

# Tomodensitometric Bone Anatomy of The Intervertebral Foramen of The Lower Cervical Spine: Measurements and Comparison of Foraminal Volume in Healthy Individuals and Patients Suffering from Cervicobrachial Neuralgia Due to Foraminal Stenosis.

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## Research Article

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# Abstract

## Purpose

Degenerative foraminal stenosis of the cervical spine can lead to cervicobrachial neuralgias. Computed tomography (CT)-scan assists in the diagnosis and evaluation of foraminal stenosis. The main objective of this study is to determine the bony dimensions of the cervical intervertebral foramen and to identify which foraminal measurements are most affected by degenerative disorders of the cervical spine. These data could be applied to the surgical treatment of this pathology, helping surgeons to focus on specific areas during decompression procedures.

## Methods

A descriptive study was conducted between two groups: an asymptomatic one (young people with no evidence of degenerative cervical spine disorders) and a symptomatic one (experiencing cervicobrachial neuralgia due to degenerative foraminal stenosis). Using CT scans, we determined a method allowing measurements of the following foraminal dimensions: foraminal height (FH), foraminal length (FL), foraminal width in its lateral part ((UWPP, MWPP and IWPP (respectively Upper, Medial and Inferior Width of Pedicle Part)) and medial part (UWMP, MWMP and IWMP (respectively Upper, Medial and Inferior Width of Medial Part)), and disk height (DH). Foraminal volume (FV) was calculated considering the above data. Mean volumes were measured in the asymptomatic group and compared to the values obtained in the symptomatic group.

## Results

Both groups were made up of 10 patients, and a total of 50 intervertebral discs (100 intervertebral foramina) were analyzed in each group. Comparison of C4C5, C5C6 and C6C7 levels between both groups showed several significant decreases in foraminal dimensions ( $p < 0,05$ ) as well as in foraminal volume ( $p < 0.001$ ) in the symptomatic group. The most affected dimensions were UWPP, MWPP, UWMP, MWMP and FV. The most stenotic foraminal areas were the top of the uncus and the posterior edge of the lower plate of the overlying vertebra.

## Conclusion

Using a new protocol for measuring foraminal volume, the present study refines the current knowledge of the normal and pathological anatomy of the lower cervical spine and allows us to understand the foraminal sites most affected by degenerative stenosis. Those findings can be applied to foraminal stenosis surgeries. According to our results, decompression of the foramen in regard of both uncus

osteophytic spurs and inferior plate of the overlying vertebra might be an important step for nerve roots release.

## Introduction

The cervical spine consists of a mobile segment that suffers from early degeneration, starting in the third decade of life [1]. Degenerative changes in the lower cervical spine narrow the intervertebral foramen resulting in a compression of nerve roots, clinically associated with cervicobrachial neuralgias and significant morbidity. Despite the widespread of this pathology, there are still missing data regarding the areas most affected by cervical degeneration within the intervertebral foramen.

Due to its effectiveness in analyzing bone structure, Computed-Tomography (CT)-Scan is one of the most important imaging examinations in the diagnosis and evaluation of foraminal stenosis, and is now often part of the preoperative assessment of this pathology. The most recent advances in spinal imaging techniques suggest that we could propose a reliable method for spinal foraminal measurements [2–4]. However, only a few studies have analyzed the bony anatomy of the lower cervical spine using CT-Scan [2,5]. Most of the time, the cervical intervertebral foramen is divided in 2 parts: a pedicular part laterally and a recess part medially. Apart from these descriptions, the role of the intervertebral foramen and the impact of cervical degeneration on its dimensions remain unknown, with most studies focusing on the intervertebral disc as the starting point for nerve root compression [6–8]. Moreover, this foramen can be assimilated to a tunnel in which nerve root could be compressed everywhere, so that the most reliable parameter that should be studied in the foramen might be its volume. To our knowledge, we did not find any study focusing on this parameter, as most of the studies only analyze foraminal dimensions at a specific location.

The main purpose of our study was to determine a CT-scan-based volume measurement protocol leading to a mapping of the bony anatomy of the pedicle part of the intervertebral foramen of the lower cervical spine in a young asymptomatic population and to compare these results with those obtained in a population suffering from cervicobrachial neuralgia. Those data might provide a better knowledge of the normal foraminal dimensions and could help surgeons to focus on specific areas while performing spinal decompression procedures.

## Materials And Methods

### Study Design

We designed a retrospective study comparing two groups. On one hand, foraminal measurements were performed on a "healthy population" composed of 10 patients aged from 19 to 29 years old who underwent a cervical CT scan with bone reconstruction for an extra neural indication between December 2016 and March 2017. On the other hand, the "neuralgic population" made out of 10 patients who underwent an anterior cervical disc fusion for cervicobrachial neuralgias in the spine unit of the Bordeaux

University Hospital between December 2017 and March 2018. In this group, foraminal stenosis was defined by the concordance between the clinical neuralgia observed by the surgeon and the foraminal stenosis on CT scan noted by the radiologist.

### **Exclusion criteria**

Patients were excluded from the healthy group if there was any clinical or radiological suspicion of cervical pathology or if they had a history of spinal pathology.

Patients with symptomatic foraminal stenosis were excluded from the neuralgic group if they had a history of cervical spine fracture, cervical spine surgery, cervicarthrotic myelopathy, polymalformative syndrome and congenital cervical spine anomaly.

### **Data collection**

Clinical data were collected retrospectively using the patients' medical records. Age, gender and Body Mass Index (BMI) were collected for every patient. Images of each examination (DICOM (Digital Imaging and Communication in Medicine) format) were burned onto an anonymized CD (Compact Disc). Level, disc height, width, height and length of the foramen were measured using a three-dimensional Multiplanar Reconstruction (3DMPR) with orthogonal reconstructions in bone window and the software "HOROS" version 3.1.1. All length measurements were expressed in millimeters (mm), and volume in mm<sup>3</sup>. Precision was made to the nearest thousands. In order to accurately determine every radiological parameter, two observers performed the measurements twice, and the average value was used for statistical analysis.

### **Determination of the plane of the intervertebral foramen (Fig 1)**

In order to determine the plane of the intervertebral foramen, the 3DMRP center was put in the center of the pedicle of the superior vertebrae, with an axial plan parallel to the underlying vertebrae superior endplate. Rotation was controlled so that the sagittal axis was parallel to the pedicle axis (Fig 1a). After locating the center of the overlying pedicle, sagittal, coronal and axial axis were kept the same, but were placed in the center of the intervertebral foramen (Fig 1b).

### **Definition of radiological measurements**

Disc Height (DH) was defined as the craniocaudal distance between the 2 vertebral bodies on the sagittal reconstruction when the 3DMRP center was placed in the center of the interbody space and axial plan was parallel to the underlying vertebrae superior endplate (Fig 2).

Foraminal height (FH) was defined by the distance between bony component on sagittal reconstruction passing through the middle of the foramen (Fig 3).

Foraminal length (FL) was defined by the maximal length of the orthogonal vector of the underlying pedicle in the axial plane (meaning the distance between the most medial and the most lateral point of the foramen).

Foraminal width (FW) was measured at 2 locations: its lateral part (pedicle) and its medial part (recess). For the pedicle part, width measurements were defined among a vector perpendicular to the axis of the foramen (Fig 4), and were performed at 3 levels: the upper part (up to the overlying vertebra inferior endplate), the middle part (up to the top of the uncus of the underlying vertebra) and the inferior part (up to underlying vertebrae superior endplate). Those part were respectively named upper width of pedicle part (UWPP), middle width of pedicle part (MWPP) and inferior width of pedicle part (IWPP). For the medial part, the same measurements were performed in a plane parallel to the medial edge of the overlying pedicle (Fig 5), and were named upper width of medial part (UWMP), middle width of medial part (MWMP) and inferior width of medial part (IWMP).

### **Calculation of the volume of the pedicle part of the intervertebral foramen**

In order to calculate foraminal volume (FV), the pedicle part of the foramen was considered as an elliptical cylinder. Area of the ellipse (AE) was calculated according to the following formula  $p \times a \times b$  with a and b being respectively the half of the major axis and the half of the minor axis. Applied to the foramen, major axis is foraminal height ( $2a = FH$ ) and minor axis is foraminal width ( $2b = FW$ ). Finally, foraminal volume was calculated using the following formula:  $FV = p \times (FH/2) \times ((UWPP + MWPP + IWPP) / 3) / 2 \times FL$  (Fig 6).

### **Statistical analysis**

Intra and inter-rater reliability was assessed by calculation of intraclass correlation coefficients (ICC) based on analysis of variance [9]. A comparative analysis was conducted in order to determine whether there were significant differences between those 2 groups. A Shapiro test was used to check that the results followed a normal distribution. A F-test was then used to check that the variances of our groups were not significantly different. If the p-value of the Shapiro test was greater than 0.05, a Wilcoxon test was performed. If the p-value of the Shapiro test was less than 0.05 and the p-value of the F-test was greater than 0.05, a Welch test was performed. If the p-value of the Shapiro test and the F-test were less than 0.05, a Student test was used.

## **Results**

A total of 50 intervertebral discs and 100 intervertebral foramina were analyzed in each group. 23 foramina were stenosed and 77 were considered healthy among the neuralgic population. Our results focus on the main levels of the lower cervical spine affected by degenerative pathology, namely C4C5, C5C6 and C6C7. Reproducibility analysis revealed an ICC > 0.9 for intra- and inter-observer reproducibility.

## **Preliminary analysis on healthy population**

The control group was made up of 5 men and 5 women whose mean age was 24 years old (min: 19, max: 29). More characteristics of this population are given in table 1. The dimensions and volume of the intervertebral foramina were measured for each level and the average values were considered as a reference. Those results are shown in table 2.

## **Demographic and clinical characteristics of the neuralgic population**

The neuralgic population was also made out of 5 men and 5 women, with a respective mean age at surgery 51,6 years old (min: 43, max: 61). More characteristics are given in table 3. Of the 100 foramina measured, 23 were considered stenotic (2 at C3-C4 level, 4 at C4-C5 level, 10 at C5-C6 level and 7 at C6-C7 level) after both clinical and radiologic expertise. All of these patients had resolution or improvement of symptoms at the first post-operative follow-up visit (usually 3 months after surgery). We did not find any compressive osteophytes arising from the articular facets.

## **Comparison of foraminal measurements between stenotic foramen in the neuralgic group and foramen in the healthy group**

After statistical analysis, our results showed a significant decrease in FV, DH and all parameters related to the intervertebral foramen (except FL) for all levels analyzed in the neuralgic group, except for MWPP and IWPP at C4C5 level ( $p < 0.005$ ) (table 4).

## **Comparison of foraminal measurements between stenosed foramen and normal foramen in the neuralgic group**

At C4-C5 level, we found a significant decrease in FV, FH, UWPP, MWPP, UWMP and IWMP ( $p < 0.001$ ), in MWMP and DH ( $p < 0,005$ ) and a non-significant decrease in IWPP (table 5).

At C5-C6 level, a significant decrease in FV, DH, UWPP, MWPP, UWMP, MWMP and IWMP ( $p < 0.001$ ) was shown with no significant decrease in FH and IWPP (table 5).

At C6-C7 level, FV, DH, UWPP, MWPP, UWMP, MWMP and IWMP decrease significantly ( $p < 0.001$ ), such as IWPP ( $p < 0,005$ ). However, we did not find a significant decrease in FH (table 5).

At every level, no significant variation in FL was observed.

## **Discussion**

This work allows us to propose an accurate mapping of the anatomical dimensions of the cervical intervertebral foramen in healthy subjects as well as in patients suffering from cervicobrachial neuralgias due to foraminal stenosis.

The first imaging-based anatomical observations of intervertebral foramen were performed in the late 1980s, with Czervionke et al describing that the overall growth of foraminal dimensions increases in the cranio-caudal direction (becoming more important in the cervico-thoracic junction), and that their shape was ovoid (height greater than the width) [10]. In the same period, measurements of maximum lengths, heights and widths of this intervertebral foramen were performed in a cadaveric study and were shown to be increasing from C3 to C7 [5]. A few years later, it was shown that the length of the intervertebral foramen varies with the width of the pedicles [2]. Based on both these cadaveric and imaging findings, the different foraminal measurements might increase the closer the cervical level studied is to the cervicothoracic junction [2,5,10], as it is shown in our work. Our results also showed a smooth increase of FV along a craniocaudal gradient. Even if the literature does not agree with the increase of the foraminal surfaces according to the craniocaudal gradient, those results seems reliable to our mind because FL is a major component of FV and it increases according to this same gradient [2,5,11]. Furthermore, most of the other value obtained in our study are consistent with those reports [2,5,10]. Nevertheless, although the length of the foraminal reported in Ebraheim's work is very close to the one we found, they found a slightly greater width and height of the foraminal than ours [5]. Two factors might explain this phenomenon, since the populations differed in age (with subjects being over 60 years old in the cadaveric study) and measurements were made considering ligamentary structures (whereas we only considered bone for our measurements).

Anatomically, the cervical spinal canal has a triangular shape with an anterior base, so that it has a lateral tunnel-shaped extension with a medial base at the entrance of the intervertebral foramen [12]. Our results showing larger widths in the recess part of the foramen than in its pedicular part are an agreement with this particular anatomy [12,13]. In a more recent study, two widths at the medial entrance of the intervertebral foramina of C3 and C7 were measured on anatomical specimens [3]. One was located in front of the lower endplate (equivalent for UWMP) and one was in front of the upper endplate (equivalent for IWMP). Value reported were slightly higher than ours, which can be explained by the fact that our measurements were performed strictly perpendicular to the axis of the foramen thanks to the use of orthogonal planes, whereas the authors measured the widths in the sagittal plane. Indeed, the length and direction of the intervertebral foramen varied with the width and direction (axis) of the pedicles [2], and our method is based on the fact that the axis of the foramen is perpendicular to the pedicles.

Even if compression of the nerve roots frequently occur at the entrance zone of the intervertebral foramen [2], we consider that the nerve root can be compressed anywhere while it passes through the foramen, and thus we believe that the most reliable parameter that should be studied in the foramen may be its volume. Despite the importance of the foraminal volume in analyzing cervical intervertebral foramina, we did not find any study focusing on this parameter, as most of the studies only analyze foraminal dimensions at a specific location. It was however estimated by Yang et al who studied the

influence of the size of interbody grafts on the volume and area of the foramen [14]. Using a 3D laser scan, they identified 2 areas in the foramen, one at its medial entrance and the other at its lateral exit. According to them, the intervertebral foramen consisted of the tunnel between those 2 areas. Even though our calculation methodology is different from that of the authors, the volume calculated in both studies was that of a cylinder with an elliptical base. No others studies concerning foraminal volume were found in the literature to compare our results. As a result, the present study is one of the first to propose a reliable and reproducible protocol for measuring foraminal volume.

Nowadays, cervicobrachial neuralgias are more and more common, with more and more patients undergoing surgical treatment for that condition. During surgery for cervical foraminal stenosis, clinical outcome can be improved by either direct decompression (direct removal of osteophytic bone spurs compressing nerve roots) or indirect decompression (with the interbody implant indirectly increasing the size of the intervertebral foramen) [15]. Even if direct decompression of the foramen appears to be essential in this surgery for many authors [16,17], there is still a lack of data regarding the exact cervical sites most involved in radicular pain. Since many studies have shown that the C4-C5, C5-C6 and C6-C7 levels are the most vulnerable to degenerative stenosis [18–22], we focused on these 3 particular levels to compare values between groups. Our results show that the most decreased foraminal measurements were the width facing the inferior plate of the overlying vertebra (UWPP, UWMP), the width facing the top of the uncus (MWPP, MWMP) and FV. The course of the cervical nerve roots in the intervertebral foramen was described in an anatomical study [2]. In this study, the authors concluded that nerve roots were compressed most of the time because of unco-vertebral arthritic changes in its pedicle portion, which might correspond anatomically with the decrease in UWPP, UWMP, MWPP and MWMP observed in our study. According to our results, foraminal decompression must combine both decompression of uncus osteophytic spurs and the inferior plate of the overlying vertebra in order to maximize pain relief.

Our study has some strengths. The fact that we first screened healthy patients helped us to focus on normal anatomy and this is, according to us, the best way to understand pathological anatomy. Furthermore, CT scan is the gold standard for bone tissue analysis. It allowed us to precisely identify bone limits of the foramen and perform measurements with values consistent with the data in the literature [23–25]. The use of orthogonal planes allowed us to position ourselves perfectly in the plane of the foramen in all reconstructions, and it was shown that an acquisition oriented perpendicular to the axis of the intervertebral foramen allowed higher precision in the diagnosis of cervical foraminal stenosis [26].

We also admit that our method of assessing foraminal volume has several limitations. Measurement time is relatively long, leading to difficulties in comparing large cohorts, and there is, to our knowledge, no software available that could be helpful saving time. In addition, volume is calculated and depends on multiple measured parameters, which increases its variability. Due to the design of this study, there is a risk of selection bias in patient selection. Finally, with only 10 patients in each group and measurements obtained from 100 intervertebral foramen of varying levels, our work needs to be further investigated in a larger cohort to confirm our results.

# Conclusion

Thanks to a new protocol of foraminal volume measurement, the present study allows us to refine current knowledge regarding normal and pathological anatomy of the lower cervical spine in order to understand the foraminal sites most affected by cervical degeneration. Those findings can be applied to foraminal stenosis surgeries and guide the surgeon in his procedure. Based on our results, we suggest that decompression of the foramen in regard of both unicus osteophytic spurs and inferior plate of the overlying vertebra seems to be an important step for nerve roots release (in addition to direct decompression of the unicus and indirect decompression by interbody distraction).

# Abbreviations

3D MPR

three-Dimensional Multiplanar Reconstruction

AE

Area of the ellipse

BMI

Body Mass Index

CD

Compact Disc

CT

Computed Tomography

DH

Disc Height

DICOM

Digital Imaging and Communication in Medicine

FH

Foraminal height

FL

Foraminal length

FV

foraminal volume

FW

foraminal width

ICC

Intraclass Correlation Coefficients

IWMP

Inferior Width of Medial Part

IWPP

Inferior Width of Pedicle Part

MRI  
Magnetic Resonance Imaging  
MWMP  
Middle Width of Medial Part  
MWPP  
Middle Width of Pedicle Part  
SD  
Standard Deviation  
UWMP  
Upper Width of Medial Part  
UWPP  
Upper Width of Pedicle Part

## **Declarations**

The work described has not been published before and it is not under consideration for publication anywhere else. Its publication has been approved by all co-authors, as well as by the responsible authorities at the institute where the work has been carried out.

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## **Conflicts of interest/Competing interests**

All authors certify that they have no affiliations with or involvement in any organization or entity with any financial interest or non-financial interest in the subject matter or materials discussed in this manuscript.

## **Availability of data and material** (data transparency)

P. Coudert had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. Data are available on request to the corresponding author.

## **Code availability**

Not applicable

## **Authors' contributions**

All authors contributed to the study conception and design. Material preparation, data collection and analysis were performed by P. Coudert and O. Gille. The first draft of the manuscript was written by P. Coudert and G. Lainé and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

**Ethics approval** (include appropriate approvals or waivers)

Because of its retrospective design and in accordance with the requested opinion of the ethical committee of the Bordeaux University Hospital, no ethics committee approval is required.

**Consent to participate**

Not applicable

**Consent for publication**

Not applicable

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## Tables

**Table 1:** General characteristics of the healthy group.

<b>Gender</b>	<b>Women (n:5)</b>	<b>Men (n:5)</b>	<b>Total (n:10)</b>
Age (years)	24,2 (±3,9)	24,2 (±4,5)	24 (±4)
BMI (kg.m <sup>2</sup> )	20,76 (±1,6)	23.30 (±3,4)	22,03 (±2,8)
Weight (kg)	55 (±6,2)	71 (±9,1)	63 (±11,2)
Height (cm)	162.7 (±6,4)	174.9 (±8,9)	168,7 (±9,8)
Ethnic origin	Caucasian (n:5)	Caucasian (n:5)	Caucasian (n:10)

BMI : Body Mass Index

**Table 2:** Mean intervertebral foramen dimensions according to vertebral level in the healthy group.

	FH (mm)	FL (mm)	uwpp (mm)	mwpp (mm)	iwpp (mm)	uwmp (mm)	mwmp (mm)	iwmp (mm)	DH (mm)	FV (mm <sup>3</sup> )
<b>C3-C4</b>	9,3 (±0,8)	4,7 (±0,5)	6,2 (±0,7)	5 (±0,6)	3,7 (±0,4)	7 (±0,7)	6 (±0,7)	5,1 (±0,6)	5,4 (±0,6)	171 (±25)
<b>C4-C5</b>	9,3 (±0,5)	4,9 (±0,4)	6,9 (±0,8)	5,2 (±0,6)	3,9 (±0,3)	7,4 (±0,6)	6,2 (±0,6)	5,2 (±0,5)	5,2 (±0,5)	191 (±32)
<b>C5-C6</b>	9,3 (±0,8)	5,4 (±0,5)	7 (±0,9)	5,7 (±0,7)	3,9 (±0,2)	7,8 (±0,5)	6,3 (±0,5)	5,5 (±0,4)	5,5 (±0,4)	220 (±40)
<b>C6-C7</b>	9,8 (±0,8)	5,8 (±0,5)	7,6 (±0,6)	5,7 (±0,7)	4,1 (±0,4)	8,1 (±0,4)	6,4 (±0,5)	5,3 (±0,3)	5,9 (±0,4)	259 (±30)
<b>C7-T1</b>	10 (±0,2)	6,2 (±0,5)	7,5 (±0,4)	6 (±0,5)	3,8 (±0,3)	7,9 (±0,6)	6,7 (±0,4)	5,3 (±0,3)	5,4 (±0,5)	283 (±30)

DH: Disc Height, FH: Foraminal Height, FL: Foraminal Length, UWPP: Upper Width of Pedicle Part, MWPP: Middle Width of Pedicle Part, IWPP: Inferior Width of Pedicle Part, UWMP: Upper Width of Medial Part, MWMP: Middle Width of Medial Part, IWMP: Inferior Width of Medial Part, FV: Foraminal Volume

**Table 3:** General characteristics of the neuralgic group.

Gender	Women (n:5)	Men (n:5)	Total (n:10)
Age (years)	53,8 (±5,4)	49,4 (±4,6)	51,6 (±5,1)
BMI (kg.m <sup>2</sup> )	25,64 (±2,0)	26,74 (±2,7)	26,21 (±2,4)
Weight (kg)	68 (±5,1)	79 (±12,2)	74 (±10,1)
Height (cm)	163,5 (±7,1)	172,3 (±8,2)	167,1 (±7,8)
Ethnic origin	Caucasian (n:5)	Caucasian (n:5)	Caucasian (n:10)

BMI : Body Mass Index

**Table 4:** Comparison of foraminal measurements between foraminal stenosis in the neuralgic group and foramen in the healthy group.

	DH (mm)	FH (mm)	UWPP (mm)	MWPP (mm)	IWPP (mm)	UWMP (mm)	MWMP (mm)	IWMP (mm)	FV (mm <sup>3</sup> )
C4- C5	<b>2,46</b>	<b>0,8</b>	<b>1,6</b>	<b>1,1</b>	0,19	<b>1,9</b>	1,1	<b>0,8</b>	<b>80</b>
C5- C6	<b>2,5</b>	<b>0,9</b>	<b>3,2</b>	<b>2,7</b>	<b>0,5</b>	<b>3,8</b>	<b>2</b>	<b>1,9</b>	<b>120</b>
C6- C7	<b>2,7</b>	<b>1</b>	<b>3,3</b>	<b>2,4</b>	<b>0,6</b>	<b>3,5</b>	<b>2</b>	<b>1,2</b>	<b>172</b>

Differences between the 2 groups are given in millimeters. Significant changes in parameters are marked in bold (p<0,05)

DH: Disc Height, FH: Foraminal Height, FL: Foraminal Length, UWPP: Upper Width of Pedicle Part, MWPP: Middle Width of Pedicle Part, IWPP: Inferior Width of Pedicle Part, UWMP: Upper Width of Medial Part, MWMP: Middle Width of Medial Part, IWMP: Inferior Width of Medial Part, FV: Foraminal Volume

**Table 5.** Comparison of foraminal measurements between foraminal stenosis and normal foramen in the neuralgic group.

	DH (mm)	FH (mm)	UWPP (mm)	MWPP (mm)	IWPP (mm)	UWMP (mm)	MWMP (mm)	IWMP (mm)	FV (mm <sup>3</sup> )
C4- C5	<b>2,3</b>	<b>1,3</b>	<b>1,2</b>	<b>1,3</b>	0,05	<b>3,1</b>	<b>0,9</b>	<b>1,9</b>	<b>51</b>
C5- C6	<b>1,2</b>	0,4	<b>2,4</b>	<b>2,1</b>	0,2	<b>2,4</b>	<b>1,5</b>	<b>1,9</b>	<b>148</b>
C6- C7	<b>1,1</b>	0,4	<b>3,7</b>	<b>2,9</b>	<b>0,5</b>	<b>2,8</b>	<b>1</b>	<b>1,6</b>	<b>93</b>

Differences between the 2 groups are given in millimeters. Significant changes in parameters are marked in bold (p<0,05)

DH: Disc Height, FH: Foraminal Height, FL: Foraminal Length, UWPP: Upper Width of Pedicle Part, MWPP: Middle Width of Pedicle Part, IWPP: Inferior Width of Pedicle Part, UWMP: Upper Width of Medial Part, MWMP: Middle Width of Medial Part, IWMP: Inferior Width of Medial Part, FV: Foraminal Volume

## Figures

### Figure 1

Determination of the plane of the intervertebral foramen

**Figure 2**

Measurement of disc height

**Figure 3**

Measurement of foraminal height

**Figure 4**

Width measurements in the pedicular part

**Figure 5**

Width measurements in the recess part

**Figure 6**

Volume of the cervical intervertebral foramen