Pathologic Response Rates for Breast Cancer Stages as a Predictor of Outcomes in Patients Receiving Neoadjuvant Chemotherapy Followed by Breast-Conserving Surgery

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Research article

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Abstract

PURPOSE: To determine easy-to-use predictors of overall survival (OS), locoregional recurrence (LRR), and distant metastasis (DM) in patients with breast invasive ductal carcinoma (IDC) receiving neoadjuvant chemotherapy (NACT) followed by breast-conserving surgery (BCS), we obtained pathologic response rates (PRRs) for combined primary and nodal diseases (American Joint Committee on Cancer [AJCC] stages) from clinical and pathologic reports, and we used these as predictors.

PATIENTS AND METHODS: We enrolled patients with IDC who had received NACT followed by BCS. Cox regression analysis was used to calculate hazard ratios (HRs) and confidence intervals (CIs) for the patients' PRRs; other independent predictors were controlled for or stratified in the analysis.

RESULTS: We analyzed 1047 patients with IDC (611, 260, and 176 patients in clinical stages IIB, IIIA, and IIIB-C, respectively) receiving NACT and BCS. After multivariate Cox regression analyses, the adjusted HRs (aHRs; 95% CI) in patients with pathologic complete response (ypT0N0) were 0.26 (0.13–0.56), 0.36 (0.15–0.85), and 0.15 (0.08–0.31) for all-cause mortality, LRR, and DM, respectively. The aHRs (95% CI) in patients with downstaging of AJCC stages were 0.55 (0.35–0.89), 0.91 (0.62–0.96), and 0.63 (0.43–0.91) for all-cause mortality, LRR, and DM, respectively. The aHRs (95% CI) in patients with upstaging of AJCC stages were 1.77 (1.06–2.24), 1.08 (1.03–1.82), and 1.19 (1.07–2.01) for all-cause mortality, LRR, and DM, respectively.

CONCLUSION: The impacts of AJCC-stage PRRs are useful predictive tools and strong predictors for OS, LRR, and DM in patients with breast IDC receiving NACT followed by BCS.

Introduction

Neoadjuvant chemotherapy (NACT) is associated with high rates of clinical response and a greater likelihood that cosmetically acceptable surgery can be performed.[1, 2] For example, patients who are not candidates for breast-conserving surgery (BCS) may become eligible after NACT; those with limited node-positive diseases (cN1) may be appropriate candidates for more limited axillary surgery after NACT.[2, 3] However, NACT alone has not been shown to improve disease-free survival (DFS) or overall survival (OS) compared with the same treatment administered after surgery.[1]

Among patients treated with NACT, the achievement of a pathologic complete response (pCR) to surgery is prognostically significant.[4–7] Pathologic assessment of the breast and axillary nodes is performed to determine the presence and extent of residual invasive disease after NACT completion. The achievement of pCR in the breast and axilla (ypT0 & ypN0) correlates with improved survival.[6, 8] Through the pooled analysis of the Collaborative Trials in Neoadjuvant Breast Cancer with mature follow-up data, we aimed to characterize the relationship between pCR and long-term outcomes.[9] Achieving a pCR in both the breast and the axilla was associated with improved event-free survival (EFS) and OS compared with a pCR (ypT0 & ypN0) in the breast alone (ypT0).[9] However, studies have associated a pCR with superior OS in patients with breast cancer receiving NACT followed by either total mastectomy (TM) or BCS,[4–7, 9–12] but sufficient data do not support the association between pCR and survival benefits in patients receiving NACT followed by BCS. In addition, pathologic response after NACT includes not only pCR but also partial response, disease stability, and disease progression.[10] No study has shown the predictive ability of pathologic response in patients with breast cancer receiving NACT followed with mastectomy, particularly with respect to BCS.

In the past, the residual cancer burden (RCB) score has provided a means for assessing the extent of residual invasive disease in the tumor bed and the extent of residual nodal involvement after NACT.[10] However, RCB is not widely used as a predictor for survival in current clinical practice because no consensus for reading RCB exists among pathologists. Thus, we used the clinical and pathological American Joint Committee on Cancer (AJCC) tumor, node, and metastasis system after NACT to obtain simple pathologic response rates (PRRs) as predictors for patients with breast cancer receiving NACT

followed by BCS. For patients with breast cancer receiving NACT, according to their PRRs and the applicability of poor prognostic factors, BCS might be used as a more aggressive adjuvant, or consolidative chemotherapy might subsequently be necessary.

Patients And Methods

In this study, we established a cohort of patients with breast invasive ductal carcinoma (IDC) by using data from the Taiwan Cancer Registry database (TCRD). We enrolled patients with breast IDC diagnoses between January 1, 2007, and December 31, 2015. The follow-up duration was from the index date to December 31, 2016. The Cancer Registry database of the Collaboration Center of Health Information Application contains detailed cancer-related information of patients, including clinical stages, treatment modalities, pathologic data, irradiation doses, hormone receptor (HoR) status, human epidermal growth factor receptor 2 (HER2) status, and chemotherapy regimens used.[13–21] In the study, we included women with breast IDC receiving NACT followed by BCS. Our protocols were reviewed and approved by the Institutional Review Board of Taipei Medical University. The diagnoses of the enrolled patients were confirmed through their pathologic data, and patients who received a new diagnosis of breast IDC were confirmed to have no other types of cancer. Patients with a diagnosis of breast IDC who had received NACT followed by BCS, who were aged ≥ 20 years, and whose AJCC clinical cancer stages were IIB to IIIC were included. Moreover, initial AJCC clinical staging and pathologic staging were recorded in the TCRD. The breast cancer stages were assessed according to the AJCC, seventh edition. Patients with metastasis, missing sex data, age < 20 years, receipt of nonstandard adjuvant whole breast radiotherapy (where standard RT means RT to treat the entire breast with 1.8- to 2-Gy daily fractions for 4.5 to 5 weeks, signifying a total dose of 45 to 50 Gy), unclear differentiation of tumor grade, unclear pathologic response, missing HoR status, missing HER2 status, or unclear staging were excluded. Furthermore, we excluded patients with unclear NACT regimens, receipt of fewer than four NACT cycles, ill-defined nodal surgery, and missing hospital types[22] (academic center or community hospitals) in our cohort. PRRs were classified into upstages (clinical stage upgrade to advanced pathologic stage), equal stages (clinical stage equal to pathologic stage), downstages (clinical stage down to relatively early pathologic stages), and pCRs (absence of residual invasive cancer). HoR positivity was defined as $\geq 1\%$ of tumor cells demonstrating positive nuclear staining through immunohistochemistry,[23] and HER2 positive was defined as an immunohistochemistry score 3+ or fluorescence in situ hybridization ratio ≥ 2 . [22, 24] Finally, we enrolled patients with breast IDC receiving NACT followed by BCS and categorized them into clinical AJCC stage groups. The index date was the date of breast cancer diagnosis. Comorbidities were scored using the Charlson comorbidity index (CCI).[25, 26] Only comorbidities observed 6 months before the index date were considered; comorbidities that were included were identified according to the main *International Classification of Diseases, Ninth Revision, Clinical Modification* (ICD-9-CM) diagnosis codes for the first admission or the main diagnosis codes associated with more than two visits to the outpatient department.

After adjustment for confounders, the Cox proportional method was used to model the time from the index date to all-cause mortality, LRR, and DM among patients who had received NACT followed by BCS. In the multivariate analysis, hazard ratios (HRs) were adjusted for the AJCC stage PRRs, initial clinical stage, age, diagnosis year, CCI score, differentiation, NACT regimen, nodal surgery, adjuvant RT, HoR status, HER2 status, and academic hospital status. Stratified analyses for the various initial clinical stages were performed to evaluate the predictors of all-cause death; furthermore, in the multivariate analysis, we used the PRRs of AJCC stage, initial clinical stage, age, diagnosis year, CCI score, differentiation, NACT regimen, nodal surgery, adjuvant RT, HoR status, HER2 status, and academic hospital. Multivariate analysis with stratification according to the PRRs for T stages or N stages was conducted to evaluate the impact on all-cause death, LRR, DM, and DFS of NACT followed by BCS. All analyses were performed using SAS (version 9.3; SAS, Cary, NC, USA). A two-tailed value of $P < 0.05$ was considered statistically significant.

Results

The final cohort eligible for further analysis consisted of 1047 patients (611, 260, and 176 patients in clinical stages IIB, IIIA, and IIIB-IIIC, respectively). The patient characteristics are summarized in Table 1. Initial clinical stages were found to exert no statistically significant effects in terms of CCI score, tumor differentiation, diagnosis year, use of adjuvant RT, HoR status, HER2 receptor status, or academic hospital status (Table 1). The disease was in the advanced stages IIIB to IIIC for more of a greater number of elderly patients in the cohort. More patients receiving NACT were diagnosed between 2011 and 2015 than between 2007 and 2010. More patients with breast IDC in the advanced stages IIIA to IIIC received taxane-based NACT regimens and axillary lymph node dissection (ALND). In addition, patients with breast cancer in the more advanced clinical stages IIIA to IIIC exhibited more AJCC-stage, T-stage, and N-stage pCRs or downstaging. Risks for all-cause death, LRR, and DM were significantly higher in advanced clinical stages, such as stage IIIA to IIIC, compared with in stage IIB (Table 1).

Table 1

Characteristics of Patients Receiving Neoadjuvant Chemotherapy Followed by Breast-Conserving Surgery in Various AJCC Clinical Stages

<i>Variable</i>		<i>Clinical Stage IIB</i> <i>(N = 611)</i>	<i>Clinical Stage IIIA</i> <i>(N = 260)</i>	<i>Clinical Stage IIIB-III C</i> <i>(N = 176)</i>	<i>P value</i>
Age	Mean (SD)	46.4 (9.8)	46.0 (9.5)	50.9 (10.2)	<0.0001
	Median (Q1, Q3)	46 (39,54)	46 (39,53)	51 (43,59)	
	20-49	389 (63.7%)	163 (62.7%)	78 (44.3%)	
	50+	222 (36.3%)	97 (37.3%)	98 (55.7%)	
Diagnosis year	2007–2010	94 (15.4%)	66 (25.4%)	34 (19.3%)	0.1231
	2011–2015	517 (84.6%)	194 (74.6%)	142 (80.7%)	
CCI score	0	521 (85.3%)	217 (83.5%)	146 (83.0%)	0.3921
	1	67 (11.0%)	37 (14.2%)	21 (11.9%)	
	2+	23 (3.8%)	6 (2.3%)	9 (5.1%)	
Differentiation	I	30 (5.0%)	14 (5.4%)	10 (5.7%)	0.1575
	II	329 (53.8%)	127 (48.8%)	96 (54.5%)	
	III	252 (41.2%)	119 (45.8%)	70 (39.8%)	
NACT regimen	Taxanes	271 (44.4%)	113 (43.5%)	86 (48.9%)	0.0068
	Anthracycline	199 (32.6%)	68 (26.2%)	39 (22.2%)	
	Both	97 (15.9%)	66 (25.4%)	39 (22.2%)	
	Neither	44 (7.2%)	13 (5.0%)	12 (6.8%)	
Nodal surgery	ALND	491 (80.4%)	225 (86.5%)	152 (86.4%)	0.0285
	SLNB	120 (19.6%)	35 (13.5%)	24 (13.6%)	
Adjuvant RT		564 (92.3%)	243 (93.5%)	160 (90.9%)	0.6143
Hormone receptors positivity		330 (54.0%)	135 (51.9%)	82 (46.6%)	0.2200
HER2 receptor positivity		202 (33.1%)	106 (40.8%)	57 (32.4%)	0.0691
Academic hospital	Yes	407 (66.6%)	165 (63.5%)	100 (56.8%)	0.0556
	No	204 (33.4%)	95 (36.5%)	76 (43.2%)	
AJCC stage rate response	pCR	101 (16.5%)	55 (21.2%)	24 (13.6%)	<0.0001
	Downstages	349 (57.1%)	155 (59.6%)	122 (69.3%)	
	Equal stages	74 (12.1%)	38 (14.6%)	26 (14.8%)	
	Upstages	87 (14.2%)	12 (4.6%)	4 (2.3%)	
T-stage rate response	T-pCR	114 (18.7%)	64 (24.6%)	25 (14.2%)	<0.0001
	Downstages	336 (55.0%)	164 (63.1%)	118 (67.0%)	

<i>Variable</i>		<i>Clinical Stage IIB</i> (<i>N</i> = 611)	<i>Clinical Stage IIIA</i> (<i>N</i> = 260)	<i>Clinical Stage IIIB-IIIC</i> (<i>N</i> = 176)	<i>P</i> value
N-stage rate response	Equal stages	155 (25.4%)	32 (12.3%)	33 (18.8%)	<0.0001
	Upstages	6 (1.0%)	0 (0.0%)	0 (0.0%)	
	N-pCR	305 (49.9%)	135 (51.9%)	70 (39.8%)	
	Downstages	0 (0.0%)	34 (13.1%)	42 (23.9%)	
	Equal stages	214 (35.0%)	65 (25.0%)	46 (26.1%)	
	Upstages	92 (15.1%)	26 (10.0%)	18 (10.2%)	
	Mean follow-up time, months (SD)	64.7 (26.0)	59.7 (28.0)	51.0 (26.2)	
All-cause death		54 (8.8%)	44 (16.9%)	32 (18.2%)	<0.0001
Local regional recurrence		60 (9.8%)	27 (10.4%)	26 (14.8%)	<0.0001
Distant metastasis		95 (15.5%)	63 (24.2%)	41 (23.3%)	<0.0001
RT, radiation therapy; T, tumor; N, nodal; NACT, neoadjuvant chemotherapy; BCS, breast-conserving surgery; HR, hormone receptor; HER2, human epidermal growth factor receptor 2; pCR, pathologic complete response; ALND, axillary lymph node dissection; SNLB, sentinel lymph node biopsy; SD, standard deviation; CCI, Charlson comorbidity index; AJCC, American Joint Committee on Cancer; IQR, interquartile range; T-pCR, pathologic complete response in the breast; N-pCR, pathologic complete response in regional lymph nodes					

According to the multivariate Cox regression analysis, the AJCC stage PRRs were significantly independent predictors of all-cause death, LRR, and DM (Tables 2). Both pCR and downstaging for AJCC stages were strong predictors for decreased risk of all-cause death, LRR, and DM. Upstaging of AJCC stages was a strong predictor for increased risk of all-cause death, LRR, and DM. AJCC stage pCRs (ypT0N0) were the strongest predictor for decreased risk of all-cause death, LRR, and DM. The adjusted HRs (aHRs; 95% confidence interval [CI]) of pCR were 0.26 (0.13–0.56), 0.36 (0.15–0.85), and 0.15 (0.08–0.31) for all-cause mortality, LRR, and DM, respectively. The aHRs (95% CI) for AJCC downstaging were 0.55 (0.35–0.89), 0.91 (0.62–0.96), and 0.63 (0.43–0.91) for all-cause mortality, LRR, and DM, respectively. The aHRs (95% CI) for upstaging of AJCC stages were 1.77 (1.06–2.24), 1.08 (1.03–1.82), and 1.19 (1.07–2.01) for all-cause mortality, LRR, and DM, respectively (Table 2). Multivariate Cox regression analyses indicated that the upstaging of AJCC stages, no use of adjuvant RT, initial AJCC clinical stages of IIIA to IIIC, and HoR negativity to be poor prognostic factors for OS (Table 2). The AJCC stage pCR or downstaging, adjuvant RT, and HoR positivity were independently good prognostic factors for OS. In addition, according to multivariate analysis, no use of adjuvant RT treatment, AJCC clinical stages IIIA to IIIC, post-NACT upstaging of AJCC stages, and HER2 positivity were poor prognostic factors for LRR (Table 2). Moreover, multivariate analysis revealed that AJCC clinical stages IIIA to IIIC, post-NACT upstaging of AJCC stages, no use of adjuvant RT treatment, HoR negativity, and HER2 positivity were independently poor prognostic factors for DM after multivariate analysis. Table 3 presents the independent predictors of all-cause death for patients receiving NACT followed by BCS stratified by initial clinical stages after multivariate analysis. The aHRs (95% CI) of the pCRs for AJCC stages were 0.24 (0.06–0.94), 0.19 (0.06–0.66), and 0.51 (0.11–0.93) for all-cause mortality among initial clinical stages IIB, IIIA, and IIIB to IIIC, respectively. The aHRs (95% CI) for the downstaging of AJCC stages were 0.57 (0.26–0.98), 0.40 (0.19–0.84), and 0.76 (0.24–0.99) for all-cause mortality among the initial clinical stages IIB, IIIA, and IIIB to IIIC, respectively. Moreover, the aHRs (95% CI) for the upstaging of AJCC stages were 2.04 (1.18–4.76), 1.07 (1.01–4.41), and 2.42 (1.25–13.21) for all-cause mortality among the initial clinical stages IIB, IIIA, and IIIB to IIIC, respectively. Adjuvant RT and HoR negativity were independent risk factors of all-cause death for stages IIB to IIIC. HER2 positivity was an independent poor prognostic factor of all-cause death among clinical stages IIIA to IIIC (Table 3).

Table 2
Multivariable Analysis for All Causes of Death, Locoregional Recurrence, and Distant Metastasis for Patients Receiving
Neoadjuvant Chemotherapy Followed by Breast-Conserving Surgery

		All-cause Death			LRR			DM		
		HR	(95% CI)	Pvalue	HR	(95% CI)	Pvalue	HR	(95% CI)	Pvalue
AJCC stage rate response	Equal stages	ref		<0.0001	ref		0.0736	ref		<0.0001
	pCR	0.26	(0.13–0.56)		0.36	(0.15–0.85)		0.15	(0.08–0.31)	
	Downstages	0.55	(0.35–0.89)		0.91	(0.62–0.96)		0.63	(0.43–0.91)	
	Upstages	1.77	(1.06–2.24)		1.08	(1.03–1.82)		1.19	(1.07–2.01)	
Clinical stage	IIB	ref		<0.0001	ref		<0.0001	ref		<0.0001
	IIIA	2.20	(1.43–3.37)		1.32	(1.13–1.75)		2.06	(1.46–2.91)	
	IIIB	2.31	(1.31–4.05)		1.38	(1.14–1.96)		1.72	(1.07–2.75)	
	IIIC	3.65	(1.92–6.94)		1.56	(0.78–3.15)		2.57	(1.48–4.48)	
Age	20–49	ref		0.7605	ref		0.5630	ref		0.3455
	50+	0.94	(0.64–1.39)		1.14	(0.73–1.77)		0.85	(0.62–1.18)	
Diagnosis year	2007–2010	ref		0.3178	ref		0.9117	ref		0.6856
	2011–2015	0.81	(0.53–1.23)		0.93	(0.60–1.78)		0.93	(0.65–1.32)	
CCI score	0	ref		0.2232	ref		0.8237	ref		0.1102
	1	1.05	(0.91–2.30)		1.09	(0.48–1.67)		1.12	(1.02–2.26)	
	2+	1.14	(0.26–1.89)		1.26	(0.48–3.30)		1.33	(0.63–2.85)	
Differentiation	III	ref		0.4668	ref		0.5892	ref		0.3709
	II	0.93	(0.67–1.58)		1.03	(0.64–1.65)		1.01	(0.71–1.44)	
	I	0.46	(0.16–1.35)		0.26	(0.03–1.91)		0.77	(0.34–1.72)	
NACT regimen	Anthracycline	ref		0.1944	ref		0.6845	ref		0.0701
	Taxanes	0.69	(0.44–1.06)		0.92	(0.57–1.47)		0.64	(0.46–1.01)	
	Both	0.68	(0.41–1.12)		0.68	(0.36–1.28)		0.40	(0.25–1.03)	
	Neither	0.53	(0.25–1.13)		0.96	(0.44–2.12)		1.24	(0.76–2.01)	

Nodal surgery	ALND	ref		0.9048	ref		0.3591	ref		0.3719
	SLNB	1.13	(0.63–2.04)		1.19	(0.81–2.38)		0.71	(0.44–1.16)	
Adjuvant RT		0.35	(0.22–0.57)	<0.0001	0.42	(0.23–0.75)	0.0033	0.09	(0.06–0.12)	<0.0001
Hormone receptors positivity		0.57	(0.39–0.83)	0.0033	0.86	(0.56–1.32)	0.4933	0.85	(0.63–0.97)	0.0133
HER2 receptor positivity		1.08	(0.52–1.18)	0.2420	1.62	(1.06–2.46)	0.0245	1.54	(1.14–2.09)	0.0054
Academic hospital	Yes	ref		0.3698	ref		0.2560	ref		0.4967
	No	0.84	(0.56–1.24)		0.78	(0.50–1.20)		0.90	(0.66–1.23)	
HR, hazard ratio; CI, confidence interval; RT, radiation therapy; NACT, neoadjuvant chemotherapy; HER2, human epidermal growth factor receptor 2; ALND, axillary lymph node dissection; SLNB, sentinel lymph node biopsy; CCI, Charlson comorbidity index; AJCC, American Joint Committee on Cancer; LRR, locoregional recurrence; DM, distant metastasis; pCR, pathologic complete response; ref, reference group										

Table 3
Multivariable Analysis for All Causes of Death for Patients Receiving Neoadjuvant Chemotherapy Followed by Breast-Conserving Surgery, Stratified by Clinical Stage

		Stage IIB			Stage IIIA			Stage IIIB-IIIC		
		HR	(95% CI)	P value	HR	(95% CI)	P value	HR	(95% CI)	P value
AJCC stage rate response	Equal stages	ref		0.0004	ref		0.0265	ref		0.0185
	pCR	0.24	(0.06–0.94)		0.19	(0.06–0.66)		0.51	(0.11–0.93)	
	Downstages	0.57	(0.26–0.98)		0.40	(0.19–0.84)		0.76	(0.24–0.99)	
	Upstages	2.04	(1.18–4.76)		1.07	(1.01–4.41)		2.42	(1.25–13.21)	
Age	20–49	ref		0.4547	ref		0.2286	ref		0.7392
	50+	1.26	(0.69–2.31)		0.63	(0.30–1.34)		1.15	(0.50–2.64)	
Diagnosis year	2007–2010	ref		0.1481	ref		0.5048	ref		0.0772
	2011–2015	0.62	(0.32–1.19)		1.30	(0.60–2.83)		0.47	(0.20–1.09)	
CCI score	0	ref		0.3333	ref		0.4243	ref		0.9980
	1	1.66	(0.76–3.63)		1.65	(0.78–3.52)		1.04	(0.35–3.09)	
	2+	1.74	(0.56–5.41)		1.76	(0.77–4.52)		1.50	(0.47–3.12)	
Differentiation	III	ref		0.9587	ref		0.4594	ref		0.3469
	II	0.91	(0.47–1.75)		1.28	(0.55–2.96)		0.44	(0.16–1.17)	
	I	0.69	(0.15–3.12)		0.55	(0.11–2.87)		0.39	(0.10–1.97)	
NACT regimen	Anthracycline	ref		0.6900	ref		0.3307	ref		0.8830
	Taxanes	0.87	(0.45–1.67)		0.53	(0.23–1.22)		0.93	(0.33–2.59)	
	Both	0.74	(0.32–1.71)		0.50	(0.20–1.23)		1.14	(0.36–3.62)	
	Neither	0.52	(0.16–1.61)		0.89	(0.26–3.05)		0.49	(0.06–4.26)	
Nodal surgery	ALND	ref		0.9459	ref		0.5412	ref		0.3265
	SLNB	1.09	(0.44–2.74)		1.76	(0.64–4.79)		0.60	(0.15–2.31)	
Adjuvant RT		0.45	(0.20–0.95)	0.0341	0.30	(0.12–0.76)	0.0108	0.11	(0.04–0.29)	<0.0001
Hormone receptor positivity		0.52	(0.29–0.94)	0.0300	0.46	(0.22–0.94)	0.0326	0.70	(0.31–0.89)	0.0015

HER2 receptor positivity		0.51	(0.25–1.01)	0.0546	1.12	(1.05–1.48)	0.0273	1.94	(1.84–4.51)	0.0218
Academic hospital	Yes	ref		0.8754	ref		0.0750	ref		0.0827
	No	0.95	(0.51–1.79)		0.48	(0.21–1.08)		1.51	(0.98–5.85)	
HR, hazard ratio; CI, confidence interval; RT, radiation therapy; NACT, neoadjuvant chemotherapy; HER2, human epidermal growth factor receptor 2; ALND, axillary lymph node dissection; SLNB, sentinel lymph node biopsy; CCI, Charlson comorbidity index; AJCC, American Joint Committee on Cancer; pCR, pathologic complete response; ref, reference group										

Because the PRRs for AJCC stages were significant predictors for all-cause death, LRR, and DM, we also estimated the effect of PRRs for T stages and N stages on all-cause death, LRR, DM, and DFS in patients with breast cancer receiving NACT followed by BCS. Supplemental Fig. 1 shows that T-stage PRRs were significant predictors for all-cause death, LRR, DM, and DFS in patients with breast IDC receiving NACT followed by BCS. Only the upstaging of T stages was not a significant predictor for LRR. T-stage pCRs or downstaging were good prognostic factors for all-cause death, LRR, DM, and DFS in patients with breast IDC receiving NACT followed by BCS. The upstaging of T stages after NACT followed by BCS was a significantly poor prognostic factor for all-cause death, DM, and DFS. The N-pCR was a significant predictor for all-cause death, LRR, DM, and DFS in patients receiving NACT followed by BCS. Nevertheless, the downstaging of N stages was not a statistically significant predictor for all-cause death, LRR, DM, and DFS in patients with breast cancer receiving NACT followed by BCS (Supplemental Fig. 2). The upstaging of N stages was a significantly poor prognostic factor for all-cause death, DM, and DFS but was not a significant predictor for LRR.

Discussion

NACT is the systemic treatment of breast cancer prior to definitive surgical therapy such as TM or BCS with ALND or SLNB. [2–7, 9, 10] Although all systemic therapy for nonmetastatic invasive breast cancer is intended to reduce the risk of DM, the purpose of administering chemotherapy prior to surgery is to downstage tumors and provide information regarding treatment response.[3, 11, 27–29] Typically, neoadjuvant treatment is administered in the form of chemotherapy such as anthracycline-based chemotherapy, taxane-based chemotherapy, or both as basic regimens.[30–32] No data or research have indicated an association between pathologic response and survival outcomes such as all-cause death, LRR, and DM in patients with breast IDC receiving NACT followed by BCS. Most studies have shown that pCR in patients with breast cancer receiving NACT indicates superior survival outcomes compared with those non-pCR patients with breast cancer receiving NACT followed by either TM or BCS.[4–7, 9–12] However, no other pathologic responses, such as partial pathologic response or progressive change of pathologic response, function as predictors for survival outcomes in patients with breast cancer receiving NACT followed by BCS. Studies have shown associations between pCR and EFS or OS,[4–7, 9–12] but no further data are available on the associations of other pathologic responses, based on AJCC stages (downstages, upstages, or equal stages), with survival outcomes for OS, LRR, or DM. Therefore, the use of AJCC stage PRRs (equal stages, upstages, downstages, and pCR) as predictors in patients with breast IDC receiving NACT followed by BCS provides a valuable tool. The respective outcomes might indicate further adjuvant treatments. Our study is the first to demonstrate the real value of PRRs in patients with breast IDC receiving NACT followed by BCS. According to our findings (Table 2–3), in the future, physicians might consider subsequent alternative treatments such as further TM instead of BCS or adjuvant RT in patients with high LRR risk. In patients for whom PRRs indicate high DM risk, adjuvant or consolidative chemotherapy with innovative regimens might be considered for decreasing the risk of DM. Thus, the use of PRRs for patients with breast IDC receiving NACT followed by BCS, which acts as a simple predictive tool, is potentially valuable for

identifying further treatment choices for patients with high LRR or DM risk. As such, aggressive treatments might be omitted in patients with low DM and LRR risk.

Multivariable analysis demonstrated the AJCC stage PRRs to be significant predictors for OS, LRR, and DM in patients with breast IDC receiving NACT followed by BCS (Table 2). Our study is the first study to show that AJCC stage PRRs are strong predictors in patients receiving NACT followed by BCS. In our study, we evaluated the predictive ability of PRRs not only for OS and EFS[4–7, 9–12] but also for LRR and DM in patients with breast IDC receiving NACT followed by BCS. Although studies have found the RCB to predict survival after NACT,[10, 33] the complicated measurement system for the RCB, requiring consensus among particular pathologists, is not popularly used globally. Moreover, although the RCB is used as a predictor for DM or OS, it is not used for LRR, regardless of subsequent surgical procedures, such as TM, BCS, ALND, or SLNB, assessed in other research.[10, 33] In Table 2, the upstaging of AJCC stages after NACT is seen to be associated with high risk of all-cause death, LRR, and DM. Therefore, in the future, patients with breast IDC receiving NACT upstaging of AJCC stages might be considered for subsequent aggressive treatments such as TM, adjuvant RT, or innovative consolidative chemotherapy regimens.

Adjuvant RT is potentially valuable for patients with breast IDC receiving NACT followed by BCS (Tables 2–3). Adjuvant RT was shown to decrease the risk of all-cause death, LRR, and DM in these patients (Table 2). Physicians previously believed adjuvant RT to be beneficial for patients with breast IDC receiving BCS on the basis of old studies in which patients with breast cancer received BCS without NACT[34]; however, no data had suggested that it exhibits real benefits for patients with breast IDC receiving NACT followed by BCS. The value of adjuvant RT after NACT followed by BCS has never been quantified, and clinical trials may be unable to resolve this. Our study showed that adjuvant RT is a significantly valuable treatment for the improvement of OS, LRR, or DM in patients with breast IDC receiving NACT followed by BCS, even in patients with AJCC stage pCR or downstaging (Table 2–3). This is the first study to show the survival benefits of adjuvant RT for patients with breast IDC receiving NACT followed by BCS. HoR positivity was also a significant predictor for OS, LRR, and DM in patients with breast IDC receiving NACT followed by BCS (Table 2). Our results, showing that HoR positivity is associated with superior survival outcomes in patients with breast cancer, corroborate those of other studies on various treatments.[35] Although HoR positivity was a good prognostic factor for OS, LRR, and DM in patients with breast cancer, [35] no data indicate HoR positivity to be a good prognostic factor in patients receiving NACT followed by BCS. Our study provides the best evidence that HoR positivity is a good prognostic factor for patients with breast IDC receiving NACT followed by BCS. In Table 2, HER2 positivity is seen to be a poor prognostic factor for LRR and DM in patients with breast IDC receiving NACT followed by BCS. Our findings are compatible with those of other studies that have similarly concluded that HER2 positivity is a risk factor for LRR and DM,[36],[37] although not specifically in patients with breast IDC receiving NACT followed by BCS. In our study, anthracycline- or taxane-based NACT regimens were not significant predictors of survival, as in the results of one meta-analysis that enrolled 1695 patients in nine trials.[38]

As seen in Table 2, multivariable analysis revealed initial clinical AJCC stages to be significant predictors of OS, LRR, and DM in patients with breast IDC receiving NACT followed by BCS. Therefore, clinical states are stratified in Table 3 to assess the value of PRRs as predictors in patients with breast IDC receiving NACT followed by BCS. As seen in Table 3, PRRs are strong predictors of OS, LRR, and DM in patients, even for stratified analysis of initial clinical AJCC stages. Multivariable analysis revealed that adjuvant RT, HoR positivity, and HER2 negativity were good prognostic factors of survival outcomes at all clinical stages (Table 3). Our findings indicate that PRRs are a simple and useful predictive tool, using clinical and pathologic AJCC stages from current pathologic practice for patients with breast IDC receiving NACT followed by BCS, regardless of their clinical stages. Adjuvant RT, HoR status, and HER2 status were also notable predictors for survival outcomes. For patients with breast IDC receiving NACT followed by BCS, adjuvant RT significantly decreased the risk of all-cause death, LRR, and DM, regardless of the initial clinical stage (Table 3).

As well as estimating the predictive ability of AJCC stage PRRs, we wished to estimate the predictive ability of T-stage PRRs (Supplemental Fig. 1) and N-stage PRRs (Supplemental Fig. 2). Multivariable analysis revealed that T-stage (ypT0) pCR and

downstaging were good prognostic factors for OS, LRR, DM, and DFS but were nonsignificant for LRR. The findings show that T-stage PRRs were also good predictors for survival outcomes, although AJCC stage PRRs might be more useful for all OS, LRR, and DM outcomes than are T-stage PRRs (which are not significant predictors for LRR). In Supplemental Fig. 2, N-stage pCR (ypN0) is seen to be a significant predictor of OS, LRR, DM, and DFS. N-stage pCR indicated superior OS in patients with breast cancer receiving NACT, as in the results of other research.[39] The downstaging of N stages was not significant for OS, LRR, DM, or DFS, demonstrating that the downstaging of N stages was not a significant predictor of survival outcomes, in accord with other research results.[39] In addition, the upstaging of N stages was a poor prognostic factor for OS, DM, and DFS but was not a significant predictor of LRR. Taken together, the T-stage and N-stage PRRs both predicted partial survival outcomes in patients with breast IDC receiving NACT followed by BCS. Nevertheless, AJCC stage PRRs provided a more powerful predictive tool for all survival outcomes, including OS, LRR, and DM.

The strength of our research was that it constituted the first and largest cohort study in which the impacts of AJCC stage, T-stage, and N-stage PRRs on OS, LRR, and DM have been evaluated in patients with breast IDC receiving NACT followed by BCS. The NACT regimens used to treat patients were relatively homogenous in our study. No studies have used stratification of all predictors, including clinical stage, to evaluate in detail the impact of PRRs on treatment outcomes in patients with breast cancer receiving NACT followed by BCS. In our study, the poor prognostic factors of OS in breast cancer patients receiving NACT followed by BCS were no use of adjuvant RT, pre-NACT disease status in advanced clinical stages IIIA to IIIC, HoR negativity, and HER2 positivity (Table 2). Our simple tool, which used available AJCC clinical and pathologic staging records to obtain PRRs, differs from other research approaches wherein RCB was calculated as a continuous index combining pathologic measurements by trained pathologists.[33] Our PRRs were straightforward to use on the basis of staging records; were powerful for predicting OS, LRR, and DM in patients with breast IDC receiving NACT followed by BCS, regardless of clinical stages; and can be used to guide adjuvant treatment recommendations. In the future, the ability to identify the optimal NACT regimens for increasing pCRs or downstaging and for preventing the possibility of upstaging in patients with breast cancer receiving NACT will be valuable for precision medicine.[40, 41] For AJCC upstaging in patients with breast IDC receiving NACT, adjuvant chemotherapy or subsequent TM is greatly preferable to BCS because of the high risk of all-cause death, LRR, and DM (Table 2–3).

This study has some limitations. First, because all patients with breast IDC were enrolled from an Asian population, their ethnic susceptibility compared with non-Asian populations remains unclear. Hence, our results should be cautiously extrapolated to non-Asian populations. However, no evidence exists to demonstrate the differences between Asian and non-Asian populations in PRRs for patients with breast cancer receiving NACT followed by BCS. Second, the diagnoses for all comorbid conditions were based on ICD-9-CM codes. Nevertheless, the Taiwan Cancer Registry Administration randomly reviews charts and interviews patients to verify the accuracy of the diagnoses, and hospitals with outlier charges or practices may be audited, and consequently, heavily penalized if malpractice or discrepancies are identified. Third, to prevent the formation of several subgroups, various regimens of NACT were not categorized separately during the analyses. Thus, the effects of specific neoadjuvant treatments remain unclear. Nevertheless, four cycles of NACT for each enrolled patient with breast IDC achieved consistent responses. Accordingly, to obtain crucial information on population specificity and disease occurrence, a large-scale randomized trial comparing carefully selected patients undergoing suitable treatments is essential. Finally, the TCRD contains no information regarding dietary habits, socioeconomic status, or body mass index, all of which may be risk factors for mortality. However, considering the magnitude and statistical significance of the effects observed in this study, these limitations are unlikely to have affected the conclusions.

Conclusions

PRRs provide an easy-to-use predictive tool, and they are strong predictors for OS, LRR, and DM in patients with breast IDC receiving NACT followed with BCS, regardless of the respective clinical stages. Adjuvant RT is necessary for patients with breast IDC receiving NACT followed by BCS.

Abbreviations

PRRs, pathologic response rates; RT, radiation therapy; T, tumor; N, nodal; OS, overall survival; LRR, locoregional recurrence; DM, distant metastasis; DFS, disease-free survival; EFS, event-free survival; NACT, neoadjuvant chemotherapy; TM, total mastectomy; BCS, breast-conserving surgery; HRs, hazard ratios; CI, confidence interval; IDC, invasive ductal carcinoma; TCRD, Taiwan Cancer Registry database; AJCC, American Joint Committee on Cancer; HoR, hormone receptor; HER2, human epidermal growth factor receptor 2; CCI, Charlson comorbidity index; ICD-9-CM, *International Classification of Diseases, Ninth Revision, Clinical Modification*; pCR, pathological complete response; T stages, primary breast diseases; N stages, nodal diseases; ALND, axillary lymph node dissection; BCS, breast-conserving surgery; T-pCR, pathologic complete response in the breast; N-pCR, pathologic complete response in regional lymph nodes; RCB, residual cancer burden; ypT, postchemotherapy pathologic tumor stages; ypN, postchemotherapy pathologic nodal stages

Declarations

Ethics Approval and Consent:

Our protocols were reviewed and approved by the Institutional Review Board of Taipei Medical University (TMU-JIRB No. 201712019).

Consent for Publication:

Not applicable

Availability of Data and Material:

The datasets supporting the study conclusions are included within this manuscript and its additional files.

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The authors have no potential conflicts of interest to declare. The datasets supporting the study conclusions are included in the manuscript.

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Condensed Abstract:

No study has comprehensively analyzed the impact of pathologic response rates (PRRs) for disease stages on overall survival (OS), locoregional recurrence (LRR), or distant metastasis (DM) in patients with breast invasive ductal carcinoma (IDC) receiving neoadjuvant chemotherapy (NACT) and breast-conserving surgery (BCS). This large cohort study was used to estimate the impact of changes in American Joint Committee on Cancer stages on OS, LRR, and DM in patients with IDC receiving NACT and BCS. Our data indicate that PRRs, determined using staging records, provide a straightforward means for predicting OS, LRR, and DM, regardless of the initial clinical stages of breast IDC. The results can be used to guide adjuvant treatment.

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