

Stability Analysis of Multi-Serial-Link Mechanism Driven by Antagonistic Multiarticular Artificial Muscles

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Stability analysis of multi-serial-link mechanism driven by antagonistic multiarticular artificial muscles

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Abstract

Artificial multi-joint musculoskeletal systems consisting of serially connected links driven by monoarticular and multiarticular muscles, which are often inspired by vertebrates, enable robots to elicit dynamic, elegant, and flexible movements. However, serial links driven by multiarticular muscles can cause unstable motion (e.g., buckling). The stability of musculoskeletal mechanisms driven by antagonistic multi-joint muscles depends on the muscle configuration, origin/insertion of muscles, spring constants of muscles, contracting force of muscles, and other factors. We analyze the stability of a multi-serial-link mechanism driven by antagonistic multi-joint muscles aiming to prevent buckling and other undesired motions. First, we theoretically derive the potential energy of the system and the stable condition at the target point. Then, we validate the method through dynamic simulations and experiments. We confirm that we can construct a stable multiarticulate musculoskeletal system using the proposed formulation and conditions.

Keywords: artificial muscle, bioinspired robot, multi-serial-link mechanism, antagonistic-muscle-driven system

Introduction

23 Vertebrates, including humans, have multiarticulate musculoskeletal systems that allow to
24 voluntarily exert large forces and perform flexible movements with adaptability to the environment. A
25 musculoskeletal system has two types of muscles: multiarticular muscles that span two or more joints
26 and act on the joints simultaneously and monoarticular muscles that act on a single joint. Multiarticular
27 muscles are thought to enable large movements involving large parts of the musculoskeletal system,
28 while monoarticular muscles are mainly used for small movements and joint support.

29 We have developed an artificial multiarticulate musculoskeletal robot that mimics the structure of
30 necks of giraffes and humans [1, 2]. We have observed that the robot curves like a bow or buckles in
31 zigzag when multiarticular muscles, such as the longus colli, are driven without sufficient stiffness at
32 each joint (Figs. 1 and 2). Figure 2 shows a diagram of buckling in the developed system. In an animal,
33 monoarticular muscles, intervertebral discs, and constructions that increase joint stiffness prevent such
34 deformation. Although musculoskeletal robots can achieve high power and flexibility, deformation
35 remains a major challenge. Therefore, we aimed to characterize the buckling problem for a
36 multiarticulate musculoskeletal system and use the resulting formulation in the design of
37 musculoskeletal robots.

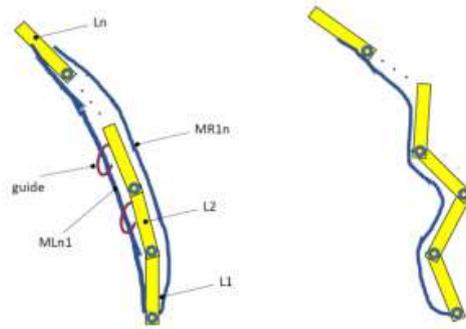


38

39

Fig. 1 Musculoskeletal robot of giraffe neck developed in-house and showing buckling

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41

42 **Fig. 2** Zigzag buckling of multi-serial-link mechanism driven by antagonistic multiarticular muscles without sufficient

43

support from monoarticular muscles

44

Various types of robots driven by multiarticular muscles mimicking upper and lower limbs , vertebrae,

45

and other anatomical structures have been proposed. The endpoint stiffness control of robots mimicking

46

human upper limbs has been studied for a three-bar serial-link model driven by monoarticular and

47

biarticular muscles [3, 4]. In addition, a stable muscle arrangement has been studied using similar

48

models [5]. However, as only two joints and biarticular muscles have been considered, no zigzag

49

buckling can occur. Moreover, although the stability from the viewpoint of potential energy has been

50

discussed [5], the tensile force of muscles has been assumed to be constant relative to length, being

51

unsuitable to describe pneumatic artificial muscles, whose tensile force and stiffness vary according to

52

the length and driving force, respectively.

53

For multiarticulate musculoskeletal lower-limb robots, control of both the reaction force from the

54

ground and the jumping force has been conducted considering muscle elasticity [6–8]. Similar to upper-

55

limb robots, two joints with biarticular muscles have been considered. The stiffness of the biarticular

56

muscle and muscle model of the lower limb as a passive spring were studied in [6]. In [7], antagonistic

57 muscles spanned different joints, and in [8], a model with antagonistic biarticular muscles that spanned
58 the same joints was derived. However, none of these studies have addressed instability in the
59 musculoskeletal system.

60 Studies on multiarticulate musculoskeletal robots mimicking the upper and lower limbs have dealt
61 with systems driven by multiarticular muscles spanning three or more joints. However, the instability
62 conditions that we address have been neglected. Multiarticulate musculoskeletal robots consisting of
63 three or more joints and multiarticular muscles spanning the joints have been inspired by the spine of
64 animals such as humans [9, 10], lancelets [11], and snakes [12, 13]. The robots introduced in [9, 10]
65 consisted of silicone rubber to support each joint, but their instability conditions were neglected. In [11],
66 lancelet swimming was studied using a nine-joint musculoskeletal system with seven pairs of tri-
67 articular muscles, which were arranged antagonistically. However, each antagonistic pair was driven
68 by one motor, preventing the analysis of simultaneous contraction of antagonistic muscles and system
69 buckling. In [12], snake locomotion was simulated, and the efficiency of multiarticular muscles was
70 studied by changing the number of joints spanned by monoarticular up to tri-articular muscles. In [13],
71 the superiority of multiarticular muscles over monoarticular muscles was verified with respect to force
72 per cross-sectional area and energy efficiency. However, instability was not addressed.

73 In [14], the stability of multi-joint tendon-driven robots was studied in general considering the elastic
74 energy of the tendons, and the minimum length that the tendons must be stretched was theoretically
75 derived. However, in the corresponding wire rope–pulley system, the moment arm around each joint

76 exerted by tension of each wire was assumed to be constant. Consequently, the analysis of this system
77 cannot be applied to musculoskeletal systems, in which the moment arm changes nonlinearly with
78 respect to the joint angles.

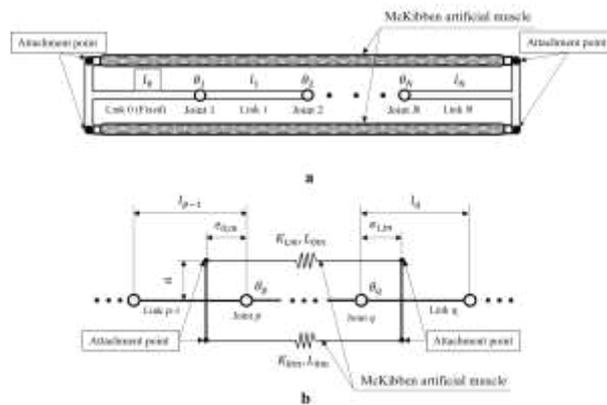
79 Although various studies on multiarticulate musculoskeletal systems are available, few existing
80 multiarticular muscles span three or more joints, and buckling that may occur when activating
81 multiarticular muscles has been neglected. Moreover, the posture stability when antagonistic
82 multiarticular muscles contract simultaneously and when the muscle stiffness changes with the driving
83 force has not been studied. Therefore, the adequate force and stiffness of monoarticular and
84 multiarticular muscles for stable operation of a musculoskeletal system remain to be determined.

85 Considering that the stiffness of most animal muscles and artificial muscles physically changes with
86 the driving force, we aimed to clarify the required parameters of monoarticular and multiarticular
87 muscles to avoid buckling during multiarticular muscle activation. Specifically, we analyzed the static
88 stability of a multiarticulate musculoskeletal system using the potential energy of the system using a
89 multi-serial-link mechanism and modeling the artificial muscles as spring elements. In addition, we
90 considered static stability as the system convergence to a target angle and buckling instability if the
91 system buckles in zigzag or bends uniformly like a bow. In addition to the model analysis, we verified
92 the stability formulation through both dynamic simulations implemented in MathWorks MATLAB and
93 experiments using McKibben artificial muscles.

94 **Methods**

95 **Modeling and stability analysis**

96 Our model of musculoskeletal system is the planar multi-serial-link mechanism antagonistically
 97 driven by artificial muscles shown in Fig. 3a. Figure 3b illustrates the fixed position of the
 98 multiarticular muscles spanning from joint p to joint q . Figure 3 shows the m -th pair of antagonistic
 99 muscles attached to vertical fixtures at distance a_m from the axis along each link and at distances
 100 $e_{0,m}$ and $e_{1,m}$ from each joint along each link. Thus, $e_{0,m}$ and $e_{1,m}$ represent the distance of a joint
 101 with a number and that of a joint with the subsequent number, respectively. In addition, the stiffness
 102 of the left and right sides of the m -th pair of antagonistic muscles, the link lengths, and the joint angles
 103 are denoted as $K_{L,m}$, $K_{R,m}$, $l_0 \dots l_N$, and $\theta_1 \dots \theta_N$, respectively. Both sides of each antagonistic
 104 muscle are driven with the same contraction force, as detailed below.



105
 106 **Fig. 3** Model of multi-serial-link mechanism driven by McKibben artificial muscles. **a** N -serial-link mechanism and **b**
 107 arrangement of antagonistic multi-joint muscles represented as springs. The stiffnesses of the left and right sides and the
 108 natural length of the m -th artificial muscle are denoted as $K_{L,m}$, $K_{R,m}$, and $L_{0,m}$, respectively

109 **McKibben artificial muscle**

110 We used McKibben pneumatic artificial muscles in this study. For the experiments, we used McKibben
111 muscles with a diameter of 2 mm. This type of artificial muscle mainly consists of an inner rubber tube
112 to which air pressure is applied, and an outer sleeve of a woven fiber intersects at a certain angle. The
113 sleeve contracts through expansion in the radial direction of the inner tube.

114 Among the various formulations, the simplest equation to describe the McKibben muscle operation has
115 been proposed by Schulte [15]:

$$116 \quad F = \frac{\pi D^2}{4 \sin^2 \theta_0} P \{3(1 - \varepsilon)^2 \cos^2 \theta_0 - 1\} \quad (1)$$

117 where F, D, P, θ_0 , and ε are the contraction force, diameter of the inner tube, air pressure applied to
118 the tube, woven angle of the sleeve, and contraction ratio of the artificial muscle, respectively.

119 Equation (1) is based on the virtual work principle. The work done by both the compressed air applied
120 to the rubber tube and the artificial muscle are assumed to be the equal. Thus, the corresponding
121 geometric calculation neglects the elasticity of the rubber tube and sleeve strands. The maximum
122 contraction force, which occurs when the contraction rate is 0, seems to agree with experimental data,
123 but the maximum contraction ratio may be inconsistent.

124 In the next section, we approximate the McKibben artificial muscle model as a spring, whose stiffness
125 K and natural length s_0 are given by Eq. (2). The maximum contraction force, F_{Max} , is derived from
126 Eq. (1), and the maximum contraction ratio, ε_{Max} , can be obtained experimentally.

$$127 \quad K = \frac{F_{\text{Max}}}{\varepsilon_{\text{Max}} S}, \quad s_0 = S(1 - \varepsilon_{\text{Max}}) \quad (2)$$

128 Note that S represents the default length of the muscle, and muscle stiffness K varies with driving
 129 pressure P .

130 **Potential energy of multi-serial-link mechanism driven by antagonistic artificial muscles**

131 We also consider the stability of the multiarticulate musculoskeletal system driven by antagonistic
 132 muscles. We focus on a straight posture, which is common for the spine. For the system to be stable,
 133 the potential energy of the entire system, U , must reach a local minimum at the target angles. Therefore,
 134 considering an N -joint serial-link mechanism, a sufficient condition for stability is given by the entire
 135 potential energy, $U(\boldsymbol{\theta})$ ($\boldsymbol{\theta} \in \mathbf{R}^N$), satisfying the following condition:

$$136 \quad \frac{\partial U}{\partial \theta_i} = 0 \quad \text{for } \forall i \in [1, N] \quad (3)$$

$$137 \quad \mathbf{x}^T \mathbf{H} \mathbf{x} > 0 \quad \forall \mathbf{x} \in \mathbf{R}^N \quad (4)$$

138 where $\mathbf{H} \in \mathbf{R}^{N \times N}$ is the Hessian matrix describing the second-order partial derivative of U .

139 Specifically, the element at row i and column j of matrix \mathbf{H} is given by

$$140 \quad H_{ij} = \frac{\partial^2 U}{\partial \theta_i \partial \theta_j} \quad (1 \leq i \leq N, 1 \leq j \leq N)$$

141 Equation (4) is equivalent to the following equation:

$$142 \quad \det(\mathbf{A}_k) > 0 \quad \forall k \in [1, N] \quad (5)$$

$$143 \quad \mathbf{A}_k \equiv \begin{bmatrix} H_{11} & \cdots & H_{1k} \\ \vdots & \ddots & \vdots \\ H_{k1} & \cdots & H_{kk} \end{bmatrix}$$

144 The potential energy of the entire system, U , can be expressed as the sum of the potential energy

145 produced by the antagonistic muscles:

$$146 \quad U = \sum_m^M \left\{ \frac{K_{L,m}}{2} (|\mathbf{s}_{L,m}| - s_{0,m})^2 + \frac{K_{R,m}}{2} (|\mathbf{s}_{R,m}| - s_{0,m})^2 \right\} \quad (6)$$

147 where M is the number of pairs of antagonistic muscles, $\mathbf{s}_{L,m}$ and $\mathbf{s}_{R,m}$ are the endpoint vectors of
 148 the left and right sides of antagonistic muscle m , respectively, and $|\mathbf{s}|$ is the norm of vector \mathbf{s} . We set
 149 the natural length of both muscle sides to $s_{0,m}$. As shown in Fig. 3b, the endpoints of the multiarticular
 150 muscles that span from joint p to joint q have distances $e_{0,m}$ and $e_{1,m}$ from each joint. As the
 151 muscle endpoints are attached to the next links, $e_{0,m}$ and $e_{1,m}$ must satisfy the following constraints:

$$152 \quad 0 \leq e_{0,m} \leq l_{p-1}, \quad 0 \leq e_{1,m} \leq l_q$$

153 By using the angles of the mechanism, $\mathbf{s}_{L,m}$ and $\mathbf{s}_{R,m}$ can be described as follows:

$$154 \quad \mathbf{s}_{L,m} = \begin{pmatrix} e_{0,m} + \sum_{n=p}^{q-1} l_n \cos \phi_n + e_{1,m} \cos \phi_q + a_m \sin \phi_q \\ a_m + \sum_n^{q-1} l_n \sin \phi_n + e_{1,m} \sin \phi_q - a_m \cos \phi_q \end{pmatrix}$$

$$155 \quad \mathbf{s}_{R,m} = \begin{pmatrix} e_{0,m} + \sum_{n=p}^{q-1} l_n \cos \phi_n + e_{1,m} \cos \phi_q - a_m \sin \phi_q \\ -a_m + \sum_n^{q-1} l_n \sin \phi_n + e_{1,m} \cos \phi_q + a_m \cos \phi_q \end{pmatrix}$$

156 where $\phi_n = \sum_{k=p}^n \theta_k$. The only difference between $\mathbf{s}_{L,m}$ and $\mathbf{s}_{R,m}$ is the change in the positive and
 157 negative signs of a_m given the symmetry of the antagonistic muscles.

158 For antagonistic muscle m , the first- and second-order partial derivatives of its potential energy U_m

159 are respectively given by

$$160 \quad \frac{\partial U_m}{\partial \theta_i} = K_{L,m}(|\mathbf{s}_{L,m}| - s_{0,m}) \frac{\partial |\mathbf{s}_{L,m}|}{\partial \theta_i} + K_{R,m}(|\mathbf{s}_{R,m}| - s_{0,m}) \frac{\partial |\mathbf{s}_{R,m}|}{\partial \theta_i} \quad (7)$$

$$161 \quad \frac{\partial^2 U_m}{\partial \theta_i \partial \theta_j} (= H_{m,ij}) = K_{L,m} \frac{\partial |\mathbf{s}_{L,m}|}{\partial \theta_i} \frac{\partial |\mathbf{s}_{L,m}|}{\partial \theta_j} + K_{L,m} (|\mathbf{s}_{L,m}| - s_{0,m}) \frac{\partial^2 |\mathbf{s}_{L,m}|}{\partial \theta_i \partial \theta_j}$$

$$162 \quad + K_{R,m} \frac{\partial |\mathbf{s}_{R,m}|}{\partial \theta_i} \frac{\partial |\mathbf{s}_{R,m}|}{\partial \theta_j} + K_{R,m} (|\mathbf{s}_{R,m}| - s_{0,m}) \frac{\partial^2 |\mathbf{s}_{R,m}|}{\partial \theta_i \partial \theta_j} \quad (8)$$

163 where U_m is assumed to be a continuous and second-order differentiable function in \mathbf{R}^N , and the order
164 of differentiation can be ignored.

165 As the target angles are set to $\boldsymbol{\theta} = \vec{0} \in \mathbf{R}^N$, we have

$$166 \quad |\mathbf{s}_{L,m}| = e_{0,m} + \sum_n^p l_n + e_{1,m} \quad (9)$$

$$167 \quad \frac{\partial |\mathbf{s}_{L,m}|}{\partial \theta_i} = \frac{a_m (e_{0,m} + \sum_{n=p}^{q-1} l_n + e_{1,m})}{e_{0,m} + \sum_{n=p}^{q-1} l_n + e_{1,m}} = a_m \quad (10)$$

$$168 \quad \frac{\partial^2 |\mathbf{s}_{L,m}|}{\partial \theta_i \partial \theta_j} = \frac{-(e_{0,m} + \sum_{n=p}^{i-1} l_n) (\sum_{n=j}^{q-1} l_n + e_{1,m})}{e_{0,m} + \sum_n^p l_n + e_{1,m}} \quad (11)$$

169 where

$$170 \quad p \leq i \leq j \leq q$$

$$171 \quad \sum_{n=p}^{i-1} l_n = 0 \text{ for } i = p$$

$$172 \quad \sum_{n=j}^{q-1} l_n = 0 \text{ for } j = q$$

173 As U_m must satisfy Eq. (3) to be a local minimum, from Eqs. (7), (9), and (10), we obtain

174 $K_{L,m} = K_{R,m} \quad (= K_m)$ (12)

175 which indicates that both sides of the antagonistic muscles are driven by the same force simultaneously.

176 From Eqs. (8)–(12), the following equations are obtained:

177
$$H_{m,ij} = 2K_m \left\{ a_m^2 - (S_m - s_{0,m}) \frac{(e_{0,m} + \sum_{n=p}^{i-1} l_n) \left(\sum_{n=j}^{q-1} l_n + e_{1,m} \right)}{S_m} \right\}$$

178
$$= 2K_m \left\{ a_m^2 - \left(1 - \frac{s_{0,m}}{S_m} \right) \left(e_{0,m} + \sum_{n=p}^{i-1} l_n \right) \left(\sum_{n=j}^{q-1} l_n + e_{1,m} \right) \right\}$$

179
$$= 2K_m \left\{ a_m^2 - \varepsilon_{\text{Max}} \left(e_{0,m} + \sum_{n=p}^{i-1} l_n \right) \left(\sum_{n=j}^{q-1} l_n + e_{1,m} \right) \right\} \quad (13)$$

180
$$H_{ij} = \sum_m^M 2K_m \left\{ a_m^2 - \varepsilon_{\text{Max}} \left(e_{0,m} + \sum_{n=p}^{i-1} l_n \right) \left(\sum_{n=j}^{q-1} l_n + e_{1,m} \right) \right\} \quad (14)$$

181 where ε_{Max} is the maximum contraction ratio of the muscle, and the muscle length, S_m , can be

182 obtained as

183
$$S_m = e_{0,m} + \sum_{n=p}^{q-1} l_n + e_{1,m}$$

184 We consider contraction ratio ε_{Max} to be always positive because the McKibben artificial muscles

185 are assumed to be of contraction type. Therefore, the second term related to ε_{Max} in Eq. (14) is always

186 negative. Thus, a larger a_m leads to more positive elements, H_{ij} , in the Hessian matrix, and larger

187 $e_{0,m}$, $e_{1,m}$, and link lengths lead to more negative elements. From Eq. (14), we can anticipate the

188 stability of the system by H_{ij} satisfying Eq. (4) or Eq. (5).

189 **Stability of monoarticular and multiarticular muscles**

190 If any diagonal element of the Hessian matrix of potential energy is negative, Eq. (4) cannot be
 191 satisfied because any negative H_{ii} results in the following left-hand side of Eq. (4) by setting \mathbf{x} as
 192 $\mathbf{x} = (0 \dots x_i \dots 0)^T, x_i \in \mathbf{R}$:

$$193 \quad \mathbf{x}^T \mathbf{H} \mathbf{x} = H_{ii} x_i^2 < 0$$

194 The condition above is related to the stability of joint i but not to that of the entire system. Therefore,
 195 for system stability, all the diagonal elements of the Hessian matrix should be positive.

196 When joints q and p are the same, that is, when considering antagonistic monoarticular muscles that
 197 span joint p , the corresponding Hessian matrix of potential energy is given by

$$198 \quad H_{m,ij} = \begin{cases} 2K_m \{a_m^2 - \varepsilon_{Max} e_{0,m} e_{1,m}\} & (\text{if } i = j = p) \\ 0 & (\text{otherwise}) \end{cases} \quad (15)$$

199 Equation (15) shows that monoarticular muscles affect only the p -th diagonal element of the Hessian
 200 matrix, H_{pp} . As the diagonal elements must be positive for stability, the antagonistic pairs of
 201 monoarticular muscles stabilize joint p when $H_{m,pp}$ is positive, which can be expressed as follows:

$$202 \quad a_m^2 - \varepsilon_{Max} e_{0,m} e_{1,m} > 0 \quad (16)$$

203 Equation (16) indicates that $e_{0,m}$ and/or $e_{1,m}$ must be sufficiently smaller than a_m for the
 204 monoarticular muscles to stabilize the joint.

205 When joints q and p are different, the diagonal elements of the Hessian matrix of potential energy
 206 produced by antagonistic multiarticular muscles can be expressed as

$$H_{m,ii} = \begin{cases} 2K_m \left\{ a_m^2 - \varepsilon_{Max} \left(e_{0,m} + \sum_{n=p}^{i-1} l_n \right) \left(\sum_{n=i}^{q-1} l_n + e_{1,m} \right) \right\} & (\text{if } p < i < q) \\ 2K_m \left\{ a_m^2 - \varepsilon_{Max} e_{0,m} \left(\sum_{n=i}^{q-1} l_n + e_{1,m} \right) \right\} & (\text{if } i = p) \\ 2K_m \left\{ a_m^2 - \varepsilon_{Max} \left(e_{0,m} + \sum_{n=p}^{i-1} l_n \right) e_{1,m} \right\} & (\text{if } j = q) \\ 0 & (\text{otherwise}) \end{cases} \quad (17)$$

208 In Eq. (17), the p -th and q -th diagonal elements become positive if $e_{0,m}$ and $e_{1,m}$ are sufficiently
209 close to 0. In contrast, the diagonal elements for joints between p and q are usually negative because
210 a_m is not much larger than the sum of the link lengths. Thus, multiarticulate antagonistic muscles cause
211 instability, especially for the joints between them.

212 Results

213 Simulations

214 We first validated our formulation through calculations and simulations implemented in MathWorks
215 MATLAB Simulink.

216 For the simulations and the experiments reported below, we considered a three-joint multi-serial-link
217 mechanism with four pairs of antagonistic muscles comprising three pairs of monoarticular muscles
218 and one pair of tri-articular muscles. The parameters of the McKibben artificial muscles are listed in
219 Table 1 and were consistent for the simulations and experiments.

Table 1 Parameters of multi-serial-link mechanism

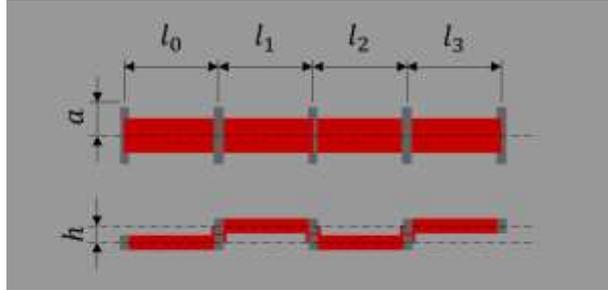
l_0 [mm]	l_1 [mm]	l_2 [mm]	l_3 [mm]	a [mm]	h [mm]
50	50	50	50	19.5	9

220 In the experimental equipment, there were differences between the heights of both muscle endpoints.
 221 Therefore, we set the height gap to $h = 9$ mm. Moreover, the vertical distance of all muscles from
 222 links a_1, \dots, a_4 was set to 19.5 mm. Figure 4 shows a diagram of the mechanism considering the
 223 parameters listed in Table 1. Assuming that the antagonistic artificial muscles are tilted by ψ in the
 224 height direction from the horizontal line, the default muscle length, S_m , and the vectors of the
 225 antagonistic muscles vary from those mentioned above. As a result, the Hessian matrix of the potential
 226 energy produced by the muscles derived from Eq. (13) can be rewritten as follows:

$$227 \quad H_{m,ij} = 2K_m \left\{ (\cos^2 \psi + \varepsilon \sin^2 \psi) a_m^2 - \varepsilon_{\text{Max}} \left(e_{0,m} + \sum_{n=p}^{i-1} l_n \right) \left(\sum_{n=j}^{q-1} l_n + e_{1,m} \right) \right\} \quad (18)$$

228 with angle ψ given by

$$229 \quad \psi = \tan^{-1} \frac{h}{S_m}$$



230
 231 **Fig. 4** Diagram of multi-serial-link mechanism

232 Table 2 lists the experimental parameters of the monoarticular and tri-articular muscles and of the
 233 McKibben artificial muscles. The stiffness of the artificial muscles, K_m , was derived from Eq. (2) for
 234 F_{Max} obtained using Eq. (1). In addition, ε_{Max} was determined from measurements on a tri-articular
 235 muscle at varying applied pressure P . Specifically, the monoarticular muscles and tri-articular muscles
 236 were driven by air pressures of 0.0, 0.3, 0.4, and 0.5 MPa. We measured 15 trials per air pressure except

237 for the pressure of 0.0 MPa, which is equivalent to the muscles being not attached to the joint because
 238 no interference occurs to the muscles and links in the simulation. The simulations results are shown in
 239 Fig. 5.

240 **Table 2 Parameters of McKibben artificial muscles**

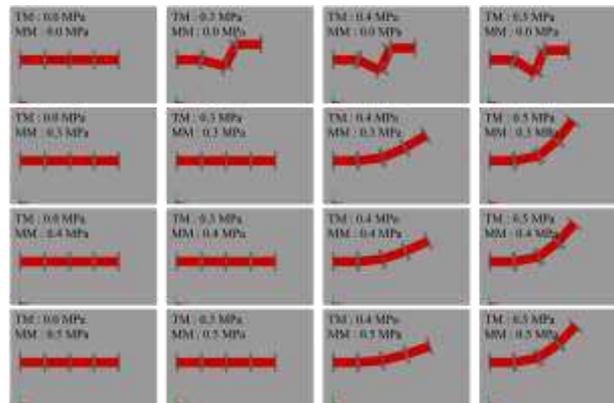
Parameter	Monoarticular muscle			Tri-articular muscle		
P (MPa)	0.3	0.4	0.5	0.3	0.4	0.5
K_m (kN/m)	2.26	2.45	2.58	0.57	0.62	0.66
ε_{Max} (%)	13	16	19	13	16	19
e_0 (mm)	0			50		
e_1 (mm)	50			50		

241 Rubber tube outer diameter $D = 2$ mm

242 Rubber tube inner diameter $d = 1.16$ mm

243 Sleeve default angle $\theta_0 = 19^\circ$

244



245

246 **Fig. 5** Results of dynamic simulations. One spring that represents a tri-articular muscle (TM) is attached to both ends of the
 247 system, and three springs that represent monoarticular muscles (MMs) are attached around each joint

248 Using the values in Tables 1 and 2, the determinants of A_1 , A_2 , and A_3 defined in Eq. (5) are
 249 obtained as listed in Table 3. When no pressure (0.0 MPa) is applied to the monoarticular muscles and
 250 when pressure of 0.4 or 0.5 MPa is applied to the tri-articular muscles, at least one of the determinants
 251 from A_1 , A_2 , and A_3 becomes negative. Thus, instability occurs as confirmed by the simulation

252 results shown in Fig. 5. When the determinant of A_1 is negative, instability appears as zigzag buckling.

253 **Table 3 Determinants of A_1 , A_2 , and A_3 indicating stability in different cases**

		Air pressure of tri-articular muscles (MPa)				
		0.0	0.3	0.4	0.5	
Air pressure of monoarticular muscles (MPa)	0.0	$ A_1 = 0$	-0.68	-1.02	-1.37	
		$ A_2 = 0$	0.63	1.28	2.17	
		$ A_3 = 0$	-0.35	-1.04	-2.32	
	0.3		1.68	0.99	0.65	0.31
			2.81	0.52	-0.17	-0.66
			4.70	0.42	-0.31	-0.51
	0.4		1.82	1.13	0.80	0.45
			3.30	0.76	-0.04	-0.64
			5.99	0.76	-0.26	-0.67
	0.5		1.91	1.23	0.89	0.54
			3.66	0.96	0.08	-0.60
			7.01	1.07	-0.19	-0.77

254

255 Experiments

256 We also verified our formulation experimentally using a three-joint multi-serial-link mechanism and

257 McKibben artificial muscles. A diagram and photograph of the experimental system are shown in Fig. 6.

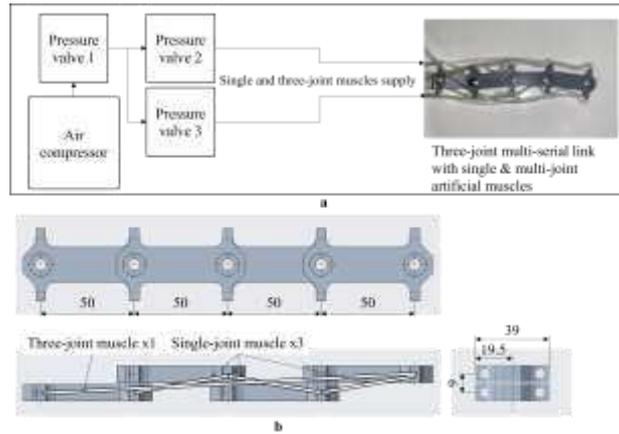
258 The air pressure provided by an air compressor was adjusted using a pressure valve and applied to the

259 monoarticular and tri-articular muscles. To reduce the effects of friction between the link and ground

260 and in the joints, the weight of the links was reduced by fabricating them with a 3D printer, and bearings

261 were used at each joint. The McKibben muscles used in the experiment had the parameters listed in

262 Table 2.



263

264 **Fig. 6 a** Diagram and photograph of experimental equipment and **b** diagram of multi-serial-link mechanism showing

265 dimensions and attachment points of monoarticular and multiarticular muscles (unit: millimeters)

266 The same cases evaluated in the simulations were tested experimentally, obtaining the experimental

267 results shown in Fig. 7. When the pressure applied to the monoarticular muscles is 0.0 MPa, each joint

268 angle changes substantially, clearly destabilizing the system at the target posture. When monoarticular

269 muscles are driven at any pressure except for 0.5 MPa and tri-articular muscles are driven at 0.4 or

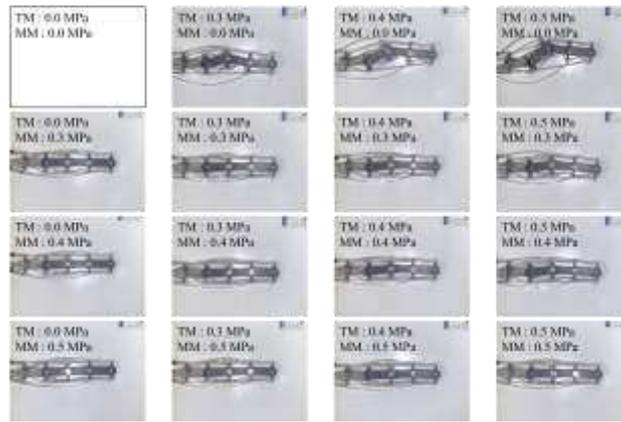
270 0.5 MPa, the joint angles change in a smaller proportion than without using the monoarticular muscles.

271 When the monoarticular muscles are driven at 0.5 MPa, it is difficult to recognize the changes. When

272 the monoarticular muscles are driven at 0.3 MPa, no remarkable changes occur regardless of the

273 pressure applied to the tri-articular muscles. Overall, the experimental results are consistent with those

274 obtained from our formulation.



275

276

Fig. 7 Experimental results. Monoarticular and tri-articular muscles were actuated at air pressures of 0.0, 0.3, 0.4, and

277

0.5 MPa

278 Discussion

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The results in Table 3 show that the system becomes theoretically unstable at target posture $\theta = 0$

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for monoarticular muscles driven at 0.0 MPa or tri-articular muscles driven at 0.4 or 0.5 MPa. In

281

particular, when the monoarticular muscles are inactive (0.0 MPa), the determinant of A_1 becomes

282

negative, and the serial-link mechanism buckles in zigzag in both the simulation and experimental

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results (Figs. 5 and 7). In other theoretically unstable conditions, the simulation results in Fig. 5 show

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that the system bends like a bow. On the other hand, the experimental results shown in Fig. 7 show

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apparent instability of the serial-link mechanism because changes in each joint angle can be observed,

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but the mechanism does not bend with the extent shown in the simulations. In theoretically stable

287

conditions, in which the tri-articular muscles are driven at 0.0 or 0.3 MPa, the mechanism does not bend

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and remains stable, as verified in the simulation and experimental results.

289

When the tri-articular muscles are driven at 0.5 MPa, the mechanism tends to stabilize as the

290 monoarticular muscles are driven at higher pressures in the experiments, contradicting the simulation
291 results. This inconsistent result is attributable to the effect of joint friction, which increases with the
292 muscle contraction forces.

293 In addition to the effect of joint friction, the friction caused by the interference between the artificial
294 muscles and links tends to stabilize the posture of the mechanism. Therefore, the serial-link mechanism
295 can remain stable at a posture around the target, at least when the theoretically stable conditions are
296 satisfied.

297 **Conclusion**

298 Considering monoarticular and multiarticular muscles in a multiarticulate musculoskeletal system, we
299 analyze the conditions for system stability while driving the multiarticular muscles. Theoretically, we
300 determine stability assuming that it can be reached when the potential energy produced by each articular
301 muscle is locally minimal at the target point. In addition, the distances from the fixed point of the
302 monoarticular muscles to the joint, $e_{0,m}$ and $e_{1,m}$, must be sufficiently small to stabilize each joint.

303 We analyzed the stability of a three-joint multiarticulate musculoskeletal system and validated our
304 formulation through dynamic simulations and experiments on a mechanism driven by McKibben
305 artificial muscles. We confirmed that a sufficiently high stiffness of monoarticular muscles and a locally
306 minimal potential energy of the system at the target posture lead to stability in the musculoskeletal
307 mechanism consisting of serial links and multiarticulate McKibben muscles.

308 **Declarations**

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313 **Authors' contributions**

314 YI carried out analysis and experiment and drafted the manuscript. HN, GE, and KS were involved to
315 the study design and data interpretation. All authors revised the report, commented on the draft of the
316 manuscript, and approved the final report.

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320 **Availability of data and materials**

321 Not applicable.

322 **Competing interests**

323 The authors declare that they have no competing interest.

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