

Circulating Microvesicles and Exosomes in Small Cell Lung Cancer by Quantitative Proteomics

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Research Article

Keywords: Small cell lung cancer, proteomics, tumor-derived exosomes, tumor-derived microvesicles, potential diagnostic markers

Posted Date: October 18th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-958940/v1>

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Version of Record: A version of this preprint was published at Clinical Proteomics on January 7th, 2022. See the published version at <https://doi.org/10.1186/s12014-021-09339-5>.

Abstract

Background: Early detection of small cell lung cancer (SCLC) crucially demands highly reliable markers. Growing evidence suggests that extracellular vesicles carry tumor cell-specific cargo suitable as protein markers in cancer. Quantitative proteomic profiling of circulating microvesicles and exosomes can be a high-throughput platform for discovery of novel molecular insights and putative markers. Hence, this study aimed to investigate proteome dynamics of plasma-derived microvesicles and exosomes in newly diagnosed SCLC patients to improve early detection.

Methods: Plasma-derived microvesicles and exosomes from 24 healthy controls and 24 SCLC patients were isolated from plasma by either high-speed- or ultracentrifugation. Proteins derived from these extracellular vesicles were quantified using label-free mass spectrometry and statistical analysis was carried out aiming at identifying significantly altered protein expressions between SCLC patients and healthy controls. Furthermore, significantly expressed proteins were subjected to functional enrichment analysis to identify biological pathways implicated in SCLC pathogenesis.

Results: Based on fold change (FC) ≥ 2 or ≤ 0.5 and AUC ≥ 0.70 ($p < 0.05$), we identified 10 common and 16 and 17 unique proteins for microvesicles and exosomes, respectively. Among these proteins, we found dysregulation of coagulation factor XIII A (Log_2 FC = -1.1, $p = 0.0003$, AUC = 0.82, 95% CI: 0.69-0.96) and complement factor H-related protein 4 (Log_2 FC = 1.2, $p = 0.0005$, AUC = 0.82, 95% CI; 0.67-0.97) in SCLC patients compared to healthy individuals. Our data may indicate a novel tumor-suppressing role of blood coagulation and involvement of complement activation in SCLC pathogenesis.

Conclusions: In comparing SCLC patients and healthy individuals, several differentially expressed proteins were identified. This is the first study showing that circulating extracellular vesicles may encompass specific proteins with potential diagnostic attributes for SCLC, thereby opening new opportunities as novel non-invasive markers.

Background

Lung cancer is the main cause of cancer-related deaths, and the second and third most prevalent cancer in Europe among men and women, respectively¹. The main histopathological subtypes of lung cancer are small cell lung cancer (SCLC) and non-small cell lung cancer (NSCLC). SCLC is a neuroendocrine carcinoma that accounts for approximately 15% of lung cancers and is characterized by an aggressive progression to early metastases^{2,3}. Currently, the diagnosis is based on computed tomography (CT) scan and cytology obtained by fine-needle aspiration (FNA) biopsy from the suspected lesion. While CT scans has a high sensitivity and low specificity due to a high false-positive rate⁴, FNA is associated with a risk of complications⁵. The poor prognosis of SCLC patients is partially a consequence of late diagnosis, since two-thirds of patients present at advanced tumor stage at the time of diagnosis³. Thus, to minimize delays in diagnosis and improve patient safety, better diagnostic procedures are warranted.

Throughout the years, research has been aimed at finding easily accessible, cost-effective and non-invasive biomarkers in lung cancer⁶. Two proteins, NSE and ProGRP, have been documented as suitable for discriminating between NSCLC and SCLC⁷ and it has been suggested that a panel including these markers may improve diagnosis⁸. Despite rigorous investigations, the ideal diagnostic biomarker for SCLC has yet not propertied a place in the clinic.

The emerging field of extracellular vesicles (EVs) has unraveled a novel approach for investigating SCLC. They are secreted by virtually all cells, including cancer cells, and are present in several body fluids, making EVs applicable as non-invasive liquid biomarkers⁹. Broadly, EVs are divided into exosomes (small EVs) and microvesicles (MVs or large EVs), which are continuously released under physiological and pathological conditions. The vesicles are loaded with a specific cargo, including lipids, proteins, and genetic material originating from the parent cell. Thus, the content of EVs may to some extent resemble the molecular profiles of the originating cells¹⁰. Therefore, the use of EVs may provide a revolutionary tool for investigating SCLC in a clinical setting. Proteomic analysis with discovery-based mass spectrometry (MS) is a relatively new approach for discovering novel biomarker candidates in several cancers. Profiling of EV proteomes using this approach has led to identification of novel diagnostic biomarkers in cancers, including ovarian and prostate cancer^{11,12}. Recent studies have identified exosomal biomarkers with diagnostic potential in NSCLC patients using MS^{13,14}. The current study seeks to explore the proteome dynamics of plasma-derived exosomes and MVs from SCLC patients for the identification of significantly expressed proteins that can add new insights into lung cancer biology and early diagnosis. This is the first study inaugurating the potential role of circulating MVs and exosomes in SCLC diagnosis using quantitative proteomics.

Methods

Subject Characteristics

This observational prospective study included data and blood samples from patients with SCLC, diagnosed and treated with chemotherapy between March 2015 to September 2017 at the Department of Oncology, Aalborg University Hospital, Denmark. Inclusion criteria were: eligibility to receive chemotherapy consisting of platinum and a topoisomerase inhibitor, histopathologically and/or cytologically confirmed SCLC, measurable disease on CT scans, and blood samples eligible for MS analysis. Exclusion criteria were: prior systemic chemotherapy for lung cancer, concomitant anticoagulation treatment (except aspirin or clopidogrel), active or at high risk of overt bleeding of clinical importance, severe coagulopathy such as haemophilia, severe liver dysfunction with impaired coagulation, acute peptic ulcer, intracranial haemorrhage or surgery in the central nervous system within the last 3 months, treatment with any other investigational agent, and participation in other clinical trials. The clinical data, administration of medications, treatment details, and radiological evaluation were collected at time of diagnosis. Staging of SCLC was based on the 7th edition of the tumor, lymph node, metastasis (TNM) classification of lung cancer¹⁵. The study was approved by the North Denmark Region

Committee on Health Research Ethics (N-20140055), reported to the Danish Data Protection Authority (2018-731-5589) and performed in accordance with the Declaration of Helsinki. All included participants provided written informed consent before enrolment in the study. In addition, age-and gender-matched healthy controls (HCs) from the blood bank at Aalborg University Hospital were used for comparison.

Sample Collection and Preparation

Blood samples were collected from HCs and from SCLC patients at the time of inclusion (henceforth referred to as SCLC patients) as well as prior to third cycle of chemotherapy (treated SCLC patients). Blood was drawn from the antecubital vein using a vacutainer blood collection device with a 21-gauge needle (Vacuette, Greiner Bio-One, Austria) and collected in 9 mL 0.105 M (3.2 %) trisodium citrate tubes (BD Vacutainer®, UK). Platelet-poor plasma was prepared by double centrifugation at 2500x g for 15 minutes at room temperature. Plasma collection was stopped 1 cm above the buffy coat and pellet, respectively, after first and second centrifugation. Subsequently, the plasma isolates were snap-frozen in liquid nitrogen and stored at -80 °C until further analysis.

EV Isolation and Preparation for MS Analysis

EV isolation was performed from 1 mL plasma with double centrifugation at 20,000 × g for 1 hour at 4 °C using an Avanti J-30i centrifuge with a J A-30.50 fixed-angle rotor with a k-factor 280 (Beckman Coulter, Brea, CA, USA). The supernatant from the initial spin of the 20K pellet was used to prepare the 100K pellet (100,000 × g for 1 hour at 4 °C). Succeeding the initial centrifugation step for each pellet preparation, the resultant EVs were washed in 1 mL phosphate-buffered saline filtered by a 0.22 µm filter. The final enriched 20K (microvesicles; large EVs) and 100K (exosomes; small EVs) samples were resuspended in 20 µL filtered phosphate-buffered saline prior to MS analysis. The samples were lysed and solubilized in 5 % sodium dodecyl sulfate containing 50 mM triethylammonium bicarbonate, pH 7.55. Alkylation and tryptic digestion were performed using S-Trap™ Micro Spin Columns (Protifi, NY, USA) essentially as previously described¹⁶. Peptide concentrations were measured by fluorescence using an EnSpire microplate reader (Perkin Elmer, Waltham, MA, USA). Samples were resuspended in 0.1% formic acid and injected with an amount of 1 µg in case of 20K sample and 0.75 µg in case of 100K sample.

Label-free Quantitative Nano Liquid Chromatography – Tandem Mass Spectrometry Analysis

The peptides from 20K and 100K preparations were analysed on a nano liquid chromatography-tandem mass spectrometry platform consisting of an Ultimate 3000 and an Orbitrap Fusion Tribrid instrument from (Thermo Scientific Instruments, MA, USA) as previously described¹⁷. Samples were run in technical duplicates. Due to technical difficulties, two HCs from the 20K group and two SCLC samples from the 100K group could not be analysed. All in all 284 raw files were generated, 142 20K raw files and 142 100K raw files. The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium¹⁸ via the PRIDE¹⁹ partner repository with the dataset identifier PXD028944 for the 20K data and PXD028885 for the 100K data.

Protein Identification and Quantification

Protein identification and label-free quantification (LFQ) were performed in two different searches, using the EV raw files against the human database from Uniprot (downloaded 09/02/2020 for 20K and 10/08/2019 for 100K) and using MaxQuant version 1.6.6.0 (Max Planck Institute of Biochemistry, Martinsried, Germany) for LFQ analysis²⁰. Carbamidomethyl (C) was used as fixed modification, and the false discovery rate for peptide-spectrum matches, protein, and site were each set at 1 %. The minimum ratio count for LFQ was set to 1. Tandem mass spectrometry was required for LFQ comparisons. For quantification of proteins, unique and razor peptides, unmodified and modified with oxidation (M) or acetyl (protein N-terminal) were used. The function match between runs was used, reverse sequences were used for decoy search, and contaminant sequences were included in the search. The analysis in MaxQuant included samples from HCs, SCLC patients, and treated SCLC patients, however, the treated samples are excluded in the statistical analyses.

Statistical Analysis

LFQ values for identified proteins were filtered in Perseus version 1.6.10.50 (Max Planck Institute of Biochemistry, Martinsried, Germany)²⁰ by the exclusion of potential contaminants, reverse sequences, and proteins only identified by site. A minimum of 2 unique peptides was needed for successful identification. LFQ values were Log_2 transformed and the mean of technical replicates was used for further analysis. Data distributions were assessed through histograms. Proteins were required to have 70 % valid values in at least one group. A Venn diagram (Venny 2.1)²¹ was used to investigate proteins common and unique for each group and identified proteins were matched to the top 100 identified proteins from the EV databases Vesiclepedia²² and ExoCarta²³ (both databases downloaded 03/12/2020).

Data were presented as mean and standard deviations (mean \pm SD). Trends in samples were assessed using unsupervised principal component analysis (PCA) on autoscaled data. Differentially expressed proteins were identified between healthy and diseased individuals using a Student's t-test. Proteins were considered statistically significantly expressed if $p < 0.05$ and Log_2 fold change (FC) ≥ 1 or ≤ -1 and were visualized through volcano plots. Comparisons of protein expressions were depicted using raw LFQ values. Significantly expressed proteins were subjected to enrichment analysis and annotated with the top five significant gene ontology biological process (GOBP) terms using the functional annotation clustering analysis by The Database for Annotation, Visualization, and Integrated Discovery (DAVID) version 6.8^{24,25}.

IBM SPSS Statistics 26 (SPSS, Chicago, IL, USA), MATLAB (R2017b, MathWorks, Natick, MA, 24 USA), and GraphPad Prism 8.4.3 (GraphPad Software, La Jolla, CA, USA) were used for statistical analysis.

Results

Characteristics of Study Populations

During the study period, 24 SCLC patients fulfilled the inclusion criteria and were enrolled in the study. A total of 24 matching individuals were enrolled as HCs. Gender and age distributions were balanced among individuals. More than 90% of the patients were diagnosed with advanced stage disease (Table 1).

Table 1. Demographics and patient characteristics of the study population.

Study characteristics for SCLC patients and healthy controls		
	SCLC patients	Healthy controls
	<i>N</i> = 24	<i>N</i> = 24
Demographics		
Sex (Male/female, <i>N</i>)	12/12	12/12
Mean age (\pm SD)	67 \pm 7	63.3 \pm 3
Patient characteristics		
TNM stage, <i>N</i> (%)		
IIB	1 (4)	
IIIA	6 (25)	
IIIB	3 (13)	
IV	14 (58)	

Abbreviations – SCLC: Small cell lung cancer, *N*: Number of patients, SD: Standard deviations.

Proteomic Analysis of Circulating Microvesicles and Exosomes

Plasma proteins of circulating MVs and exosomes were characterized and confirmed as previously described²⁶. Due to analytical troubleshooting, only 23 of the 24 SCLC samples could be used to investigate exosomes. In total, 314 proteins were identified in MVs and 233 proteins in exosomes. For MVs, 51 of the identified proteins accorded with the top 100 EV proteins from either Vesiclepedia or ExoCarta; of these, 36 proteins corresponded to both databases (Figure 1a and Table S1). For the exosome samples, 18 proteins overlapped with the top 100 EV identified proteins from both Vesiclepedia and ExoCarta (Figure 1b and Table S1).

Patterns in data were visualized using PCA (Figure 1c-d). Interestingly, samples cluster according to the health state of each individual along the first and the second principal components (PC1, PC2), indicating significant differences in MV (Figure 1c) and exosome (Figure 1d) protein profiles among HCs and SCLC patients.

For the MV samples (20K), 10 distinct protein clusters were identified (Figure 1E) with characteristic profiles (Figure 1f). For the exosome samples (100K), 12 distinct protein clusters were identified (Figure 1g) with characteristic profiles (Figure 1h). Additional information related to the distribution of proteins within clusters is summarized in Table S2. Results from functional enrichment analysis performed on the gene set in each of the protein clusters for 20K and 100K are presented in Table S3. For 20K, proteins in cluster 2, 3, 4, 7 and 9 were downregulated in SCLC patients when compared to HCs. These proteins were related to immune response, complement activation, coagulation, fibrinolysis, cell migration and -adhesion, gluconeogenesis, endocytosis, and phagocytosis engulfment and -recognition with an enrichment score (ES) ≥ 3.4 (Figure 1e, Table S3). The upregulated proteins in cluster 4, 6, 8, 10 were related to complement activation, integrin-mediated signaling pathway, cell adhesion and -migration, and blood coagulation with an ES ≥ 3.59 (Figure 1e, Table S3). For 100K, proteins in cluster 1-5 and 8 were downregulated in SCLC patients when compared to HCs. These proteins were related to immune response, receptor-mediated endocytosis, and complement activation with an ES ≥ 10 (Figure 1g, Table S3). The upregulated proteins in clusters 9-11 were related to immune response, cytolysis, complement activation and -regulation, DNA damage and -repair, and cancer-related signaling pathways with an ES ≥ 4.02 (Figure 1g, Table S3). Volcano plots for potential diagnostic markers (SCLC versus Control) in 20K and 100K samples are depicted in Figures 1i and j, respectively.

Dynamics of Microvesicle and Exosomal Proteins in SCLC Diagnosis

Protein expression analysis revealed 62 proteins being differentially expressed between SCLC patients and HCs for the MV samples, where 26 proteins were upregulated and 36 were downregulated in SCLC patients (Table S4). For the exosome samples, 68 proteins were differentially expressed, whereof 29 proteins were upregulated and 39 were downregulated in SCLC patients compared to HCs ($p < 0.05$) (Table S4). Significantly differentially expressed proteins between SCLC patients and HCs were selected for additional analysis ($p < 0.05$ and $\text{Log}_2 \text{FC} \geq 1$ or ≤ -1) (Table S4). For MVs, 11 proteins were upregulated and 15 proteins downregulated in SCLC patients compared to HCs and fulfilled the FC criteria (Figure 1i). For the 100K sample, 10 proteins were upregulated and 13 proteins downregulated in SCLC compared to HCs and fulfilled the FC criteria (Figure 1j). Table 2 presents the 10 proteins common between MVs and exosomes with $\text{Log}_2 \text{FC} \geq 1$ or ≤ -1 in at least one of the vesicle types, the 16 proteins unique for MVs, and the 17 proteins unique for exosomes (data based on both on p -values < 0.05 and $\text{Log}_2 \text{FC} \geq 1$ or ≤ -1). In Table 2, we also present the 14 proteins that were detected in both vesicle types.

Table 2. Significantly differentially expressed proteins for 20K and 100K comparing SCLC to the control group.

SCLC | Control: Common proteins in Microvesicle (20K) and Exosome (100K) samples

Uniprot ID	Gene name	Protein name	Log ₂ FC		p-value	
			20K	100K	20K	100K
P02741	CRP	C-reactive protein	3.5	1.2	0.0001	0.0016
P15144	ANPEP	Aminopeptidase N	3.2	2.4	0.0004	0.0006
P0DJ18	SAA1	Serum amyloid A-1 protein	2.4	2.9	<0.0001	< 0.0001
P02763	ORM1	Alpha-1-acid glycoprotein 1	1.0	0.4	0.0011	0.0474
P02750	LRG1	Leucine-rich alpha-2-glycoprotein	0.9	1.2	0.0140	< 0.0001
P00738	HP	Haptoglobin	0.9	1.2	0.0004	< 0.0001
P06396	GSN	Gelsolin	-1.0	-0.7	<0.0001	0.0001
P69905	HBA1	Hemoglobin subunit alpha	-1.2	-1.4	0.0002	< 0.0001
P06727	APOA4	Apolipoprotein A-IV	-1.1	-0.6	0.0001	0.0109
P68871	HBB	Hemoglobin subunit beta	-1.6	-0.9	<0.0001	0.0003

SCLC | Control: Proteins detected only in the Microvesicle samples (20K)

Uniprot ID	Gene name	Protein name	Log ₂ FC	p-value
P02786	TFRC	Transferrin receptor protein 1	2.2	0.0003

Q08380	LGALS3BP	Galectin-3-binding protein	2.2	0.0008
P05164	MPO	Myeloperoxidase	1.2	0.0424
Q13418	ILK	Integrin-linked protein kinase	1.0	0.0140
P23229	ITGA6	Integrin alpha-6	1.0	0.0193
Q96PD5	PGLYRP2	N-acetylmuramoyl-L-alanine amidase	-1.0	<0.0001
O00391	QSOX1	Sulfhydryl oxidase 1	-1.1	0.0052
P02724	GYP A	Glycophorin-A	-1.1	0.0046
P00915	CA1	Carbonic anhydrase 1	-1.2	0.0028
P32119	PRDX2	Peroxiredoxin-2	-1.2	0.0351
Q15582	TGFBI	Transforming growth factor-beta-induced protein ig-h3	-1.2	<0.0001
P02730	SLC4A1	Band 3 anion transport protein	-1.6	0.0001
P02042	HBD	Hemoglobin subunit delta	-1.7	<0.0001
P16157	ANK1	Ankyrin-1	-2,6	0.0233
P11277	SPTB	Spectrin beta chain erythrocytic	-2,7	0.0502
P02549	SPTA1	Spectrin alpha chain erythrocytic 1	-3.2	0.0106

SCLC | Control: Proteins detected only in the Exosome samples (100K)

Uniprot ID	Gene name	Protein name	Log ₂ FC	p-value
P0DJ18	SAA2	Serum amyloid A-1 protein	3.3	0.0016
P02655	APOC2	Apolipoprotein C-II	2.8	0.0062
P08519	LPA	Apolipoprotein(a)	1.4	0.0346
Q92496	CFHR4	Complement	1.2	0.0005

factor H-related
protein 4

P04114	APOB	Apolipoprotein B	1.1	<0.0001
P00736	C1R	Complement C1r subcomponent	-1.0	0.0077
Q06830	PRDX1	Peroxiredoxin-1	-1.0	0.0203
P05160	F13B	Coagulation factor XIII B chain	-1.0	0.0060
P48740	MASP1	Mannan-binding lectin serine protease 1	-1.1	0.0067
P02745	C1QA	Complement C1q subcomponent subunit A	-1.1	0.0005
P00488	F13A1	Coagulation factor XIII A chain	-1.1	0.0003
P00739	HPR	Haptoglobin-related protein	-1.1	0.0002
Q8WWZ8	OIT3	Oncoprotein-induced transcript 3 protein	-1.2	0.0052
P03951	F11	Coagulation factor XI	-1.3	0.0001
Q9Y6R7	FCGBP	IgGFC-binding protein	-1.4	0.0333
Q15485	FCN2	Ficolin-2	-1.5	<0.0001
P06312	IGKV4-1	Ig kappa chain V-IV region	-3.0	<0.0001

A $\text{Log}_2 \text{FC} \pm 1$ indicates a 2-fold increase (+) or decrease (-) in SCLC compared to controls. Abbreviations – SCLC: Small cell lung cancer, FC: Fold change.

To assess the diagnostic capacity of the most significantly expressed proteins in the groups, receiver operating characteristics (ROC) analysis was conducted. Top 10 proteins (with $\text{AUC} \geq 0.8$) for the MV (20K) and exosome (100K) samples, respectively, are visualized in Figure 2a and b, and additional information can be found in Table S5.

In addition to the top 10 most distinct proteins among groups, a range of proteins which have previously been found in association with cancer also revealed acceptable sensitivity and specificity (Table 3).

Table 3. Potential cancer-related EV biomarkers for SCLC diagnosis based on ROC analysis.

20K SCLC | Control

Protein	AUC	95% CI	p-value	Sensitivity (%)	Specificity (%)	Log ₂ FC
ILK	0.76	0.55-0.87	0.0192	75	59	1.0
ORM1	0.76	0.62-0.89	0.0021	79	54	1.0
GYP A	0.75	0.59-0.90	0.0092	77	64	1.0
QSOX1	0.79	0.63-0.94	0.0047	87	63	-1.1
CA1	0.80	0.65-0.94	0.0011	83	74	-1.2
PRDX2	0.73	0.58-0.88	0.0083	77	67	-1.2
ANK1	0.76	0.55-0.96	0.0301	78	70	-2.6
ITGA6	0.74	0.59-0.90	0.0084	59	83	-2.6
SPTB	0.75	0.54-0.96	0.0419	63	80	-2.7
SPTA1	0.81	0.65-0.98	0.0046	82	76	-3.2

100K SCLC | Control

Protein	AUC	95% CI	p-value	Sensitivity (%)	Specificity (%)	Log ₂ FC
APOC2	0.81	0.65-1.0	0.0140	78	89	2.8
LRG1	0.84	0.72-0.96	0.0002	82	75	1.2
APOB	0.86	0.76-0.96	<0.0001	83	75	1.1
PRDX1	0.74	0.53-0.86	0.0407	89	50	-1.0
OIT3	0.74	0.59-0.83	0.0058	76	65	-1.2

A Log₂ FC ± 1 indicates a 2-fold increase (+) or decrease (-) in SCLC compared to controls.

Abbreviations – SCLC: Small cell lung cancer, AUC: area under the curve, CI: confidence interval, FC: fold change, CA1: Carbonic anhydrase 1, QSOX1: Sulfhydryl oxidase 1, ILK: Integrin-linked protein kinase, ORM1: Alpha-1-acid glycoprotein 1, ANK1: Ankyrin-1, GYP A: Glycophorin-A, ITGA6: Integrin alpha-2, PRDX2: Peroxiredoxin-2, SPTB: Spectrin beta chain erythrocytic, SPTA1: Spectrin alpha chain erythrocytic 1, APOC2: Apolipoprotein C-II, LRG1: Leucine-rich alpha-2-glycoprotein, APOB: Apolipoprotein B, PRDX1: Peroxiredoxin-1, and OIT3: Oncoprotein-induced transcript 3 protein.

Discussion

Small cell lung cancer is the most aggressive form of lung cancer with early metastasis resulting in poor prognosis. Therefore, it would be favourable to identify characteristic markers to improve the early detection of SCLC. We present results of a comprehensive untargeted quantitative MS-based proteomics analysis on plasma-derived MVs and exosomes from HCs and newly diagnosed SCLC patients, aiming at identifying easily accessible putative markers.

In our study, 233 exosomal and 314 MV-derived proteins were investigated for diagnostic potential in SCLC. We observed several tumor-derived MV and exosomal proteins capable of differentiating between SCLC patients and HCs with high efficacy (Figure 2a and b and Table 3). Common for both EV subtypes, we found the upregulated proteins to be significantly related to complement activation and -regulation. Interestingly, also the downregulated proteins were found to be significantly related to complement activation. In addition, some downregulated proteins were also found to be involved in proteolysis, immune response, phagocytosis, and mesenchyme migration. Moreover, uniquely for the MV samples, the upregulated proteins were found to be related to cell adhesion, integrin-mediated signaling, cell migration, blood coagulation, and platelet degranulation, -aggregation, and -activation, while the upregulated exosomal proteins were related to immune response, cytolysis, and to several pathways and processes associated with carcinogenesis. Uniquely for the MV samples, the downregulated proteins were found to be related to hydrogen peroxide catabolic process and oxidant detoxification, whereas the downregulated exosomal proteins were uniquely related to receptor-mediated endocytosis (Table S3). The proteome manifestation of MVs and exosomes for SCLC diagnosis appears to be partly comparable, indicating the existence of common as well as unique mechanisms. Hence, in the following, we attempt to syndicate markedly expressed proteins that are shared in SCLC, NSCLC, and other cancer types, and unraveling those that are novel for SCLC.

Chronic inflammation is a key promoter of carcinogenesis and its acceleration in cancer patients is linked to disease progression²⁷. For SCLC patients, we observed both an upregulation (i.e. CRP, TFRC, ANPEP, SAA1, SAA2, ORM1, and HP) and downregulation (i.e. FCN2) of inflammation markers. Similar findings have previously been described in lung cancer patients²⁸⁻³⁴. Moreover, we also observed a significantly upregulated expression of proteins related to tumorigenesis, metastasis, and cell proliferation (ILK, ITGA6, LGALS3BP, and LRG1) in SCLC patients compared to HCs, and similar findings have also been documented for NSCLC patients³⁵⁻³⁸. Additionally, the two tumor-metastatic markers, ANK1 and GYPA, were also identified as downregulated in SCLC patients. These findings were also confirmed previously in NSCLC patients^{39,40}. Importantly, we observed a 9-fold decrease in MV-derived α - and β subunits of spectrins, indicating that SCLC microvesicles may be involved in cell adhesion, cell spreading, and metastasis. Comparable aberrant decreases of spectrin subunits were also identified in primary tumors and body fluids from patients with NSCLC and other cancer types^{39,41}. The downregulation of the tumor suppressor marker, GSN, detected in our study has also been reported for NSCLC⁴². Another protein involved in tumorigenesis and identified as significantly diminished in SCLC in our study population was CA1. Similarly, decreased CA1 protein expression has been observed in NSCLC patients⁴³. However, in contrast, also augmented levels of CA1 in serum have been observed in early stage NSCLC patients and in tumor tissues from SCLC patients^{44,45}. Furthermore, the downregulated expression of the oncoprotein, OIT3, the immunomodulatory protein, PGLYRP2, and the blood coagulation factor X1 (F11) have shown high diagnostic ability to distinguish between SCLC patients and HCs. Parallel findings have also been recognized for other cancer types⁴⁶⁻⁴⁸ but not in NSCLC.

In the current SCLC cohort, downregulation of the inflammation marker (IGKV4-1), the tumor aggressivity associated marker (QSOX1), and the tumor suppressor marker (TGF β 1) were observed. Interestingly, these proteins have been reported to be upregulated in NSCLC and other solid tumors^{49–52}. Hence, upon validation, we believe that measurements of all three proteins may have potentials in improving SCLC diagnosis.

Additionally, we observed downregulation of blood hemoglobin markers (HBA1, HBB, and HBD) and peroxiredoxins (PRDX1 and PRDX2) in patients with SCLC, which is opposite to the upregulated levels previously observed in lung cancer patients, predominantly in NSCLC patients^{53,54}, except for PRDX2 which has been reported to be downregulated in NSCLC⁵⁵. Recently, it has been reported that decreased hemoglobin-to-red blood cell distribution width ratio in NSCLC and SCLC patients is associated with poor prognosis, which is suggested to be caused by an increased amount of hypoxic cells, contributing to an aggressive tumor phenotype⁵⁶. This is in agreement with our data, suggesting that oxidative stress may be a driver in or a consequence of SCLC pathogenesis. Furthermore, SCLC patients exhibited increased protein expressions of lipid transport markers (APOB and APOC2), but decreased levels of APOA4 (Table S4) when compared to HCs. Previously, APOB has been shown to be downregulated in NSCLC patients⁵⁷, thus revealing the ability of APOB to discriminate between NSCLC and SCLC. Remarkably, APOC3 protein expression has been previously shown to be significantly lower in SCLC tissues compared to both NSCLC and normal tissue⁵⁸. However, these results may be influenced by the effect of non-fasting patients at time of diagnosis in our study and probable contamination of lipoproteins in the EV fractions. Therefore, further research should be conducted to confirm our findings.

The significant downregulation of coagulation factor XIII A chain (F13A1) and upregulation of the complement factor H-related protein 4 (CFHR4) in SCLC compared to HCs has not yet been identified in other cancers, including lung cancer. In the study we present evidence that these markers could serve as future diagnostic markers in SCLC with an AUC of 0.82 for F13A1 and CFHR4 (95% CI: 0.69-0.96 and 95% CI: 0.67-0.97, respectively). Cancer patients are generally hypercoagulable, and hence, associated with a high risk of venous thromboembolism⁵⁹. Therefore, the downregulation of F13A1 in SCLC is surprising, but may indicate a novel tumor suppressing role of blood coagulation in SCLC pathogenesis, which is supported by the similar downregulated expression of F11 in SCLC patients in the current study.

CFHR4, a soluble regulator of the complement cascade, is generally known to boost complement activation⁶⁰, a process presumed to contribute to tumor growth⁶¹. The upregulation of CFHR4 observed in SCLC patients may suggest that complement activation plays a role in SCLC pathogenesis. However, previous studies have reported a significant downregulation of membrane-bound complement regulators (CD46, CD55, and CD59) in SCLC compared to other cancers, including NSCLC⁶². Thus, our finding indicates that soluble CFHR4 may be specifically expressed in SCLC as a positive regulator of complement activation.

The present study holds some limitations regarding small sample size, EV isolation, and methodological aspects of data analyses. Even though the small number of patients may bias the results, we identified several proteins that showed marked differences in their expression levels among SCLC patients versus HCs. The reduced patient size and the limited number of patients with early stage disease (n = 1) restricts possible correlations between the early and advanced stages. Additional studies including more early stage patients would be ideal in order to answer this problematic. Other confounding factors possibly impacting our results include co-morbidity and cachexia. However, the last mentioned is rarely the case in patients considered suitable for chemotherapy. Regarding methodology, the MS-datasets contain many missing values, which could result in loss of some potentially important comparisons. However, whether the missing values are a result of LFQ-intensities below the detection limit, or whether the protein is simply not expressed in that particular patient, is uncertain. Moreover, the isolation of ultracentrifuged exosomes can lead to possible protein aggregation; a process that may hamper the identification of possible clinically relevant biomarkers. Furthermore, plasma proteins may adhere to EVs and therefore not be cargo in the EVs, however, that may not exclude these proteins as possible diagnostic biomarkers. The stringency of data filtration is subjective and with harsh filtration techniques, the risk of oversight of important markers cannot be excluded. However, without filtrations, the risk of introducing contaminants into the dataset is plausible, leading to the risk of biased results. Lastly, this study has compared SCLC patients with HCs. The diagnostic efficiency may be lower when compared to other cancer patients, e.g. regarding inflammatory markers that are generally upregulated in cancer patients.

Conclusions

To our knowledge, this is the first study to identify single proteins (CFHR4 and F13A1) and a panel of proteins as potential candidates for SCLC diagnosis using an untargeted quantitative proteomic approach. We observed an altered expression of proteins related to inflammation, coagulation, complement activation, hematological dysfunction, lipid metabolism, and hydrogen peroxide catabolism, as opposed to expression patterns observed in NSCLC and other cancers. However, validation studies verifying these proteins as candidate markers in SCLC are warranted.

Abbreviations

SCLC: Small cell lung cancer; NSCLC: Non-small cell lung cancer; CT: Computed tomography; FNA: Fine-needle aspiration; EVs: Extracellular vesicles; MVs: Microvesicles; MS: Mass spectrometry; TNM: Tumor, lymph node, metastasis; HCs: Healthy controls; LFQ: Label-free quantification; SD: Standard deviations; PCA: Principal component analysis; FC: Fold change; GOBP: Gene ontology biological process; DAVID: The Database for Annotation, Visualization, and Integrated Discovery; PC: Principal components; ES: Enrichment score; ROC: Receiver operating characteristics; AUC: Area under the curve; CI: Confidence interval.

Declarations

Acknowledgements

The authors are greatly appreciative to Lone Rosborg from the Department of Clinical Immunology at Aalborg University Hospital and Mette Jespersgaard from blood bank at Aalborg University Hospital for their assistance in enrolment and blood sample collection from patients and controls. We would also like to thank the Department of Clinical Immunology at Aalborg University Hospital in Denmark for kindly allowing us the use of their ultracentrifuge and facilities. We appreciate Nasro Ahmed Malin for the introductory assistance with Perseus.

Authors' contributions

The authors contributions to the manuscript are as follows: SP and KPJ contributed to writing of the manuscript. SP, UF, WMS, CHP and SRK conducted patient selection and sample collection. SP, KPJ, BH and RGM conducted sample preparation and data analysis. SP conceived the study and participated in the design and SP, KPJ and BH participated in oversight of the MS experiments. All authors read, edited and approved the final manuscript.

Funding

Not applicable.

Availability of data and materials

The 20K and 100K MS raw data for this manuscript has been uploaded in ProteomeXchange Consortium via the PRIDE partner repository with the dataset identifier PXD028944 and PXD028885, respectively.

Ethics approval and consent to participate

This study was approved by the North Denmark Region Committee on Health Research Ethics (N-20140055), reported to the Danish Data Protection Authority (2018-731-5589) and performed in accordance with the Declaration of Helsinki. All included participants provided written informed consent before enrolment in the study.

Consent for publication

Not applicable.

Competing interests

The authors declare no conflicts of interests.

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Figures

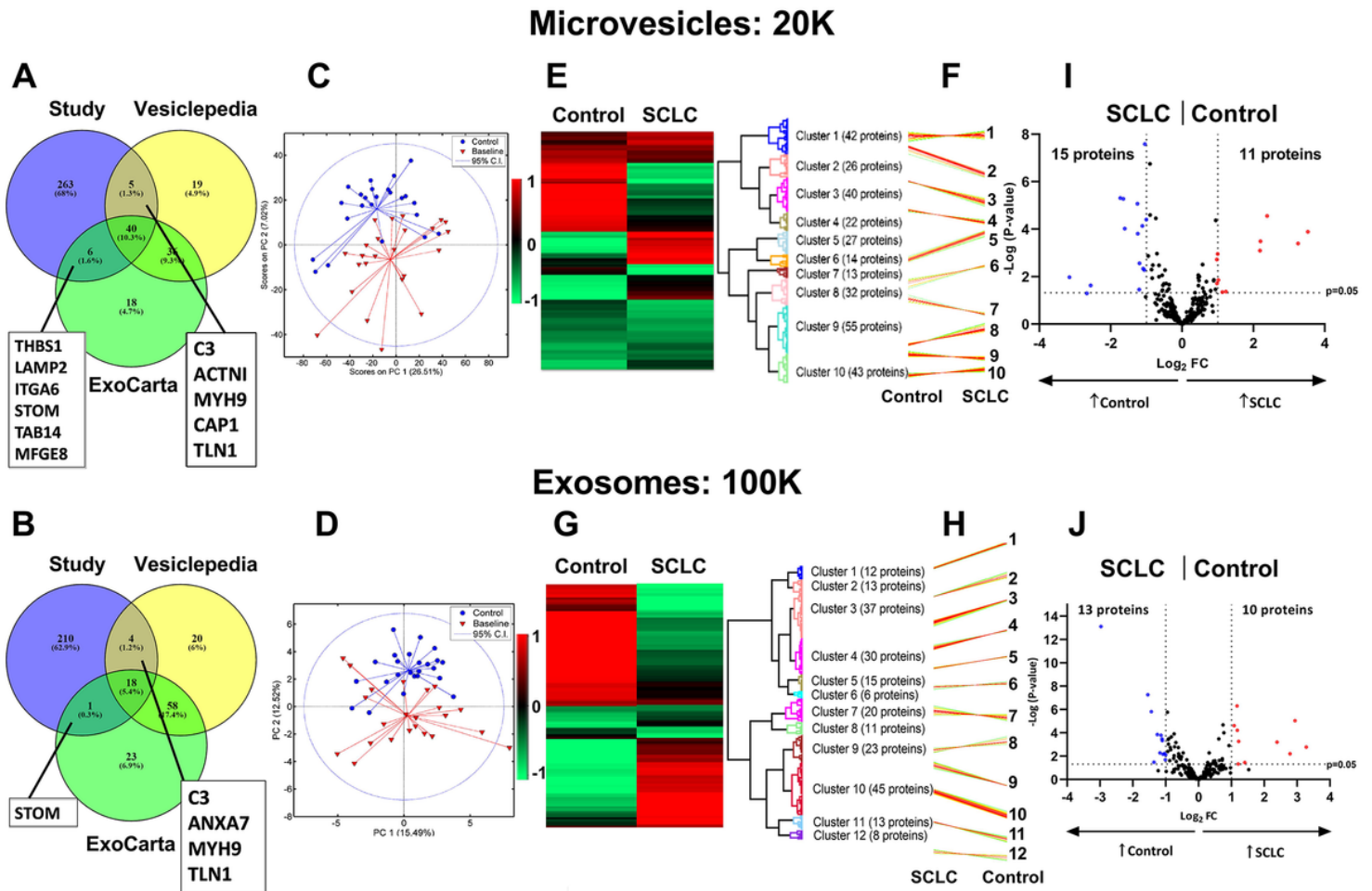


Figure 1

Proteomic Analysis of Circulating Microvesicles and Exosomes. (A) For the MV samples, a total of 51 proteins overlapped with the top 100 proteins from at least one of the EV databases, Vesiclepedia and ExoCarta (Table S1) with 40 proteins common to all three groups and six and five proteins being shared between the study and ExoCarta and Vesiclepedia, respectively. (B) Of the 233 identified proteins in exosomes, 23 overlap with the top 100 EVs from at least one of the EV databases, of which 18 proteins were common to all three groups and one and four proteins are shared between the study and ExoCarta and Vesiclepedia, respectively. PCA revealed a clear separation between Controls (blue circles) and SCLC patients (Baseline, red triangles) along the second principal component for 20K (C) and 100K (D). Hierarchical clustering analysis revealed 10 distinct protein clusters, a heatmap (E) and their respective profile plots (F) for the MV samples, and 12 distinct protein clusters, a heatmap (G) and profile plots (H) for the exosome samples. The heatmaps depict LFQ-values normalized to Z-score, while the profile plots depict the expression patterns of proteins clustered in each cluster. To investigate potential diagnostic markers for both EV-samples, volcano plots depicting upregulated proteins for SCLC (red) versus controls (blue) were prepared according to fold change ($\text{Log}_2 \text{FC} \geq 1$ or ≤ -1) and $p\text{-value} = 0.05$ (grey dotted lines). (I) For the 20K sample, 11 proteins were significantly upregulated in the SCLC and 15 proteins in the control group. (J) For the 100K sample, 10 proteins were significantly upregulated in the SCLC and 13

proteins in the control group. Abbreviations - SCLC: Small cell lung cancer, MV: Microvesicle, EVs: Extracellular vesicles, PCA: Principle component analysis, PC: Principal component, CI: Confidence interval, LFQ: Label-free quantification, FC: Fold change.

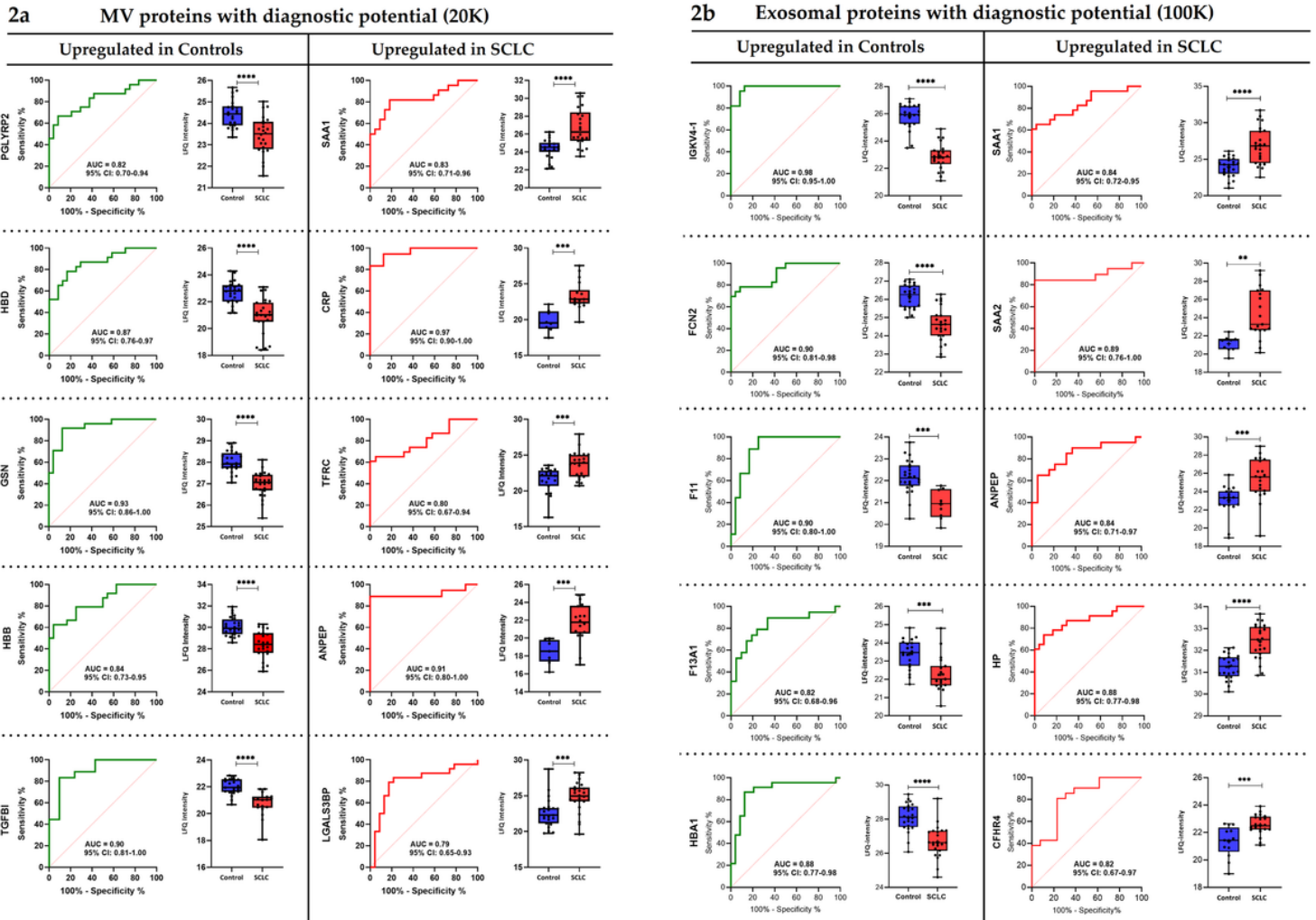


Figure 2

a. Receiver operating characteristic curves and boxplots of protein candidates for the 20K samples. Proteins with diagnostic potential found to be upregulated in the SCLC patients were Serum amyloid A-1 protein (SAA1), C-reactive protein (CRP), Transferrin receptor protein 1 (TFRC), Aminopeptidase N (ANPEP), and Galectin-3-binding protein (LGALS3BP), while the proteins upregulated in the control group were Gelsolin (GSN), Transforming growth factor-beta-induced protein ig-h3 (TGFB1), Hemoglobin subunit beta and delta (HBB and HBD), and N-acetylmuramoyl-L-alanine amidase (PGLYRP2). Boxplots show non-logarithmic label-free quantification (LFQ) intensities excluding NaN (missing) values. Abbreviations – AUC: Area under the curve, CI: Confidence interval, SCLC: Small cell lung cancer, LFQ: Label-free quantification. b. Receiver operating characteristic curves and boxplots of protein candidates for the 100K samples. Proteins with diagnostic potential found to be upregulated in the SCLC patients were Serum amyloid A-1 and A-2 protein (SAA1 and SAA2), Aminopeptidase N (ANPEP), Haptoglobin (HP), and Complement factor H-related protein 4 (CFHR4), and the proteins upregulated in the control group were Ig

kappa chain V-IV region (IGKV4-1), Ficolin-2 (FCN2), Coagulation factor XI (F11), Coagulation factor XIII A chain (F13A1), and Hemoglobin subunit alpha (HBA1). Boxplots show non-logarithmic label-free quantification (LFQ) intensities and exclude NaN (missing) values. Abbreviations – AUC: Area under the curve, CI: Confidence interval, SCLC: Small cell lung cancer, LFQ: Label-free quantification.

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