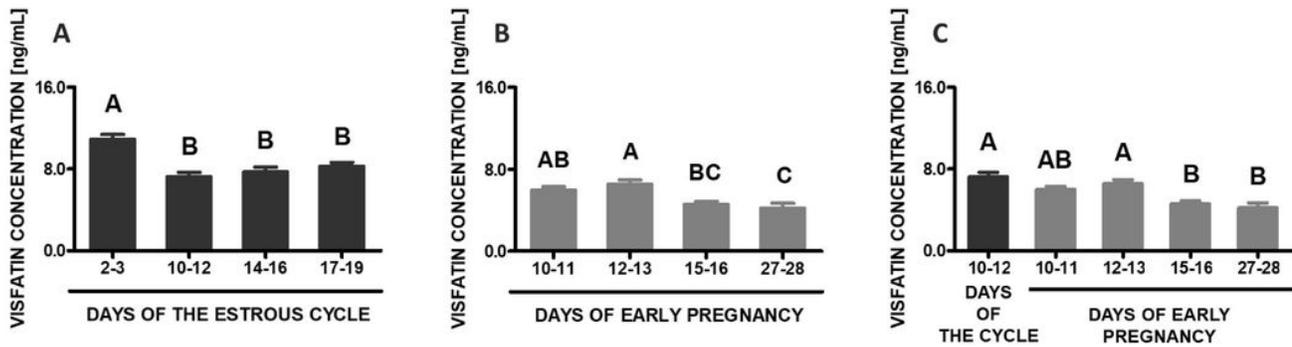


Figure 5

Visfatin concentration in the porcine blood plasma Concentrations of visfatin in the porcine blood plasma was determined during the estrous cycle on days: 2-3, 10-12, 14-16 and 17-19 (A), during early pregnancy on days: 10-11, 12-13, 15-16 and 27-28 (B) and compared between early pregnancy and days 10-12 of the estrous cycle (C). The hormone content in blood plasma was evaluated using ELISA. Results are presented as means \pm SEM (n=5). Bars with different superscripts are significantly different (one-way ANOVA at $p < 0.05$ followed by Tuckey post hoc test at $p < 0.05$).

Supplementary Files

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- [Table1.pdf](#)