

# Rostral Anterior Cingulate Activations Inversely Relate To Reward Payoff Maximization & Predict Depressed Mood

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## Research Article

**Keywords:** reward prediction, risk sensitivity, reinforcement learning, anterior cingulate cortex, depression

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2       **Reward Payoff Maximation & predict Depressed Mood**

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17

## 18 **Abstract**

19 Choice selection strategies and decision making are typically investigated using  
20 multiple-choice gambling paradigms that require participants to maximize reward payoff.  
21 However, research shows that performance in such paradigms suffers from individual  
22 biases towards the frequency of gains to choose smaller local gains over larger longer  
23 term gain, also referred to as melioration. Here, we developed a simple two-choice reward  
24 task, implemented in 186 healthy human adult subjects across the adult lifespan to  
25 understand the behavioral, computational, and neural bases of payoff maximization  
26 versus melioration. The observed reward choice behavior on this task was best explained  
27 by a reinforcement learning model of differential future reward prediction. Simultaneously  
28 recorded and source-localized electroencephalography (EEG) showed that diminished  
29 theta-band activations in the right rostral anterior cingulate cortex (rACC) correspond to  
30 greater reward payoff maximization, specifically during the presentation of cumulative  
31 reward information at the end of each task trial. Notably, these activations (greater rACC  
32 theta) predicted self-reported depressed mood symptoms, thereby showcasing a reward  
33 processing marker of potential clinical utility.

34  
35 **Keywords.** reward prediction; risk sensitivity; reinforcement learning; anterior cingulate  
36 cortex; depression

37

## 38 Introduction

39 Cognitive and neural responses to reward and risk are quintessential to  
40 understanding human behavior. Gambling tasks predominantly form the experimental  
41 test beds for measuring reward and risk processing abilities in humans <sup>1,2</sup>. However, it is  
42 widely debated how well these tasks can separate decision-making based on frequency  
43 of gains/losses versus expected value of payoff for different choice-sets <sup>1,3,3-12</sup>.

44 For instance, studies that have controlled for gain frequency in the Iowa Gambling  
45 Task (IGT) show that subject choices reflect their inherent gain frequency preferences in  
46 the task, which portray relatively immediate reinforcement based choice behavior rather  
47 than a behavior that maximizes expected value or long-term payoff <sup>13-17</sup>. In contrast, some  
48 researchers suggest such local minima choices also referred to as melioration may be  
49 the rational solution in the face of uncertainty <sup>18</sup>. Additionally, task related performance  
50 measures for long-term payoff versus immediate gain frequency bias may reflect distinct  
51 reinforcement learning and decision making strategies, e.g. sensitivity to rewards and  
52 risks, learning rate, and other behavioral execution strategies <sup>19-23</sup>, which prior neural  
53 studies of reward payoff maximization have not accounted for.

54 In this study, we uniquely separate immediate gain frequency bias driven decision-  
55 making from advantageous longer term payoff-based decision making. Specifically, we  
56 designed a two-choice paradigm with two distinct blocks – a  $\Delta_0$  payoff (baseline) block  
57 where two reward choice options have equal payoffs and reward variance suitable for  
58 measuring the immediate gain frequency bias, and a  $\Delta$  payoff (difference) block where the  
59 two-choice options have unequal payoffs suitable for measuring payoff influences. We  
60 thereby, tease apart measurements of immediate gain frequency biased response from

61 expected value or long-term payoff based response, to understand the distinct cognitive  
62 and neural mechanisms underlying payoff decisions.

63         Second, we capitalize on computational reinforcement learning (RL) models to  
64 understand the basis of individual differences in reward and risk based learning across  
65 subjects <sup>24–28</sup>. The RL framework provides the ability to simulate the observed behavior  
66 and estimate the hidden parameters forming the basis for individual differences in  
67 learning and performance. Specifically in this study, we checked whether the observed  
68 subject behavior for reward payoff maximization versus gain frequency bias melioration  
69 can be explained by extent of future reward prediction <sup>29</sup>, or differential risk seeking  
70 towards gains versus losses <sup>25</sup>.

71         Neurally, earlier studies have suggested the significant role of frontal executive  
72 regions, particularly the medial prefrontal cortex (mPFC) in reward and risk based  
73 performance <sup>1–3,30–32</sup>. Uniquely, in this study, we estimate the neural correlates for payoff  
74 relevant decisions while accounting for significant RL parameters and individual  
75 differences in immediate gain frequency biases. Finally, we understand the relationship  
76 between the identified neural correlates for reward maximization to individual's self-  
77 reported mood symptom variations. We show that reward payoff maximization correlates  
78 within mPFC are sensitive to depressed mood, and hence our experimental and  
79 computational framework for identifying the regions of interest in mPFC may serve future  
80 clinical utility as a biomarker for depression.

81

## 82 **Results**

83  
84 **Options associated with larger payoff show win-stay behavior and their choice**  
85 **fraction is proportional to individual gain frequency bias.**

86         Healthy adult subjects (N = 186, ages 18-80 years, 115 females) performed a two-  
87 choice gambling task, *Lucky Door*, which implemented two distinct blocks of choices; the  
88  $\Delta_0$ payoff block delivered choice-sets with different gain frequencies but no differences in  
89 payoff, while the  $\Delta$ payoff block delivered choice-sets with same gain frequencies as the  
90  $\Delta_0$ payoff block yet with long-term payoff (i.e. expected value) differences (**Figure 1A;**  
91 **Supplementary Table 1**). Specifically, the  $\Delta_0$ payoff block only varied the gain frequency  
92 associated with the choice doors, with one door leading to 70% positive reward outcomes  
93 (Rare Loss or RareL door) while the other resulting in 70% negative reward outcomes  
94 (Rare Gain or RareG door), yet maintaining the same reward average or long-term  
95 expected value/payoff. The  $\Delta$ payoff block, presented in a random sequence order relative  
96 to the  $\Delta_0$ payoff block across subjects, had the same gain and loss frequency setup as the  
97  $\Delta_0$ payoff block, but the rewards associated with the RareG door resulted in a larger long-  
98 term payoff than the RareL door. Participants executed 40 trials per block. Thus, we  
99 calculated the payoff related performance measure, *Perf* as the difference in probability  
100 of RareG selections on  $\Delta$ payoff vs.  $\Delta_0$ payoff blocks. Gain frequency *Bias* was measured  
101 as the difference in proportion of RareL vs. RareG choices on the  $\Delta_0$ payoff block.

102         In terms of subject behavior, the actual proportion of RareG choices between the  
103 two blocks did not differ (paired Wilcoxon signed-rank test:  $N_{\text{RareG } \Delta\text{payoff}}: 17.74 \pm 0.39$ ;  
104  $\Delta_0\text{payoff}: 18.47 \pm 0.40$ ;  $p=0.07$ ). But, we found that Win-Stay behavior for the RareG  
105 choices distinguished performance on the two blocks (mean  $\pm$  SEM Win-Stay RareG,

106  $\Delta$ payoff:0.61±0.02;  $\Delta$ opayoff:0.55±0.02; block difference: 0.06± 0.03, p=0.02, **Figure 1B**).

107 Corresponding lose-shift behavior did not differ between blocks (p=0.33).

108 Additionally, we found that the payoff-based responses, *Perf* were significantly

109 correlated to individual gain frequency *Bias* (r=0.65, p<0.0001, **Figure 1C**).

110

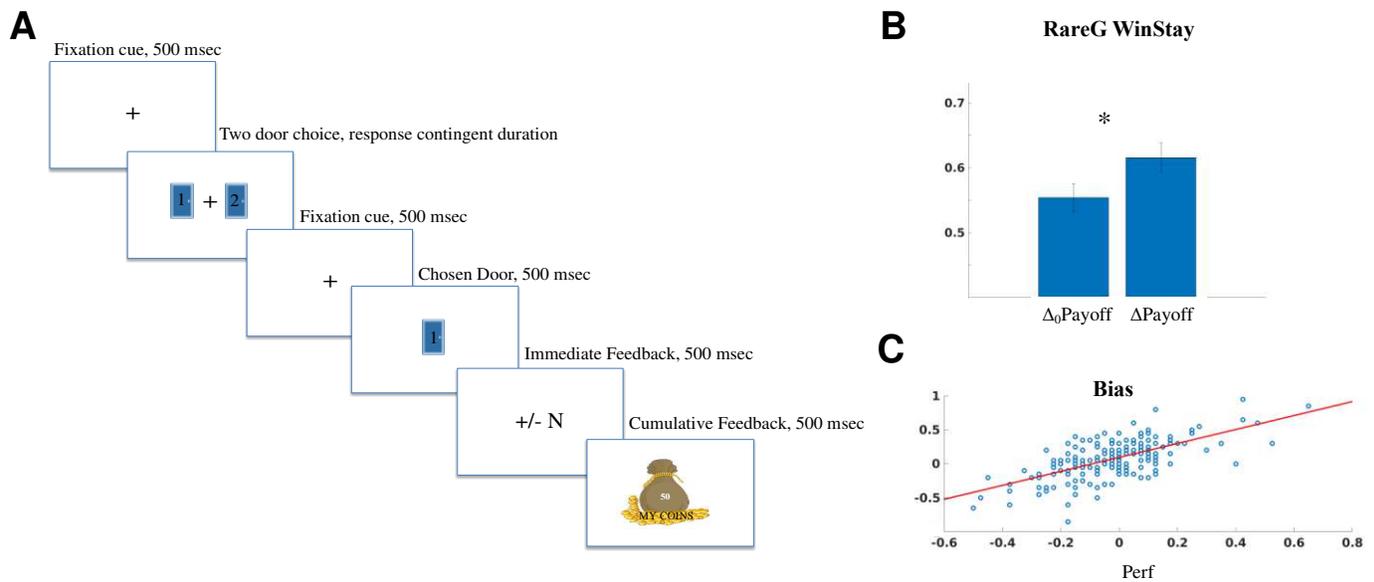
<b>Demographics</b>	<b>Median ± MAD</b>
Age	25.00 ± 14.87
Gender n (%)	
Male	71 (38.17)
Female	115 (61.83)
Ethnicity n (%)	
Caucasian	116 (62.37)
Black or African American	4 (2.15)
Native Hawaiian, Pacific Islander	0 (0)
Asian	37 (19.89)
American Indian, Alaska Native	4 (2.15)
Multi-racial	12 (6.45)
Others	12 (6.45)
Race n (%)	
Hispanic or Latino	25 (13.51)
Not Hispanic or Latino	155 (83.78)
Unknown	5 (2.70)
SES	5.00 ± 1.34
<b>Mental Health</b>	<b>Median ± MAD</b>
Anxiety	3 ± 2.88
Depression	3 ± 2.76
Inattention	4 ± 3.99
Hyperactivity	3 ± 2.96
<b>Behavior</b>	<b>Median ± MAD</b>
<i>Perf</i>	-0.02±0.13
<i>Bias</i>	0.10±0.21
Model $\gamma$	0.99± 0.07

111 **Table 1. Subject characteristics.** Median ± MAD for subjects demographics variables,  
112 mental health self-report scores, and parameter  $\gamma$  from the preferred reinforcement  
113 learning model. MAD: median absolute deviation, SES: socioeconomic status score.  
114 Next, we implemented multivariate regression to model the payoff-related performance,

115

116 *Perf*, based on all self-reported demographic (age, gender, race, ethnicity, socio-

117 economic status SES) and mental health (anxiety, depression, inattention and  
 118 hyperactivity) predictors as per **Table 1**. This model also included individual gain  
 119 frequency *Bias* and order of block presentation. The overall *Perf* model was significant  
 120 ( $R^2=0.43$ ,  $p<0.0001$ ). Interestingly the only variable that significantly predicted *Perf* was  
 121 Gain frequency *Bias* ( $\beta=0.37 \pm 0.04$ ,  $t(151)=9.18$ ,  $p<0.0001$ ). Thus, hereafter, we control  
 122 for *Bias* in all payoff-relevant analyses below.



123 **Figure 1. Reward task and associated behavior** **A)** As per the task schematic,  
 124 participants fixated for 0.5 sec, then chose from one of two choice doors. Post-response,  
 125 fixation reappeared for 0.5 sec, followed by presentation of the chosen door for 0.5 sec,  
 126 then immediate gain or loss feedback provided for 0.5 sec, and finally, cumulative  
 127 feedback of all gains/losses up to the present trial shown for 0.5 sec. Reward distributions  
 128 for the door choices are presented in Supplementary Table 1. **B)** Win-Stay behavior for  
 129 the rare gain RareG door is significantly greater on the  $\Delta$ Payoff versus  $\Delta_0$ Payoff block.  
 130 \*:  $p<.05$ . **C)** Gain frequency *Bias* significantly predicts payoff performance, *Perf* ( $r=0.65$ ,  
 131  $p<0.0001$ ).

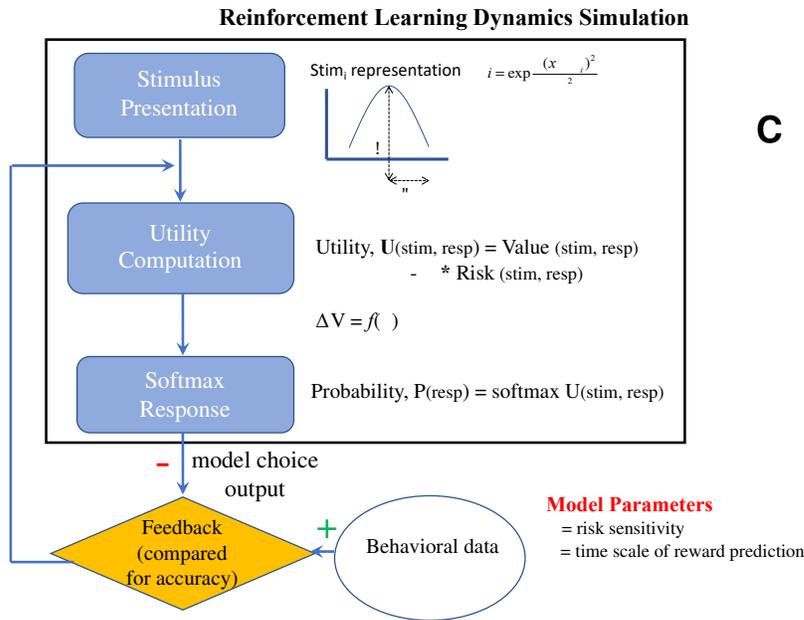
132  
 133  
 134

135 **Individual differences in reward prediction explain task behavior.**

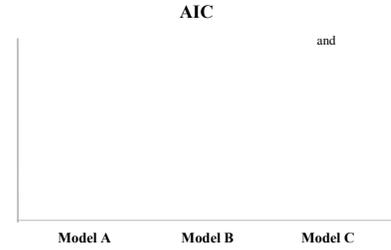
136 Prior RL modeling studies have suggested that task behavior can be explained  
137 with greater accuracy when both the long term expected value or payoff and the  
138 expected risk are accounted for during decision-making<sup>25,33</sup>. The major advantages of  
139 building these RL models are that the models can characterize the individual differences  
140 in each participant in terms of computational parameters that manifest in learning and  
141 executive control. Secondly, they can explain the converged behavioral dynamics in  
142 each participant sans experimental trial limitations.

143 Using this RL framework, we were interested in investigating how are choice  
144 decisions affected by 1) extent of integration of rewards over time i.e. time scale of reward  
145 prediction, and 2) differential risk sensitivity to gains and losses affecting the choices,  
146 where risk is the variance in reward outcomes. In order to find whether the observed  
147 subjective behavioral differences are driven by one of the two or both of the above  
148 decision making measures, we built three separate reinforcement learning models (RL,  
149 **Figure 2A**) that simulate behavior by optimizing time scale of reward prediction ( $\gamma$ : model  
150 A), risk sensitivity ( $\alpha$ : model B) or both  $\gamma$  and  $\alpha$  parameters (model C). In model A, higher  
151  $\gamma$  parameter values represent long-sightedness; risk sensitivity  $\alpha$  is set to 0 in this model.  
152 In model B, higher  $\alpha$  parameter values indicate risk aversiveness and lower values  
153 indicate risk seeking; the reward prediction  $\gamma$  parameter is set to 0 in this model. All  
154 models were optimized using robust solvers in MATLAB (see Methods to find global  
155 minima with multiple random initial conditions) to match to the observed choice selection  
156 behavior observed in each block.

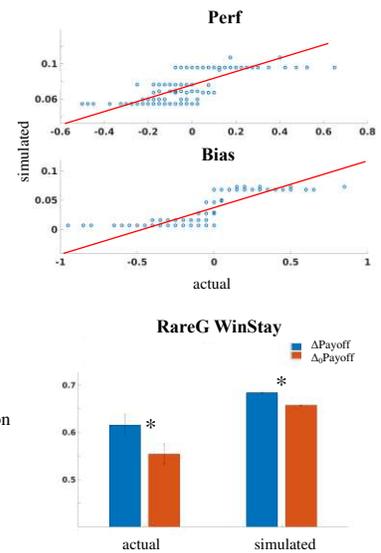
A



B



C



157  
 158 **Figure 2. Reinforcement Learning Model (A)** Schematic representing the stimulus,  
 159 value function and choice selection modules. The model results for number of selections  
 160 associated with each of the choice door stimuli in each task block are compared against  
 161 the actual selections made by each subject, for purposes of model optimization. The  
 162 model uses the utility,  $U$ , associated with each choice response for making the decision,  
 163 where the utility is a function of reward average and reward variance associated with  
 164 choices. The decision in the model is taken using the SoftMax probability,  $P$ , of making  
 165 the choices. Model parameters are highlighted as  $\alpha$  (model agent's differential risk  
 166 sensitivity to gain and loss outcome uncertainties), and  $\gamma$  (time scale of reward prediction).  
 167 **(B)** AIC values for three models, Model A ( $\gamma$  optimized), B ( $\alpha$  optimized), C ( $\gamma$  and  $\alpha$   
 168 optimized), show that the  $\gamma$  model was best performing. **(C)** The  $\gamma$  optimized model  
 169 showed strong correlations between simulated and actual  $Perf$  ( $\rho(185)=0.81$ ,  $p<0.0001$ ),  
 170  $Bias$  ( $\rho(185)=0.89$ ,  $p<0.0001$ ) and RareG Win-Stay difference between blocks  
 171 ( $\rho(185)=0.17$   $p=0.004$ ).  
 172

173           Next, we computed the likelihood of any Model A, B, C to explain the significantly  
 174 observed behavioral measures: which are  $Perf$ ,  $Bias$  and the block differences in  
 175 proportion of  $Win-Stay$  to the RareG door. The likelihood, taken as correlations between  
 176 the simulated and actually observed, was used to construct model AIC (Akaike

177 Information Criterion). The AIC values for Models A, B and C were 2.94, 3.70 and 5.45,  
178 respectively (**Figure 2B**), suggesting that Model A can preferably explain the observed  
179 behavior (**Figure 2C**). This means the individual differences in the time scale of reward  
180 prediction can preferably explain the reward maximization (*Perf*) as well as melioration  
181 (*Bias*) behavior. On parameter recovery analysis for this model, the simulated model  
182 solutions were significantly correlated with the recovered solutions, implying that our  
183 model can reliably explain the subjective behaviors <sup>34</sup>.

#### 184 **Right rostral anterior cingulate cortex encodes reward payoff maximization.**

185 Participants performed the reward task with simultaneous EEG, which we  
186 analyzed in the theta (3-7 Hz), alpha (8-12 Hz), and beta (13-30 Hz) frequency bands in  
187 cortical source space parcellated as per the Desikan-Killiany regions of interest <sup>35</sup>. To  
188 identify the neural correlates underlying reward payoff maximization (*Perf*), we modeled  
189 the neural variables as predictors of *Perf* using robust multivariate linear regression,  
190 while accounting for gain frequency *Bias* that was significantly related to *Perf* (**Figure**  
191 **1**), and the optimal RL model parameter ( $\gamma$ ).

192 We investigated neural activations from three relevant trial periods: immediately  
193 post-presentation of selected choice but prior to reward (0-500 ms selected choice  
194 period), during presentation of trial reward (0-500 ms reward period), and during  
195 presentation of the cumulative reward up to that trial in the trial sequence (0-500 ms  
196 cumulative reward period). *Perf* neural activations were the relative difference in activity  
197 on  $\Delta$ payoff vs.  $\Delta_0$ payoff block RareG trials. Taking the relative block difference allowed  
198 non-task related individual EEG differences to cancel out. Relative responses to the  
199 RareG door were important for analysis because this door choice resulted in a larger long-

200 term payoff than the other (RareL) door in the  $\Delta$ payoff block. We applied family-wise error-  
201 rate (fwer) corrections to the *Perf* source-space neural correlates to account for multiple  
202 comparisons across three frequency bands (theta, alpha, beta) and three time periods  
203 (choice, reward, cumulative reward). **Figure 3A** shows the *Perf* source-space neural  
204 correlates found to be significant in this analysis; all neural activations inversely related  
205 to *Perf*.

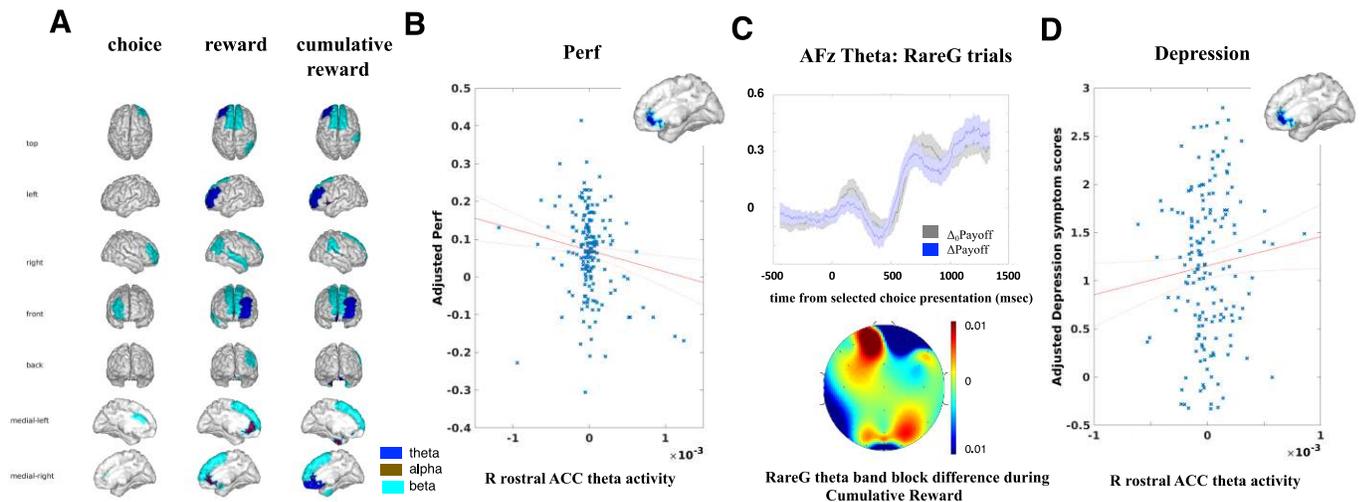
206 We further accounted for the multiple independently significant cortical ROI  
207 predictors (Figure 3A) within a unified multivariate model for *Perf* that also included the  
208 significant *Bias* and RL model parameter  $\gamma$  as covariates. This overall multivariate model  
209 for *Perf* was significant ( $R^2=0.69$ ,  $df=126$ ,  $p<0.0001$ ). The results of this model showed  
210 alpha activity in the bilateral rostral anterior cingulate cortex (rACC) during the reward  
211 period (left:  $\beta=-394.32 \pm 125.56$ ,  $t(177)=-3.14$ ,  $p=0.002$ ; right:  $\beta=-634.89 \pm 220.51$ ,  
212  $t(176)=-2.88$ ,  $p=0.004$ ) and theta activity in the right rACC during the cumulative reward  
213 period ( $\beta=-56.98 \pm 17.93$ ,  $t(177)=-3.17$ ,  $p=0.002$ ) as the most significant predictors of  
214 payoff-based decisions; activity in the selected choice presentation period did not survive  
215 the multivariate model. We then investigated whether these specific theta/alpha rACC  
216 activations also related to gain frequency *Bias*, while controlling for the *Perf* payoff. The  
217 bilateral alpha band rACC activations were significantly related to *Bias* (left:  $\beta=-$   
218  $514.67 \pm 205.05$ ,  $t(178)=-2.51$ ,  $p=0.01$ ; right:  $\beta=-886.15 \pm 348.74$ ,  $t(179)=-2.54$ ,  $p=0.01$ ) but  
219 not right rACC theta ( $p>0.05$ ). Thus, right rACC theta activity during the cumulative reward  
220 period was the distinct neural correlate of reward payoff (**Figure 3B**); corresponding scalp  
221 theta activity and topography are shown in **Figure 3C**.

222           Additionally, we checked whether the distinct Perf correlate of right rACC theta  
223 activation during the cumulative reward period showed any interactions with age and  
224 gender, but no significant interactions were found ( $p>0.1$ ).

225 **Distinct neural correlates of reward maximization in right rACC predict depressed**  
226 **mood.**

227           Finally, we investigated whether the neural correlates of payoff decisions are  
228 relevant to subjective mental health by modeling anxiety, depression, inattention and  
229 hyperactivity self-reported mood symptoms scores as dependent variables in robust  
230 multivariate regression models. All demographic variables (age, gender, race, ethnicity,  
231 SES), task performance variables of *Perf* and *Bias*, the relevant RL model parameter  $\gamma$ ,  
232 as well as the reward-processing neural correlates (bilateral rostral ACC alpha; right  
233 rostral ACC theta) were included in each model as independent predictors. Models were  
234 fwer-corrected for multiple comparisons.

235           Only the models for anxiety ( $R^2=0.24$ ,  $p=0.0002$ ) and depression ( $R^2=0.21$ ,  
236  $p=0.002$ ) were significant after multiple comparisons correction. Amongst demographics,  
237 age negatively predicted both anxiety ( $\beta=-0.02\pm 0.004$ ,  $t(152)=-4.95$ ,  $p<0.0001$ ) and  
238 depression ( $\beta=-0.01\pm 0.004$ ,  $t(152)=-3.42$ ,  $p=0.0007$ ); no other demographics, RL model  
239 parameter  $\gamma$ , Perf or Bias were significant in these models. Notably, neural correlates of  
240 payoff performance, specifically right rACC theta during the cumulative reward period  
241 positively predicted depressed mood ( $\beta=301.41\pm 150.34$ ,  $t(152)=2.00$ ,  $p=0.046$ , **Figure**  
242 **3D**); payoff neural correlates did not predict anxiety.



243  
 244 **Figure 3: Neural correlates of payoff-based decision making in humans.** (A)  
 245 Independent neural correlates in theta (blue), alpha (brown), and beta (cyan) bands found  
 246 to be inversely related to *Perf* in the choice selection, reward and cumulative reward  
 247 epochs ( $p < 0.0055$ ). (B) Only right rostral anterior cingulate cortex (rACC) theta activity in  
 248 the cumulative reward period uniquely relates to *Perf* after controlling for *Bias* and time  
 249 scale of reward prediction. (C) Corresponding theta band temporal activity on RareG trials  
 250 at mid-frontal scalp channel AFz showing differences between payoff blocks (top), and  
 251 scalp topography of RareG theta band trial difference across  $\Delta$ payoff and  $\Delta$ o payoff blocks  
 252 in the significant cumulative reward period (bottom). (D) *Perf* related rACC theta positively  
 253 predicts depressed mood symptoms. The scatter plots in (B) and (D) are presented on  
 254 an adjusted axis as obtained from the multivariate robust regression models; the x-axes  
 255 for these plots are  $10^{-3}$  source activity units.

256  
 257 **Discussion**

258  
 259 Reinforcement learning models suggest healthy human choices ideally tend to  
 260 maximize long-term beneficial outcomes<sup>24,25,27,36,37</sup>. However, many existing  
 261 neuropsychological measures of decision-making that optimize for long-term payoffs  
 262 don't reliably estimate the participant's ability to integrate rewards and make foresighted  
 263 decisions, and instead suffer from biased predispositions<sup>16,20,38,39</sup>; this tendency to  
 264 choose lesser local minima based gain over long-term gain is also referred to as  
 265 melioration<sup>18</sup>. In our paradigm, we study gain frequency driven bias separate from payoff-

266 based decision-making by introducing a  $\Delta$ payoff block with no payoff difference between  
267 choice options wherein decisions are purely based on gain frequency <sup>15</sup>. Comparing  
268 choices within the  $\Delta$ payoff experimental block, designed to have similar reward  
269 distribution structure as the  $\Delta$ payoff block but differing only on the long-term outcome  
270 between options, allows measurement of long-term payoff maximization strategy.  
271 Therefore, our study design is able to distinguish reward maximization from melioration  
272 and further leverages these measures to inform mental health behaviors.

273         The behavioral outcomes of our experiment varied based on individual subject  
274 characteristics. We found that payoff-based performance was significantly related to  
275 individual bias for observed frequency of gains; this is in line with prior studies of decision-  
276 making but wherein gain frequency decisions are often conflated with expected value <sup>1,15</sup>.  
277 We further modeled subjective differences in reinforcement learning based decision  
278 making and by using RL modeling framework, we extracted subjective sensitivity to risks  
279 ( $\alpha$ ) and time scale of reward prediction ( $\gamma$ ) to explain each subject's behavior. The  
280 parsimonious RL models suggested that the observed behavior is preferably explained  
281 by the differences in the extent of reward prediction over time ( $\gamma$ ) between individuals.

282         Uniquely, we then investigated the neural correlates of payoff performance while  
283 accounting for individual differences in gain frequency bias and extent of reward  
284 prediction. Earlier studies have suggested complex dynamics mediated by dopamine and  
285 serotonin neuromodulation in the cortico-basal ganglia circuit to underlie reward and risk  
286 based decision making <sup>25,26,29,40–44</sup>. In our study, we focused on three different time  
287 periods of the task, the first associated with processing of the selected choice, the ensuing  
288 reward presentation period and the cumulative reward period to understand how neural

289 dynamics in these periods affect payoff-based performance. The selected choice period  
290 captures the processing associated with presentation of the chosen door after the actual  
291 decision period. We did not analyze the actual decision period since two different choice  
292 options are shown on the screen during this time and the signal associated with every  
293 choice option was difficult to explicitly assess. These analyses showed distinct neural  
294 correlates of payoff based performance in the core frontal executive region of the right  
295 rACC during the cumulative reward period. Relatedly, most prior studies on probabilistic  
296 reward processing have suggested this medial prefrontal cortex (mPFC) region to be  
297 critical for mediating decision performance <sup>1-3,30-32</sup>.

298 More specifically, analyses showed theta activity in right rACC negatively  
299 associated with payoff-based performance. This finding is aligned with prior evidence for  
300 reward-based theta processing and its widely studied relationship to long-term risk or  
301 uncertainty <sup>45-47</sup>. This may be one reason why we observe a negative relationship  
302 between cumulative reward period rACC theta and effective payoff, *Perf*, because long-  
303 term payoff magnitude has been shown to inversely relate to uncertainty but positively to  
304 choice utility <sup>48-51</sup>. Notably, reward period bilateral rACC alpha also related to payoff  
305 maximization, but this was not a distinct correlate of payoff as it also significantly  
306 explained gain frequency bias or melioration in our task.

307 Translational neuroscience studies show that reward based decision processing  
308 deficits are found in depression and in attention disorders, leading to difficulty in reward  
309 integration and foresighted choice-behaviors <sup>24,41,52-56</sup>. Such individuals then focus on the  
310 immediate reward outcome in the short-term, characterized by a prolonged attenuation  
311 of temporal discounting of rewards <sup>57,58</sup>. Interestingly, rACC theta activity in our paradigm

312 during the cumulative reward period, which negatively correlated with payoff  
313 performance, was a positive predictor of depressed mood. This result is aligned with prior  
314 research using fMRI showing that the volume and activation patterns of rACC correlates  
315 with depressed mood <sup>59,60</sup>. Related research also suggests that rACC theta activity is a  
316 significant baseline marker for depression treatment outcomes <sup>61</sup>. These results are still  
317 limited by our study in healthy adults and need to be replicated in clinical populations, and  
318 with greater channel density electrophysiology recordings.

319         Altogether, our study presents the importance of controlling for melioration biases  
320 for immediate reward frequency and individual differences in learning while assessing  
321 advantageous, i.e. foresighted, decision-making ability in humans. Our findings of payoff-  
322 relevant right rostral ACC theta activity in the cumulative reward feedback period, could  
323 be important for clinical translational application, particularly for depression, suggesting a  
324 plausible neural target for interventions that engage reward processing.

325

## 326 **Methods**

327

328 **Participants.** 198 adult human subjects (age mean  $\pm$  standard deviation 35.44  $\pm$  20.30  
329 years, range 18-80 years, 115 females) participated in the study. The study was  
330 performed in accordance with the relevant guidelines and regulations approved by the  
331 University of California San Diego institutional review board (UCSD IRB #180140). All  
332 participants provided written informed consent for the study protocol approved by the  
333 University of California San Diego institutional review board. Twelve of these participants  
334 were excluded from the study as they had a current diagnosis for a psychiatric disorder  
335 and current/recent history of psychotropic medications for a final sample of 186 healthy  
336 adult participants. All participants reported normal/corrected-to-normal vision and hearing  
337 and no participant reported color blindness. For older adults >60 years of age, participants  
338 were confirmed to have a Mini-Mental State Examination (MMSE) score >26 to verify  
339 absence of apparent cognitive impairment (Arevalo-Rodriguez et al. 2015). All data was  
340 collected prior to the COVID-19 period of restricted human subjects research.

341

342 **Surveys.** All participants provided demographic information by self-report including age,  
343 gender, race (in a scale of 1 to 7: Caucasian; Black/African American; Native Hawaiian /  
344 Other Pacific Islander; Asian; American Indian / Alaska Native; More than one race;  
345 Unknown or not reported) and ethnicity; socio-economic status (SES) was measured on  
346 the Family Affluence Scale from 1 to 9 (Boudreau and Poulin, 2008), and any current/past  
347 history of clinical diagnoses and medications were reported. For older adults >60 years  
348 of age, participants completed the Mini-Mental State Examination (MMSE) and scored  
349 >26 to verify absence of apparent cognitive impairment<sup>62</sup>. All participants completed  
350 subjective mental health self-reports using standard instruments, ratings of inattention  
351 and hyperactivity obtained on the Adult ADHD Rating Scale (New York University and  
352 Massachusetts General Hospital. Adult ADHD-RS-IV with Adult Prompts. 2003; : 9–10),  
353 Generalized Anxiety Disorder 7-item scale GAD-7<sup>63</sup> and depression symptoms reported  
354 on the 9-item Patient Health Questionnaire, PHQ-9<sup>64</sup>. Symptoms for these psychiatric  
355 conditions were measured because they have been related to changes in reward  
356 processing<sup>65–67</sup>.

357

358 **Task Design.** We investigated a two-choice decision-making task that enabled a rapid  
359 assessment and was easy to understand across the adult lifespan. In this task that we  
360 refer to as *Lucky Door*, participants chose between one of two doors, either a rare gain  
361 door (RareG, probability for gains  $p=0.3$ , for losses  $p=0.7$ ) or a rare loss door (RareL,  
362 probability for losses  $p=0.3$ , for gains  $p=0.7$ ). Participants used the left and right arrow  
363 keys on the keyboard to make their door choice. Door choice was monitored throughout  
364 the task. In two separate blocks, we investigated whether the overall expected value  
365 (payoff) of the choice door can influence individual behavior. In the baseline block with  
366  $\Delta_0$ payoff (no-payoff difference), the two choice doors did not differ in payoff (RareL door,  
367  $p=0.3$  for -70 coins and  $p=0.7$  for +30 coins, payoff=0; RareG door,  $p=0.3$  for +70 coins  
368 and  $p=0.7$  for -30 coins, payoff=0). In the experimental difference block with  $\Delta$ payoff  
369 (payoff difference), expected value or payoff was greater for the RareG door ( $p=0.3$  for  
370 +60 coins,  $p=0.7$  for -20 coins, payoff=+40) than for the RareL door ( $p=0.3$  for -60 coins,  
371  $p=0.7$  for +20 coins; payoff=-40). Manipulation of payoff, with greater expected value tied

372 to the RareG door, allowed for investigating individual propensities to prioritize long-term  
 373 (or cumulative) vs. short-term (or immediate) rewards. The RareG door was assigned  
 374 greater payoff because selecting this door suggests payoff-based decision processing in  
 375 subjects as opposed to simply choosing based on frequency of gains, in which case the  
 376 RareL choice should be preferred. 40 trials were presented per block and block order was  
 377 randomized across participants; two practice trials preceded the main  $\Delta$ payoff or  $\Delta_0$ payoff  
 378 blocks. **Figure 1A** shows a schematic of the task stimulus sequence and **Supplementary**  
 379 **table 1** shows the reward distribution that was shuffled and updated after every 10 trials  
 380 had been sampled from that set.

381 The *Lucky Door* task was deployed in Unity as part of the assessment suite on the  
 382 *BrainE* (short for Brain Engagement) platform<sup>68</sup>. The Lab Streaming Layer (LSL<sup>69</sup>)  
 383 protocol was used to time-stamp each stimulus/response event during the task. Study  
 384 participants engaged with the assessment on a Windows 10 laptop sitting at a  
 385 comfortable viewing distance.

386  
 387 **Electroencephalography (EEG).** EEG data was collected simultaneous to the *Lucky*  
 388 *Door* task using a 24-channel Smarting device with a semi-dry and wireless electrode  
 389 layout (Next EEG—new human interface, MBT). Data were acquired at 500 Hz sampling  
 390 frequency at 24-bit resolution. Cognitive event markers were integrated using LSL and  
 391 data files were stored in xdf format.

392  
 393 **Behavioral analyses.** Task speeds were calculated as  $\log(1/RT)$ , where RT is response  
 394 time in seconds. We computed the payoff sensitive performance response (*Perf*) as the  
 395 difference in proportion selection of the RareG door between the  $\Delta$ payoff and the  $\Delta_0$ payoff  
 396 blocks; RareG vs. RareL EVs differed only in the  $\Delta$ payoff block. We computed gain  
 397 frequency bias (*Bias*) as the difference in selected proportion of RareL and RareG doors  
 398 in the  $\Delta_0$ payoff block where the payoff for both the doors was the same. While *Perf* is  
 399 indicative of subjective payoff maximization based selection of advantageous choices,  
 400 *Bias* informs the choice bias and melioration for higher immediate gain frequencies. For  
 401 N fraction of responses in each block, we calculated:

402  
 403 
$$Perf = N_{\text{exptRareG}} - N_{\text{baseRareG}} \tag{1}$$

$$Bias = N_{\text{baseRareL}} - N_{\text{baseRareG}}$$

404  
 405 We also calculated Win-Stay and Lose-Shift performance on both  $\Delta$ payoff and  $\Delta_0$ payoff  
 406 blocks. Win-Stay was computed as the proportion of times the subject repeated the same  
 407 choice option in the next trial after obtaining a gain for choosing that option in the current  
 408 trial. Lose-Shift was computed as the proportion of times the subject would shift away  
 409 from the current choice option in the next trial, on obtaining a loss in the current trial.

410  
 411 **Reinforcement Learning (RL) Model.** We simulated three parsimonious RL models with  
 412 up to two free parameters, which have a key role in reward-based decision-making, to  
 413 explain the observed individual subject behavior; see **Figure 2A** for model schematic<sup>25,40</sup>:  
 414 1) Model A optimized the time scale of reward prediction ( $\gamma$ ) for every subject;  
 415 2) Model B optimized risk sensitivity ( $\alpha$ ) for every subject; and

416 3) Model C optimized both  $\gamma$  and  $\alpha$  to for every subject.  
 417 The time scale of reward prediction parameter ( $\gamma$ ) represents whether reward prediction  
 418 is myopic or long-sighted, lower values  $\gamma \in (0, 1)$ ,  $\gamma \rightarrow 0$  suggest myopic reward prediction  
 419 leading to impulsive decisions while higher values,  $\gamma \rightarrow 1$  suggest long-sighted integration  
 420 of rewards for decisions.

421 The risk sensitivity parameter ( $\alpha$ ) measures the extent to which expected uncertainty  
 422 associated with the door influences the decision utility, the smaller the parameter value  $\alpha$   
 423  $\in (-1, 1)$ ,  $\alpha \rightarrow -1$  the higher is risk seeking, while a larger value,  $\alpha \rightarrow 1$  indicates high risk  
 424 aversiveness.

425 The simulation agent had reward distributions as in the real experiment but scaled  
 426 down by multiplying with a parameter 0.1, and varying with blocks ( $\Delta\text{payoff}$ ,  $\Delta_0\text{payoff}$ ) that  
 427 were randomly ordered. There were as high as 50,000 trials in each block for letting model  
 428 performance converge.

429  
 430 The agent has to choose between two doors each of which (stimulus,  $s$ ) was represented  
 431 by a radial basis function ( $\Phi_i$ ) as below:

$$432 \quad s = \exp\left(-\frac{(x - \mu_s)^2}{2\sigma^2}\right) \quad (2)$$

433 Here, the  $\mu_s$  and  $\sigma$  denotes the mean ( $s \in [1, 2]$ ; door1 = 1; door2 = 2) and standard  
 434 deviation of the inverse attention parameter, respectively.  $\sigma$  is set to 1 in our models.

435  
 436 The door stimulus is multiplied with the weight matrix  $wv$  for computing its value function,  
 437  $Q$ , and  $wr$  for constructing its risk function,  $\sqrt{h}$ .

438  
 439 Utility associated with any state at a trial,  $t$ , is the combination of value and risk function  
 440 <sup>70,71</sup>, where the risk function is modulated by a risk sensitivity parameter  $\alpha$ . Higher the  $\alpha$ ,  
 441 higher the risk aversiveness of the subject.

$$442 \quad U(s,t) = Q(s,t) - \alpha \sqrt{h(s,t)}$$

443 Where

$$Q(s,t) = wv(s,t) \quad (s)$$

$$444 \quad h(s,t) = wr(s,t) \quad (s)$$

445 (3)

446 The door choice selection is performed using the SoftMax principle defined as below.  
 447 According to SoftMax, the probability for choosing a door at trial,  $t$ , is  $P(s,t)$ :

$$448 \quad P(s,t) = \frac{\exp(-\beta U(s,t))}{\sum_{i=1}^n \exp(-\beta U(i,t))}$$

449 (4)

450 Here,  $n$  is the total number of doors available, and  $\beta$  is the exploration index.  $\beta$  is set to 1  
 451 in our models.

452 After choice selection, the weight functions are updated using the below principles. The  
 453 choice value function  $Q$  at trial  $t+1$  for door,  $s$ , may be expressed as,

$$454 \quad Q(s,t+1) = Q(s,t) + \eta_Q \Phi(s) \quad (5)$$

455 where  $\eta_Q$  is the learning rate of the value function ( $0 < \eta_Q < 1$ ) for the stimulus variable,  
 456  $\Phi(s)$ .  $\delta$  is the temporal difference error represented as

457 
$$= r + \max_s Q(s',t) - Q(s,t) \quad (6)$$

458 where  $r$  is the reward associated with taking an action,  $a$ , for stimulus,  $s$ , at time,  $t$ , and  $\gamma$   
 459 is the time scale of reward prediction. Similar to the value function, the risk function  $h$  has  
 460 an incremental update as defined by the below equation. Optimizing the risk function in  
 461 addition to the value function is shown to capture human behavior well in a variety of  
 462 cognitive tasks involving rewards, punishments and risk<sup>25,33</sup>.

463 
$$h(s,t+1) = h(s,t) + \eta_h (s) \quad (7)$$

464 where  $\eta_h$  is the learning rate of the risk function ( $0 < \eta_h < 1$ ), and  $\xi$  is the risk prediction  
 465 error expressed by the below equation.

466 
$$\xi = h(s,t) - r \quad (8)$$

467 For simplicity, we model as  $\eta_h = \eta_Q = 0.1$  as an initial optimization for our subjects for  $\eta$   
 468 provided a median of 0.1. The weights  $w_v$  and  $w_r$  are set to a small random number from  
 469 set  $[-0.0005, 0.0005]$  at trial = 1. The weights are normalized by dividing by their norm.

470  
 471 The cost function optimizes the frequency of selections of rare gain and rare loss options  
 472 in  $\Delta_0$ payoff and  $\Delta$ payoff blocks for every subject after running the simulation agent for 10  
 473 instances of 100,000 each, and inferring the optimal parameters for every participant in  
 474 our study using *fmincon* function in MATLAB. Cost function = sum of squares of the  
 475 difference for observed actual (Proportion# RareG<sub>expt</sub> + Proportion# RareL<sub>expt</sub> +  
 476 Proportion# RareG<sub>base</sub> + Proportion# RareL<sub>base</sub>) – simulated actual (Proportion# RareG<sub>expt</sub>  
 477 + Proportion# RareL<sub>expt</sub> + Proportion# RareG<sub>base</sub> + Proportion# RareL<sub>base</sub>). Optimization  
 478 is carried out for either one (Models A,B) or two (Model C) parameters, using *fmincon*(  
 479 We ran *fmincon*() 100 times to choose the parameter set with least cost for any subject.

480  
 481 The AIC (Akaike Information Criteria) for these models were built using the likelihood  
 482 function, which was estimated as the average correlation coefficient between the  
 483 simulated and the observed key task behaviors - 1) payoff performance or *Perf* measure  
 484 (eqn. 1); 2) gain frequency *Bias* measure (eqn. 1); and 3) the block differences between  
 485  $\Delta$ payoff and  $\Delta_0$ payoff blocks in Win-Stay results for the RareG door.

486  
 487 **Neural data processing.** We applied a uniform processing pipeline to all EEG data  
 488 acquired simultaneous to the reward task. This included: 1) data pre-processing, 2)  
 489 computing event related spectral perturbations (ERSP) for all channels, and 3) cortical  
 490 source localization of the EEG data filtered within relevant theta, alpha and beta  
 491 frequency bands.

492  
 493 1) Data preprocessing was conducted using the EEGLAB toolbox in MATLAB<sup>72</sup>. EEG  
 494 data was resampled at 250 Hz, and filtered in the 1-45 Hz range to exclude ultraslow DC  
 495 drifts at <1Hz and high-frequency noise produced by muscle movements and external  
 496 electrical sources at >45Hz. EEG data were average referenced and epoched to the  
 497 chosen door presentation during the task, in the -.5 sec to +1.5 sec time window (**Figure**  
 498 **1**). Any missing channel data (one channel each in 6 participants) was spherically  
 499 interpolated to nearest neighbors. Epoches data were cleaned using the *autorej* function  
 500 in EEGLAB to remove noisy trials (>5sd outliers rejected over max 8 iterations;  $0.91 \pm$

501 2.65% of trials rejected per participant). EEG data were further cleaned by excluding  
502 signals estimated to be originating from non-brain sources, such as electrooculographic,  
503 electromyographic or unknown sources, using the Sparse Bayesian learning (SBL)  
504 algorithm<sup>73,74</sup>, <https://github.com/aojeda/PEB>) explained below in the cortical source  
505 localization section.

506  
507 2) For ERSP calculations, we performed time-frequency decomposition of the epoched  
508 data using the continuous wavelet transform (cwt) function in MATLAB's signal  
509 processing toolbox. Baseline time-frequency (TF) data in the -250 ms to -50 ms time  
510 window prior to chosen door presentation were subtracted from the epoched trials (at  
511 each frequency) to observe the event-related synchronization (ERS) and event-related  
512 desynchronization (ERD) modulations<sup>75</sup>.

513  
514 3) Cortical source localization was performed to map the underlying neural source  
515 activations for the ERSPs using the block-Sparse Bayesian learning (SBL) algorithm  
516<sup>73,74</sup> implemented in a recursive fashion. This is a two-step algorithm in which the first-  
517 step is equivalent to low-resolution electromagnetic tomography (LORETA)<sup>76</sup>. LORETA  
518 estimates sources subject to smoothness constraints, i.e. nearby sources tend to be co-  
519 activated, which may produce source estimates with a high number of false positives  
520 that are not biologically plausible. To guard against this, SBL applies sparsity  
521 constraints in the second step wherein blocks of irrelevant sources are pruned. This  
522 data-driven sparsity constraint of the SBL method reduces the effective number of  
523 sources considered at any given time as a solution, thereby reducing the ill-posed  
524 nature of the inverse mapping. In other words, one can either increase the number of  
525 channels used to solve the ill-posed inverse problem or impose more aggressive  
526 constraints on the solution to converge on the source model. The two-stage SBL  
527 produces evidence-optimized inverse source models at 0.95AUC relative to the ground  
528 truth while without the second stage <0.9AUC is obtained<sup>73,74</sup>. Prior research has also  
529 shown that sparse source imaging constraints can be soundly applied to low channel  
530 density data<sup>77,78</sup>. Furthermore in Balasubramani et al. (42) we have shown that the ROI  
531 estimates resulting from this cortical source mapping have high test-retest reliability  
532 (Cronbach's alpha = 0.77, p<0.0001).

533  
534 Source space activity signals were estimated and their root mean squares were  
535 partitioned into (1) regions of interest (ROIs) based on the standard 68 brain region  
536 Desikan-Killiany atlas<sup>35</sup>, using the Colin-27 head model<sup>79</sup> and (2) artifact sources  
537 contributing to EEG noise from non-brain sources such as electrooculographic,  
538 electromyographic or unknown sources; activations from non-brain sources were  
539 removed to clean the EEG data. Cleaned subject-wise trial-averaged EEG data were  
540 then specifically filtered in theta (3-7 Hz), alpha (8-12 Hz), and beta (13-30 Hz) bands  
541 and separately source localized in each of these bands to estimate their cortical ROI  
542 source signals. The source signal envelopes were computed in MatLab (envelop  
543 function) by a spline interpolation over the local maxima separated by at least one time  
544 sample; we used this *spectral amplitude* signal for all neural analyses presented here.  
545 For analyses, we focused on theta, alpha and beta signals in the relevant selected  
546 choice period (0-500 ms after selected choice presentation), trial reward period (500-

547 1000 ms after selected choice presentation), and the cumulative reward period (1000-  
548 1500 ms after selected choice presentation).

549  
550 **Statistical Analyses.** We fit robust multivariate linear regression models in MATLAB to  
551 investigate the behavioral relationships between the *Perf* measure and demographic  
552 variables (age, sex, race, ethnicity and SES), while controlling for *Bias* and order of block  
553 presentation. For any linear regression model, the response variable was log-transformed  
554 for normality and we identified significant factors contributing to the main effects. For  
555 regression models, we report the overall model  $R^2$  and p-value, and individual variable  $\beta$   
556 coefficients, t-statistic, degrees of freedom, and p-values.

557  
558 Channel-wise theta, alpha, beta ERS and ERD modulations for significant spectral activity  
559 were computed relative to baseline by first processing for any outliers; any activations  
560 greater than 5MAD from the median were removed from further analyses. The significant  
561 average activity across all trials were found by performing t-tests ( $p < 0.05$ ) across  
562 subjects, followed by false discovery rate (FDR,  $\alpha = 0.05$ ) corrections applied across  
563 the three dimensions of time, frequency, and channels<sup>80</sup>.

564  
565 For computing source level activity correlates of the behavioral *Perf* measure, we first  
566 found the difference in RareG door specific neural activations between  $\Delta_{\text{payoff}}$  and  
567  $\Delta_0$ payoff blocks in three frequency bands – theta, alpha and beta and in three relevant  
568 trial periods: selected choice presentation, trial reward and cumulative reward period. We  
569 again used robust linear regression fits for identifying individual ROIs that relate to the  
570 *Perf* measure, while also accounting for individual *Bias* and variations in RL as predicted  
571 by the best fitting RL model. The results were family-wise error rate corrected for multiple  
572 comparisons for 3 trial periods and 3 frequency bands (FWER correction,  $p < 0.0055$ ). The  
573 independently identified ROIs were further factored in a unified multivariate linear  
574 regression model to account for comparisons across ROIs; significant ROIs in this final  
575 multivariate model were reported after controlling for *Bias*, and the RL model-fit parameter  
576 ( $p < 0.05$ ).

577  
578 Finally, we used robust multivariate linear regressions to model the self-reported mood  
579 symptoms of Anxiety, Depression, Inattention, Hyperactivity using predictors of  
580 demographic variables, *Perf*, *Bias*, RL model-fit parameter along with the identified neural  
581 correlates of *Perf*. Adjusted responses from robust multivariate models were plotted using  
582 the plotAdjustedResponse function in MATLAB.

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814

815 **Author contributions**

816 PB contributed to conceptualization, task design, data collection, analysis, writing of the  
817 manuscript; JD contributed to data analysis; GG,MZ,FA,VM contributed to data collection;  
818 DR, JM contributed to conceptualization, task design, writing of the manuscript.  
819

820 **Data Availability**

821 A part of the dataset with 96 of the 186 participants data used in this study is available on  
822 the open-access repository link: [10.5281/zenodo.4088951](https://doi.org/10.5281/zenodo.4088951)  
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824

825 **Conflict of Interest**

826 The authors declare no conflict of interest.  
827  
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## 829 **Figure Legends**

830

831 **Figure 1. Reward task and associated behavior** **A)** As per the task schematic,  
832 participants fixated for 0.5 sec, then chose from one of two choice doors. Post-response,  
833 fixation reappeared for 0.5 sec, followed by presentation of the chosen door for 0.5 sec,  
834 then immediate gain or loss feedback provided for 0.5 sec, and finally, cumulative  
835 feedback of all gains/losses up to the present trial shown for 0.5 sec. Reward distributions  
836 for the door choices are presented in Supplementary Table 1. **B)** Win-Stay behavior for  
837 the rare gain RareG door is significantly greater on the  $\Delta$ Payoff versus  $\Delta_0$ Payoff block.  
838 \*:p<.05. **C)** Gain frequency *Bias* significantly predicts payoff performance, *Perf* ( $r=0.65$ ,  
839  $p<0.0001$ ).

840

841 **Figure 2. Reinforcement Learning Model** **(A)** Schematic representing the stimulus,  
842 value function and choice selection modules. The model results for number of selections  
843 associated with each of the choice door stimuli in each task block are compared against  
844 the actual selections made by each subject, for purposes of model optimization. The  
845 model uses the utility, *U*, associated with each choice response for making the decision,  
846 where the utility is a function of reward average and reward variance associated with  
847 choices. The decision in the model is taken using the SoftMax probability, *P*, of making  
848 the choices. Model parameters are highlighted as  $\alpha$  (model agent's differential risk  
849 sensitivity to gain and loss outcome uncertainties), and  $\gamma$  (time scale of reward prediction).  
850 **(B)** AIC values for three models, Model A ( $\gamma$  optimized), B ( $\alpha$  optimized), C ( $\gamma$  and  $\alpha$   
851 optimized), show that the  $\gamma$  model was best performing. **(C)** The  $\gamma$  optimized model  
852 showed strong correlations between simulated and actual *Perf* ( $\rho(185)=0.81$ ,  $p<0.0001$ ),  
853 *Bias* ( $\rho(185)=0.89$ ,  $p<0.0001$ ) and RareG Win-Stay difference between blocks  
854 ( $\rho(185)=0.17$   $p=0.004$ ).

855

856 **Figure 3: Neural correlates of payoff-based decision making in humans.** **(A)**  
857 Independent neural correlates in theta (blue), alpha (brown), and beta (cyan) bands found  
858 to be inversely related to *Perf* in the choice selection, reward and cumulative reward  
859 epochs ( $p<0.0055$ ). **(B)** Only right rostral anterior cingulate cortex (rACC) theta activity in  
860 the cumulative reward period uniquely relates to *Perf* after controlling for *Bias* and time  
861 scale of reward prediction. **(C)** Corresponding theta band temporal activity on RareG trials  
862 at mid-frontal scalp channel AFz showing differences between payoff blocks (top), and  
863 scalp topography of RareG theta band trial difference across  $\Delta$ payoff and  $\Delta_0$ payoff blocks  
864 in the significant cumulative reward period (bottom). **(D)** *Perf* related rACC theta positively  
865 predicts depressed mood symptoms. The scatter plots in (B) and (D) are presented on  
866 an adjusted axis as obtained from the multivariate robust regression models; the x-axes  
867 for these plots are  $10^{-3}$  source activity units.

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## 872 **Table Legends**

873

874 **Table 1. Subject characteristics.** Median  $\pm$  MAD for subjects demographics variables,  
875 mental health self-report scores, and parameter  $\gamma$  from the preferred reinforcement  
876 learning model. MAD: median absolute deviation, SES: socioeconomic status score.

## Supplementary Files

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