

1 **Abstract**

2 **Background:** Using network pharmacology and molecular docking technology to explore the
3 mechanism of Yishen capsules in the treatment of diabetic nephropathy.

4 **Methods:** Active components of Yishen Capsules were obtained using database such as TCMSP
5 and TCMID, and diabetic nephropathy targets were obtained from databases such as Gencards,
6 OMIM, DisGeNET. A network of "Yishen Capsule Components-Diabetic Nephropathy Targets-
7 Pathways" was constructed by analyzing data above to screening out core targets for molecular
8 docking verification. Finally, a rat model of diabetic nephropathy was generated, and renal
9 tubular epithelial cells were extracted and cultured under high glucose conditions. Based on these
10 experimental models, the key signal pathway target protein genes screened by network
11 pharmacology were verified both in vitro and in vivo.

12 **Results:** The main active components of Yishen Capsule in the treatment of diabetic
13 nephropathy include quercetin, kaempferol, gallic acid, astragaloside IV and so on. Some key
14 targets (such as AR, AKT1, TP53, ESR1, JUN) and important signal pathways (such as AGE-
15 RAGE signal pathway, HIF-1 signal pathway and JAK-STAT signal pathway) were included in
16 the treatment of diabetic nephropathy of Yishen Capsule. Molecular docking assay showed that
17 most of the targets have good binding activity with the components of Yishen Capsules. Based
18 on the results of network pharmacology, key target proteins in HIF-1 α and JAK2/STAT3
19 signaling pathways were selected for experimental verification. Results presented that HIF-1 α ,
20 JAK2, STAT3, TGF- β and MCP were increased under high glucose environment. With the
21 treatment of Yishen Capsule, the expression of HIF-1 α further increased, while the expression of
22 JAK2, STAT3, MCP-1 and TGF- β were decreased.

1 **Conclusions:** This study revealed the mechanism of Yishen Capsules in the treatment of diabetic
2 nephropathy, which possesses the characteristics of multi-component, multi-target, and multi-
3 pathway. Further experiments confirmed that Yishen Capsules interfered with HIF-1 α and
4 JAK/STAT signaling pathways to reduce inflammation and fibrosis damage in the kidney tissue
5 of rats with diabetic nephropathy.

6 **Key Words:** Diabetic Nephropathy(DN); Network pharmacology; Molecular docking;HIF-1 α ;
7 JAK/STAT

8

9 **Background**

10 Diabetic Nephropathy (DN) is one of the most common microvascular pathologies of diabetes,
11 and further development of it may progress to the stage of end-stage renal disease, which
12 requires renal replacement therapy and seriously affects the patient's health and quality of life.

13 The pathogenesis of DN is complex. Reported evidences showed it is related to changes in
14 glomerular hemodynamics, excessive activation of Renin-Angiotensin-Aldosterone System
15 (RAAS), luxuriant generation of reactive oxygen species (ROS), inflammation, mitochondrial
16 dysfunction and so on. However, its exact mechanism is not yet clear [1].

17 The current clinical treatments for DN mainly include blood sugar control, blood pressure
18 control, correction of metabolic disorders, and improvement of microcirculation, while the
19 clinical treatment has not yet achieved satisfactory results [2]. In recent years, the unique
20 advantages of traditional Chinese medicine for the treatment of DN have been continuously
21 highlighted. The application of special Chinese medicine treatments for DN possesses the
22 advantages of multi-target, multi-level treatment mechanism, fewer adverse reactions and high
23 safety.

1 The Chinese medicine preparation Yishen Capsule is composed of Astragalus, Angelica,
2 Gordon euryale, Alisma, Schisandra, Rhodiola and other Chinese medicines. Previous studies
3 have indicated that Yishen Capsules can improve kidney function through multiple targets and
4 mechanisms, which effectively delays the progression of DN [3-9].

5 Network pharmacology is based on bioinformatics and computer technology, integrating a
6 large amount of biological information and data. It systematically and comprehensively reflects
7 the intervention mechanism of drugs on the disease network, which is similar to the mechanism
8 that the complex components of traditional Chinese medicines interfere with diseases through
9 multiple channels and multiple targets. This study intends to explore the targets of Yishen
10 Capsules in the treatment of diabetic nephropathy and to elucidate the therapeutic mechanism of
11 Yishen Capsules on diabetic nephropathy from many aspects. Further, some target proteins of
12 key signaling pathway were verified through experiment both in vitro and in vivo, which may
13 provide evidence for the treatment of DN using Yishen Capsules.

14

15 **Materials and methods**

16 **Network pharmacology analysis**

17 **Screening of active chemical components and acquisition of targets**

18 Using the TCMSP database (<http://tcmspw.com/>) to retrieve all the chemical components of
19 the 6 traditional Chinese medicines (Astragalus, Angelica, Gordon euryale, Alisma, Schisandra
20 and Rhodiola) in Yishen Capsules. According to the two ADME attribute values of oral
21 bioavailability ($\geq 30\%$) and drug-likeness (≥ 0.18) of these ingredients, preliminary screening
22 was performed to obtain the active compounds, as well as their protein targets. According to the
23 TCMID database (<http://www.megabionet.org/tcmid/>) and published literature reports [10], some

1 unpredicted active compounds and reported targets have been supplemented. In the Uniprot
2 protein database (<https://www.uniprot.org>), human-derived targets were screened and
3 standardized.

4

5 **Target screening of diabetic nephropathy**

6 Searching the GeneCards database (<https://www.genecards.org>), OMIM database
7 (<http://www.omim.org>), TTD database (<http://bidd.nus.edu.sg/group/cjttd>) and DisGeNET
8 database (<https://www.disgenet.org>) for potential targets of diabetic nephropathy, by using
9 "Diabetic nephropathy" and "Diabetic Kidney Disease" as keywords. And some target sites for
10 disease were also supplemented through searching the DrugBank database
11 (<https://www.drugbank.ca>). According to experience, the target points with Score ≥ 30 in the
12 Genecards database and Score ≥ 0.3 in the DisGeNET database were selected as potential targets
13 for diabetic nephropathy.

14

15 **Intersection of Chinese Medicine and Disease Target Genes and Construction of PPI** 16 **Network**

17 The intersection of the drug target of Yishen Capsule and the target of diabetic nephropathy
18 were selected to draw the Venny diagram, using Venny 2.1.0
19 (<https://bioinfogp.cnb.csic.es/tools/venny/index.html>). Submitting the intersection target to the
20 STRING11.0 database (<https://string-db.org>) to construct a protein interaction (PPI) network
21 [11]. The PPI network was visually analyzed by Cytoscape 3.7.2 software, and PPI core network
22 proteins were screened out according to the degree value ≥ 2 times the median.

23

1 **GO and KEGG pathway enrichment analysis**

2 Using Metascape platform (<http://metascape.org/gp/index.html>) for GO and KEGG pathway
3 enrichment analysis. Setting $P < 0.01$ is statistically significant, and the analysis results were
4 visualized.

6 **Construction of Components of Yishen Capsules-Targets of Diabetic Nephropathy Disease- 7 Pathway Network Diagram**

8 Using CytoScape 3.7.2 to construct a network diagram of Yishen Capsule components-
9 diabetic nephropathy disease targets-pathway network. Then, using CytoScape 3.7.2 built-in
10 tools to analyze the network topology parameters of active ingredients and targets, which helps
11 to determine core targets and main active ingredients that exert efficacy. The core targets of
12 Cytoscape network analysis and the core target proteins of PPI network were intersected to
13 obtain the key targets of Yishen Capsule in the treatment of diabetic nephropathy, according to
14 which the Venn diagram was drawn.

16 **Verification by using molecular docking**

17 Downloading the crystal structure of the target protein from the PDB database
18 (<https://www.rcsb.org/>), and using PyMOL and AutoDock software to remove water, remove the
19 original ligand of the active center, and to hydrogenate the target protein. Downloading the 3D
20 structure file of the core components of traditional Chinese medicine from the PubChem
21 database (<https://www.ncbi.nlm.nih.gov/pccompound/>). And then loading it to the AutoDock
22 Tools 1.5.6 software to add atomic charges, assign atomic types. All flexible bonds were set as
23 rotatable. Running AutoDock Vina for molecular docking. The conformation with the highest

1 score is selected as the docking conformation, and the PyMOL program was used to visualize the
2 results.

3

4 **Experimental verification**

5 **Reagents**

6 Yishen Capsule was prepared at Department of Pharmacy of the First Hospital of Shanxi
7 Medical Universit. The full scientific species (Latin binomial nomenclature) names of all
8 ingredients of Yishen Capsule see table1. It was composed of *A. membranaceus*, *A.sinensis*, *E.*
9 *ferox*, *A. orientale*, and *R. rosea* in a ratio of 3:2:3:2:1.Boiling the herbs in water thrice for 1 h.
10 The decoctions were combined and filtered through a 3 M membrane, then concentrated through
11 vacuum evaporation to a density of 1.20-1.24 at 70 °C. The concentrated decoction was further
12 spray-dried into particles that were subsequently filled into capsules.

13 Streptozotocin, penicillin, streptomycin, D-anhydrous glucose, horseradish peroxidase labeled
14 Goat anti-rabbit IgG were obtained from Solarbio (Beijing, China). PAS staining solution kit and
15 Masson staining solution kit were bought from Zhuhai Bezo Biotech Co., Ltd. Fetal bovine
16 serum and DMEM medium were purchased from Gibco Thermo Fisher Scientific. 10X Tris-
17 Glycine-SDS electrophoresis buffer, 10X Tris-glycine-SDS transfer buffer, 5X SDS-PAGE
18 protein loading buffer, PVDF membrane, WB transfer filter paper, ultra-sensitive ECL
19 chemiluminescence solution and 4% paraformaldehyde fixative were purchased from Wuhan
20 Boster Co., Ltd. Rabbit anti-HIF-1 α antibody, rabbit anti-p-JAK2 antibody, rabbit anti-p-STAT3
21 antibody, rabbit anti-TGF- β and rabbit anti-MCP-1 antibody were bought from Abcam.

22

23 **Animal experiment and preparation of plasma containing Yishen components**

1 Forty SPF-grade healthy male SD rats (185-215g, 40) were purchased from the Animal
2 Experimental Center of Shanxi Medical University, with the animal certificate number of SCXK
3 (Jin) 2019-0004. Ten rats were randomly selected to give Yishen Capsules by gavage, with the
4 frequency of once a day for 7 days. Two hours after the last gavage, the rats were anesthetized by
5 intraperitoneal injection of 3% pentobarbital sodium. Blood was collected from the abdominal
6 aorta. Blood was centrifugation and the upper serum was collected and stored after inactivation
7 and sterilization.

8 The remaining 30 rats were randomly divided into the control group (N group, 10 rats) and the
9 model group (20 rats). After one week of adaptive feeding, the model group was injected
10 intraperitoneally with streptozotocin (50 mg/kg) after left nephrectomy. After 72 hours of
11 injection, the rats with random blood glucose > 16.7 mmol/L and 24-hour urine protein
12 quantification > 30 mg are the successful model rats. The successfully modeled DN rats were
13 randomly divided into diabetic nephropathy group (DN) and Yishen capsule group (YS). The YS
14 group was given Yishen capsule gavage solution at 1.25 g/kg/d by gavage (The previous study of
15 the research has carried out different doses of intervention treatment, and it is confirmed that
16 1.25 g/kg/d is the effective dose of gavage treatment) [3], and the N group and DN group were
17 given the same amount of normal saline gavage for 8 consecutive weeks. After 8 weeks of
18 treatment, the right kidney specimens of each group of rats were collected for subsequent
19 immunohistochemistry and Western Blotting detection. All animal experiment protocols were
20 reviewed and approved by the Animal Ethics Committee of Shanxi Medical University (batch
21 number: 2019LL242), and the study was conducted in accordance with the guidelines for the
22 care and use of laboratory animals.

23

1 **Cell culture and treatment**

2 Rat renal tubular epithelial cells (NRK-52E) were purchased from the cell bank of the Chinese
3 Academy of Sciences. And it was cultured in a standard medium (DMEM high glucose medium,
4 containing fetal bovine serum and penicillin- streptomycin antibiotic), and in a 5% CO₂
5 atmosphere at 37 °C. The experimental groups were as follows: normal group (5.5mmol/L
6 glucose), high glucose group (30mmol/L glucose) and Yishen containing-serum treatment group
7 (30 mmol/L glucose + 10% Yishen containing-serum). After each group was cultured for 24
8 hours, cell proteins were collected for Western Blotting detection.

9

10 **Pathology examination of kidney**

11 Specimens of right kidney were collected, fixed in 4% paraformaldehyde solution, embedded
12 in paraffin, and sectioned routinely. After section, slides were stained with HE, PAS, and
13 Masson. The pathological changes of the renal tissue were observed under light microscope.

14

15 **Immunohistochemistry**

16 Kidney tissues were embedded in paraffin, conventionally sectioned, deparaffinized, sealed,
17 and incubated at room temperature. Slides were incubated with rabbit anti-HIF-1 α , rabbit anti-p-
18 JAK2, and rabbit anti-p-STAT3 antibody, respectively overnight at 4°C. Then Slides were
19 incubated with biotin Labeled with goat anti-rabbit IgG (secondary antibody) at 37°C for 15 min.
20 After that, Slides were orderly incubated with DAB reagent and hematoxylin (for 2 min). Then,
21 slides were dehydrated and transparent, and mount with neutral gum. The tissue sections were
22 examined under an optical microscope and quantitative analysis was performed using Image-
23 Proplus6.0 medical pathology graphic color analysis software.

1 **Western Blotting**

2 Extracting and collecting total protein from cell and kidney tissue and determining
3 concentration of the total protein. The protein was denatured by loading buffer and then
4 separated by electrophoresis with SDS-PAGE gel (8%). Then, the protein in the gel was
5 transferred to the PVDF membrane using a Bio-Rad electrotransmitter. Subsequently, 5%
6 skimmed milk powder was used to seal the PVDF membrane at room temperature. After
7 blocking, adding the primary antibody and incubating overnight at 4°C. The next day, the
8 washed PVDF membrane was incubated with horseradish peroxidase-labeled secondary antibody
9 at room temperature. After incubating for 1 hour, the strips on the PVDF membrane were
10 developed with ECL chemiluminescence reagent in a dark room, and the strips were scanned and
11 analyzed by Alpha-view software.

12

13 **Data analysis and statistics**

14 SPSS 22.0 statistical software was used for data analysis. If the measurement data obey a
15 normal distribution, it is expressed as the mean \pm SD. One-way analysis of variance was used for
16 comparison between groups. LSD-t test was used for multiple comparisons. For non-normal
17 distribution or uneven variance, a non-parametric test of multiple independent samples is used.
18 Extended t test was used for multiple comparisons. $P < 0.05$ indicates that the difference is
19 statistically significant.

20

21 **Results**

22 **Network pharmacology analysis**

23 **Screening of active chemical components and acquisition of targets**

1 Through searching the TCMSP and TCMID database and published literature, a total of 53
2 active ingredients of traditional Chinese medicine were obtained. Among them, there were 20, 7,
3 1, 7, 8 and 10 ingredients belonging to Astragalus, Angelica, Gordon euryale, Alisma,
4 Schisandra, and Rhodiola respectively (see Table 2). There are 3 repeated active ingredients in
5 each traditional Chinese medicine. 571, 106, 21, 9, 27, and 562 targets of effective active
6 compounds of Astragalus, Angelica, Gordon euryale, Alisma, Schisandra, and Rhodiola were
7 obtained respectively. After merging and deleting duplicate values, a total of 516 targets were
8 obtained.

9

10 **Acquisition of target genes in diabetic nephropathy**

11 Diabetic nephropathy disease targets were collected through GeneCards, OMIM, TTD,
12 DisGeNET and DrugBank databases. After merging and deleting duplicate values, a total of
13 1324 disease targets were obtained.

14

15 **PPI network**

16 Taking the intersection of the diabetic nephropathy targets and the drug action targets of the
17 Yishen capsule, and obtaining a total of 150 intersection targets. And a Venn diagram was drawn
18 based on the above data (see Figure 1A). The intersection targets were submitted to the
19 STRING11.0 platform to obtain the PPI network of the components of the Yishen capsule-
20 diabetic nephropathy disease targets (see Figure 1B). The PPI network was visually analyzed by
21 Cytoscape software (see Figure 1C). Setting the degree value ≥ 2 times the median, and 26 core
22 network proteins were obtained using this as a threshold value to screen out. The core network
23 proteins screened out include STAT3, AGT, TP53, SRC, CAV1, EGFR, CTNNB1, ESR1,

1 STAT1, PTEN, JAK2, AKT1, MAPK1, JUN, TNF, AR, CCND1, FGF2, TLR4, CDH1, MYC,
2 VEGFA, MAPK8, EGF, FOS, HSPB1, and the above target proteins are the core nodes in the
3 PPI network.

5 **GO and KEGG pathway enrichment analysis**

6 GO and KEGG enrichment analysis were performed on the targets of Yishen Capsules in the
7 treatment of diabetic nephropathy. A total of 255 significantly related biological processes were
8 screened, including MAPK cascade regulation, DNA binding transcription factor activity
9 regulation, lipopolysaccharide response, reactive oxygen metabolism and apoptosis signaling
10 pathway (see Figure 2A). A total of 74 significant related cell components were screened, mainly
11 including various cell structures such as membrane rafts, nucleoli, myelin sheaths, endoplasmic
12 reticulum lumen, and extracellular matrix (see Figure 2B). 96 significant related molecular
13 functions were obtained, mainly related to protein tyrosine kinase activity, receptor regulatory
14 activity, kinase binding, protein homodimerization activity, transcription factor binding and
15 integrin binding (see Figure 2C).

16 KEGG enrichment screening resulted in 159 main signal pathways, mainly including AGE-
17 RAGE signal pathway, PI3K-Akt signal pathway, HIF-1 signal pathway, JAK-STAT signal
18 pathway, insulin signal pathway and other signal pathways. Pathways ranking the top 20 was
19 visualized (see Figure 2D).

20

21 **Construction of Components of Yishen Capsules-Targets of Diabetic Nephropathy Disease-** 22 **Pathway Network Diagram**

1 CytoScape 3.7.2 was used to construct a network diagram of Yishen Capsule components-
2 diabetic nephropathy disease target-pathway network. The network has a total of 586 nodes and
3 1748 component-target protein-pathway relationships (see Figure 3A). Analyzing network
4 topology parameters through CytoScape's built-in Network Analyzer to obtain core components
5 and core targets. According to analysis and prediction, Quercetin was the main component of
6 Yishen Capsule in the treatment of diabetic nephropathy. Kaempferol (Kaempferol), gallic acid
7 (Epigallocatechin gallate), and astragaloside IV (Astragaloside IV) were minor components (see
8 Table 3-1). It was predicted that PTGS2 was the main target of Yishen Capsule in the treatment
9 of diabetic nephropathy, and PTGS1, AR, AKT1, NOS2, and PPARG were the secondary targets
10 (see Table 3-2). Taking the intersection of the above targets and the core targets of the PPI
11 network and drawing the Venn diagram (see Figure 3B). Ten intersection targets were obtained,
12 namely AR, AKT1, TP53, ESR1, JUN, TNF, MAPK1, EGFR, CCND1, VEGFA.

13

14 **Verification with molecular docking**

15 Selecting the key genes AR, AKT1, TP53 obtained in the previous steps, and the core targets
16 HIF-1 α , JAK2, and STAT3 in the key signal pathway, and carrying out molecular docking with
17 the main active ingredients of the Yishen capsule. The docking results were shown in Figure 4A.
18 Among the 60 docking results, 57 suggested a better docking activity (binding energy less than -
19 1.2kcal/mol). Among them, β -sitosterol binded best to the core target protein, and TP53 was the
20 target protein with the best binding activity to the key chemical components in the Yishen
21 capsule.

22 The docking results with better binding energy was shown in Fig. 4. Formononetin formed a
23 hydrogen bond with the AKT1 receptor target protein through the amino acid residue ASN-231

1 (see Fig. 4B), and formed two hydrogen bonds with the STAT3 receptor target through the
2 amino acid residues GLU-444 and THR-443 (see Figure 4C), formed two hydrogen bonds with
3 the TP53 receptor target through the amino acid residues GLU-221 and THR-224 (see Figure
4 4D). β -sitosterol formed a hydrogen bond with the AR receptor target protein through the amino
5 acid residue PRO-913 (see Figure 4E), and binded to the TP53 receptor target protein through
6 the amino acid residue GLN-100 (see Figure 4F)). Verbascum isoflavones binded to the HIF-1 α
7 receptor target protein through amino acid residues ILE-566 and GLN-96 to form two hydrogen
8 bonds (see Figure 4G), and formed three hydrogen bond through amino acid residues ASN-981,
9 GLY-856, and LEU-855 with the JAK2 receptor target protein (see Figure 4H). The above-
10 mentioned ligand compounds could be well embedded in the active pocket of the receptor target
11 protein.

12

13 **In vitro and in vivo experimental verification**

14 **Pathological changes of rat kidney tissues**

15 The results of HE staining of kidney tissue specimens (see Figure 5A) showed that the
16 glomerulus in group N was normal, and the structure of mesangium and basement membrane
17 was normal. In the DN group, the glomerular capillary loops were hypertrophy, the basement
18 membrane was thickened, the mesangial cells and mesangial matrix were proliferated, and the
19 renal tubular epithelial cells were hypertrophy. However, there was no glomerular sclerosis or
20 interstitial fibrosis. Compared with the DN group, the YS group had increased glomerular
21 volume, mesangial hyperplasia, basement membrane thickening, and renal tubular epithelial cell
22 hypertrophy to varying degrees. The results of PAS staining (see Fig. 5B) showed that the
23 glomeruli and tubules of rats in group N were normal in structure and morphology. PAS-positive

1 protein deposits were seen in the glomerular mesangial area and renal tubular epithelial cells of
2 rats in the DN group. Compared with the DN group, the YS group had less PAS-positive protein
3 deposition. The results of Masson staining (see Fig. 5C) showed no abnormal changes in the
4 morphology and structure of the kidney tissue in the normal group, and blue staining of collagen
5 tissue was rarely seen in Masson staining. The glomerulus volume of rats in the DN group
6 increased, the renal tubular epithelial cells were obviously edema, and the lumen became narrow.
7 Masson staining showed blue-stained collagen tissue. Compared with the DN group, the YS
8 group had increased glomerular volume, reduced renal tubular epithelial cell edema, and
9 decreased blue-stained collagen tissue.

10

11 **Immunohistochemical detection of key proteins in the signal pathway in rat kidney tissue**

12 After 8 weeks of rearing, the kidney tissues of rats in each group were collected for
13 immunohistochemical examination. The results showed that HIF-1 α was expressed in the
14 nucleus and cytoplasm of renal tubular cells. There was a certain amount of HIF-1 α expression
15 in the kidney tissue of rats in the N group. The expression of HIF-1 α in the DN group was higher
16 than that in the N group. Compared with the DN group, the expression of HIF-1 α in the YS
17 group was further increased ($P < 0.05$, see Figure 6A). JAK-2 and STAT3 were expressed in the
18 nucleus and cytoplasm of renal tubules. There was a small amount of JAK-2 and STAT3
19 expression in the kidney tissue of rats in the N group. The expression of JAK-2 and STAT3 in
20 the DN group was higher than that in the N group, while the expression in the YS group was
21 lower than that in the DN group ($P < 0.05$, see Fig. 6B-C). The above results indicated that the
22 expressions of HIF-1 α , JAK-2 and STAT3 in diabetic nephropathy were elevated. Yishen

1 Capsule could interfere with HIF-1 α and JAK/STAT signaling pathways and improved the renal
2 tubular interstitial damage in rats with diabetic nephropathy.

3

4 **Effects of high sugar and Yishen capsule intervention on renal signaling pathway,** 5 **inflammation and fibrosis index expression**

6 There was a trace amount of HIF-1 α expression in kidney tissue and renal tubular epithelial
7 cells of rats in the normal group. After 24 hours of high glucose stimulation, results showed that
8 the expression of HIF-1 α , STAT3, TGF- β and MCP-1 protein in renal tubular epithelial cells all
9 increased (P<0.05), and the expression of JAK2, STAT3, TGF- β and MCP-1 protein in renal
10 tissues all increased (P<0.05). Compared with the normal group, the expression of HIF-1 α in
11 kidney tissue increased after the administration of Yishen capsule (P<0.05). Compared with the
12 high glucose group, after the intervention of Yishen Capsule, the expression of HIF-1 α in renal
13 tubular epithelial cells was increased (P<0.05), and the expression of JAK2, STAT3, MCP-1 and
14 TGF- β in renal tissue and renal tubular epithelial cells were all decreased (P<0.05). The above
15 results were shown in Fig. 7A-D.

16

17 **Discussion**

18 DN has become the leading cause of end-stage renal disease worldwide, but there is still a lack
19 of effective intervention methods. Traditional Chinese medicine has certain advantages in
20 treating DN. Yishen Capsule is composed of Astragalus, Angelica, Gordon euryale, Alisma,
21 Schisandra, Rhodiola and other Chinese medicines. It possesses the effect of improving the
22 pathological changes of DN kidney tissue and delaying the progression of the disease, while its
23 specific mechanism of action is still unknown.

1 This study applied network pharmacology methods to discover the key active ingredients of
2 Yishen Capsules in the treatment of DN. Our results showed that Quercetin, Kaempferol,
3 Epigallocatechin gallate, Astragaloside IV, Luteolin and Calycosin were important components
4 in the treatment of DN, which may act on multiple pharmacology targets of DN treatment. Lei et
5 al. found that quercetin inhibits the proliferation of mouse glomerular mesangial cells induced by
6 high glucose and DN rat kidney glomerular mesangial cells by activating the Hippo pathway [12].
7 The study of Alshehri confirmed that kaempferol exerts an antioxidant effect by activating the
8 Nrf-2/Ho-1 axis to reduce DN damage [13]. Clinical and animal experiments have confirmed
9 that gallic acid targets the activation of Notch signal by inhibiting the TGF β /Smad3 pathway in
10 diabetic mice, leading to the improvement of renal fibrosis [14]. Astragaloside IV is a saponin
11 extracted from Astragalus. Astragaloside IV reduces endoplasmic reticulum stress, inhibits
12 mitochondrial division and increases autophagy activity through mechanisms of anti-fibrosis,
13 anti-oxidation, and anti-apoptosis, which is benefit to the improvement of DN symptoms [15].
14 Recent studies have found that astragaloside IV may inhibit oxidative stress and reduce DN
15 podocyte apoptosis by activating the PPAR γ -Klotho-FoxO1 signaling pathway [16]. Luteolin, a
16 natural flavonoid compound, may inhibit the activation of STAT3, inhibit inflammation and
17 oxidative stress, and improve glomerular sclerosis and renal interstitial fibrosis in DN mice [17].
18 In addition, mullein, β -sitosterol, formononetin may also act on DN disease targets and signal
19 pathways through a variety of biological processes.

20 Based on network pharmacology, the potential target genes and signal pathways of Yishen
21 capsules in the treatment of DN were predicted. Our results showed that AR, AKT1, TP53,
22 ESR1, JUN, TNF, MAPK1, EGFR, CCND1 and VEGFA were the potential key targets for the
23 treatment of DN. And AGE-RAGE, PI3K-Akt, HIF-1, JAK-STAT and insulin signaling pathway

1 may be the key signaling pathways for the treatment of DN. Some of the above results have been
2 confirmed in the preliminary research of our group. Yishen capsule gavage treatment can reduce
3 urinary protein excretion in DN rats, improve renal function, reduce foot process fusion, improve
4 podocyte Podocin expression, and reduce DN podocyte damage [4]. Treated with Yishen
5 capsule-containing serum, the expression of p-JAK2 and p-STAT3 in high glucose cultured
6 podocytes were decreased [5]. These results initially suggest that Yishen Capsule can alleviate
7 the pathological damage of the kidney of DN and improve the podocyte damage induced by high
8 glucose. Cytokine suppressor (SOCS) is a classic JAK/STAT signaling pathway inhibitor [18].
9 Yishen Capsule may reduce the degree of glomerular sclerosis and tubular interstitial fibrosis in
10 DN rats by up-regulating the expression of SOCS-3 [6,7]. In addition, Yishen Capsules can also
11 inhibit the overexpression of TLR4, NF- κ B[8] and other inflammatory factors and Vascular
12 Endothelial Growth Factor (VEGF)[9] in the kidney tissue of DN rats. The reduction of
13 inflammatory response can inhibit the damage of vascular epithelial cells caused by proliferative
14 inflammatory response, which leads to the delay of DN progression. Recent research team found
15 that Yishen Capsule has the function of improving diabetic nephropathy by promoting autophagy
16 and inhibiting inflammation [3].

17 Based on the preliminary research foundation of our group and the results of this study, HIF-
18 1α and JAK2/STAT3 signaling pathway were selected for further experimental verification.
19 JAK/STAT signaling pathway is involved in the signal transduction of IL-10, IL-6, tumor
20 necrosis factor- α and other cytokines and activates the expression of genes related to
21 inflammation and cell proliferation [19], which promotes the progression of DN. This study
22 suggests that Yishen Capsules may inhibit the downstream inflammation cascade by inhibiting
23 the JAK/STAT signaling pathway, and improve DN kidney injury.

1 HIF-1 α is a regulatory protein that monitors the body's sensitivity to oxygen [20]. Hypoxia
2 exists in the subclinical stage of DN, and hypoxic environment may induce the expression of HIF-
3 1 α [21]. In addition to hypoxia, factors such as inflammation and stress can also up-regulate the
4 expression of HIF-1 α [22,23]. Studies have suggested that enhanced HIF-1 α activity is one of the
5 reasons for the dysfunction of podocytes, glomerular mesangial cells, and tubular epithelial cells
6 and for the activation of pro-inflammatory pathways [24,25]. Thus, HIF-1 α may be related to
7 glomerulosclerosis and renal interstitial fibrosis. Diabetes hyperglycemia environment and
8 advanced glycation end products directly affect the transcription of HIF-1 α and lead to HIF-1 α
9 activation [26]. Inhibiting the HIF-1 α /VEGF signaling pathway in DN renal tubular epithelial
10 cells can reduce the expression of extracellular matrix (ECM) markers [26,27]. However, studies
11 have also found that the diabetic high glucose environment activates the atypical proteasome-
12 dependent pathway of HIF-1 α degradation in human renal tubular epithelial cells (HK-2), and
13 reduces the basic expression of HIF-1 α [28]. HIF-1 α can promote autophagy, which reduces
14 kidney damage caused by oxidative stress, ischemia and diabetes [29,30]. Conditional knockout
15 of HIF-1 α aggravates DN renal tubular damage, promotes mitochondrial rupture in HK-2 cells
16 cultured under hypoxia, promotes ROS generation and promotes mitochondrial membrane
17 potential loss and apoptosis. However, overexpression of HIF-1 α or HO-1 agonist treatment can
18 reverse the above changes [31]. The hypoglycemic drug SGLT2 inhibitor empagliflozin can
19 reduce the proximal tubular epithelial cell damage induced by high glucose, through up-
20 regulation of HIF-1 α [32]. The controversial results may be due to the intensity of the HIF
21 response in diabetic nephropathy that regulates the progression of kidney injury in a different
22 subtype and time-dependent manner. The results of this study showed that the expression of HIF-
23 1 α in renal tubular epithelial cells increased after the intervention of high glucose. And the

1 expression of HIF-1 α further increased after the intervention of Yishen Capsules, suggesting that
2 Yishen Capsules may improve diabetes caused by inducing the expression of HIF-1 α Kidney
3 damage.

4 Molecular docking is mainly used to study the interaction between molecules. The more stable
5 the binding conformation of the ligand and the receptor, the stronger the binding and the lower
6 the energy [33]. The screened active ingredients and key targets were verified by molecular
7 docking technology. β -sitosterol binds best to the core target protein, suggesting that it plays the
8 greatest role in the treatment of diabetic nephropathy by Yishen capsules. Among the core
9 targets obtained by network analysis, the top-ranked targets are mainly related to cell
10 proliferation, apoptosis, inflammation, immunity and differentiation. According to the optimal
11 composite structure of key targets and active ingredients, it is found that formononetin has better
12 binding ability with AKT1, STAT3 and TP53. In addition, β -sitosterol has good binding ability
13 with AR and TP53, and mullein has good binding ability with HIF-1 α and JAK2. The above data
14 suggest that the key chemical components of Yishen Capsule have good binding activity with
15 key targets of diseases.

16

17 **Conclusion**

18 This study used network pharmacology and molecular docking technology to initially analyze
19 the mechanism of action of Yishen capsules in the treatment of DN, and selected key pathways
20 for experimental verification both in vitro and in vivo. Results showed that the identical
21 compound of Yishen Capsule may regulate different targets, and the identical target may
22 interfere with different biological processes and signal pathways. It reflects the combined effect
23 characteristics of multi-pathway and multi-target of Yishen Capsule. This study provides a

1 scientific basis for the clinical application of Yishen Capsules in the treatment of diabetic
2 nephropathy, and also provides a new direction for exploring the potential mechanism of Yishen
3 Capsules.

4

5 **Abbreviations**

6 hypoxia-Inducible factor 1-alpha, HIF-1 α ; janus kinase 2, JAK2; signal transducer and activator
7 of transcription, STAT3; monocyte chemo-attractant protein-1, MCP-1; transforming growth
8 factor- β , TGF- β .

9

10 **Acknowledgements**

11 Not applicable.

12

13 **Authors' contributions**

14 YLH and SL conducted bioinformatics data analysis. YLH, ZYZ, and SFL conducted in vivo
15 experiments. YXL and DLS conducted in vitro experiments. YLH, ZYZ, and YXL conducted
16 molecular biological analysis. YLH and SL prepared the manuscript. WYL, GZ and JAF
17 conceptualized this research and finalized this manuscript.

18

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2 2018040, No. 2017040] funded by Health and Family Planning Commission of Shanxi Province.

3

4 **Availability of data and materials**

5 The datasets used or analyzed during the study are available from the corresponding author on
6 reasonable request.

7

8 **Ethics approval and consent to participate**

9 The animal experiment schemes involved in this study were approved by the Animal Ethics
10 Committee of Shanxi Medical University (2019LL242), in accordance with the Guideline for the
11 Care and Use of Laboratory Animals.

12

13 **Consent for publication**

14 Not applicable.

15

16 **Competing interests**

17 The authors declare that they have no competing interests.

18

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22 Shanxi 030001, China.

23

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1 **Table**

Chinese name	Full scientific species name	Identifier No.	Medicinal part	Ratio
Huang-Qi	<i>Astragalus membranaceus</i> (Fisch.) Bunge	ILDIS 32156	Root	3
Dang-Gui	<i>Angelica omeiensis</i> C.Q.Yuan & R.H.Shan	IPNI 905661-1	Root	2
Qian-Shi	<i>Euryale indica</i> Planch.	IPNI 605351-1	Kernel	2
Ze-Xie	<i>Alisma orientale</i> (Sam.) Juz.	IPNI 58233-1	Tuber	2
Hong-Jing-Tian	<i>Rhodiola crenulata</i> (Hook.f.&Thomson) H.Ohba	IPNI 274793-1	Root and rhizome	1
Dai-Huang	<i>Rheum hotaoense</i> C.Y.Cheng & T.C.Kao	IPNI 696743-1	Root	2

2 **Table 1: Ingredients of Yishen Decoction.** This table shows the full scientific species (Latin
3 binomial nomenclature) names of all ingredients of Yishen Decoction.

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Drugs	MOL ID	Compounds	OB	DL
Astragalus	MOL000033	(3S,8S,9S,10R,13R,14S,17R)-10,13-dimethyl-17-[(2R,5S)-5-propan-2-yl]octan-2-yl]-2,3,4,7,8,9,11,12,14,15,16,17-dodecahydro-1H-cyclopenta[a]phenanthren-3-ol	36.23	0.78
	MOL000098	quercetin	46.43	0.28
	MOL000211	Mairin	55.38	0.78
	MOL000239	Jaranol	50.83	0.29
	MOL000296	hederagenin	36.91	0.75
	MOL000354	isorhamnetin	49.6	0.31
	MOL000359	β -sitosterol	36.91	0.75
	MOL000371	3,9-di-O-methylnissolin	53.74	0.48
	MOL000378	7-O-methylisomucronulatol	74.69	0.3
	MOL000379	9,10-dimethoxypterocarpan-3-O- β -D-glucoside	36.74	0.92
	MOL000380	(6aR,11aR)-9,10-dimethoxy-6a,11a-dihydro-6H-benzofurano[3,2-c]chromen-3-ol	64.26	0.42
	MOL000387	Bifendate	31.1	0.67
	MOL000392	formononetin	69.67	0.21
	MOL000409	AstragalosideIV	17.74	0.15
	MOL000417	Calycosin	47.75	0.24
	MOL000422	kaempferol	41.88	0.24
	MOL000433	FA	68.96	0.71
	MOL000439	isomucronulatol-7,2'-di-O-glucosiole	49.28	0.62
	MOL000442	1,7-Dihydroxy-3,9-dimethoxy pterocarpene	39.05	0.48
	MOL002565	Medicarpin	49.22	0.34
Angelica	MOL000358	beta-sitosterol	36.91	0.75
	MOL000449	Stigmasterol	43.83	0.76
	MOL001771	angelicin/poriferast-5-en-3beta-ol	36.91	0.75
	MOL001942	isoimperatorin	45.46	0.23
	MOL001956	Cnidilin	32.69	0.28
	MOL003957	1-methyl-2-pentadecyl-4-quinolone	44.52	0.46
	MOL009722	folinicacid/L-Folinic acid	31.79	0.74
gordon euryale	MOL002773	beta-carotene	37.18	0.58
Alisma	MOL000359	sitosterol	36.91	0.75
	MOL000831	Alisol B monoacetate	35.58	0.81
	MOL000849	16 β -methoxyalisol B monoacetate	32.43	0.77
	MOL000853	alisol B	36.76	0.82
	MOL000856	alisol C monoacetate	33.06	0.83
	MOL000862	[(1S,3R)-1-[(2R)-3,3-dimethyloxiran-2-yl]-3-[(5R,8S,9S,10S,11S,14R)-11-hydroxy-4,4,8,10,14-pentamethyl-3-oxo-1,2,5,6,7,9,11,12,15,16-decahydrocyclopenta[a]phenanthren-17-yl]butyl]acetate	35.58	0.81
	MOL002464	1-Monolinolein	37.18	0.3
Schisandra	MOL004624	Longikaurin A	47.72	0.53

	MOL005317	Deoxyharringtonine	39.27	0.81
	MOL008956	Angeloylgomisin O	31.97	0.85
	MOL008957	Schizandrer B	30.71	0.83
	MOL008968	Gomisin-A	30.69	0.78
	MOL008978	Gomisin R	34.84	0.86
	MOL008992	Wuweizisu C	46.27	0.84
		gomisin n		
Rhodiola	MOL000006	Luteolin	36.16	0.25
	MOL000098	Quercetin	46.43	0.28
	MOL000422	Kaempferol	41.88	0.24
	MOL001002	Ellagic acid	43.06	0.43
	MOL002309	indirubin	48.59	0.26
	MOL002514	Sexangularetin	62.86	0.3
	MOL002823	Herbacetin	36.07	0.27
	MOL004020	Gossypetin	35	0.31
	MOL005190	Eriodictyol	71.79	0.24
	MOL006821	Epigallocatechin gallate	55.09	0.77

1 **Table 2: Main ingredients of Yishen Capsules.** OB: oral bioavailability; DL: drug-likeness

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MOL ID	Chemical Name	Degree	Betweenness Centrality	Closeness Centrality
MOL000098	Quercetin	144	0.20224427	0.40873855
MOL000422	Kaempferol	139	0.26004743	0.41399001
MOL006821	Epigallocatechin gallate	136	0.23064706	0.40531097
MOL000409	AstragalosideIV	117	0.29637036	0.3734707
MOL000006	Luteolin	55	0.04071746	0.3627267
MOL000417	Calycosin	49	0.09173082	0.35780382
MOL000378	7-O- methylisomucronulatol	40	0.03573611	0.35430666
MOL000358	beta-sitosterol	35	0.02520255	0.31504617
MOL000392	formononetin	34	0.03465001	0.35130224
MOL000354	isorhamnetin	32	0.01995551	0.35130224

1 **Table 3-1 Network node characteristic parameters of the main active ingredients of Yishen**

2 **Capsules.**

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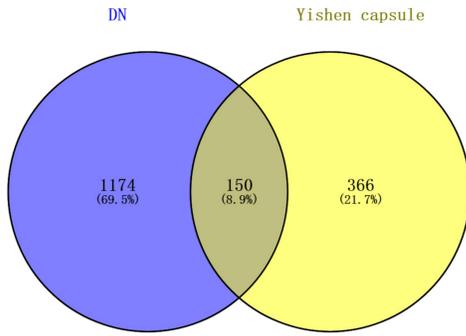
Target	Degree	Betweenness Centrality	Closeness Centrality
<i>PTGS2</i>	33	0.05520299	0.42028986
<i>PTGS1</i>	21	0.01998458	0.37516171
<i>AR</i>	20	0.02058265	0.37419355
<i>AKT1</i>	17	0.04015246	0.42274052
<i>NOS2</i>	16	0.01531578	0.37760417
<i>PPARG</i>	16	0.01758892	0.39835165
<i>IL6</i>	16	0.00356237	0.34077556
<i>BAX</i>	16	0.01003944	0.37227214
<i>RELA</i>	16	0.00720066	0.37371134
<i>PRSSI</i>	16	0.01121045	0.35846724
<i>NCOA2</i>	16	0.01523082	0.36069652
<i>TP53</i>	15	0.03585158	0.41786744
<i>CASP3</i>	15	0.01468196	0.37809648
<i>CDKN1A</i>	15	0.0118844	0.38359788
<i>BCL2</i>	15	0.00936918	0.37323037
<i>ESR1</i>	14	0.01481544	0.37809648
<i>NOS3</i>	14	0.00924872	0.35452323
<i>JUN</i>	14	0.0098228	0.38057743
<i>TNF</i>	14	0.00615412	0.36942675
<i>MAPK1</i>	14	0.00327309	0.33957845
<i>EGFR</i>	14	0.00274312	0.33918129
<i>CCND1</i>	13	0.01120024	0.33878505
<i>VEGFA</i>	13	0.0030311	0.34198113
<i>GABRA1</i>	13	0.00689756	0.34238489
<i>ADRB2</i>	13	0.00777459	0.33838973
<i>DPP4</i>	13	0.00848346	0.35409035

1 **Table 3-2 The characteristic parameters of the target network node of the main active**
2 **ingredients of Yishen Capsules.**

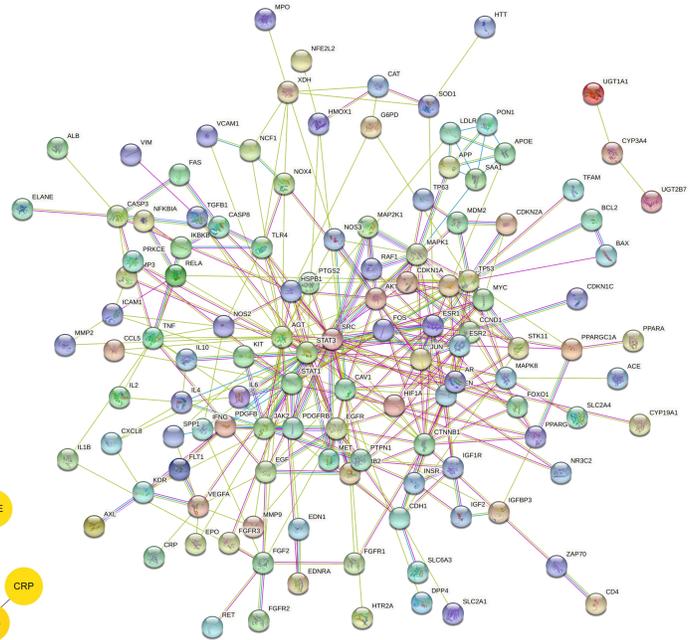
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1 **Figure legends**

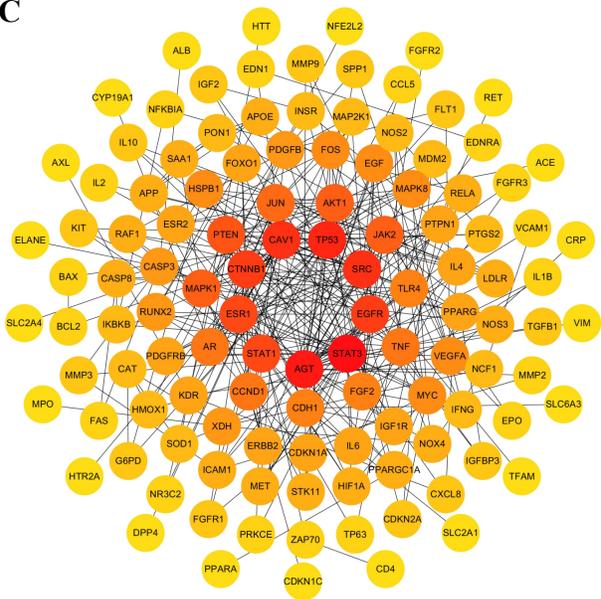
2 **A**



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8 **C**



17 **Figure 1: Common targets of Yishen capsule ingredients and diabetic nephropathy. (A)**

18 Venny diagram. Venny diagram shows the intersection of Yishen Capsule target genes and DN

19 disease target genes, and the overlapping part is the number of intersection target genes. (B) PPI

20 network of the common targets of Yishen Capsule and diabetic nephropathy. (C) PPI protein

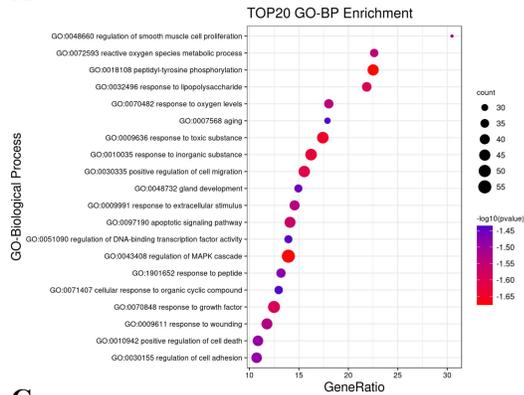
21 interaction network diagram. The nodes in the picture represent the common target proteins, and

22 the color depth is positively correlated with the degree value of the node.

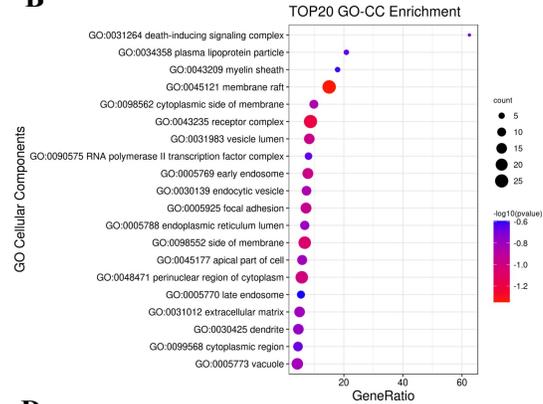
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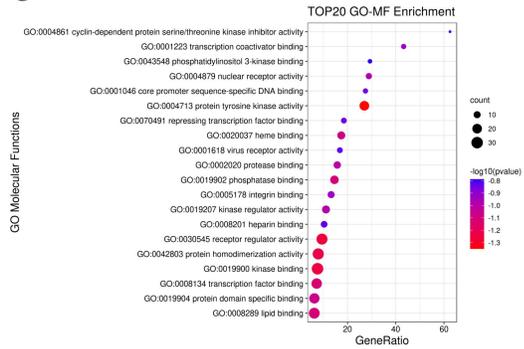


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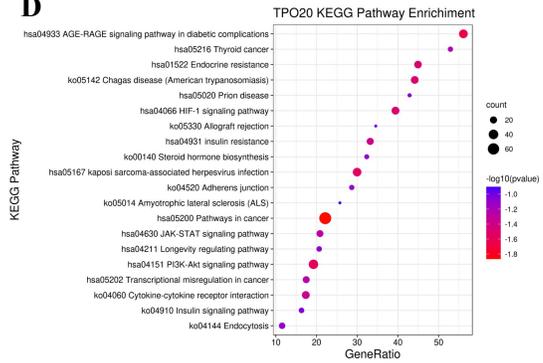


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4 **Figure 2: GO and KEGG pathway enrichment analysis. (A-C)** The BP, CC and MF of GO

5 enrichment analysis, respectively. (D) The KEGG signal pathway analysis. The size of the dot

6 indicates the number of enriched genes. The color from blue to red indicates significance. The

7 smaller the p.value, the more significant the difference.

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1 more this component is enriched in the pathway. (B) Venn diagram shows the intersection of the
2 key target genes screened by the drug-disease-pathway network diagram and the key target genes
3 screened by the PPI network.

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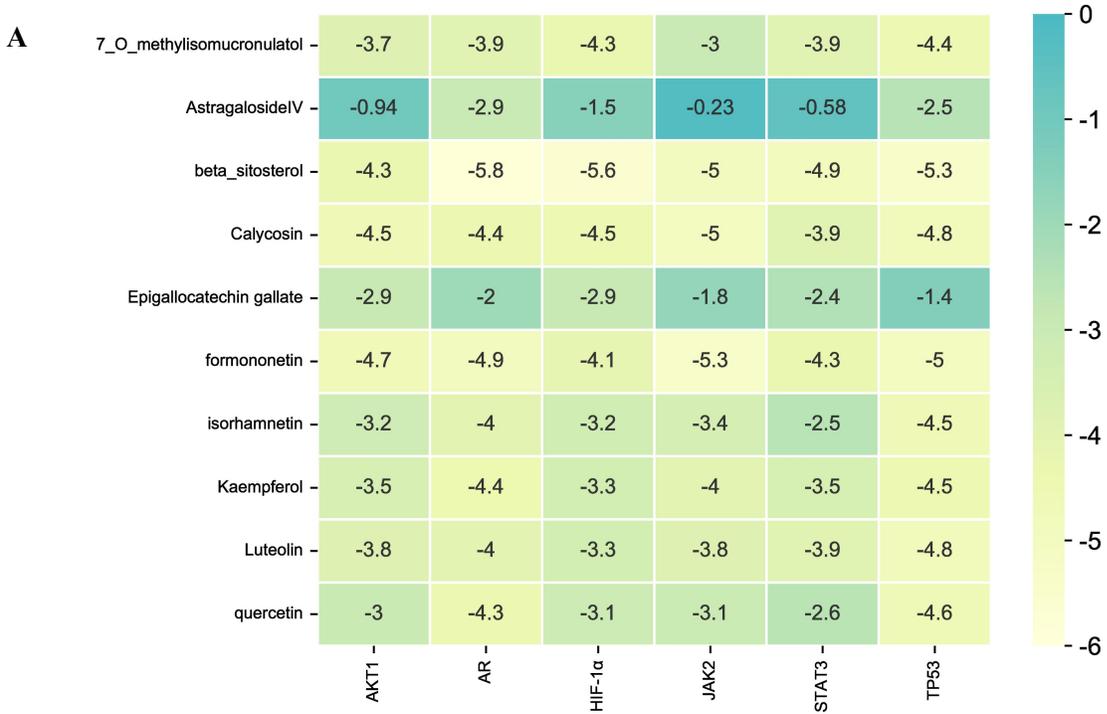
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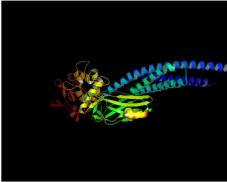


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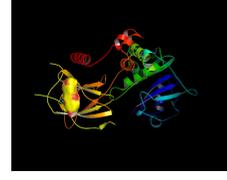


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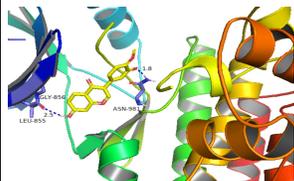
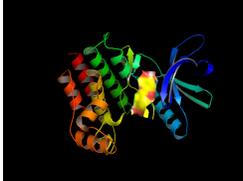


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1 **Figure 4: The molecule docking heat map of the key active compounds in the Yishen**
2 **capsule and the core target proteins.**(A) The vertical axis represents the effective active
3 ingredient of Yishen capsule and the horizontal axis represents the core target protein receptor.
4 Each value represents the total score of molecular docking, and the darker the color, the higher
5 the score. (B) Docking analysis of formononetin with AKT1 receptor. (C) Docking analysis of
6 formononetin with STAT3 receptor. (D) Docking analysis of formononetin with TP53 receptor.
7 (E) Docking analysis of β -sitosterol with AR receptor. (F) Docking analysis of β -sitosterol with
8 TP53 receptor. (G) Docking analysis of verbasin with HIF-1 α receptor. (H) Docking analysis of
9 mullein with JAK2 receptor. For all the docking analysis results, the left panel shows the global
10 diagram of the simulated docking of each ligand molecule and the receptor protein. The colored
11 ribbon model, the protein structure. The yellow sac-like structure, the ligand molecule. The right
12 panel is a partial three-dimensional image of simulated docking. Yellow, small ligand molecules.
13 Purple, amino acid residues that have hydrogen bonds with active molecules. The blue dashed
14 line, interacting hydrogen bonds.

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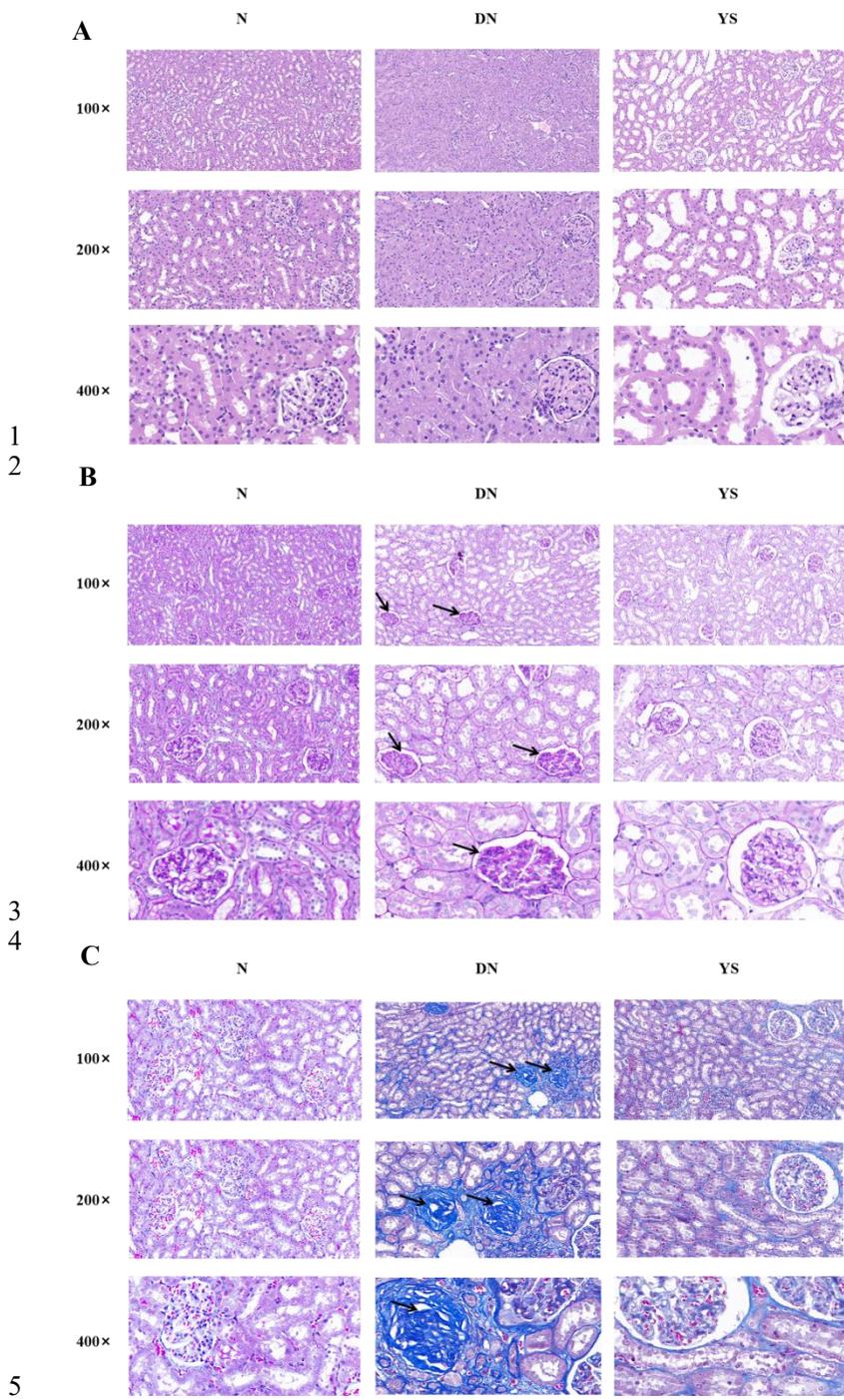


Figure 5: Pathological analysis of rat kidney tissues in each group ($\times 100, \times 200, \times 400$). (A)

HE staining of rat kidney tissue. In the DN group, the glomerular capillary loops were hypertrophy, the basement membrane was thickened, the mesangial cells and mesangial matrix were proliferated, and the renal tubular epithelial cells were hypertrophy, while there was no

1 glomerular sclerosis or interstitial fibrosis. Compared with the DN group, the above-mentioned
2 lesions in the YS group were reduced to varying degrees. (B) PAS staining. PAS-positive protein
3 deposits can be seen in the glomerular mesangial area and renal tubular epithelial cells of rats in
4 the DN group (Arrows in the figure). Compared with the DN group, the YS group had less PAS-
5 positive protein deposition. (C) Masson staining. There were no abnormal changes in the
6 morphology and structure of the kidney tissue in the normal group. Masson staining rarely
7 showed blue staining of collagen tissue. The glomerulus volume of rats in the DN group
8 increased, the renal tubular epithelial cells were obviously edema, and the lumen became narrow.
9 Masson staining showed blue-stained collagen tissue (Arrow in the figure). Compared with the
10 DN group, the YS group had increased glomerular volume, reduced renal tubular epithelial cell
11 edema, and decreased blue-stained collagen tissue.

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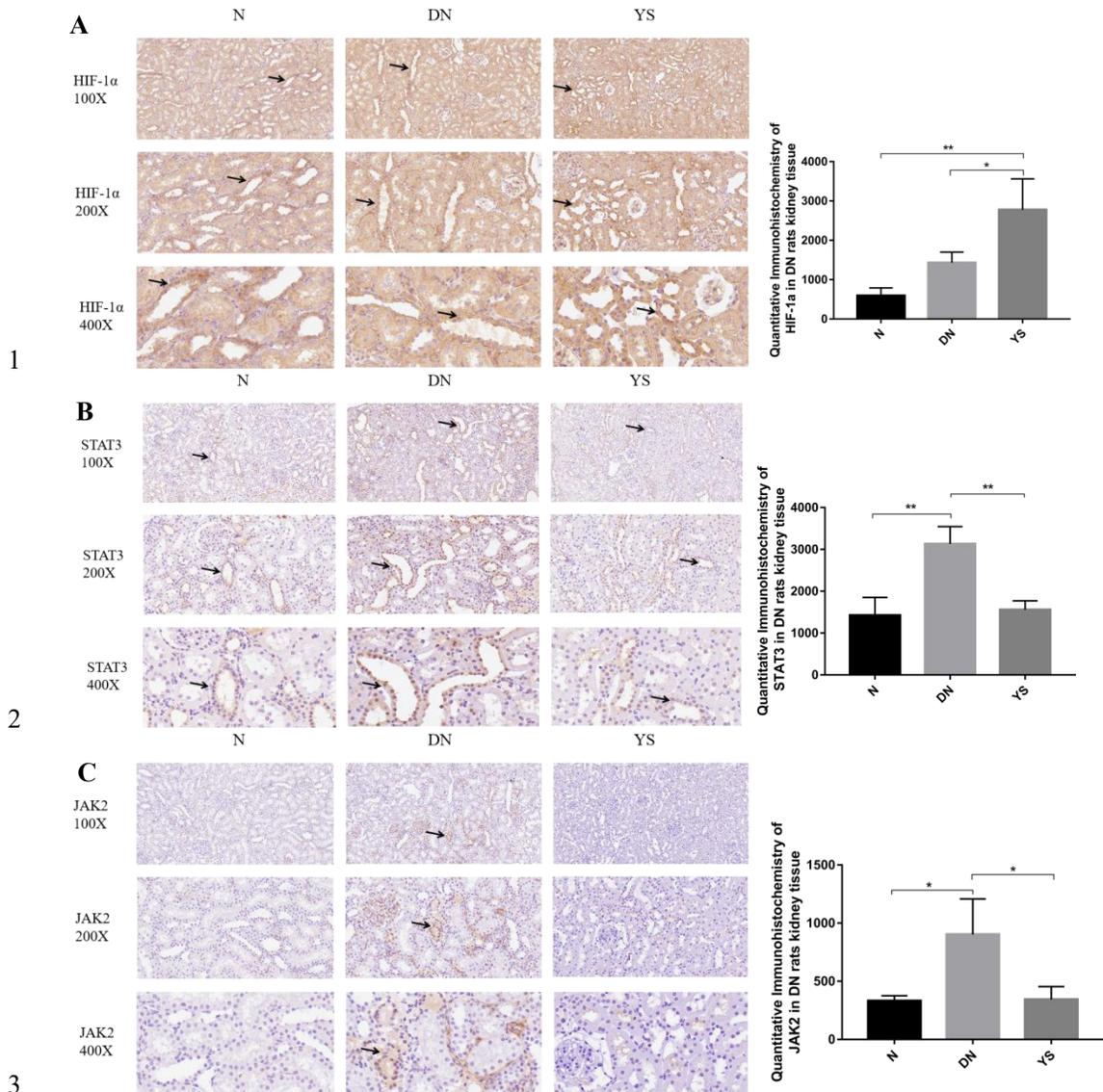
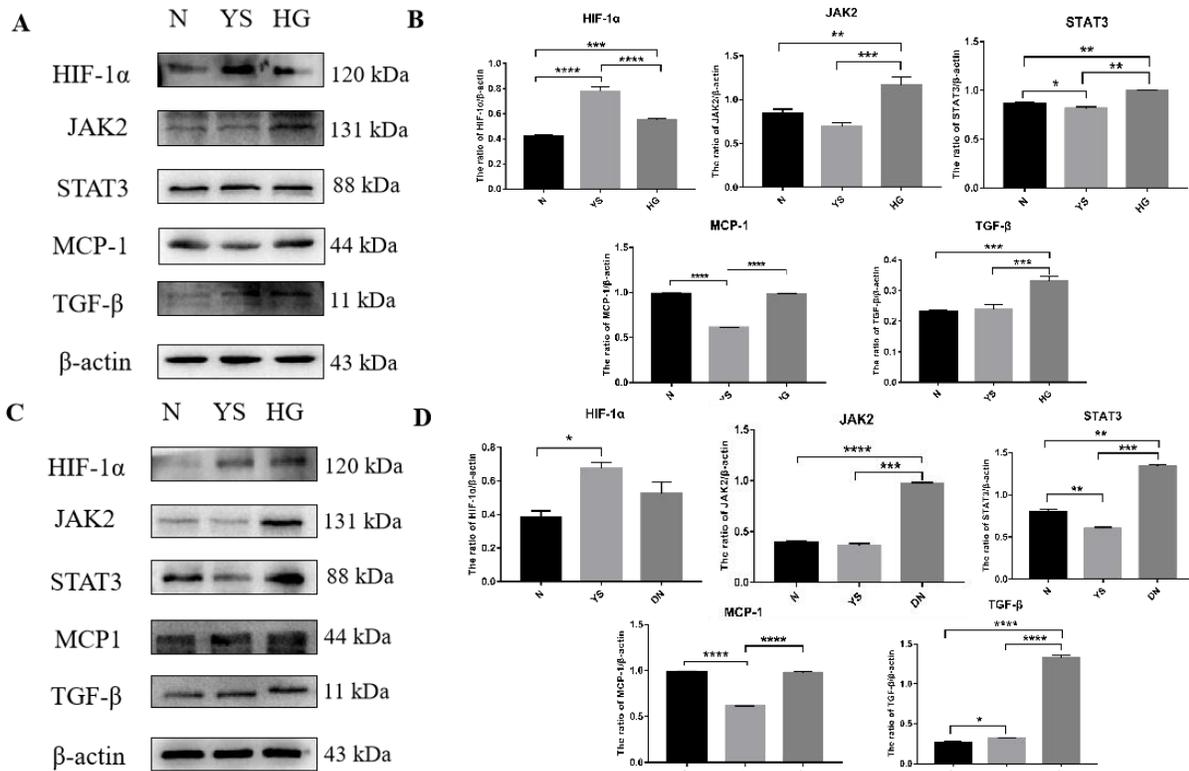


Figure 6: Immunohistochemical detection and quantitative analysis of HIF-1α, STAT3 and JAK2 in kidney tissues of rats in each group. (A) The expression of HIF-1α in the DN group was higher than that in the N group, which was further up-regulated in the YS group ($P<0.05$). (B) The expression of JAK-2 in DN group was higher than that in the N group, while its expression in the YS group was lower than that in the DN group ($P<0.05$). (C) The expression of STAT3 in DN group was higher than that in the N group, while its expression in the YS group was lower than that in the DN group ($P<0.05$). * $P<0.05$, ** $P<0.01$.



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2 **Figure 7: Western blot to detect the expression of key proteins in cells and tissues.** (A-B) the
3 expression and quantitative analysis of key proteins in renal tubular epithelial cells. After high
4 glucose (HG) stimulation, the expression of HIF-1α, JAK-2, STAT3 and TGF-β protein
5 increased in renal tubular epithelial cells. After YS treatment, compared with the HG group, the
6 expression of HIF-1α in renal tubular epithelial cells further increased, while the expression of
7 JAK2, STAT3, MCP-1 and TGF-β decreased. (C-D) the expression and quantitative analysis of
8 key proteins in kidney tissue. Compared with the normal group (N), the expression of JAK2,
9 STAT3 and TGF-β protein in the kidney tissue of the DN group increased. After treatment with
10 Yishen Capsule, the expression of HIF-1α in kidney tissue increased compared with that in the
11 the normal group. Compared with the DN group, the expressions of JAK2, STAT3, MCP-1 and
12 TGF-β in kidney tissues all decreased after treatment with Yishen capsule. *P<0.05, **P<0.01,
13 ***P<0.001, ****P<0.0001.