

# Cadmium Exposure Decreases Fasting Blood Glucose Levels and Exacerbates Type-2 Diabetes in a Mouse Model

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## Research Article

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# Abstract

## Purpose

Although the effects of cadmium (Cd) on the development of diabetes have been extensively investigated, the relationship between Cd exposure and the severity of established diabetes is unclear. Herein, we investigate the effects of long-term exposure to Cd in a streptozotocin-induced mouse model of type 2 diabetes and the underlying mechanism.

## Methods

C57BL/6 Mice were divided into the following four groups: 1) control group; 2) Cd-exposed group; 3) diabetic group; 4) Cd-exposed diabetic group. Cd exposure was established by the administration of 155 ppm CdCl<sub>2</sub> in drinking water. After 25 weeks of treatment, serum fasting glucose and insulin were measured. Meanwhile, the liver and pancreas specimens were sectioned and stained with Hematoxylin and eosin. Gluconeogenesis, glycolysis, lactate concentration and fibrosis in liver were evaluated.

## Results

Clinical signs attributable to diabetes were more apparent in Cd-exposed diabetic mice. Interestingly, Cd exposure significantly decreased fasting blood glucose levels in diabetic group. We further demonstrated that the glycolysis related hepatic enzymes, pyruvate kinase M2 (PKM-2) and lactic dehydrogenase A (LDHA) were both increased, while the gluconeogenesis related hepatic enzymes, phosphoenolpyruvate-1 (PCK-1) and glucose-6-phosphatase (G6Pase) were both decreased in Cd exposed diabetic mice, indicating that Cd increased glycolysis and inhibited gluconeogenesis in diabetic model. Moreover, lactate accumulation was noted accompanied by the increased inflammation and fibrosis in the livers of diabetic mice following Cd exposure.

## Conclusions

Cd exposure disturbed glucose metabolism and exacerbated diabetes, providing a biological relevance that DM patients are at greater risk when exposed to Cd.

## Introduction

Diabetes mellitus (DM) is a major contributor to morbidity, mortality, and disability, which represents a critical public health issue[1]. As other chronic diseases, DM is also genetic and environmentally-related [2]. Environmental pollutants, such as heavy metals, have been implicated as contributing to the pathogenesis of DM. Cadmium (Cd) is an environmental pollutant and has been associated with DM [3, 4]. Prior research in animal models identified a dysregulation of glucose metabolism, specifically, a

relationship between Cd exposure and increased blood glucose levels [5, 6]. As reported, Cd exposure induced hyperglycemia, altered oxidative status and led to pancreatic  $\beta$ -cell dysfunction [7–10]. Our research group also found that Cd decreased serum insulin concentrations and induced insulin resistance[11]. We further suggested that urinary Cd levels in humans were positively associated with DM [12]. In human, a cohort study suggested that individuals with high levels of urine Cd and plasma CRP (c-reactive protein) were at developing type-2 diabetes (T2DM) [13]. However, the underlying molecular and cellular mechanisms remains unclear to properly assess the actual relation between Cd exposure and DM.

Although the effects of Cd on the development of diabetes have been extensively investigated, the relationship between Cd exposure and the severity of established diabetes is unclear. Cd toxicity was identified as the cause of Itai-itai disease[14]. Currently, Cd continues to pose a significant threat to human health worldwide. Cd exists in the earth's crust and is widely distributed in the environment due to industrial and agricultural activities[15]. Apart from occupational exposure, drinking water, cigarette smoking, recharged nickel-cadmium batteries and such foods as cereals, vegetables, potatoes, and meat products are the major sources of human Cd exposure[16, 17]. Owing to the high level of Cd pollution and the increasing prevalence of DM in industrialized countries, the effects of Cd exposure on the severity of established DM need to be better understood.

In the present study, we analyzed the effects of Cd exposure on diabetes in a T2DM mouse model, and we included analyses to describe changes in key hepatic metabolic enzymes in these mice. Lactate, inflammation and fibrosis were also analyzed in mouse livers after Cd exposure. These endpoints were used to better understand the possible mechanisms for an increased risk of diabetic severity caused by Cd exposure. Based on the widespread distribution of Cd in the environment and the increasing prevalence of DM in industrialized countries, our research provided biological relevance that DM patients are at greater risk for disease progression when exposed to Cd.

## Materials And Methods

### Animal model and treatment

Eight-week-old C57BL/6 male mice were purchased from the Experimental Animal Centre of Soochow University (Suzhou, China). All mice were housed five per cage in poly-carbonate cages and maintained under a natural light/dark cycle at 18-28°C and 40-60% humidity. After acclimatization to laboratory conditions for one week, the mice were fed by high fat diet (26.2% protein, 26.3% carbohydrate and 34.9% fat; Biopike company, D12492). Eight weeks later, mice were administered streptozotocin (STZ; 100mg/kg) once by intraperitoneal injection. One week later, mice with fasting blood glucose levels were measured by an automatic glucometer (Roche, Switzerland, ACCU-SHEK) and  $\geq 16.7$  mmol/L were defined as T2DM mice. Mice were then subdivided into the following four groups: 1) non-diabetic mice (CON, n=10); 2) non-diabetic mice administered 155 ppm CdCl<sub>2</sub> in the drinking water (Cd, n=10); 3) diabetic mice (DM, n=15); 4) diabetic mice administered 155 ppm CdCl<sub>2</sub> in the drinking water (DM+Cd,

n=15). After 25 weeks of treatment, all mice were sacrificed by cervical dislocation. Blood samples were collected from the retroorbital plexus and allowed to clot at room temperature for 10 min and then centrifuged at 3000× g at 4°C for 10 min to obtain serum. Tissues were removed and fixed in 10% buffered formalin or frozen at -80°C. The study protocol was approved by the Soochow University Institutional Animal Care and Use Committee (SCKK2017-0006). All procedures were conducted in accordance with the guidelines of the care of laboratory animals[18].

### **H&E staining**

Liver and pancreas specimens from all experimental groups were fixed in 4% neutral buffered formalin, dehydrated, and embedded in paraffin. Pancreas were sectioned (5-µm thickness) and stained with hematoxylin and eosin (H&E, Beyotime, China). Histological features were observed using light microscopy (CKX41, OLYMPUS, Tokyo, Japan).

### **Masson trichrome collagen staining**

The liver sections were stained with Weigert's iron hematoxylin solution for 5 min, acid ethanol for 10s and then washed with tap water. Sections were counterstained with Masson trichrome stain (Sbjbio, China) for 4 min, then washed with tap water for 1 min. Sections were then stained with Ponceau stain for 5 min and washed with phosphomolybdic acid for 2 min. Next, a weak acid working solution (pH 5.8) was used to wash the sections for 1 min. Sections were then stained with aniline blue for 2 min and washed with the weak acid working solution for 1 min. Finally, sections were washed with 95% and 100% ethyl alcohol three times for 10 s and xylene for 1 min each.

### **Enzyme-linked immunosorbent (ELISA) assay**

The level of insulin in serum was measured by ELISA (Elabscience Biotechnology, Wuhan, China) according to the manufacturer's instructions. Optical density (OD) was measured at 450 nm. Insulin concentrations were expressed as pg/ml.

### **Lactate assay**

Tissues lactate concentrations were determined using the Lactate Assay Kit (Nanjing Jiancheng Bio-engineering Institute, Nanjing, China). The tissues were homogenized with a grinding miller and the supernatants were extracted and centrifuged (10000g, 10 min). The solutions from the assay kit were mixed and incubated for 10 min at 37°C, and the reaction was stopped by stop solution. The OD was measured at 530 nm. The concentrations of lactate in tissue were normalized and expressed as mmol/g protein, serum lactate levels were expressed as mmol/L.

### **Western blot**

Tissues were lysed in RIPA lysis buffer (Beyotime, Shanghai, China) with protease inhibitors. Protein concentrations were determined using a BCA protein assay kit (Beyotime). Equal amounts of sample

were separated on SDS-PAGE and transferred to PVDF membranes. The samples were blocked with 5% skimmed milk in PBS-T, and then incubated with antibodies for PKM-2, lactate dehydrogenase-A (LDHA), and GAPDH as a loading control (all rabbit monoclonal antibodies, diluted 1:1000). Blots were incubated with goat antirabbit IgG secondary antibody (diluted 1:3000). Reactive signals were detected by a chemiluminescence imager (Gene GnomeXRQ, Gene Company Limited).

### **Quantitative Real-Time PCR**

Total RNA was extracted from tissue using the Total RNA Extraction Kit (Invitrogen, USA). Extracted RNA was used as a template for reverse transcription using the RT Reagent Kit. Real-time quantitative PCR was performed using the ABI 7300 Real-time PCR System and SYBR Premix Ex Taq<sup>TM</sup> II. The reaction was performed in a final volume of 20  $\mu$ L. The cycle began with an initial denaturing step for 1 min at 95°C followed by 40 PCR cycles: 15 s at 95°C and 25s at 63°C. Relative gene expression was calculated using the 2- $\Delta\Delta$ Ct method. The sequences of the forward (F) and reverse (R) primers are presented at Table 1.

### **Statistical analysis**

All quantitative data are expressed as the mean  $\pm$  SD of independent experiments. Comparisons between two groups were analyzed using Student's *t*-test, and comparisons between more than two groups were made using one-way ANOVA to identify differences among means. A value of  $P < 0.05$  was considered statistically significant. Statistical analyses were performed and graphs were created, using a GraphPad cameyo statistical package.

## **Results**

### **Cd exacerbated clinical signs in diabetic mice**

Cd mice showed no sign of Cd toxicity, whose body weight were similar as control mice. Both DM mice and Cd+DM mice showed diabetic signs including polyuria, polydipsia, and polyphagia, whose body weight significantly decreased compared with the control mice (Fig. 1A). Moreover, the body weight of the DM+Cd mice was significantly less than the DM mice (Fig. 1B). In the later period of experiment, significantly decreased locomotor activity were found in DM and Cd+DM group mice, especially in Cd+DM group mice. Six mice died during experiment period in DM+Cd group and no death was found in other three groups.

### **Cd decreased fasting blood glucose and serum insulin levels in diabetic mice**

There was no significant difference in fasting blood glucose (FBG) levels between Cd and CON mice. The DM mice were hyperglycemic compared with the CON mice, but Cd treatment decreased the FBG in DM mice compared with the DM mice without exposure to Cd. (Fig. 1C). The fasting serum insulin levels in the DM+Cd mice were also decreased compared with DM mice (Figure 1D), and this finding was

supported histopathologically by the abnormal shapes of islets in the diabetic mice after Cd treatment (Figure 1E).

### **Cd enhanced glycolysis and inhibited gluconeogenesis in diabetic mice**

Results from western blot for hepatic PKM-2 and LDHA showed significant increases in DM+Cd mice compared with CON mice; however, the protein levels of PKM-2 and LDHA in DM+Cd mice were not statistically different from those of the DM mice, (Figure 2A). These findings nevertheless suggested Cd exposure may increase glycolysis in diabetic mice. In contrast (Figure 2B), the relative mRNA levels of *PCK-1* and *G6Pase* in the livers of DM+Cd mice were significantly decreased compared with the other three groups. These data indicated that Cd inhibited gluconeogenesis in diabetic mice.

### **Cd promotes liver lactate accumulation in diabetic mice**

Lactate is an end-product of glycolysis. As shown in Figure 3, the concentrations of hepatic lactate in DM+Cd mice were much higher than other three groups. These data indicated that Cd enhanced the accumulation of hepatic lactate in diabetic mice.

### **Cd promoted inflammation in diabetic mice**

After diabetic mice were treated with Cd, relative mRNA levels of inflammatory biomarkers interleukin-6 (*IL-6*) in livers of DM+Cd group were increased compared with the other three groups. Furthermore, transforming growth factor- $\beta$  (*TGF- $\beta$* ) was increased in livers of DM+Cd group compared with the CON and Cd groups (Figure 3B).

### **Cd promoted fibrosis in diabetic mice**

Cd significantly increased the mRNA levels of *Collagen I* in diabetic mouse livers compared with other three groups, and Cd significantly increased hepatic *Collagen III* levels in these mice compared with CON and Cd mice (Figure 4A). Masson trichrome collagen staining showed that DM+Cd mice had the greatest amount of fibrosis compared to other three groups (Fig. 4B).

## **Discussion**

In this study, we observed that Cd exacerbated the clinical signs and progression of diabetes in the T2DM mice. High fat diet combined with administration of STZ is frequently used to produce experimental type 2 diabetes mellitus. In the present study, STZ-induced mice are characterized by a significant hyperglycemia, loss of body weight, polyphagia and polydipsia, which is classic diabetic symptoms. Cd exposure decreased body weight, serum insulin level and locomotor activity in diabetic mice. The phenomenon is consistent with the clinical picture of advanced diabetes in humans, which is characterized by decreased serum insulin content, physical weakness and high mortality [16]. The results provides a biological relevance that DM patients are at greater risk when exposed to Cd.

Surprisingly, Cd decreased the FBG levels in diabetic mice despite the serum insulin concentrations being decreased. This is in contrast with some published studies where Cd was reported to increase FBG levels in normal mice or diabetic mice [20, 21]. However, our data were consistent with other studies showing that Cd decreased FBG levels [22, 23]. The reasons for this discrepancy, and the anomaly of FBG and insulin both decreasing, are unclear. A full resolution to this apparent discrepancy will be the focus of future research.

Liver plays a key role in blood glucose regulation by glycolysis and gluconeogenesis. To determine whether Cd exposure existed effects on glycolysis and gluconeogenesis, contents of several enzymes in liver were investigated. The PKM enzyme is a rate-controlling key glycolytic enzyme in glycolysis, which catalyzes the conversion of phosphoenolpyruvate to pyruvate [24]. LDHA is one of the endpoint of glycolysis pathway, catalyzing the formation of lactate from pyruvate [25]. We found that Cd significantly stimulated the expression of PKM-2 and LDHA in the liver of diabetic mice, which indicates Cd increased liver glycolysis in diabetic mice. Studies reported that Cd stimulated liver glycolysis in aquatic organism. However, there is no report about the effect of Cd exposure on liver glycolysis in mammals. Published studies suggested that Cd promoted glycolysis in lung and neuronal cells in rats [26, 27]. In the present study, increased lactate production in liver of Cd-exposed mice supported the idea that Cd increased glycolysis.

PEPCK is a key enzyme of gluconeogenesis in the liver [28, 29]. We found no significant difference in expression of PCK-1 between diabetic mice and control mice. However, Cd exposure significantly decreased the expression of PCK-1 in diabetic mice liver. PEPCK is a rate-limiting step in gluconeogenesis, which catalyzes the conversion of oxaloacetate to phosphoenolpyruvate. So, activity of PEPCK determines the amount of glucose produced. Thus, the decreased expression of PCK-1 indicates Cd decreased gluconeogenesis in diabetic mice. Besides, G6Pase is an another essential enzyme to gluconeogenesis, which induce the hydrolysis from glucose-6-phosphate to glucose[30]. In this study, the mRNA levels of both PCK-1 and G6Pase were inhibited by Cd exposure, which indicated that Cd inhibited hepatic gluconeogenesis in diabetic mice.

Based on these results, it can be concluded that the marked decrease in blood glucose level in Cd exposed mice, as observed in the present study, may result from promoted glucose metabolism by glycolysis and inhibiting hepatic endogenous glucose production by gluconeogenesis.

It is paradoxical that improved glucoregulation and exacerbated diabetic symptoms. Next, lactate concentration was studied. As expected, significant increased lactate production was found in the liver of diabetic mice after Cd exposure, which may result from decreased gluconeogenesis and increased glycolysis. Lactate, the end product of glycolysis, is acknowledged as an energy source and intermediary metabolic product[31]. Excessive lactate production results in lactic acidosis, which is a rare but life-threatening complication of DM[32]. However, it is not clear the side effects of elevated lactate concentration which is below the lactic acidosis level. Researches focus on the metabolic flexibility of lactate in disease. However, little is known about the underlying mechanism of the non-metabolic

functions and accumulation of lactate in pathological progression. Healthy liver exhibits higher lactate clearance than any other organ[33]. A report found that blood lactate might be an independent risk factor for the development of type 2 diabetes. A prospective study reported that blood lactate predicted incident diabetes independent of many other risk factors and was strongly related to insulin resistance. In human, lactate accumulation was found in chronic liver disease [34]. Published studies reported that increased liver lactate levels stimulated hepatic stellate cells activation and contributed to the severity of fibrosis. It was reported that lactate augmented LPS-stimulated inflammatory gene expression. Non-alcoholic fatty liver disease is a common complication of DM with incidence rate 50%[35]. Therefore, the mice liver fibrosis was investigated in the present study. We found that Cd exposure indeed worsened liver fibrosis in diabetic mice. Consistent with the effects of Cd on fibrosis, we also found that Cd increased the expression of *IL-6*, *TGF- $\beta$* , *Collagen I* and *Collagen III* in diabetic mice liver. These cytokines may involve in the process of worsened fibrosis induced by Cd. Besides, published studies had shown that hepatic lactate was related to inflammatory stress [36], which is consistent with this study. In general, Cd increased the lactate concentrations and promoted liver inflammation in diabetic mice liver, and increased inflammatory stress is the possible reason resulted in liver fibrosis. Together, our data support several possible mechanisms for the exacerbated clinical signs associated with Cd exposure in T2DM mice.

The results of our study have potentially broad biological relevance. The numbers of people who live in Cd contaminated areas or who are exposed to Cd in the workplace and those who are diagnosed with DM has increased rapidly worldwide [37–41]. Greater insight into the interaction of Cd and DM is essential. However, there were some limitations of this study. Specifically, we did not further explore those mechanisms related to the changes reported for blood glucose and insulin. These would be the focus of future research.

## Conclusion

In a T2DM mouse model, Cd exposure disturbed glucose metabolism and exacerbated diabetes. Increased hepatic lactate accumulation, inflammation and fibrosis may contribute to the effects of Cd. The data support the hypothesis that Cd exposure is a risk factor for the exacerbation of diabetes.

## Declarations

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### Author Contributions

Mengyang Li, Shuai Wang and Zengli Zhang conceived and designed the experiments; Mengyang Li, and Shuai Wang performed the experiments; Bingyan Li, Shuai Wang, Xiuxiu Liu and Zhijie Sheng contributed



reagents/materials/analysis tools; Jie Zhang, Mengyang Li, Xiuxiu Liu and Jiafu Li analyzed the data; Mengyang Li and Zengli Zhang wrote the paper.

## Declaration of Competing Interest

The authors declare that they have no conflicts of interest.

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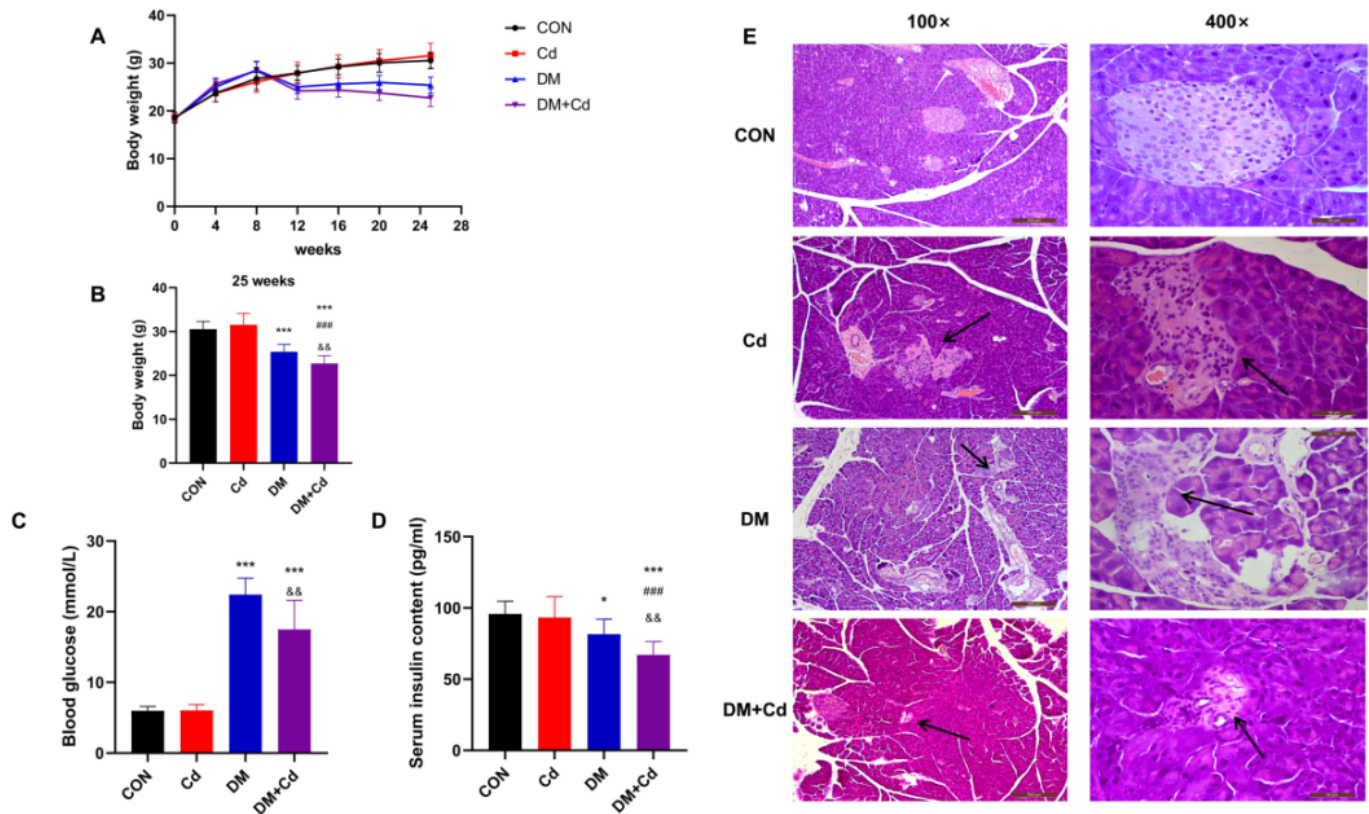
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## Tables

**Table1.** Real-time PCR primer sequences.

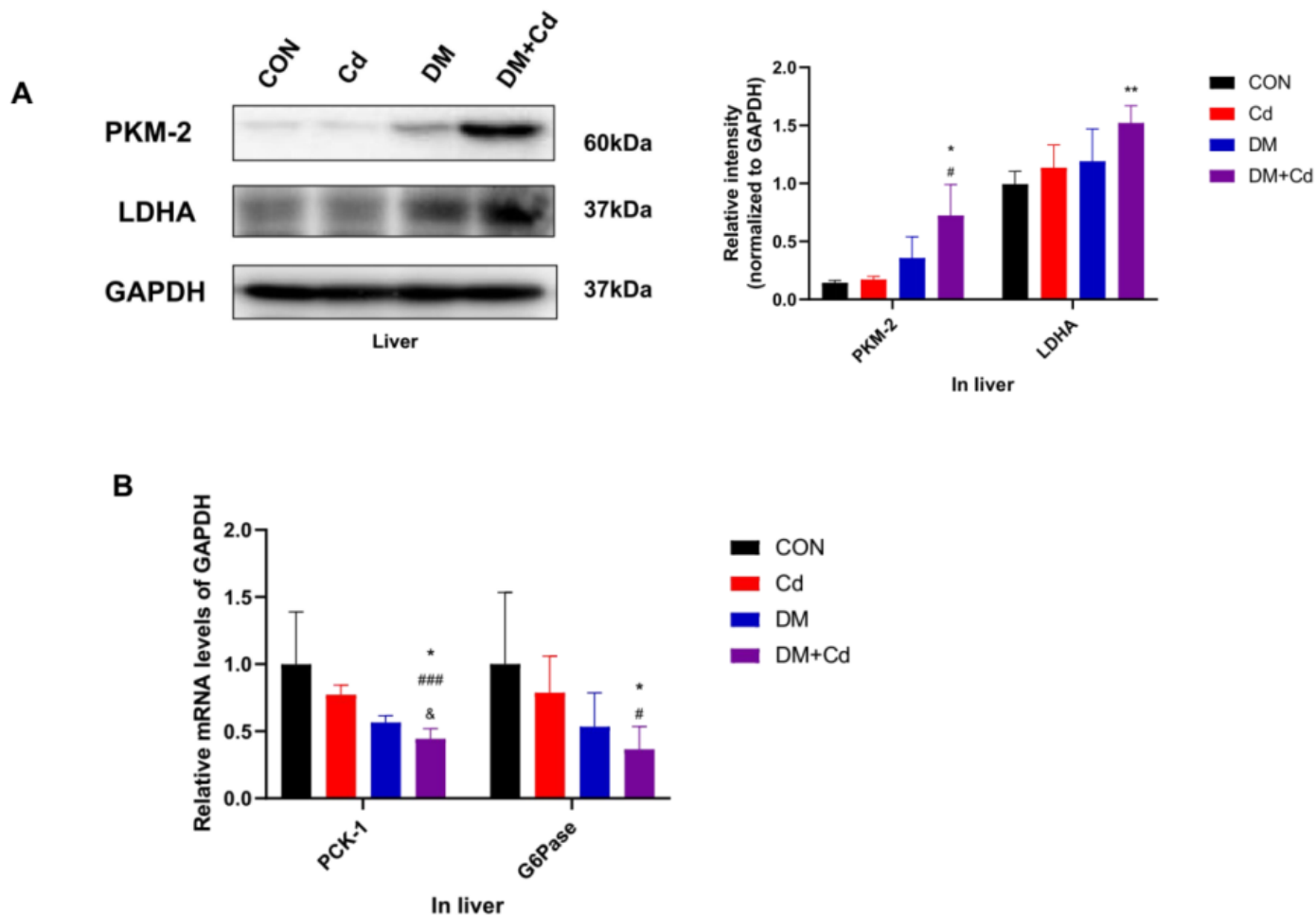
Gene Name	Forward Sequence (5'-3')	Reverse Sequence (5'-3')
PCK-1	AGCATTCAACGCCAGGTTC	CGAGTCTGTCAGTTCAATACCAA
G6Pase	CGACTCGCTATCTCCAAGTGA	GGGCGTTGTCCAAACAGAAT
IL-6	GAGGATACCACTCCCAACAGACC	AAGTGCATCATCGTTGTTTCATACA
TGF- $\beta$	ATCCTGTCCAAACTAAGGCTCG	ACCTCTTTAGCATAGTAGTCCGC
Collagen I	AGGCTTCAGTGGTTTGGATG	CACCAACAGCACCATCGTTA
Collagen III	AAGGCTGCAAGATGGATGCT	GTGCTTACGTGGGACAGTCA
GAPDH	ACTCCACTCACGGCAAATTC	TCTCCATGGTGGTGAAGACA

# Figures



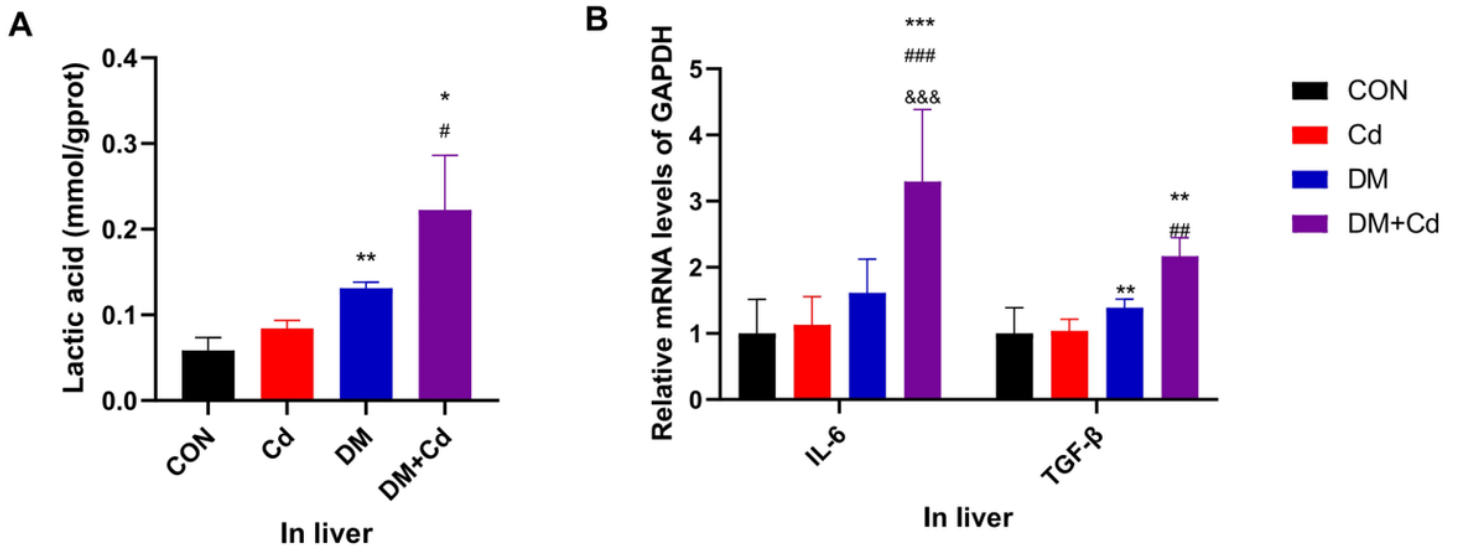
**Figure 1**

Cd decreased fasting blood glucose and serum insulin concentrations in diabetic mice. (A) The change in body weight of all mice over 25 weeks. (B) Body weight at the 25th week. (C) Fasting blood glucose levels in mice at the 25th week. (D) Serum insulin concentrations in mice at the 25th week. (E) Representative images of pancreas with H&E staining, the shapes of islets are marked with black arrows. Data are represented as mean±SD. Statistical significance was considered at \*\*\* $P < 0.001$ , \*\* $P < 0.01$ , \* $P < 0.05$ , compared with CON; ### $P < 0.001$ , ## $P < 0.01$ , # $P < 0.05$ , compared with Cd; &&& $P < 0.001$ , && $P < 0.01$ , & $P < 0.05$ , compared with DM.



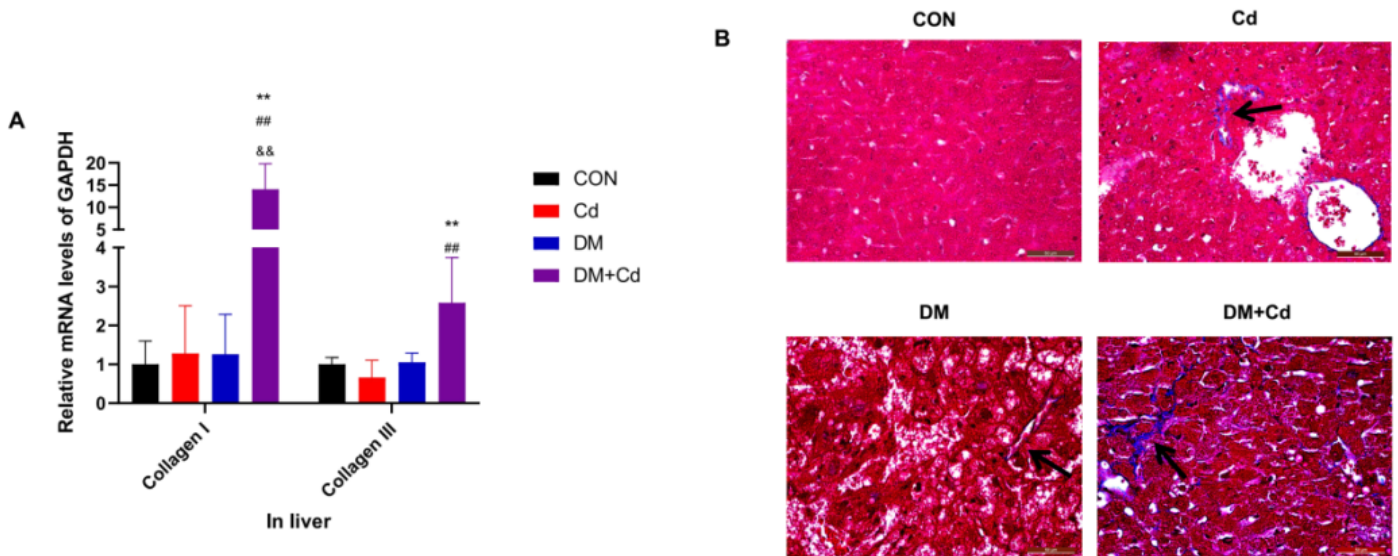
**Figure 2**

Cd enhanced glycolysis and inhibited gluconeogenesis in diabetic mice. (A) Representative results and densitometric analyses of western blot for PKM-2 and LDHA protein in liver. (B) Relative mRNA levels of PCK-1 and G6Pase in liver. Data are represented as mean $\pm$ SD. Statistical significance is considered at \*\*\* $P$ <0.001, \*\* $P$ <0.01, \* $P$ <0.05, compared with CON; ### $P$ <0.001, ## $P$ <0.01, # $P$ <0.05, compared with Cd; &&& $P$ <0.001, && $P$ <0.01, & $P$ <0.05, compared with DM.



**Figure 3**

Cd increases liver lactate and inflammation levels in diabetic mice. (A) The content of lactate in liver. (B) Relative mRNA levels of IL-6 and TGF-β in liver. Data are represented as mean±SD. Statistical significance is considered at \*\*\*P<0.001, \*\*P<0.01, \*P<0.05, compared with CON; ###P<0.001, ##P<0.01, #P<0.05, compared with Cd; &&&P<0.001, &&P<0.01, &P<0.05, compared with DM.



**Figure 4**

Cd promoted liver fibrosis in diabetic mice. (A) Relative mRNA levels of Collagen I and Collagen III in liver. (B) Representative images of Masson trichrome staining in liver. Areas of fibrosis indicated with black arrows. Data are represented as mean±SD. Statistical significance is considered at \*\*\*P<0.001, \*\*P<0.01,

\*P<0.05, compared with CON; ###P<0.001, ##P<0.01, #P<0.05, compared with Cd; &&&P<0.001, &&P<0.01, &P<0.05, compared with DM.